# HONDURAS

10-day: birding from the highlands to the lowlands













# TRIP OVERVIEW

This 10-day private tour was prepared to search for target birds in six different destinations in Honduras. From the highlands to the lowlands, we will have the best time birding and exploring the biodiversity of Honduras!!

Prepare your camera and binoculars.

**Day 1.** Meet you at the airport. The trip will start with visiting a private nature reserve El Consejero at La Esperanza on the way to the first destination, Marcala (1 night).

**Day 2.** The whole morning will spend at Reserva El Jilguero. After lunch, transfer to La Tigra to spend 2 nights. **Day 3.** Time to enjoy the birds of La Tigra National Park, a cloud forest, then Cerro de Hula and the surrounding of the hotel.

Day 4. Early check-out from the hotel to transfer to Yojoa Lake. On the way, we visit La Soledad, Comayagua, a dry forest. Then continue to our next 2 nights at eco-hotel Luna del Puente, a charming private nature reserve and also a coffee and cacao farm. Day 5. Cerro Azul National Park (PANACAM), Luna del Puente, and the best place to see the Honduran Emerald, our only endemic bird at El Rancho, near the Dam El Cajon, are the places we will visit. Day 6. A boat tour to search aquatic birds at the Yojoa Lake. After lunch, we will move to the north coast, and one (1) night will be at the Caribbean town of Tela.

**Day 7.** We will explore the beautiful Lancetilla Botanical Garden. Then continue to Salado Barra at Cuero & Salado Wildlife Refuge to enjoy an enigmatic night boat birding tour to get special species. **Day 8.** Another opportunity to enjoy the morning on the aquatic trail. Then we will move for the next two (2) nights at a Lodge located in the buffer zone of Pico Bonito National Park. **Day 9.** The last day of this tour will be to explore this rainforest national park and the Rio Santiago Nature Reserve.

Day 10. Transfer to the Airport.





# LA ESPERANZA

### Day tour

### **Activities:**

- Meet at the airport with the driver/guide
- Transfer to Marcala City (western side)
- On the way to the hotel, we will do the first stop for search some hummingbirds at El Consejero Private Reserve and/or another area (strongly suggest a morning arrival flight to enjoy this place/day)

Lodging: N/A

### **Bird Highlights:**

- Azure-crowned Hummingbird
- White-eared Hummingbird
- · Rivoli's hummingbird
- Bushy-crested Jay
- Steller's Jay (Central American)
- Mountain Trogon
- Brown-backed Solitaire

Meals: Lunch\*

(\*depending on the arrival hour)











# **MARCALA**

### 1 night

### **Activities:**

- Very early we will visit and bird at Reserva El Jilguero (an important water-producing area)
- After lunch, transfer to our next destination (3.5hours drive)

### **Bird Highlights:**

- Highland Guan
- Mexican Violetear
- Hammond's Flycatcher
- Rufous-collared Robin
- Ruddy Foliage-Gleaner
- White-faced Quail-Dove
- Blue-throated Motmot
- Slate-colored Solitaire
- Green-throated Mountain-gem
- Amethyst-throated Mountain-gem
- Sparkling-tailed Hummingbird
- Orange-billed Nightingale-Thrush
- Crescent-chested Warbler
- Grass Wren
- Grace's Wren

**Lodging:** Finca La Fortaleza or similar

Meals: Dinner











# **LA TIGRA**

### 2 nights

### **Activities:**

• After breakfast, we will visit La Tigra National Park. Then after lunch, continue birding at Cerro de Hula and at the surrounding areas of the hotel.

Lodging: Gloriales Inn

### **Bird Highlights:**

- Green-breasted Mountain-gem
- Northern Emerald-Toucanet
- Blue-and-white Mockingbird
- Common Chlorospingus
- Spot-breasted Oriole
- Grey-crowned Yellowthroat
- Cinnamon-bellied Flowerpiercer Rusty Sparrow

- Singing Quail
- Ocellated Quail
- Cabanis's Wren
- MacGillivray's Warbler
- Eastern Bluebird
- Flame-colored Tanager

Meals: Breakfast, Lunch and Dinner









# COMAYAGUA

### Day visit

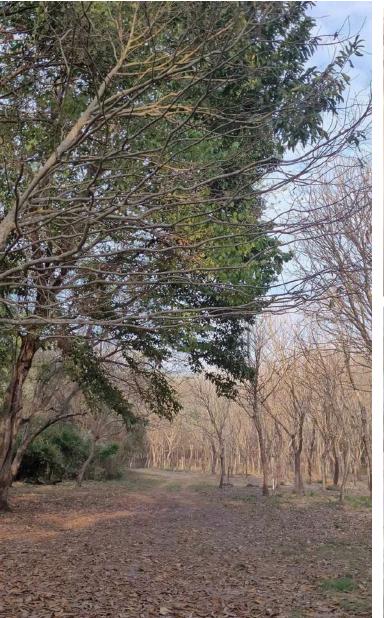
### **Activities:**

 After breakfast, we are going to check out and drive toward Yojoa Lake. In the way, we will visit a dry forest at La Soledad, Comayagua. Then continue to our next hotel.

Lodging: N/A

Meals: Lunch

- Banded Wren
- Lesser Ground-Cuckoo
- Nutting's Flycatcher
- Yellow-olive Flycatcher
- Cinnamon Hummingbird
- White-lored Gnatcatcher
- Turquoise-browed Motmot
- Green Parakeet
- Rose-throated Becard









# **YOJOA LAKE**

### 3 nights

### **Activities:**

- Hiking and birding at Cerro Azul National Park.
- Birding at Luna del Puente
- Boat tour for birding at Yojoa Lake.
- Endemic Honduran Emerald hotspot near El Cajon Dam
- Transfer to Tela

Lodging: Luna del Puente

Meals: Breakfast, Lunch and Dinner

- Honduran Emerald
- **Great Tinamou**
- Tody Motmot
- Keel-billed Motmot
- Snail Kite
- **Gray-chested Dove**
- Vaux's Swift
- Black-crested Coquette
- Ruddy Crake
- Yellow-breasted Crake
- Mottled Owl
- Lesson's Motmot
- Mayan Antthrush

- Buff-throated Foliage-gleaner
- Masked Tityra
- Yellow-bellied Tyrannulet
- Great Crested Flycatcher
- Rufous-naped Wren
- Yellow-tailed Oriole
- Kentucky Warbler
- Morelet's Seedeater
- Cinnamon-bellied Saltator
- White-faced Ground-Sparrow
- White-throated Flycatcher
- White-throated Thrush
- Northern Barred-Woodcreeper















# **TELA**

### 1 night

### **Activities:**

 Birding at Lancetilla Botanical Garden, an eBird hotspot with 325 recorded species.

**Lodging:** Lancetilla Cabins

Meals: Dinner, Breakfast and Lunch

- Rufous-breasted Spinetail
- Scaly-breasted Hummingbird
- Olivaceous Piculet
- Rufous-tailed Jacamar
- Northern Schiffornis
- Northern Bentbill
- Mistletoe Tyrannulet
- White-browed Gnatcatcher
- Great Antshrike











# **SALADO**

### 1 night

### **Activities:**

- After Lancetilla Botanical Garden, we are going to spend a night at Cuero y Salado Wildlife Refuge.
- Guided boat tour of the Salado River during the night and morning. It is a great opportunity for wildlife viewing. As an added bonus this location is a naturalist's dream with the possibility of sighting the subspecies of West Indian manatee: the Antillean manatee, American Crocodile, White-headed Capuchin & Mantled Howler Monkeys.

**Lodging:** Ecolodge at Cuero y Salado

### **Bird Highlights:**

- Northern Potoo
- Boat-billed Heron
- American Pygmy Kingfisher
- Agami Heron
- Yucantan Nightjar
- Sungrebe
- Russet-naped Wood-Rail
- Northern Beardless-Tyrannulet
- White-necked Puffbird
- Black-crowned Antshrike

**Meals:** Dinner and breakfast











# **PICO BONITO**

### 2 nights

### **Activities:**

 Birding at Pico Bonito National Park, hotel facilities, and at Rio Santiago Nature Reserve.

**Lodging:** The Lodge and Spa at Pico Bonito

Meals: Lunch, dinner and breakfast

# Héctor Moncada Héctor Moncada



- Lovely Cotinga
- Crowned Woodnymph
- White-vented Euphonia
- Black-throated Shrike-tanager
- Slaty-tailed Trogon
- Slaty-breasted Tinamou
- Black-throated Trogon
- Chestnut-colored Woodpecker
- Tawny-winged Woodcreeper





## **DETAILS**

### THE TRIP PRICE INCLUDES:

- 09 nights. Double room accommodation in Marcala (1), La Tigra (2), Yojoa Lake (2), Tela (1), Salado Barra (1), and Pico Bonito (2).
- All meals (start w/ lunch or dinner D1\* according to arrival flight, end w/ breakfast D11)
- Honduran expert bilingual birding guide
- Local birding guides when is possible
- All ground transportation in private 4WD
- Entrance fees to birding sites, nature-protected areas and private nature reserves.
- All activities specified in the itinerary
- Taxes and transfer fee

### THE TRIP ITINERARY DOES NOT INCLUDE:

- Airfare
- Tours and activities not specified or optional
- Equipment rentals not specified
- Gratuities to guides or any restaurant services
- Alcoholic beverages
- Desserts
- Any other incidentals

### PRICE PER PERSON

Price depends on the size of your party.

Send us an email at isis@choosehonduras.com or text by whatsapp +504 99685432

# LODGING

**LOCATION / #NIGHTS** 

























