

# The Family Shelter of Southern Oklahoma

## *Survivor Support Groups*

### Adults Overcoming Domestic & Sexual Violence

Meets Tuesdays 5:30 PM-  
6:30 PM

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### Survivor Kids Club (Ages 5+)

Meets Tuesdays 5:30 PM-  
6:30 PM

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### Domestic Violence Education

Meets Thursdays 9:00 AM- 10:00 AM  
& Wednesdays 2:00 PM- 3:00 PM

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### GOALsetters Life Skills

Meets Mondays 10:00 AM-  
11:00 AM

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## Begin Healing Today

Get started in our FREE  
individual or group services  
by calling the numbers  
below.



(580) 226-3750  
24-Hour Crisis Line (580) 226-6424  
familyshelterofsouthernok.net