

## **Mulvena Winston**

Content by Annabella Forziati



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legal prowess with compassion to achieve remarkable outcomes for clients.

larger, traditional firms. With five full-time and two contract attorneys, the firm combines

Team members serve in leadership roles across multiple legal organizations and regularly

share their expertise at events supporting women business owners throughout Massach Despite from the Configuration to a further terms about consonrance training. Despite for the configuration of a further terms and finding obstades, JLC innovatively structured is practice with an internal investment am and finding obstades, JLC innovatively structured is practice with an internal investment am, and finding obstades, JLC internal consolrance in the practice with an internal investment am, and finding obstades, JLC internal consolrance in the practice with an internal investment am, and finding obstades, JLC internal consolrance in the practice of the

#### **MULVENA WINSTON**

Stoneham

Michelle M. Mulvena started her firm in 2012 with three principal goals: be her own boss and build something from the ground up, create a firm that exemplified her passion for helping people, and establish an enterprise that would carry on for many years

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While initially challenged by the need to establish their reputation in the commonwealth's crowded legal community, Mulvena Winston has flourished over its 12-year history, developing a strong presence in their practice areas. The firm takes particular pride in their advocacy for individuals with disabilities and their families.

Today, with over a decade of dedicated service behind it, Mulvena MULVENA WINSTON, PC Today, with over a decade of dedicated service behind it, Mulvena MULVENA WINSTON, PC Community engagement stands as a cornerstone of Mulvena Winston is a thriving specialized practice that handles estate planning, special needs and disability planning professional fluidary services, eder law, probate and in lawyer-of-the-day programs at senior centers and local banks, conducte educational trust administration, and guardianships/conservatorships.

THIS definitiation, of a contraction of the contrac practice that strives to create lasting positive impact.

seminars, and sponsors charitable events throughout the community. The firm

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#### **Practice Areas**

- Estate & Asset Protection Planning Guardianships & Conservatorships
- Probate Administration @ Elder Law
- Medicaid Planning
- Trust Administration
- Special Needs Planning
- Professional Fiduciary Services

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## **Social Media Posts**

Instagram, Facebook, & LinkedIn

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### **OUR MISSION**

WE CREATE TAILORED ESTATE PLANS AND TRUSTS TO PROTECT ASSETS AND REFLECT CLIENT VALUES. OUR THREE-STAGE PROCESS—DESIGN, REVIEW & MAINTAIN, AND ADMINISTER—OFFERS PERSONALIZED SOLUTIONS FOR PLANNING, PROTECTION, AND CRISIS MANAGEMENT, ENSURING LEGACIES ARE PRESERVED WITH TRUST AND CARE.

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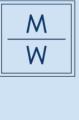
### **OUR LOCATION**

**From Route 95:** Take Exit 56A (MA-28 S) toward Stoneham. Turn left onto North Street, then left again to stay on it. Two Main St. will be on your right.

**From Route 93:** Take Exit 28A to Rt. 128/I-95 North, then follow the Route 95 directions.

**Once inside:** Take the elevator to the third floor, turn right, and find Suite 350 at the end of the hallway.





### AREAS OF PRACTICE

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Mulvena Winston, PC

1	ESTATE PLANNING AND ASSET PROTECTION
2	ELDER LAW AND LONG-TERM CARE
3	MEDICAID AND MASSHEALTH PLANNING
4	SPECIAL NEEDS PLANNING
5	GUARDIANSHIP AND CONSERVATORSHIP
6	PROBATE AND ESTATE ADMINISTRATION
7	TRUST ADMINISTRATION
8	PROFESSIONAL TRUSTEE SERVICES



ELDER LAW | ESTATE PLANNING | TRUST ADMINISTRATION

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### CONTACT US

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**MEET THE TEAM** 

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**MEET THE TEAM** 



Michelle M. Mulvena, Esq., principal at Mulvena Winston, PC in Stoneham, has over 20 years of experience in estate planning, Medicaid, disability planning, guardianships, and probate. She provides fiduciary services as a trustee, conservator, and personal representative, helping families, seniors, and disabled individuals maintain independence and dignity.

Michelle speaks on estate planning topics, contributes to the Massachusetts Bar Association's Elder Law Guide, and is active in organizations like the Massachusetts Bar Association and the National Academy of Elder Law Attorneys. She graduated from New England Law | Boston in 2001.

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781-288-4100 | MICHELLE@MULVENAWINSTON.COM



**MEET THE TEAM** 

## **NEAL WINSTON**



Neal A. Winston, Esq. specializes in elder law, special needs planning, public benefits, and disability law, with over 30 years of experience. He authored the Social Security Manual for the Community Worker in 1975 and has been named a Boston Magazine Super Lawyer every year since 2006. Neal is a Certified Elder Law Attorney (CELA), a past president of the Special Needs Alliance, and an active member of several professional organizations, including NAELA and NOSSCR. Beyond his legal work, Neal advocates for disabled and elderly individuals and leads the Belmont Land Trust as its founder and president.

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### **DID YOU KNOW?**

If you pass away without a will, state laws will determine how your assets are distributed, which may not align with your intentions or those of your loved ones.

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#### **Practice Areas**

- **⊘** Estate & Asset Protection Planning
- **⊘** Elder Law
- **⊘** Medicaid Planning
- Special Needs Planning

- Guardianships & Conservatorships
- **❷** Probate Administration
- **⊘** Trust Administration
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## Beginner's Guide To Estate Planning

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#### Take Inventory

List your property, accounts, and investments to understand what you own.

#### **Create Essential Documents**

Set up a will, trust, power of attorney, and healthcare directive.

#### Plan for Taxes

Work to reduce estate or inheritance taxes with smart strategies.

#### Make Key Decisions

Decide who inherits what, guardianship for children, and your healthcare preferences.

#### Review Your Beneficiaries

Make sure all account and policy beneficiaries are accurate and up to date.

#### Work with Professionals

Connect with an estate attorney and financial advisor to guide the process.

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# SPECIAL NEEDS CARE

- Estate Planning: Help preserve assets for disabled loved ones.
- **Trusts:** Establish Self-Settled (d4A) and Pooled Trusts for asset protection.
- Public Benefits Assistance: Manage and maintain eligibility for benefits such as SSI and Medicaid
- Oversight: Ensure long-term care and effective resource use.

PLANNING FOR A LOVED ONE WITH DISABILITIES ENSURES THEIR FINANCIAL STABILITY AND WELL-BEING.

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### Checklist

Estate Planning Document Review

- **✓** Power of Attorney
- **✓** Health Care Proxy
- **✓** Last Will & Testament



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#### **NEW BLOG POST**

New Individualized Education Program (IEP) forms, school policy updates, and pending legislation could directly impact your child's education plan this year.

If your child has an IEP or receives special education services, these changes are important to understand.

LINK IN BIO





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## Tip Tuesday



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#### Worried about the high cost of long-term care?

Proper Medicaid planning can help protect your assets and ensure you qualify for care.

#### Here's how it works:

- Planning ahead can prevent the need to "spend down" your assets
- Tools like an Irrevocable Medicaid Trust can safeguard your property
- With the right strategy, you can stay eligible and preserve family wealth

Thinking about your future? We're here to help.







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When you're picking someone to make important decisions for you. like in a Power of Attorney or Health Care Proxy. don't forget to name a backup too.

Life happens. Your first choice might be unavailable, and having a backup makes sure your wishes are still carried out without delay.





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