



# Epiphany of Our Lord Byzantine Catholic Church

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Office Hours: Mon-Thur: 10AM—5PM

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## —Schedule of Divine Services for Great and Holy Week—

**PALM AND FLOWERY SUNDAY**—(today is **not** a day of fast)

**Saturday Apr. 13** 4:30–5PM Mystery of Repentance\*  
5:30PM Divine Liturgy of St. John Chrysostom for a special intention

**Sunday Apr. 14** 9–9:30AM Mystery of Repentance\*  
9:30AM Third Hour  
10:00AM Divine Liturgy of St. John Chrysostom for the faithful of Epiphany Parish  
Epistle: Philippians 4:4-9; John 12:1-18

**Monday Apr. 15** **HOLY MONDAY**  
10:00AM Bridegroom Matins

**Wednesday Apr. 17** **HOLY WEDNESDAY** (simple abstinence from meat)  
6:30PM Mystery of Repentance (two priests available for confession)  
7:30PM Service of Anointing of the Sick (for those who have recently gone to confession)

**Thursday Apr. 18** **HOLY THURSDAY** (mitigation of wine and oil today for those following the strict fast)  
6:30PM Mystery of Repentance  
7:30PM Vespers with the Divine Liturgy of St. Basil the Great for the faithful of Epiphany Parish

**Friday Apr. 19** **GREAT AND HOLY FRIDAY** (strict fast; no dairy or meat)  
10:00AM Matins: The Office of the Holy and Redeeming Sufferings of Our Lord Jesus Christ  
7:30PM Vespers: The Office of Burial of Our Lord, God, and Savior Jesus Christ (with candlelight procession)  
9PM–Midnight Vigil at the Tomb  
11:30PM Lamentations

**Saturday Apr. 20** **HOLY SATURDAY** (simple abstinence from meat; mitigation of wine)  
**PASCHA: THE FEAST OF THE RESURRECTION OF OUR LORD, GOD, AND SAVIOR JESUS CHRIST** (anticipated)  
9PM–Midnight Midnight Office of Pascha  
Resurrection Matins (with candlelight procession)  
Divine Liturgy of Pascha for the faithful of Epiphany of Our Lord  
Basket blessing of Paschal Foods

**PASCHA: THE FEAST OF THE RESURRECTION OF OUR LORD, GOD, AND SAVIOR JESUS CHRIST**  
—(there is no fasting all of Bright Week)

**Sunday Apr. 21** 10:00AM Divine Liturgy for a special intention  
Basket Blessing of Paschal Foods

Stewardship 4/07/2019 April Operating Budget  
Offertory \$4,027.00 \$15,896  
**Total April: \$4,027.00**

**LET US REMEMBER IN PRAYER:** Those who are ill or convalescing: Fr. Conan Timoney, James Murray, Deborah Deduck, Patricia Rabayda, and Catherine Garcia. May our Lord Jesus Christ, the Physician and Healer of souls and bodies, grant them peace and good health for many blessed years.—Please let Fr. Lewis know if anyone should be added or taken away from this prayer list.

**CONGRATULATIONS TO THE McNABB FAMILY!**  
Congratulations to Clark and Elizabeth McNabb on the birth of their third child Josephine Cordelia McNabb! We look forward to her Baptism into the Life of Christ.

**GROUNDS CLEANUP:** Thank you to all those who have helped us with our grounds cleanup project! As we can all see, there is a whole lot more to do, but we have accomplished a great deal for now to make our driveway look a whole lot cleaner.

**READER INSTALLATION ON PALM SUNDAY: Congratulations to our new readers!** We will bless our newly trained Readers on Palm Sunday, April 14 after the Ambon Prayer. They will then be equipped to participate in the many readings of the services of Great and Holy Week.

During the month of April, the Altar Lamp burns before our Lord in the tabernacle for Daniel Cunningham by Epiphany Parishioners

**EVAGRIOS THE SOLITARY (345-399AD): ON PRAYER**

excerpts from the Philokalia, Vol. 1

42. Whether you pray with brethren or alone, try to pray not simply as a routine, but with conscious awareness of your prayer.

### UPCOMING PARISH & EPARCHIAL EVENTS

Apr. 14 Palm Sunday and Reader Blessing

Apr. 22 Baby Bottle Boomerang Due for collection

**TIME OF REPENTANCE:** The Great Fast is our time for repentance. We are required to confess once a year, and Holy Week is the most appropriate time to do so. This way, we will be fully prepared to experience the joy of the Resurrection. For those anticipating the reception of Holy Anointing on Holy Wednesday, it is important to be free from mortal sin and to have recently confessed. We will have two priests hearing confessions so that all can be healed.

**NEW ECF TEACHERS NEEDED:** For the next academic year we will be in need of some new teachers for our Eastern Catholic Formation program for children. If interested, please see Karen Madrigal, or Father Lewis.

**LENTEN DONATIONS:** We are participating in the **Baby Bottle Boomerang** as an option for alms-giving outside of the parish during this Great Fast. This is definitely one way in which we can all contribute to Life by offering the financial support that mothers in need require to choose life instead of death. I pray that we

43. Conscious awareness of prayer is concentration accompanied by reverence, compunction and distress of soul as it confesses its sins with inward sorrow.

will be generous in our giving, so that in providing life, we too will experience an abundance of life. <https://supporttheopecenter.com>. **Due date for baby bottles is Bright Monday, April 22nd.**

**DAYS OF ALLELUIA & PROSTRATIONS:** During the week-day services of the Great Fast we have the opportunity to prostrate. These can be difficult with pews, but please do not feel unwelcome to enter into the aisles in order to make a full prostration. If one is unable to make a full prostration, then one can make a profound bow. Fr. Lewis will be leading these for anyone who may not be familiar.

A **bow** is an inclination of the head at the shoulders while making the sign of the cross.

**“To make a great bow or prostration”** means to make the sign of the cross, kneel, and then touch the forehead to the floor. Those who cannot make a full prostration may make a **profound bow**, touching the floor with the fingers and making a sign of the cross on themselves.

## LITURGICAL NOTES



*From left to right: a bow, a profound bow, and a prostration*

**DONATE ROSARIES:** The Missionaries of Mary Immaculate (MMI) is a group of missionary priests who serve people in the most challenging areas on Earth. To facilitate evangelization, and to provide hope for those they serve, the missionaries are requesting 500 rosaries. These will be distributed to individuals in their Central African Republic and Papua New Guinea missions. There will be a box to accept Rosary donations in the church narthex during Lent. New or used Rosaries are accepted. Thank you for your contribution to this collection. For more information, please email parishioner David Malakauskas. [David.Malakauskas@outlook.com](mailto:David.Malakauskas@outlook.com)

**FASTING REGULATIONS:** Every person who receives Holy Communion and is a subject of the Eparchy of Passaic is obligated to participate in the prescribed Fast. This is: no meat or dairy on Monday, Mar. 4, & Friday, April 19. No meat on all Wednesdays and Fridays of the Great Fast. Of course, Bishop Kurt Burnette and Father Lewis Rabayda encourage everyone to go further in their fasting regimen so that the celebration of Pascha is truly a joy and celebration of not only Jesus' Resurrection, but also our own resurrection with Him! **Fr. Lewis also recommends taking off work on Good and Holy Friday, April 19 to fully enter into a day of prayer.**

**TRANSFIGURATION COUNSELING:** Parishioner Gerry Crete, PhD is embarking on a new endeavor to offer professional counseling services with an Eastern Catholic influence. Dr. Crete recently worked with Holy Family Counseling, a Catholic Counseling practice in North Georgia. He will be renting space at Epiphany of Our Lord as well as Cumming, GA beginning on April 2nd. This is an exciting endeavor for us to partner with Dr. Crete. If anyone is interested in counseling services, they may contact him via his website: [www.gerrycrete.com](http://www.gerrycrete.com)

**last chance!**

**VOLUNTEERS NEEDED FOR CHURCH GROUNDS MAINTENANCE:**

This past summer we began to do our own lawn and grounds care which has saved us a huge amount of money. **We are looking for 2 additional volunteers to help with lawn maintenance this year.** We found last year that it takes two people per week to cut the grass which only takes a few hours. If we could get two additional people, the schedule would be for that person to dedicate a few hours once a month. If interested in donating your time for the beautification of our parish grounds, please contact Ed Klotz at [Ed@trinitasgroup.net](mailto:Ed@trinitasgroup.net), or 404-901-0155.

### **GREAT VESPERS APOSTICA OF PALM SUNDAY:**

The Savior has come into the city of Jerusalem today to fulfill the Scriptures. The people spread their garments along the way; they carry palms and branches in their hands, recognizing that He is indeed our God. The Cherubim sing unceasingly to Him: Hosanna in the highest; blessed are You, O compassionate Lord, have mercy on us.

### **FROM THE TYPICON:**

In this week, the most solemn of the Church Year, we re-live the mystery of God's merciful loving-kindness, when He suffered death and burial for our salvation and is risen for our hope of eternal life. During Holy Week, we do not only observe what happened in history, but through our acts of repentance, our prayers and fasting, our processions and veneration, take an active part in what we remember as having happened and what is happening now through divine remembrance. We die in Christ and rise in the fullness of life.