

The Eagle's Nest

THE COMMUNITY NEWSLETTER OF PITTSBURGH LIBERTY K-5

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Pittsburgh Liberty Soaring Eagles at the Steeler vs. Browns game. For more student photos, visit: Liberty Facebook page: <https://www.facebook.com/LibertyPPS> LEAF facebook page: <https://www.facebook.com/PghLibertyPTO>

January Calendar

Parent Advisory Council (PAC) Meeting, Jan. 2, 6–8PM, Pittsburgh SciTech:

PAC is the District's central mechanism for ensuring that parents are well informed and can help develop programming and policy. Dinner will be served at 5:30 pm, and the meeting is 6:00–8:00 pm. Childcare is also available for potty-trained children age 3 and above. Liberty is currently in need of a representative at PAC. If you're interested in filling this role, contact LouAnn "Ms. Z" Zwieryznski, principal:

lzwieryznski1@pghschools.org

Equity Committee & LEAF/PSCC Meeting: Wed., January 16, 5pm–7pm,

School Library: We'll have a brief break for a light dinner at 6pm. Childcare will be provided. Please RSVP Maria: president@pghleaf.org

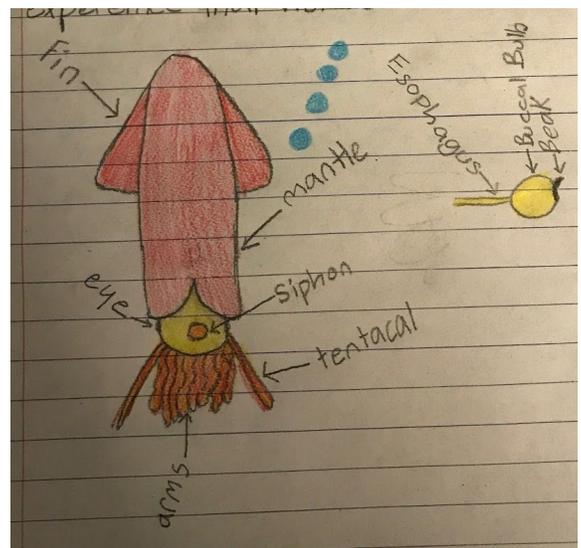
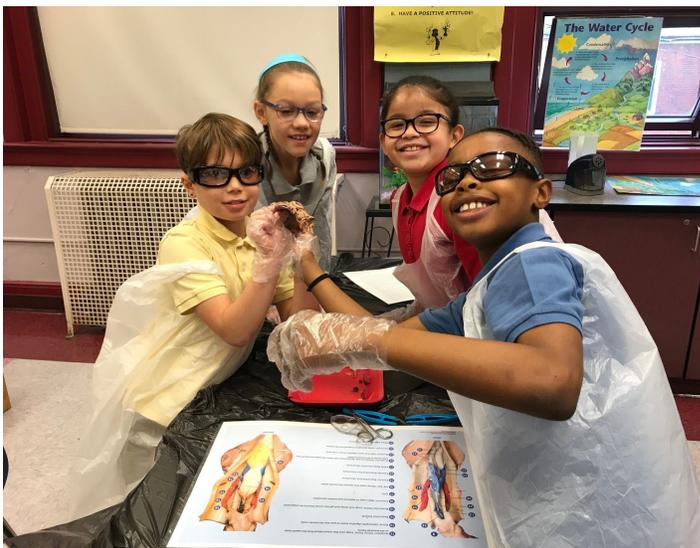
Newsletter submissions due Jan. 20: Email to president@pghleaf.org

Ice Skating: Jan. 22, 2020, 7-9PM, Schenley Park Ice Skating Rink. Free admission and skate rentals for Liberty students & families. Bundle up to whirl around the ice (okay, most of us will creep along and hope not to fall!).

Black History

Each year, Black History Month culminates with a K-2nd grade student performance. Building on this beloved school tradition, starting in 2019-2020, LEAF will elect a Black History Chair to more formally organize Liberty's recognition of Black trailblazers throughout the school year. Contact Jennifer Blair Edwards: jablair1@hotmail.com

Squid dissection in Ms. Theobald's 4th grade science class



“The squid dissection was really fun and creepy. We learned how to tell squid apart, if they were a male or a female, and if they were smart or not very smart. We got to learn about the internal structures: the ink sack which holds the ink and the beak which helps the squid break it's food, and the external structures: the arms and tentacles that help it move through water. We had a very rare experience that none of us will ever forget.”

--Evelyn Guyette, Grade 4

Accepting new students for before- and after-school care

Liberty Extended Day Program (LEDP) is currently accepting new students for both our morning and afternoon care. In addition to our normal programming on school days, *we are pleased to offer care on half-days this spring!*

LEDP offers small group activities, outdoor play, gym time, arts/crafts, fun and games, science, creative play, a reading area, and special programming events. LEDP provides a healthy snack for the after-school children and access to the breakfast program in the morning. There is a separate homework area where children can quietly complete their assignments, and staff members are available for assistance. Talented and nurturing staff nourish the children's social-emotional development, provide continuous opportunities to learn life-long skills, and foster a true sense of community for all children and families.

Contact Ashley Sisk at (412) 228-0994 or libertyextendeddayprogram@gmail.com to learn more!

Spanish

Shapes: Las Formas

a square: *un cuadrado*

a rectangle: *un rectangulo*

a circle: *un circulo*

a trapezoid: *un trapecio*

a diamond: *un rombo*

a triangle: *un triangulo*

a prism: *un prisma*

a sphere: *una esfera*

a cube: *un cubo*

a cylinder: *un cilindro*

a pyramid: *un piramide*

Saying goodbye

goodbye: *Adios, Chao*

See you later (most likely today): *Hasta luego*

See you tomorrow: *Hasta manana*

Have a nice day: *Tenga un buen dia!*

See you (informal): *Nos vemos.*

Craft: Martin Luther Kg Jr. Handprint Poem

Make 2 handprints out of construction paper. Make a big cloud using paper too. Write the following poem in the cloud:

*Today I had a dream, you see
And this is what it means to me*

*That poverty and war will end
and everyone will be my friend.*

Have the fingers of the handprints cross. Discuss your dreams and the dreams of Martin Luther King Jr.

Recipe: Make-ahead breakfast

Give yourself a break on busy mornings with make-ahead breakfasts that are ready for eating whenever you are.

Ingredients: Egg Breakfast Cups

5 eggs

salt and pepper to taste

Mix and Match Fillings

chopped spinach

1 head of broccoli cut into small

diced tomato

florets

onion diced fine

cheddar cheese

1 bell pepper diced fine

parmesan cheese

Preparation:

- 1) Preheat oven to 350 degrees F.
- 2) In a measuring cup, beat the eggs until smooth. Set aside.
- 3) In a greased muffin tin, place your desired combination of fillings into each muffin cup.
- 4) Season each cup with salt and pepper.
- 5) Pour the beaten eggs into each cup until the liquid almost reaches the top.
- 6) Bake for 20 minutes, until set.
- 7) Enjoy!!!

Spirit wear

Liberty spirit wear can be worn as part of the school uniform! Order your child- or adult-sized shirts, hoodies, sweatpants, and sweatshirts online any time at bit.ly/LibertySpiritWear; the next batch of orders will be delivered at the end of January.



This newsletter is produced by the parent-teacher organization known as LEAF (Liberty Elementary Academic Fund), a nonprofit organization. LEAF's mission is to support the students, teachers and families at Pittsburgh Liberty K-5 through fundraising, volunteering, and community events. Visit our site for more info: www.pghleaf.org