

Vibe Body Art LLC Tattoo Aftercare and Hustle Butter Healing

The first rule for caring for a new tattoo is to **wash your hands**. Never touch your new tattoo with dirty hands. A tattoo is a wound and needs to be cared for as any other open wound. Dirty hands carry bacteria that is often the cause for infections. Washing your hands with antibacterial soap before you touch your tattoo will reduce your risk for infection.

Your tattoo artist has placed a bandage on your tattoo, and it needs to remain on your tattoo for at least one hour, and no more than 5 hours. As soon as you remove the bandage the tattoo will need to be washed for the first time. Gently wash your tattoo with cold water and antibacterial soap. You will need to wash your tattoo at least 2 times a day. Preferably when you wake up and when you go to bed.

Hustle butter, As your tattoo is healing, apply a small amount of Hustle Butter to cover the whole tattoo. A little goes a long way. Prior to applying to fresh tattoos, make sure to wash the skin and your hands with an antibacterial soap. Repeat this process 2-3 times per day until skin has been healed.

During the healing time of your tattoo follow these guidelines:

- After showers make sure you rinse any soap residue off your tattoo with cold water to ensure the skin cells are closed and no bacteria from the soap enters the wound.
- No picking or scratching. Picking and scratching removes the healing scab too early and leaves behind a void, or light area where the ink was removed with the scab. It also scars the tissue which makes touching up the tattoo more difficult.
- No swimming, bathtubs, hot tub, saunas, long hot showers or excessive sweating. All of these activities can increase the chance of infection and also create the thick scab that is difficult to heal.
- Avoid sunlight and tanning beds. Exposure to UV light rays will cause sunburn and degradation for the ink pigment. It also hurts when the sun hits a fresh tattoo.

A tattoo is a healing wound, it is not just for decoration and needs to be treated with care during the healing process. If you have any questions during the healing process please contact us so we can help you.

Today's Date _____

Six weeks from today (_____), please call for a touch up if needed.

608-319-2444