



Epiphany of Our Lord Byzantine Catholic Church

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— Schedule of Divine Services —

3RD SUNDAY OF THE GREAT FAST: VENERATION OF THE HOLY CROSS—TONE 7

Saturday Mar. 14 4:30–5PM Mystery of Repentance*
5:30PM Divine Liturgy of St. Basil for a special intention
Sunday Mar. 15 9–9:30AM Mystery of Repentance*
9:30AM Third Hour
10:00AM Divine Liturgy of St. Basil for the faithful of Epiphany Parish
Epistle: Hebrews 4:14-5:6; Mark 8:34-9:1
11:45AM ECF and Adult Education

Wednesday Mar. 18 **MID-LENT; OUR HOLY FATHER CYRIL** (simple abstinence from meat)
7:30PM Bible Study on 1John Chapter 3-4 and Great Compline for the Great Fast

Friday Mar. 20 **OUR VENERABLE FATHERS OF THE ST. SABBAS MONASTERY** (simple abstinence from meat)
7:30PM Divine Liturgy of St. Gregory and Lenten Pot-Luck dinner
8:45PM Panachida for the 4th All Souls Saturday

4TH SUNDAY OF THE GREAT FAST: OUR HOLY FATHER JOHN CLIMACUS—TONE 8

Saturday Mar. 20 4:30–5PM Mystery of Repentance*
5:30PM Divine Liturgy of St. Basil for a special intention
Sunday Mar. 22 9–9:30AM Mystery of Repentance*
9:30AM Third Hour
10:00AM Divine Liturgy of St. Basil for the faithful of Epiphany Parish
Epistle: Hebrews 6:13-20 & Ephesians 5:9-19; Mark 9:17-31 & Matthew 4:25-5:12
11:45AM ECF and Adult Education

*Mystery of Repentance also available by appointment or before and after weekday services

During the month of March, the Altar Lamp burns before our Lord in the tabernacle for +William and Regina Lemak, by Gina Bridges and Ken Holowenski

Welcome to our parish! We are glad that you have chosen to participate in the Divine Liturgy with us today and we pray that it has been a spiritually nourishing experience. If you would like to register as a parishioner or if you have any questions, please do not hesitate to ask.

The Mysteries (Sacraments) of the Church are available for all Baptized Catholics in Good Standing. This means that a

Catholic attends Divine Liturgy on Sundays and Holydays of Obligation, utilizes the Mystery of Repentance at least once a year, receives the Eucharist at least once a year, observes the church's penitential seasons and fasting regulations to include abstaining from meat or an equivalent penance on all Fridays except when mitigated, supports the Church in Her temporal needs through offering of time, talent, and treasure, and believes the Church's teachings on faith and morals.

Stewardship 3/01/2020	Mar. Off. Total:	\$6,050.00
Offertory \$3,413.00	Cap. Imp. Total:	\$910
Capital Imp. \$705	Lent	\$20
Lent \$20	Easter Flowers	\$20
Stewardship 3/08/2020	Mar. Operating Budget	\$11,183
Offertory \$2,637.00		
Capital Imp. \$205		
Easter Flowers \$20		

LET US REMEMBER IN PRAYER:

Those who are ill or convalescing: Clara Vranich, Daniel Cunningham, James Murray, Patricia Rabayda, Catherine Garcia, Betty Yurchik, Patricia Anne Reidy, and Jeff Lovall.

May our Lord Jesus Christ, the Physician and Healer of souls and bodies, grant them peace and good health for many blessed years.

Also, our deployed military members: Lt. Commander William Bridges, and Specialist Francis "Joseph" Fuchko. *May God's Divine Care and Mercy be given to them and may their Guardian Angels protect them from harm.*

—Please let Fr. Lewis know if anyone should be added or taken away from these lists.

THE GREAT FAST: The Great Fast is upon us. This wonderful time of repentance, fasting, prayer, alms-giving, and purification of soul and body is given to us by the Church and by Christ for our benefit. Let us take this Fast seriously, so that we may become ever more closer to Jesus Christ, so that we can be conduits of His Holy Spirit to those we encounter.

CANTOR DAY CAMP: On Saturday, March 21, we will have our second Cantor Day Camp from 10AM until 3PM—lunch will be provided. We encourage all cantors to come and attend.



PINTS WITH AQUINAS BYZANTINE PODCAST: Our very own parishioner, Matt Fradd, interviewed a priest from the Byzantine Catholic Eparchy of Phoenix and they discussed many distinctions between the Roman Church and the Byzantine Church. Yes, the podcast is very long, but can be listened to while one works or cooks or some other activ-

EVAGRIOS THE SOLITARY (345-399AD):

ON PRAYER

excerpts from the Philokalia, Vol. 1

152. So long as you give attention to the beauty of the body, and your intellect delights in the outside of the tabernacle, you have not yet perceived the realm of prayer and are still far from treading its blessed path.

153. If when praying no other joy can attract you, then truly you have found prayer.

ity. This is a very good introduction to many important distinctions—give it a listen!

https://youtu.be/e5vtGp_qIQg

NEW ITEMS IN GIFT SHOP & KOLACHI: We have many new items in our gift shop. New icons, books for Lent, Children's books, and Pascha Basket Candles—check it out today!

Also, Carol Evancko will be taking orders for Kolach: kiffles, and nutrolls. Please see her after liturgy, or email parish office.

CONTRIBUTIONS CAN BE MAILED IN: Some may choose to refrain from joining others in public settings for various reasons during this time of public concern. As stated in Bishop Kurt's address which was recited last week and emailed to everyone, Bishop Kurt has dispensed the sin of not attending the public liturgy, and encourages everyone to continue to pray at home.

However, I implore you to continue to make your weekly or monthly contributions to our parish via the US Mail or through your on-line banking services. If we do not continue to receive contributions, we will not be able to continue the great success we have had these past two years. We are on our way to funding many much needed repairs and improvements in the coming years, and we hope to retain the momentum we have seen from your abundant generosity. May God continue to bless you and your families and keep you healthy and safe in these uncertain times.

Altar Lamp Memorials and Divine Liturgy Intentions can now be accepted for 2020. Remaining Months for

Altar Lamps:

May, October, November, and December.

Altar Lamps suggested donation is \$50, and Divine Liturgy and Panachida suggested stipend is \$15.

Upcoming Events

- Mar. 21 Cantor Day Camp 10AM-3PM
- Mar. 23 Matins with the Canon of St. Andrew of Crete 7:30PM
- Mar. 25 Annunciation of the Theotokos (Solemn Holyday) Divine Liturgy 7:30PM
- Mar. 23 Matins with the Canon of St. Andrew of Crete
- Mar. 25 Annunciation of the Theotokos (Solemn Holyday) 7:30PM
- Mar. 28 2nd Grounds Cleanup Day another day, another dumpster...

Changeable Parts of the Divine Liturgy

Mar. 14/15 for the Teal Pew Book

In place of the 1st, 2nd, & 3rd Antiphons, we will sing the 1st and 2nd Typical Psalms Simple Form p. 16-17

followed by the Beatitudes p. 23

Propers: Tone 7 p. 156 & 3rd Sun. of the Fast p. 223

Hymn of the Incarnation: A p. 18

Thrice Holy Hymn: E p. 30

Cherubikon: F p. 47

Creed: B p. 53

"Holy Holy Holy": Basil A p. 96

Our Father: Tone 6 p. 71

"We Have Seen": A p. 82

"May Our Mouths Be Filled": A p. 84

"Blessed be the Name of the Lord": B p. 88

Closing Hymn, then

Prayers After Receiving Holy Communion p. 95

THE PRAYER OF ST. EPHRAIM

to be prayed each weekday of The Fast

Lord and Master of my life, spare me from the spirit of indifference, despair, lust for power, and idle chatter. (*Prostration*)

Instead, bestow on me, your servant, the spirit of integrity, humility, patience, and love. (*Prostration*)

Yes, O Lord and King, let me see my own sins, and not judge my brothers and sisters; for you are blessed forever and ever. Amen. (*Prostration*)

BISHOP KURT SUGGESTED A NAME CHANGE: Bishop Kurt has suggested that we refer to the Presanctified Divine Liturgy as the Divine Liturgy of St. Gregory, because he is credited as being its author. "Please refer to our third Eucharist as the Divine Liturgy of St. Gregory the Dialogist, or the Divine Liturgy of St. Gregory the Pope of Rome, or the Divine Liturgy of St. Gregory. It is called that in our old liturgical books before it is called the Presanctified Gifts. I ask for this to combat false concepts that were spread about this liturgy during the period of latinizations. It is our ancient prescribed Eucharist for certain days, it is not inferior to other services." —Bishop Kurt.

EXCERPT FROM THE PROLOGUE OF OHRID:

"March 12: Saint Gregory the Dialogist, Pope of Rome—He was the son of Senator Gordianus and afterward a senator himself and mayor of the city of Rome. As soon as his father died, Gregory surrendered himself to the spiritual life. From his wealth he built six monasteries in Sicily, and built a seventh in the city of Rome in honor of St. Andrew the Apostle, where he was tonsured a monk. Sylvia, his mother, entered a convent and was tonsured a nun. After the death of Pope Pelagius II, Gregory was chosen pope. He fled from this honor and authority, hiding himself in the mountains and ravines. Nevertheless, the Lord revealed him to those who were seeking him in the following manner: a fiery column arose from earth to heaven at the place where Gregory hid himself. He was exceptionally charitable. All of his income was used for building shelters and hospices for the needy. Often

he invited less fortunate men and served them at the table. He spent his time writing beneficial books. He is also called the Dialogist because he wrote a book called The Dialogues, in which he extolled the miracles of the Italian saints. He also composed the Liturgy of the Presanctified Gifts, which is celebrated on Wednesdays and Fridays of Great Lent. His Archdeacon Peter saw a dove flying above Gregory's head as he was seated writing. He presented himself to the Lord in the year 604."

NOTES ABOUT HOLY WEEK: Holy Week is the most solemn and prayerful time of the liturgical calendar. We will have many special services to commemorate Christ's Saving Passion and Resurrection. Fr. Lewis highly encourages everyone to make every effort to attend as many of the Divine Services offered as possible. Since Great and Holy Friday is the most solemn of these days, Fr. Lewis suggests that those who are able should take off of work or school on this day so that they can come to a deeper understanding of Christ's Passion, and keep this a day of prayer and fasting. We will have three services this day: Passion Matins in the morning, Burial Vespers in the evening, and we will then have an All-Night-Vigil to chant the Psalms while keeping watch over the Tomb of Christ, and then celebrate Jerusalem Matins on Holy Saturday morning. As we did for the All-Night-Vigil of the Dormition, we will have the availability for individuals to sign up to keep vigil for the different hours of the night.

LITURGICAL NOTES

A **bow** is an inclination of the head at the shoulders while making the sign of the cross.

"To make a great bow or prostration" means to make the sign of the cross, kneel, and then touch the forehead to the floor. Those who cannot make a full prostration may make a **profound bow**, touching the floor with the fingers and making a sign of the cross on themselves.



From left to right: a bow, a profound bow, and a prostration