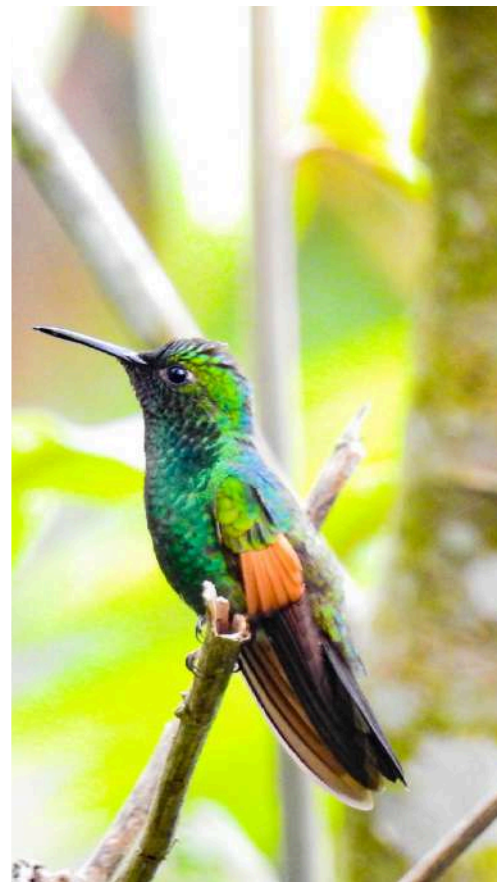
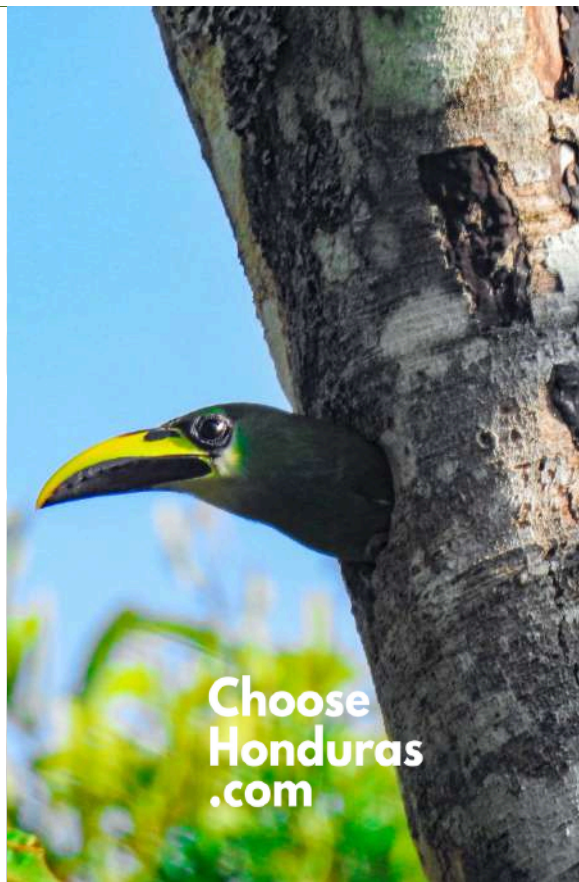


HONDURAS

15-day: birding and nature tour



TRIP OVERVIEW

This 15-day private tour was prepared to search for target birds in different destinations in Honduras. From the highlands to the lowlands, we will have the best time birding and exploring the biodiversity of Honduras!!

Prepare your camera and binoculars.

Day 1. Meet & Greet at San Pedro Sula Airport (SAP). According to arrivals, we will have our first birding of the trip at La Soledad Reserve (a dry forest). But in case there is a delay with the flights, we will visit you in the morning of the next day.

Day 2. After breakfast, we will head to Marcala. On the way, we could stop for some birding or continue to the hotel and bird around. At night we will search owls.

Day 3. The whole morning will be spent at Reserva El Jilguero, a water production area, to search for highlands bird species. Then in the afternoon, we will move to La Esperanza for a cultural sightseeing visit to Azacualpa Valley and handmade ethnic fabric looms.

Day 4. An early birding at hotel trails. After breakfast, we will visit El Consejero private nature reserve and Bird Sanctuary. Then drive to Finca Mercedes a coffee farm.

Day 5. We will continue exploring Finca Mercedes and Montecillos Reserve, a protected area. Then time to move to the Yojoa Lake area, where we will spend three nights.

Day 6. Before breakfast, we will bird at the hotel trails, Cerro Azul National Park, a cloud forest. The rest of the day is dedicated to Luna del Puente, a charming private nature reserve, and a coffee and cacao farm awaits us for the artisanal Chocolate experience. Then had a blast birding at their trails and also at an open pine field.

Day 7. A boat tour to explore Yojoa Lake After lunch, explore one of the best places to see the Honduran Emerald, our only endemic bird at El Rancho.

Day 8. After breakfast, we will drive to Zamorano area, and visit Hacienda Santa Clara to add more *lifers*.



Day 9. Time to explore Uyuca Biological Reserve all morning. Then transfer to our next destination, a rural/eastern part of the country, Olancho.

Day 10. Finca Zari, awaits you to enjoy target birds. Very few internationals have been in this coffee farm. In the afternoon we will drive to Olanchito.

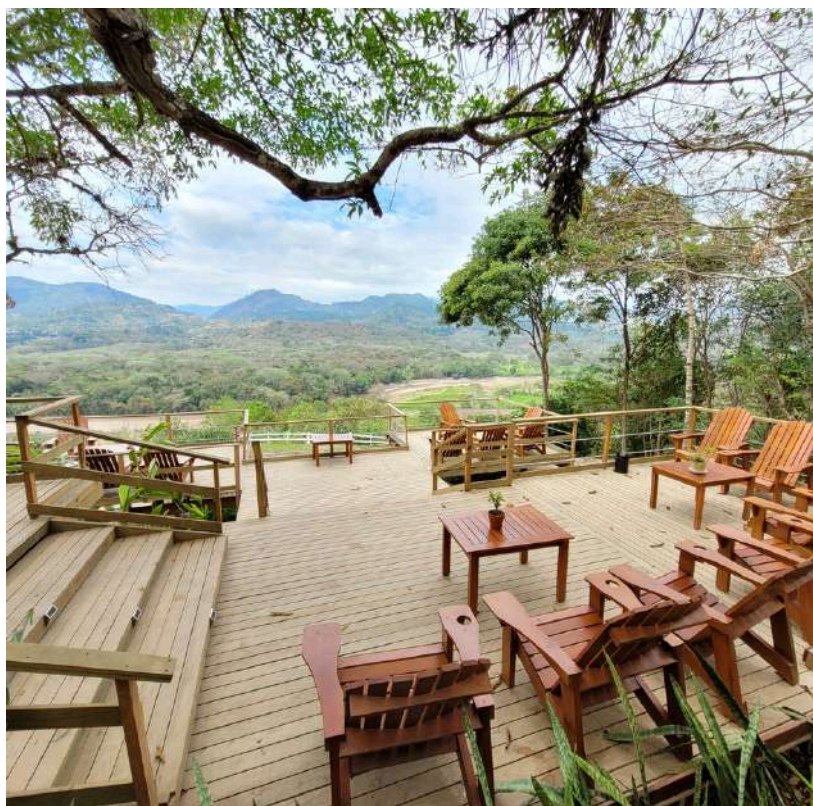
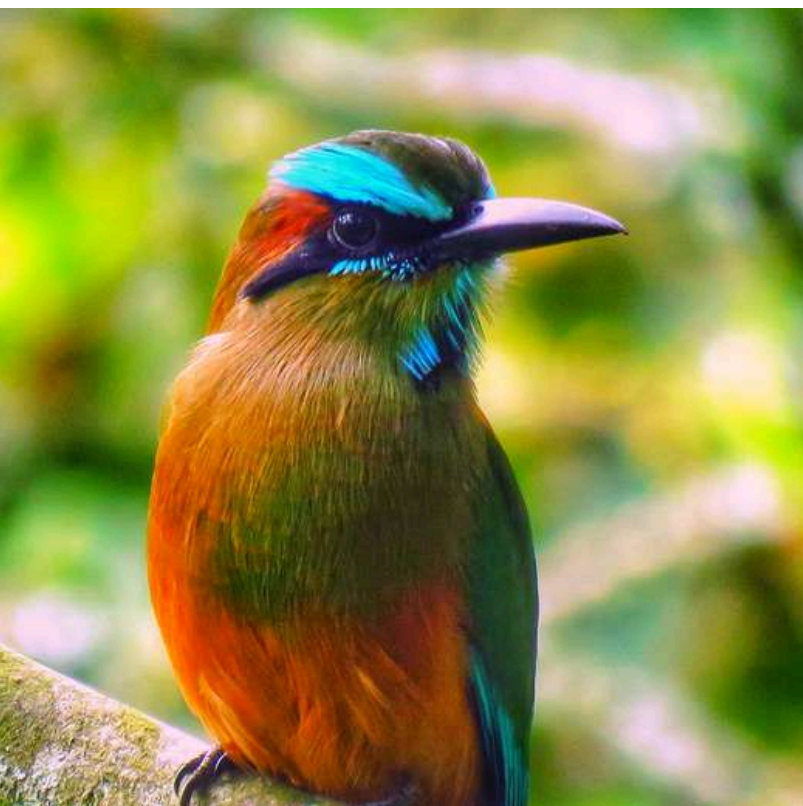
Day 11. Because of the heat, we will start birding early in Arenal dry area and Colibri Esmeralda Reserve, named after our only endemic species. Then mid-morning we will drive to La Ceiba, home of Pico Bonito and the Lovely Cotinga. We will bird in the hotel garden.

Day 12. Early morning time to explore other trails of Pico Bonito Lodge. After checkout, lunch, and then Casabe cultural experience right before entering Salado Barra at Cuero & Salado Wildlife Refuge. This place is a naturalist's dream with the possibility of sighting the subspecies of West Indian manatee: the Antillean manatee, American Crocodile, White-headed Capuchin & Mantled Howler Monkeys. Here we will have an enigmatic night boat birding tour through mangroves.

Day 13. Before breakfast, we will have another time to explore at the day the aquatic trail. Then we will move to Tela, a coastal town, home of the largest botanical garden in Honduras. In the afternoon, we will explore the beautiful Lancetilla Botanical Garden.

Day 14. One more chance to explore Lancetilla Botanical Garden. After lunch, we will continue to our final destination.

Day 15. Transfer to San Pedro Sula Airport (SAP)



COMAYAGUA

1 night

Activities:

Day 1:

- Meet & Greet at San Pedro Sula Airport (SAP code)
- Check-in to our hotel
- Visit and bird at a dry forest at La Soledad Reserve
**(according to arrivals)-

Lodging: Posada de Mi Viejo

Meals: Dinner, Breakfast

Bird Highlights:

- Banded Wren
- Lesser Ground-Cuckoo
- Nutting's Flycatcher
- Yellow-olive Flycatcher
- Cinnamon Hummingbird
- White-lored Gnatcatcher
- Turquoise-browed Motmot
- Green Parakeet
- Rose-throated Becard



MARCALA

1 night

Activities:

Day 02

- Transfer from Comayagua to Marcala
- Birding at hotel facilities
- Night walk to search owls

Day 03

- Very early we will visit and bird at Reserva El Jilguero (an important water-producing area)
- After lunch, transfer to La Esperanza (1.5hrs)

Lodging: La Casona Campestre

Meals: Lunch, Dinner, Breakfast

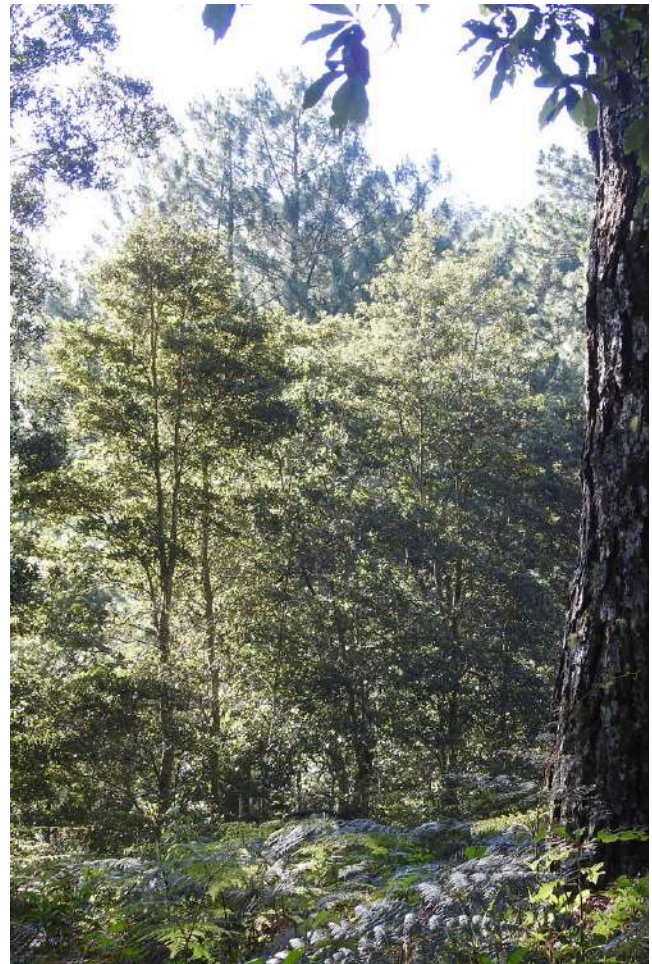
Bird Highlights:

- Fulvous Owl
- Blue-throated Motmot
- Highland Guan
- Ruddy-capped Nightingale-Thrush
- Ruddy Foliage-Gleaner
- Slate-colored Solitaire
- Amethyst-throated Mountain-gem
- Sparkling-tailed Hummingbird
- Crescent-chested Warbler
- Grass Wren
- Gray-breasted Wood-Wren
- Spotted Woodcreeper
- Black-capped Swallow
- Mountain Elaenia
- Yellow-throated Nightingale-Thrush

Héctor Moncada



Isai López



LA ESPERANZA

1 night

Activities:

Day 03

- Cultural experience: Azacualpa Valley and ethic Fabric Looms

Day 04

- Early birding at Huella Lenca trails, then visit El Consejero Private Reserve and Huella Lenca trails
- Transfer to Siguatepeque (1.5-2hrs)

Lodging: Huella Lenca

Bird Highlights:

- Azure-crowned Hummingbird
- White-eared Hummingbird
- Rivoli's hummingbird
- Bushy-crested Jay
- Steller's Jay (Central American)
- Mountain Trogon
- Brown-backed Solitaire
- Crescent-chested Warbler
- Golden-cheeked Warbler
- Rufous-collared Robin

Meals: Dinner, Breakfast and Lunch



SIGUATEPEQUE

1 night

Activities:

Day 04

- Birding at Coffee Farm "Finca Mercedes" - a bird sanctuary, a new hotspot, with a continuous growth of species. Maybe we can identify a new species for the life list of the place.

Day 05

- Continue birding at Finca Mercedes and / or Montecillos Reserve.
- Transfer to Yojoa Lake (1.5hrs)

Lodging: -to be determined-

Bird Highlights:

- Sparkling tailed Hummingbird
- White-throated Flycatcher
- Flame-colored Tanager
- Green-throated Mountain-gem
- Canivet's Emerald
- Black-vented Oriole
- Buffy-crowned Wood-Partridge
- Cabanis's Wren
- Golden-crowned Warbler
- Emerald-chinned Hummingbird
- White-naped Brushfinch
- Melodious Blackbird

Meals: dinner and breakfast



YOJOA LAKE

3 nights

Activities:

Day 05

- Transfer to Yojoa Lake (1.5hrs)
- Hiking and birding at Cerro Azul National Park

Day 06

- Explore trails at Luna del Puente
- Artisanal chocolate experience
- Birding at an open pine field outside Luna del Puente

Day 07

- Early boat tour at Yojoa Lake
- Endemic Honduran Emerald hotspot near El Cajon Dam

Lodging: PANACAM Lodge

Meals: Breakfast, Lunch and Dinner

Bird Highlights:

- Honduran Emerald
- Great Tinamou
- Tody Motmot
- Keel-billed Motmot
- Snail Kite
- Green-backed Sparrow
- Lesson's Motmot
- Mayan Antthrush
- Yellow-bellied Tyrannulet
- Great Crested Flycatcher
- Rufous-naped Wren
- Yellow-tailed Oriole
- Morelet's Seedeater
- Cinnamon-bellied Saltator
- White-faced Ground-Sparrow
- Yellow-breasted Crake



Sergio Romero



Photo: Romel Romero

ZAMORANO

1 night

Activities:

Day 08

- Transfer to Zamorano area
- Birding at Hacienda Santa Clara

Day 09

- Visit Uyuca Biological Reserve
- Transfer to Olancho (4.5hrs)

Lodging: Centro W.K. Kellogg

Meals: Breakfast, lunch and dinner

Bird Highlights:

- Spot-breasted Oriole
- Crested Bobwhite
- Canivet's Emerald
- Cinnamon Hummingbird
- Slate-colored Solitaire
- Ruddy-capped Nightingale-Thrush
- Northern Beardless-Tyrannulet
- Gray-crowned Yellowthroat
- White-throated Magpie-Jay
- Green-breasted Mountain-gem
- Spot-crowned Woodcreeper
- Blue-and-white Mockingbird
- Yellowish Flycatcher
- Nutting's Flycatcher
- Cabanis's Wren



Romel Romero



Kelvin Bodden



Alfonso Auerbach



Alfonso Auerbach

OLANCHO

1 night

Activities:

Day 10

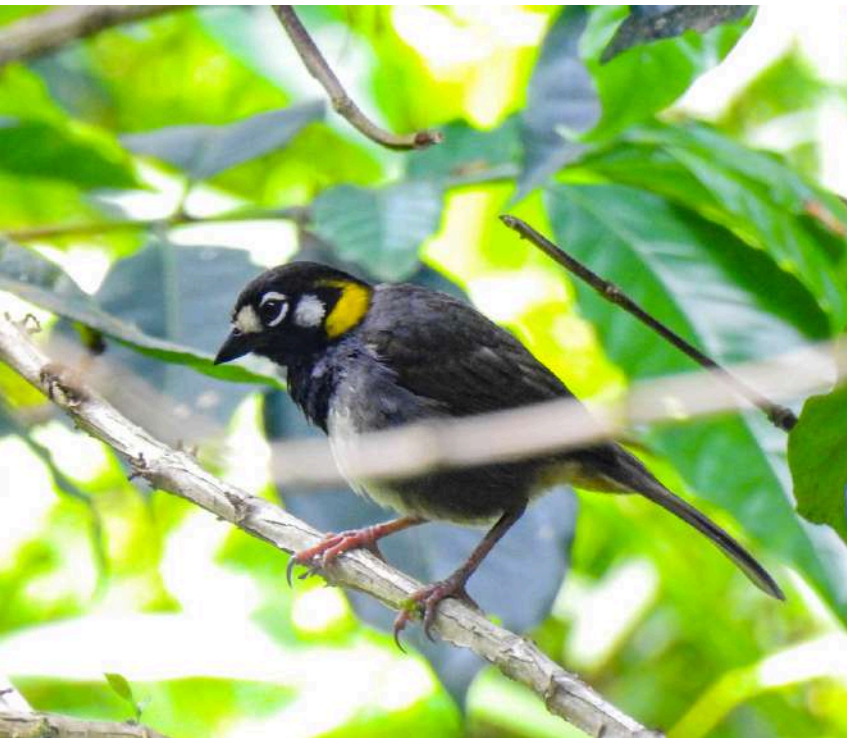
- Birding at coffee farm Zari
- Transfer to Olanchito (5hrs)

Lodging: *to specify later*

Meals: Breakfast, Lunch and Dinner

Bird Highlights:

- Stub-tailed Spadebill
- Purple-crowned Fairy
- Nightingale Wren
- White-faced Quail-Dove
- Wedge-tailed Sabrewing
- Blue-tailed Hummingbird
- Slate-headed Tody-Flycatcher
- Black-headed Nightingale-Thrush
- White-eared Ground-Sparrow
- Scarlet-rumped Cacique
- Red-crowned Ant-Tanager
- Golden-crowned Warbler
- Stripe-tailed Hummingbird



OLANCHITO

1 night

Activities:

Day 11

- Early birding at Colibri Esmeralda Reserve and Arenal dry area
- Transfer to La Ceiba (3hrs)

Lodging: Hotel Olanchito

Bird Highlights:

- Lesser Roadrunner
- Lesser Ground-Cuckoo
- White-bellied Wren
- White-lored Gnatcatcher
- Honduran Emerald
- Cavinet's Emerald

Meals: Dinner, Breakfast



PICO BONITO

1 night

Activities:

Day 11

- Birding at hotel garden area.

Day 12

- Early exploring trails at Lodge Pico Bonito
- Casabe cultural experience
- Transfer to Salado Barra (1hr)

Lodging: The Lodge and Spa at Pico Bonito

Meals: Lunch, dinner and breakfast

Bird Highlights:

- Lovely Cotinga
- Crowned Woodnymph
- White-vented Euphonia
- Black-throated Shrike-tanager
- Slaty-tailed Trogon
- Slaty-breasted Tinamou
- Black-throated Trogon
- Chestnut-colored Woodpecker
- Collared Aracari



SALADO

1 night

Activities:

Day 12

- Nocturnal boat tour at Cuero y Salado Wildlife Refuge

Day 13

- Guided boat tour of the Salado River during the night and morning. It is a great opportunity for wildlife viewing. As an added bonus this location is a naturalist's dream with the possibility of sighting the subspecies of West Indian manatee: the Antillean manatee, American Crocodile, White-headed Capuchin & Mantled Howler Monkeys.
- Transfer to Tela (1.5hrs)

Bird Highlights:

- Northern Potoo
- Boat-billed Heron
- American Pygmy Kingfisher
- Agami Heron
- Yucantan Nightjar
- Sungrebe
- Russet-naped Wood-Rail
- Northern Beardless-Tyrannulet
- White-necked Puffbird
- Black-crowned Antshrike
- Scaled Pigeon

Lodging: Ecolodge at Cuero y Salado

Meals: Dinner and breakfast



Miguel Tábora



Kellie Hoyt

TELA

1 night

Activities:

Day 14

- Birding at Lancetilla Botanical Garden, an eBird hotspot with 325 recorded species.
- Transfer to El Progreso (1hr)

Day 15:

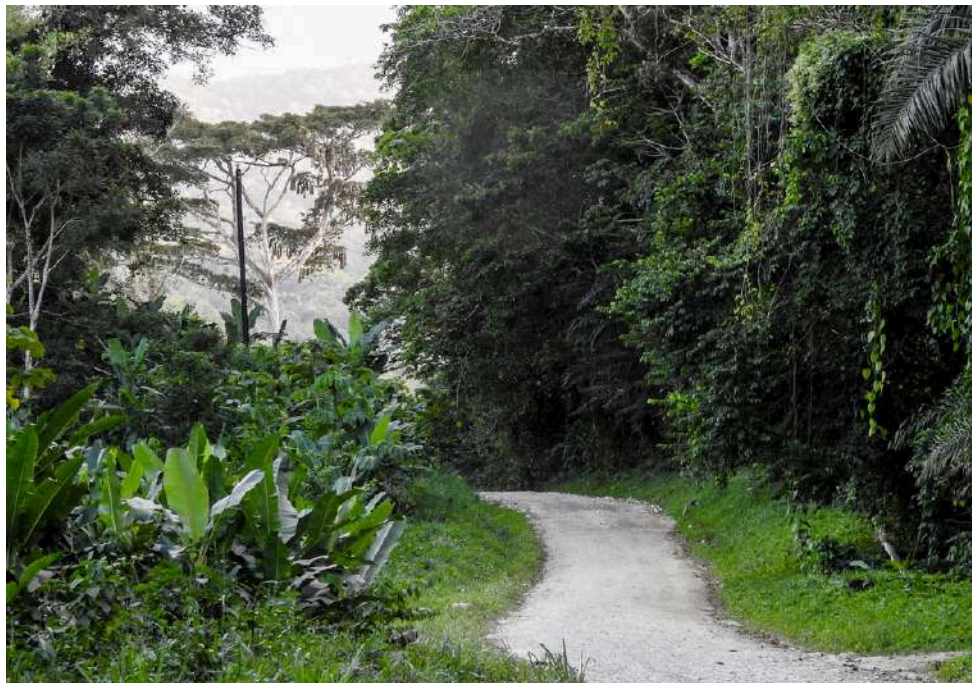
- Transfer to Palmerola Airport (XPL code) (2.5hrs)

Lodging: Lancetilla Cabins or Costa Bella (Tela)
Casa Blanca (El Progreso)

Bird Highlights:

- Rufous-breasted Spinetail
- Scaly-breasted Hummingbird
- Olivaceous Piculet
- Rufous-tailed Jacamar
- Northern Schiffornis
- Northern Bentbill
- Mistletoe Tyrannulet
- Great Antshrike

Meals: Breakfast, Lunch, Dinner



DETAILS

THE TRIP PRICE INCLUDES:

- 14 nights. Accommodation in:
 - Comayagua (1), Marcala (1), La Esperanza (1), Siguatepeque (1), Yojoa Lake (3), Zamorano (1), Olancho (1), Olanchito (1), Pico Bonito (1), Salado (1), Tela (1) and El Progreso (1).
- All meals (start w/ dinner D1, end w/ breakfast D15).
- Honduran expert bilingual birding guide
- Local birding guides when is possible
- Hotel and meals to international tour guides
- All private ground transportation (in a bus)
- Entrance fees to birding sites, nature-protected areas, and private nature reserves.
- All activities specified in the itinerary
- Taxes and bank transfer fee

THE TRIP ITINERARY DOES NOT INCLUDE:

- Airfare
- Tours and activities not specified or optional
- Equipment rentals not specified
- Gratuities to guides or any restaurant services
- Alcoholic beverages or desserts
- Travel Insurance
- Any other incidentals

PRICE PER PERSON

Price depends on the size of your party.

Send us an email at isis@choosehonduras.com
or text by whatsapp +504 99685432

LODGING

LOCATION / #NIGHTS



LODGING

LOCATION / #NIGHTS



Olancho / 1 night



Olancho / 1 night



Pico Bonito / 1 night



Cuero y Salado / 1 night



Tela / 1 night



El Progreso / 1 night

