



Epiphany of Our Lord Byzantine Catholic Church

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Office Hours: Tues-Fri: 10AM—5PM—For Sacramental Emergencies Call Fr. Lewis: (570) 573-1565

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— Schedule of Divine Services —

1ST SUNDAY OF THE GREAT FAST: SUNDAY OF ORTHODOXY AND MEMORY OF THE HOLY PROPHETS—TONE 5

Saturday Feb. 29 4:30–5PM Mystery of Repentance*
5:30PM Divine Liturgy of St. Basil for Betty Yurchik
Sunday Mar. 1 9–9:30AM Mystery of Repentance*
9:30AM Third Hour
10:00AM Divine Liturgy for the faithful of Epiphany Parish with the Baptism of Ignatius Reed Fuchko
Epistle: Hebrews 11:24-26, 32-12:2; John 1:43-51
11:45AM ECF and Adult Education resume

Wednesday Mar. 4 **OUR VENERABLE FATHER GERASIMUS OF THE JORDAN** (simple abstinence from meat)
7:30PM Bible Study on 1John and Great Compline for the Great Fast

Friday Mar. 6 **THE HOLY FORTY-TWO MARTYRS OF AMMORIUM** (simple abstinence from meat)
7:30PM Presanctified Divine Liturgy and Lenten Pot-Luck dinner

Saturday Mar. 7 **SECOND ALL SOULS SATURDAY**
10:00AM 2nd All Souls Divine Liturgy for the repose of those encribed in our Dyptics

2ND SUNDAY OF THE GREAT FAST: OUR VENERABLE FATHER AND CONFESSOR THEOPHYLACT—TONE 6

Saturday Mar. 7 4:30–5PM Mystery of Repentance*
5:30PM Divine Liturgy of St. Basil for a special intention
Sunday Mar. 8 9–9:30AM Mystery of Repentance*
9:30AM Third Hour
10:00AM Divine Liturgy of St. Basil for the faithful of Epiphany Parish
Epistle: Hebrews 1:10-2:3; Mark 2:1-12
11:15AM Panachida for the repose of +Paraskevia Scheremeta by Mike & Irene Laschuk
11:45AM ECF and Adult Education resume

*Mystery of Repentance also available by appointment or before and after weekday services

During the month of March, the Altar Lamp burns before our Lord in the tabernacle for +William and Regina Lemak, by Gina Bridges and Ken Holowenski

Welcome to our parish! We are glad that you have chosen to participate in the Divine Liturgy with us today and we pray that it has been a spiritually nourishing experience. If you would like to register as a parishioner or if you have any questions, please do not hesitate to ask.

The Mysteries (Sacraments) of the Church are available for all Baptized Catholics in Good Standing. This means that a

Catholic attends Divine Liturgy on Sundays and Holydays of Obligation, utilizes the Mystery of Repentance at least once a year, receives the Eucharist at least once a year, observes the church's penitential seasons and fasting regulations to include abstaining from meat or an equivalent penance on all Fridays except when mitigated, supports the Church in Her temporal needs through offering of time, talent, and treasure, and believes the Church's teachings on faith and morals.

Stewardship 2/02/2020		Stewardship 2/23/2020	
Offertory	\$1,816.00	Offertory	\$1,970.00
Capital Imp.	\$855	Capital Imp.	\$145
ECL	\$129	Lent	\$100
Stewardship 2/09/2020		ECL \$12	
Offertory	\$3,336.00	Feb. Off. Total:	\$9,749.00
Capital Imp.	\$225	Cap. Imp. Total:	\$1,425
ECL	\$12	ECL	\$153
Stewardship 2/16/2020		Lent	\$120
Offertory	\$2,627.00	Feb. Operating Budget	\$9,840
Capital Imp.	\$200		
Lent	\$20		

LET US REMEMBER IN PRAYER:

Those who are ill or convalescing: Clara Vranich, Daniel Cunningham, James Murray, Patricia Rabayda, Catherine Garcia, Betty Yurchik, Patricia Anne Reidy, Jeff Lovall, Athena Valesquez, Kari Tisma, and Oya Eraybar.
May our Lord Jesus Christ, the Physician and Healer of souls and bodies, grant them peace and good health for many blessed years.

Also, our deployed military members: Lt. Commander William Bridges, and Specialist Francis "Joseph" Fuchko.
May God's Divine Care and Mercy be given to them and may their Guardian Angels protect them from harm.

—Please let Fr. Lewis know if anyone should be added or taken away from these lists.

THE GREAT FAST: The Great Fast is upon us. This wonderful time of repentance, fasting, prayer, alms-giving, and purification of soul and body is given to us by the Church and by Christ for our benefit. Let us take this Fast seriously, so that we may become ever more closer to Jesus Christ, so that we can be conduits of His Holy Spirit to those we encounter.

PHOTO DIRECTORY: Yes, many are wondering when we will get our copies of the photo directory. It will soon be finalized, and will take 4-6 weeks for production and delivery after that. If anyone DOES NOT want any personal info in the directory, then notify the parish office.

EVAGRIOS THE SOLITARY (345-399AD):

ON PRAYER

excerpts from the Philokalia, Vol. 1

149. If you seek prayer attentively you will find it; for nothing is more essential to prayer than attentiveness. So do all you can to acquire it."

150. As sight is superior to all the other senses, so prayer is more divine than all the other virtues.

WOMENS' CONFERENCE BY TRANSFIGURATION

COUNSELING: Please visit: <http://transfigurationcounseling.com>, to find out information about this event on Saturday, March 14 between our Divine Liturgies.

CANTOR DAY CAMP: On Saturday, March 21, we will have our second Cantor Day Camp from 10AM until 3PM—lunch will be provided. We encourage all cantors, and anyone and everyone who is interested in learning better our Divine Services to come and attend. We will be going over the all important, and somewhat challenging Holy Week Services.

CONGRATULATIONS TO THE FUCHKO FAMILY!

Today, March 1, we receive into the Body of Christ, into the Church, the newly enlightened Ignatius Reed Fuchko! May God grant him many happy years!

THE PRAYER OF ST. EPHRAIM

to be prayed each weekday of The Fast

Lord and Master of my life, spare me from the spirit of indifference, despair, lust for power, and idle chatter. (*Prostration*)

Instead, bestow on me, your servant, the spirit of integrity, humility, patience, and love. (*Prostration*)

Yes, O Lord and King, let me see my own sins, and not judge my brothers and sisters; for you are blessed forever and ever. Amen. (*Prostration*)

Altar Lamp Memorials and Divine Liturgy Intentions can now be accepted for 2020. Remaining Months for Altar Lamps:
April, May, October, November, and December.

Altar Lamps suggested donation is \$50, and Divine Liturgy and Panachida suggested stipend is \$15.

Upcoming Events

- Mar. 1 ECF & Adult Education Resume
- Mar. 7 2nd All Souls Saturday
- Mar. 8 Spring Ahead, Daylight Savings Time Begins
- Mar. 14 3rd All Souls Saturday
Also: Women's Conference: Out From Chaos: Day of Renewal for Catholic Women—Transfiguration Counseling
- Mar. 21 Cantor Day Camp 10AM-3PM
- Mar. 24 Matins with the Canon of St. Andrew of Crete 7:30PM

**Changeable Parts of the Divine Liturgy
Feb. 29/Mar. 1 for the Teal Pew Book**

- Propers: Tone 5 p146 & Sunday of Orthodoxy p. 220
- Hymn of the Incarnation: B p. 19
- Thrice Holy Hymn: A p. 27
- Cherubikon: F p. 47
- Creed: B p. 53
- "Holy Holy Holy": Basil A p. 96
- Our Father: Tone 5 p. 70
- "We Have Seen": A p. 82
- "May Our Mouths Be Filled": A p. 84
- "Blessed be the Name of the Lord": C p.88

Fasting Regulations for the Great Fast

EPARCHIAL REGULATIONS: All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast—there is no alternative penance. All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of The Fast, Monday, Feb. 24, and on Great and Holy Friday, April 10.

DISPENSATION: Pastors and Administrators may, for a just cause, grant to the individual faithful and to individual families, dispensations or commutations of the fasting rules into other pious practices. Those who are pregnant or nursing, and those in advanced age may seek dispensations for health reasons.

FROM THE TYPICON (A GUIDEBOOK FOR THE CELEBRATION OF THE LITURGY AND DIVINE OFFICE): "In the Great Fast, abstinence from meat, fish, dairy products, alcohol and foods cooked in oil was prescribed for all days, except days of mitigation. All Saturdays and Sundays, February 24, March 9, Wednesday to Friday of the Fifth Week, the Prefestive Day and Otdenje of Annunciation (March 25) and Palm Sunday were general mitigations. The Ruthenian Metropolia prescribes strict abstinence (from meat and dairy products) on the First Monday of the Great Fast and on Good Friday, and abstinence from meat on all Wednesdays and Fridays."

POSSIBLE FASTING REGIMINES: Enclosed are a variety of fasting possibilities for those who seek the spiritual benefit of challenging themselves to a deeper participation in the Great Fast. One can start simple and increase the difficulty as the Fast progresses. **Either way, all are encouraged to do more than the minimum, except the elderly, pregnant, small children, and those with special medical issues.**

Fasting Required by our Eparchy						
	First Day of the Fast Strict Fast					
Sunday No Fasting	Monday No Fasting	Tuesday No Fasting	Wednesday Fast from meat	Thursday No Fasting	Friday Fast from meat	Saturday No Fasting
					Good Friday Strict Fast	