



What is Behaviour Support and what will the Practitioner be doing:



The Behaviour Support Practitioner will be helping you or your family member with Behaviours of Concern and ways in which to reduce such behaviours.

What are Behaviours of Concern:

Are behaviours that happen with such intensity, that happen very often and for long periods of time that will cause concerns about their own or others safety and wellbeing.

Or the behaviour will limit the use or result in them being denied access to the community.

Some examples:

- Hurting others
- Hurting yourself
- Throwing or breaking things
- Eating items that are not meant for eating
- Spitting, removing clothes
- It is impossible to name all of the possible behaviours





The behaviour support practitioner will (participant):

First, they will meet with you and maybe your carer

There is some paperwork that needs to be completed, called Support & Safety Plan, they will need your help to fill this out



They will visit you more than once to collect some information around the behaviours of concern

There will be lots of questions and lots of them watching, this is to make sure they understand what you are trying to communicate

In the background, they will start writing reports and working out how to ensure you are safe and you enjoy the things you like

They may need to visit on a regular basis or at school, work, in the community. This is to make sure they understand you and what you are trying to communicate in different places.

The behaviour support practitioner will also (Carer/Parent):

- Talk to parents, carers, support staff and ask them to collect some information around the behaviours of concern
- This information is important and is needed for the practitioner to get to know the behaviours of concern and be able to write reports that reflect what is happening
- They will provide strategies to try to determine ones that work and ones that don't.
- There will be some strategies that don't work but that is ok, this just needs to be communicated to the practitioner, either in person, over the phone or via email. They will not take offence; it is important they know.
- The practitioner will be working on reports to provide the NDIS to ensure the appropriate funding is provided in order to support the participant to build their capacity, live more independently, with greater choice and control and to ensure they are living their life how they want to.
- Once the report with proven strategies has been completed, the practitioner will train you and the care team on the strategies.

"This report is a working document, it can be altered"

There will be meetings with the entire care team, i.e., Behaviour Practitioner, Support Coordinator, Parent, House Leader, OT, Speech Therapist the likes. This is to ensure everyone is working towards the same goals for the participant.





important things to remember

1. No question is a silly question, we would prefer you to ask if you are ever feeling unsure. We want to ensure you know and understand what we are working towards.
2. If you are feeling overwhelmed with strategies, please let us know so we can explain so that you understand.
3. We work within the funding allowance set by the NDIS in the participants plan, however if you or the participant need to slow down, please just let us know.
4. If you need more support, where possible we will provide it.
5. If you ever feel unsure about the suitability of the Behaviour Practitioner, please contact us directly if you do not feel comfortable having that conversation with them. We will always do what is best for the participant.
6. Any feedback, good or bad is welcome, we have the Feedback and Complaints form available to everyone.

You can call us at 1800 CRAMLI (272 654) or email us at admin@cramli.com.au

“Here with you every step of the way”

CRAMLI Psychological and Behavioural Services

