

HONDURAS

15-day: birding and nature tour



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Honduras
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TRIP OVERVIEW

This 15-day private birding and nature journey takes you across Honduras' most diverse ecosystems — from dry forests and pine-oak highlands to lush cloud forests, wetlands, and Caribbean lowlands. The itinerary is designed to maximize opportunities for observing Honduras' birdlife, including the Honduran Emerald, the country's only endemic species, along with regional specialties and Neotropical highlights.

The adventure begins with introductions to the dry forests of Comayagua before continuing to the highlands of Marcala and La Esperanza, where cloud forests and Lenca culture meet. The journey then moves into protected reserves and coffee fincas, blending birdwatching with cultural experiences.

Around Yojoa Lake, participants enjoy three full days of varied habitats — cloud forests, private reserves, pine fields, and a boat tour — offering rich opportunities to spot target species, including the Resplendent Quetzal.

From there, the route explores La Tigra and continues east to Olancho, where pristine coffee farms and reserves host less-visited birding sites. The adventure proceeds to Olanchito and La Ceiba, for encounters with dry forests, the endemic Emerald, and iconic birding lodges at Pico Bonito, home of the Lovely Cotinga.

The final stretch includes Cuero y Salado Wildlife Refuge, with chances to observe manatees and other wildlife, and a cultural-natural immersion in Tela at the famous Lancetilla Botanical Garden. The tour concludes at Finca Macondo before transferring back to San Pedro Sula or Palmerola Airport.

Across the 15 days, this trip blends intensive birding with immersive cultural and natural experiences, offering travelers a comprehensive introduction to Honduras' biodiversity, landscapes, and communities.



COMAYAGUA

1 night

Day 1:

- Meet & Greet at San Pedro Sula Airport (SAP code) or Palmerola Airport (XPL)
- Check-in to our hotel
- Visit and bird at a dry forest at La Soledad Reserve
**(according to arrivals) or Comayagua dry area

Lodging: Posada de Mi Viejo

Meals: Dinner, Breakfast

Bird Highlights:

- Banded Wren
- Lesser Ground-Cuckoo
- Nutting's Flycatcher
- Yellow-olive Flycatcher
- Cinnamon Hummingbird
- White-lored Gnatcatcher
- Salvadoran Flycatcher
- Green Parakeet
- Turquoise-browed Motmot



MARCALA

1 night

Day 02

- Comayagua dry area.
- Transfer from Comayagua to Marcala (2hrs)
- Birding at La Casona trails

Day 03

- Very early we will visit and bird at Reserva El Jilguero (an important water-producing area)
- After lunch, transfer to La Esperanza (45min - 1hr)

Lodging: La Casona Campestre

Meals: Lunch, Dinner, Breakfast

Bird Highlights:

- Fulvous Owl
- Blue-throated Motmot
- Highland Guan
- Ruddy-capped Nightingale-Thrush
- Ruddy Foliage-Gleaner
- Slate-colored Solitaire
- Amethyst-throated Mountain-gem
- Sparkling-tailed Hummingbird
- Crescent-chested Warbler
- Grass Wren
- Gray-breasted Wood-Wren
- Spotted Woodcreeper
- Black-capped Swallow
- Mountain Elaenia
- Yellow-throated Nightingale-Thrush
- Green-throated Mountain-gem



LA ESPERANZA

1 night

Day 03:

- El Consejero private nature reserve

Day 04:

- Early birding at Huella Lenca, then visit Cotan Ecolodge.
- Transfer to Siguatepeque (1.5-2hrs)

Lodging: Huella Lenca

Meals: Dinner, Breakfast and Lunch

Bird Highlights:

- Azure-crowned Hummingbird
- White-eared Hummingbird
- Rivoli's hummingbird
- Bushy-crested Jay
- Steller's Jay (Central American)
- Mountain Trogon
- Brown-backed Solitaire
- Crescent-chested Warbler
- Golden-cheeked Warbler
- Rufous-collared Robin



SIGUATEPEQUE

1 night

Day 04

- Birding at Coffee Farm, Bosque Dorado - a bird sanctuary, and also a new hotspot, with a continuous growth of species. Maybe we can identify a new species for the life list of the place.
- Transfer to Yojoa Lake (1.5hrs)

Lodging: Las Orquideas or Vuestra Casa

Meals: breakfast, lunch and dinner

Bird Highlights:

- Rusty Sparrow
- White-throated Flycatcher
- Flame-colored Tanager
- Black-vented Oriole
- Cabanis's Wren
- Golden-crowned Warbler
- White-naped Brushfinch
- White-faced Ground-Sparrow



YOJOA LAKE

3 nights

Day 05

- Transfer to Yojoa Lake (1.5hrs)
- Hiking and birding at Cerro Azul National Park

Day 06

- Birding at an open pine field outside Luna del Puente
- Artisanal chocolate experience, after lunch, to wait time the active birding time.
- Explore trails at Luna del Puente

Day 07

- Santa Barbara National Park
- Boat your by Yojoa Lake

Lodging: PANACAM Lodge or La Naturaleza Lodge

Meals: Breakfast, Lunch and Dinner

Bird Highlights:

- Honduran Emerald
- Tody Motmot
- Keel-billed Motmot
- Snail Kite
- Green-backed Sparrow
- Lesson's Motmot
- Mayan Antthrush
- Yellow-bellied Tyrannulet
- Rufous-naped Wren
- Yellow-tailed Oriole
- Guatemalan Flicker
- Golden-crowned Warbler
- Fork-tailed Flycatcher
- Resplendant Quetzal
- Wine-throated Hummingbird



Sergio Romero



Enrique Mejía

LA TIGRA

1 night

Day 08

- Transfer to La Tigra (3.5hrs)
- Birding at the hotel facilities.

Day 09

- Morning visit La Tigra National Park.
- Transfer to Olancho (4hrs)

Lodging: Gloriales Mountain Inn

Meals: Breakfast, lunch and dinner

Bird Highlights:

- Singing Quail
- Ocellated Quail
- Green-breasted Mountain-gem
- Spotted Woodcreeper
- Rufous-browed Wren
- Resplendent Quetzal
- Middle American Leaf-tosser
- Blue-and-white Mockingbird
- Cinnamon-bellied Flowerpiercer
- Slate-colored Solitaire



Older Rodriguez



Alfonso Auerbach



Kelvin Bodden



OLANCHO

2 nights

Day 10

- Birding at coffee farm Zari
- Transfer to La Union (3hrs)

Day 11

- Birding at La Muralla Wildlife Refuge
- Transfer to Olanchito (2.5hrs)

Lodging: *to specify later*

Meals: Breakfast, Lunch and Dinner

Bird Highlights:

- Stub-tailed Spadebill
- Nightingale Wren
- White-faced Quail-Dove
- Wedge-tailed Sabrewing
- Blue-tailed Hummingbird
- Black-headed Nightingale-Thrush
- White-eared Ground-Sparrow
- Scarlet-rumped Cacique
- Emerald-chinned Hummingbird
- White-winged Tanager
- White-throated Thrush
- Gray-collared Becard
- Green Shrike-Vireo



OLANCHITO

1 night

Day 12

- Early birding at Colibri Esmeralda Reserve and Arenal dry area
- Transfer to La Ceiba (3hrs)

Lodging: Hotel Olanchito

Meals: Dinner, Breakfast

Bird Highlights:

- Honduran Emerald
- Lesser Roadrunner
- Lesser Ground-Cuckoo
- White-bellied Wren
- White-lored Gnatcatcher
- Cavinet's Emerald



PICO BONITO

2 nights

Day 13

- Birding at Lodge Pico Bonito, tower, trails and garden

Lodging: The Lodge and Spa at Pico Bonito

Meals: Lunch, dinner and breakfast

Bird Highlights:

- Lovely Cotinga
- Crowned Woodnymph
- White-vented Euphonia
- Black-throated Shrike-tanager
- Slaty-tailed Trogon
- Northern Black-throated Trogon
- Chestnut-colored Woodpecker
- Collared Aracari



CUERO Y SALADO

Day Tour

Day 14

- Guided boat tour of the Salado River during the night and morning. It is a great opportunity for wildlife viewing. As an added bonus this location is a naturalist's dream with the possibility of sighting the subspecies of West Indian manatee: the Antillean manatee, American Crocodile, White-headed Capuchin & Mantled Howler Monkeys.
- Transfer to Tela (1.5hrs)

Lodging: N/A

Meals: Dinner and breakfast

Bird Highlights:

- Northern Potoo
- Boat-billed Heron
- American Pygmy Kingfisher
- Agami Heron
- Sungrebe
- Russet-naped Wood-Rail
- Northern Beardless-Tyrannulet
- White-necked Puffbird
- Black-crowned Antshrike
- Scaled Pigeon



TELA

1 night

Day 14

- Afternoon birding at Lancetilla Botanical Garden, an eBird hotspot with 325 recorded species.

Day 15

- All morning visit Finca Macondo, a bird sanctuary
- Transfer to El Progreso (1hr)

Day 16

- Transfer to Palmerola Airport (XPL) (2.5hrs) or SAP Airport (30min)

Lodging: Lancetilla Cabins or Costa Bella (Tela)
Casa Blanca (El Progreso)

Meals: Breakfast, Lunch, Dinner

Bird Highlights:

- Rufous-breasted Spinetail
- Scaly-breasted Hummingbird
- Olivaceous Piculet
- Rufous-tailed Jacamar
- Northern Schiffornis
- Northern Bentbill
- Mistletoe Tyrannulet
- Great Antshrike
- White-winged Becard
- Royal Flycatcher
- Orange-billed Sparrow
- Sepia-capped Flycatcher
- Black-throated Shrike Tanager
- Shinning Honeycrepper



Miguel Tabora



DETAILS

THE TRIP PRICE INCLUDES:

- 15 nights. Accommodation in double room and few single room:
 - Comayagua (1), Marcala (1), La Esperanza (1), Siguatepeque (1), Yojoa Lake (3), La Tigra (1), Olancho (2), Olanchito (1), Pico Bonito (2), Tela (1) and El Progreso (1).
- All meals (start w/ dinner D1, end w/ breakfast D16).
- Honduran expert bilingual birding guide
- Local birding guides when is possible
- Hotel and meals to international tour guides
- All private ground transportation (in a bus)
- Entrance fees to birding sites, nature-protected areas, and private nature reserves.
- All activities specified in the itinerary
- Taxes and bank transfer fee

THE TRIP ITINERARY DOES NOT INCLUDE:

- Airfare
- Tours and activities not specified or optional
- Equipment rentals not specified
- Gratuities to tripe leader, local guides or any restaurant services
- Alcoholic beverages or desserts
- Travel Insurance
- Any other incidentals

PRICE PER PERSON

Price depends on the size of your party.

Send us an email at isis@choosehonduras.com
or text by whatsapp +504 99685432

POSSIBLE LODGING

We choose the most suitable hotel for the group, but this may change depending on availability and logistical details. However, we guarantee best quality on the destination and comfort.



LODGING

LOCATION / #NIGHTS



Olancho / 1st night



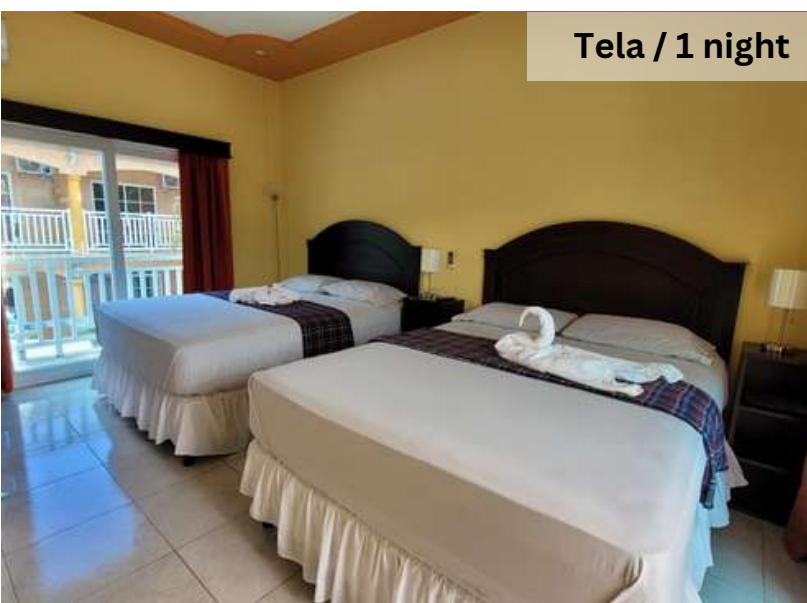
Olancho / 2nd night



Olanchito / 1 night



Pico Bonito / 2 nights



Tela / 1 night



El Progreso / 1 night

