

El Nido del Águila

“THE EAGLE’S NEST,” THE COMMUNITY NEWSLETTER OF PITTSBURGH LIBERTY K-5

June 2021

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CALENDAR

School

- Mon. June 31: NO SCHOOL—Memorial Day
- Fri. June 11: Last day of school

Parent Advisory Council (PAC) Meeting (Virtual)

Thurs. June 3, 6–9PM

PAC is the district's mechanism for ensuring that parents are informed and can help develop programming and policy. If you're interested in representing Liberty at this monthly meeting, contact Ms. Z: lzwieryznski1@pghschools.org

PPS Public Hearing

Mon., 21, 2021, 6PM

WATCH: <https://www.pghschools.org/Page/2#calendar1/20210628/event/20121>

TESTIFY (Write your comments in advance and they will read them aloud for you; Deadline to submit is noon the day of): <https://www.pghschools.org/Page/4043>

LEAF UPDATES: LOOKING AHEAD TO NEXT YEAR

At our May meeting for LEAF (your friendly parent-teacher organization!), we discussed leadership for next year.

Our new president is Jennifer Blair Edwards! Jennifer has been a rock for this school community for years, most recently as vice president, go-to newsletter contributor, and all-around stand-up parent volunteer. Thank you, Jennifer!

Our outgoing president, Maria Guyette, is stepping down after four years. For your above-and-beyond devotion to the wellbeing of the whole Liberty community, from the bottom of our hearts, thank you, Maria!

Monica Wallace, our backpack program coordinator who has been an all-around LEAF ambassador, show-upper, and get-it-done-r for years, is graduating (along with her rising middle-school son, Nate). We will miss you, Monica! And we promise to keep you on the newsletter list!

Our other officers have been serving in their roles for several years now, as well, and are ready to give others the opportunity to take the lead. That said, none of us are going anywhere, either! We're happy to be backup singers as needed, shoop-shoop.

For more info about open leadership & volunteering roles, visit:

<https://pghleaf.org/volunteer>

Contact: president@pghleaf.org

Open officer roles are:

- Vice president
- Secretary
- Treasurer
- Communications team (newsletter/facebook/website/etc.)

Additional volunteering opportunities:

- Black history chair
- Backpack program coordinator
- Dia de los Muertos event planning team
- Fun fair team
- Spirit wear/uniform sale fashionista
- Skate night coordinator
- Bake sale team
- Fundraising team
- Family Fridays table
- Box top coordinator

LINKING LIBERTY: NEW PROGRAM TO WELCOME INCOMING FAMILIES

Whether an incoming kindergartner or a student transferring from another school, going to a new school can be hard. Let's work together to ease the transition by providing a connection between current and new students.

Are you new to Liberty? Go to the following link to be connected to a current student family: <https://tinyurl.com/LinkingLibertyNew>

Are you a Liberty Veteran that wants to help someone new? Sign up at the following link to be connected to a new family. <https://tinyurl.com/LinkingLibertyVet>

Reach out to Vicki Potter (vicki.potter78@gmail.com) for more info.

INSTRUMENTALS: SIGN UP NOW FOR NEXT YEAR

The children get an opportunity to learn to play an instrument starting 4th grade through a PPS program and can participate in the All City Arts every year. Signup is in the spring for the following year. Instruments offered are: violin, viola, cello, trumpet, trombone, clarinet, flute, saxophone, and percussion.

Contact: Mr. Katz

SIGN UP HERE: <https://forms.office.com/r/T5Pk9LuCNb>

SUMMER READING LIST

The end of the school year is upon us, and everyone will be enjoying family, having picnics, and vacationing. It is great to get outdoors and do some physical activity. It is also very important for the students to keep up with their reading and school work. It is anticipated that students will have lost some of the knowledge that they gained the previous school year. This phenomenon is known as summer learning loss or the summer slide. Barnes and Noble has a reading list for grades 1 through 6 to encourage summer reading. Students can earn a free book if they read 8 books. There are numerous summer reading programs out there where students can earn free pizza, treats, and free books. The Carnegie Library and Pizza Hut have summer reading programs too. Here are a few books from the Barnes and Noble list.

Grades 1 and 2:

Pete The Cat: Super Pete by Kimberly and James Dean

I Want to Be a Doctor by Laura Driscoll

Lily to the Rescue by W. Bruce Cameron

Bad Kitty: Camp Daze by Nick Bruel

Grades 3 and 4:

Try Not to LOL by Rob Elliot

Judy Moody and the Not Bummer Summer by Megan McDonald
The Borrowers by Mary Norton
Goosebumps, Slappy World: Slappy Birthday to You by R. L. Stine

Grades 5 and 6:

Charlie Thorne and the Last Equation by Stuart Gibbs
The Last Last-Day of Summer by Lamar Giles
The Doughnut Fix by Jessie Janowitz
House Arrest by K. A. Holt

LECCION DE ESPAÑOL: LA CLASE

student: estudiante

teacher: maestro, profesora (feminine) profesor (masculine)

seat: butaca

desk: escritorio

chair: silla

book: libro

notebook: cuaderno

pencil: lapiz

pen: pluma

eraser: borrador

marker: marcador

pencil sharpener: sacapuntas

ruler: regla

colored pencils: colores

classroom: salon de clases

scissors: tijeras

backpack: mochila

crayons: crayolas

paper: papel

DANCING RICE EXPERIMENT

Materials needed:

- White vinegar
- baking soda
- rice

- clear jar
- water
- food coloring (optional).

Directions

- 1) Fill the clear jar 3/4 way full with water. If desired, mix in the food coloring.
- 2) Add in 1 tablespoon of baking soda and stir. Mix completely.
- 3) Add 1/4 cup of uncooked rice.
- 4) Add in 1 to 2 tablespoons of white vinegar. Watch the magic.

You may have to add in a little more vinegar than is stated to get a good reaction. This is a fantastic example for children to see cause and effect as well as chain reactions. A reaction can occur with just baking soda and vinegar, but when the other ingredients are added a different reaction occurs.

RECIPE: QUICK & EASY KALE CHIPS

This crispy, salty snack is a great combination for a late afternoon. Baked kale chips are one of the healthiest options that you can reach for when those salty cravings come around.

You can use any kind of kale, but the curly kind is preferred. They are better if prepared as soon as you buy them. Rinse the kale, so that it has the proper time to dry completely. If you are not going to use it right away after rinsing it off, wrap it in a paper towel, then seal it in a ziploc bag. It keeps the leaves fresher for a longer period of time.

The kale should be dry before you bake it. Otherwise, instead of being crispy and crunchy, it might come out chewy. Kale is packed full of vitamins A, C, K, iron, and calcium.

Ingredients

- 1 bunch of Kale, washed and dried
- 2 tablespoons of Olive Oil (regular or Organic)
- sea salt to taste (regular or Organic)

Directions

- 1) Preheat oven to 300 degrees. Remove the center stems, and either cut or tear up the leaves.
- 2) Toss the kale and olive oil together in a large bowl. Sprinkle with sea salt.
- 3) Spread on a baking sheet. Bake at 300 degrees for 15 minutes or until crisp.

You can experiment with seasonings like : sea salt, cumin, chili powder, curry powder, seasoning salt, smoked paprika, or nutritional yeast which gives the kale a cheesy flavor without the added dairy.

This newsletter is produced by the parent-teacher organization known as LEAF (Liberty Elementary Academic Fund), a nonprofit organization. LEAF's mission is to support the students, teachers and families at Pittsburgh Liberty K-5 through fundraising, volunteering, and community events.

Visit our site for more info: www.pghleaf.org

Email us: president@pghleaf.org
