

Vibe Body Art Piercing Aftercare

Do not touch your fresh piercing

Wash your hands with antibacterial soap before touching your piercing or jewelry. One of the most frequent causes of infection and irritation is from touching your piercing or jewelry with unwashed hands.

You will have some swelling, tenderness, bleeding for the first few days to a week, this is normal. Try to avoid as much trauma, bumping and sleeping on the piercing as possible to ensure a quick and easy heal. Your initial post is longer due to swelling.

Saline cleaning as needed during healing 2x times a day. Spray the saline at the entrance and exit of the piercing. Dry around the area by gently patting with clean, disposable paper products because towels can harbor bacteria and snag the jewelry, causing injury. Do not remove the jewelry to clean, this will cause damage to your piercing and the healing process. Do not use hydrogen peroxide or rubbing alcohol to clean your piercing as these will dry your piercing out cause it to be irritated.

Your Jewelry used is ASTM F-136 Titanium.

Do not allow your piercing to come in contact with cosmetics, lotions, or hair products. Contact with these can cause mild to extreme irritations.

Swimming in public pools, lakes, spas or hot tubes may risk infection as we don't know the quality of the water or what is in the water.

After the healing process is complete you should continue to clean your piercing once a day as a part of your hygiene routine. Keep your body healthy, drink plenty of water and keep good hygiene.

Minimal Healing times, these can vary with each person.

Ear Lobes.....	6-8 weeks	Nose.....	6-12 months
Ear Cartilage.....	6-9 months	Tongue.....	1-2 months
Lip.....	3-6 months	Septum.....	8-12 weeks
Navel.....	6-9 months	Nipple female.....	6-9 months
Rook/Daith/Tragus.....	6-9 months	Nipple Male.....	3-4 months
Surface.....	6-9 months	Eyebrow.....	6-9 months

Your jewelry information: _____ Notes from your piercer: _____