

Epiphany of Our Lord Byzantine Catholic Church

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Office Hours: Tues-Fri: 10AM—4PM—For Sacramental Emergencies Call Fr. Lewis: (570) 573-1565

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Epiphany of Our Lord is a parish in the Eparchy of Passaic, NJ https://www.eparchyofpassaic.com

—Schedule of Divine Services—

MEATFARE SUNDAY; OUR HOLY FATHER MELETIUS—TONE 3

Saturday Feb. 11 4:30-5PM Mystery of Repentance

5:30PM Vigil Divine Liturgy for Jeffrey Howard by K. Howard

Monthly Blessing of Birthdays & Anniversaries

Sunday Feb.12 9-9:30AM Mystery of Repentance

10:00AM Divine Liturgy for the faithful of Epiphany Parish (live streamed)

Epistle: 1 Corinthians 8:8-9.2 & Gospel: Matthew 25:31-46

Monthly Blessing of Birthdays & Anniversaries

11:45AM Meatfare Pot-Luck Picnic

Wednesday Feb. 15 Cheesefare Wednesday; The Holy Apostle Onesimus (aliturgical day)

6:30PM Great Compline (as in the Great Fast)

Thursday Feb. 16 Cheesefare Thursday; The Holy Martyrs: Pamphilius, Porphyrius, & Companions

6:30PM Divine Liturgy for the repose of +Thomas Coletti by Dennis Reidy

Friday Feb. 17 Cheesefare Friday; the Holy Great Martyr Theodore the Recruit

(aliturgical day) (simple abstinence from meat)

CHEESEFARE SUNDAY; THE HOLY APOSTLE ARCHIPPUS—TONE 4

Saturday Feb. 18 4:30-5PM Mystery of Repentance

5:30PM Vigil Divine Liturgy for Theresa Howard by K. Howard

Sunday Feb.19 9-9:30AM Mystery of Repentance

10:00AM Divine Liturgy for the faithful of Epiphany Parish (live streamed)

Epistle: Romans 13:11-14:4 & Gospel: Matthew 6:14-21

11:45AM Cheesefare Pot-Luck Picnic

1:00PM Forgiveness Vespers for Cheesefare Sunday

LET US REMEMBER IN PRAYER: Those who are ill or convalescing: Barbara Vincent, Stephanie & Bernie Pardee, Ihor Bilyy, Robin Cutcuin, Fr. Robert Stash, Patricia Reed, Mario Marione, Brenda Bryant, Ernie & Patricia Holewinski, John Gollner, Logan Camacho, John Rooth, Suzanne Pichnarcik, and Anna Cospelich. *May our Lord Jesus Christ, the Physician and Healer of souls and bodies, grant them peace and good health for many blessed years.*

Also, our deployed military members: Pvt. Bryan Buck, Pvt. Michael Fuchko, Sailor David Russo, Sergeant Francis "Joseph" Fuchko, and Commander William Bridges. May God's Divine Care and Mercy be given to them and may their Guardian Angels protect them from harm.—Please let Fr. Lewis know if anyone should be added or taken away from these lists.

Welcome to our parish!

We are glad that you have chosen to participate in the Divine Liturgy with us today and we pray that it has been a spiritually nourishing experience. If you would like to register as a parishioner or if you have any questions, please do not hesitate to ask.

The Mysteries (Sacraments) of the Church are available for all Baptized Catholics in Good Standing. This means that a Catholic attends Divine Liturgy on Sundays and Holydays of Obligation, utilizes the Mystery of Repentance at least once a year, receives the Eucharist at least once a year, observes the church's penitential seasons and fasting regulations to include abstaining from meat or an equivalent penance on all Fridays except when mitigated, supports the Church in Her temporal needs through offering of time, talent, and treasure, and believes the Church's teachings on faith and morals.

*2022 ANNUAL BISHOP'S APPEAL: So far, 25 families have contributed \$10,695 towards our goal of \$10,800! If we reach or exceed our goal, the parish will receive a rebate of 40% of that total after the campaign has concluded.

CHEESEFARE PICNIC: We will again have pot-luck picnics on two Sundays in February. The Cheesefare picnic will be on Feb. 19, and all are invited to bring their favorite dairy dishes (no meat allowed). Also, after the picnic, we will then celebrate the Forgiveness Vespers of Cheesefare Sunday, where all will be invited to forgive their fellow parishioners, so that we can begin the Fast with a clean conscience and a pure heart.

CHEESEFARE WEEK: Again, if one is adhering to the traditional fast, then during the week of cheesefare (Feb. 12-Feb. 19), we should be cleaning out our refrigerator of the dairy products we have, so there will be none left by the evening of Feb. 19, Cheesefare Sunday.

PAVILION PROJECT UPDATE: Quotes are being procured for some work involved in the project based on survey questions. Survey will be approved after quotes received. There will be a meeting with the parish before we enter into the final stages of this project, as it has grown in size and will cover many sections of the property based on Roswell's requirements.

GIVING ENVELOPES DELAYED: Our printer said the envelopes will be sent to us sometime in February.

2023 Liturgical Wall Calendars are now available!

BLESSING OF HOMES: If you would like to have your home blessed, which is our custom after Theophany, please contact the parish office, and we will schedule a date as soon as possible.

ALTAR LAMP MEMORIALS:

All months in 2023 have now been reserved—thank you.

PROPHET EZEKIEL CLASS: Learn about the Babylonian captivity and the visions that Ezekiel had. Hear the story of how the dead bones of Israel come to life. The class will run concurrent with the Sundays of ECF.

A NOTE ON ALITURGICAL DAYS: The Great Fast officially beings on Clean Monday, Feb. 20. From the Typicon: "All days of the Great Fast are days of Alleluia [aliturgicals days], unless otherwise noted." This means that they are days on which we cannot "celebrate" the Divine Liturgy. However, we do have the opportunity to celebrate the Divine Liturgy of the Presanctified Gifts, or as some call it, the Divine Liturgy of St. Gregory, so that we can still be fed with the Bread of Life on our journey through the Great Fast.

Upcoming Events

Feb. 12	Meatfare Picnic
Feb. 19	Cheesefare Picnic & Forgiveness Vespers
Feb. 20	Clean Monday: First Day of the Great Fast Presanctified Divine Liturgy
Mar. 19	Monthly Birthday Celebration & Picnic
Mar. 22	Matins with Canon of St. Andrew of Crete

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Stewardship 2/05/2	2023	Feb. Off. Total:	\$2,630.95		
Offertory	\$2,260	Cap. Imp. Total:	\$75		
Online Giving	\$370.95	Feb. Op. Budget	\$9,500		
Capital Improvemen	t \$75				

Changeable Parts of the Divine Liturgy February 11/12 for the Teal Pew Book Meatfare Sunday

Vigil Divine Liturgy: p. 104 Propers Tone 3: p. 133

Sunday Antiphons: p. 14
Hymn of the Incarnation: B p. 19
Troparion T3 p.135 & Kontakion Meatfare p. 217
Thrice Holy Hymn: C p. 28
Cherubikon: C p. 44
Creed: A p. 52

Holy, Holy, Holy: C p. 57 "We praise you, we bless you...": C p. 59

Our Father: Tone 3 p. 68

"We Have Seen": A p.82
"May Our Mouths Be Filled": A p.84

"Blessed be the Name of the Lord": A p. 88

Thanksgiving Prayers: p.95-96

PRAYERS FOR THE WEEK AFTER MEATFARE SUNDAY

—consider adding these to your daily prayers—

One theme present in the parable of the Sheep and the Goats is the assurance of a final judgment. The peoples of the world will be judged by Jesus Christ according to how they interacted with the least of their brethren. However, even though we are sinful, we call upon the incredible mercy of God to forgive us our sins.

APOSTICA OF VESPERS

T8 Glory: Alas! O my darkened soul, how long will you persist in sin? How long will you lie in laziness? Why do you not think of the dreadful hour of death? Do you not fear the awesome judgment seat of the Savior? How will you defend yourself? How will you be vindicated? Your works are there to convict you, and your actions witness against you. Moreover, time is growing short, O my soul; hasten and cry out in faith: I have sinned, O Lord, I have sinned: but I know your love and your mercy. O Good Shepherd, in your goodness, do not deprive me of a place at your right hand.

Now and ever: O Virgin, you have never known wedlock, yet you conceived God in the flesh in a manner which words can never describe. You thus became the Mother of God on high. O Immaculate Lady, receive the supplication of your servants and grant us the cleansing of our sins. Accept now our prayers and beseech God to save all of us.

KONTAKION

When you come to the earth in glory, O God, and the universe trembles and a river of fire flows before your judgment seat and the books are opened and everything hidden is revealed, deliver me then from the unquenchable fire and make me worthy to stand at your right hand, O most righteous Judge.

IKOS OF MATINS

When I think of your fearful judgment and the day of your justice, O Lord of goodness, I tremble with fear; for my conscience accuses me. When You shall be seated upon the throne to ring the entire wold before You in trial, no one will be able to deny sins; for truth shall triumph and no one will dare dispute. The fires of Hades will crackle and sinners grind their teeth. But You, O Lord, have mercy on me and spare me, O righteous Judge.

HYMN OF LIGHT OF MATINS

As I think about the day of your fearful judgment and your ineffable glory, O Lord, I tremble with fright, and in fear I cry out: When You come upon the earth in your divine glory, O Christ, to judge the whole world, spare me and deliver me from punishment, O Master, and count me worthy to stand at your right hand.

Glory: Behold, the day of the Lord almighty is coming. Who can bear the terror of his presence? It is a day of wrath and a burning furnace, when the Judge shall be seated to render to each as our deeds deserve.

Now and ever: I consider the hour of judgment and your dreadful coming, O Lord and Lover of Mankind; and in my distress, I tremble and cry out to You: O Judge who alone are merciful, guide me back to You and accept me, through the prayers of the Mother of God.



Fasting Regulations for the Great Fast

EPARCHIAL REGULATIONS: All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast—there is no alternative penance. All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of The Fast, Monday, Feb. 20, and on Great and Holy Friday, April 7.

FROM THE TYPICON (A GUIDEBOOK FOR THE CELEBRATION OF THE LITURGY AND DIVINE OFFICE): "In the Great Fast, abstinence from meat, fish, dairy products, alcohol and foods cooked in oil was prescribed for all days, except days of mitigation. All Saturdays and Sundays, February 24, March 9, Wednesday to Friday of the Fifth Week, the Prefestive Day and Leave-taking of Annunciation were mitigations for wine and oil. The Feast of the Annunciation (March 25) and Palm Sunday were general mitigations. The Ruthenian Metropolia prescribes strict abstinence (from meat and dairy products) on the First Monday of the Great Fast and on Good Friday,

and abstinence from meat on all Wednesdays and Fridays."

DISPENSATION: Pastors and Administrators may, for a just cause, grant to the individual faithful and to individual families, dispensations or commutations of the fasting rules into other pious practices. Those who are pregnant or nursing, and those in advanced age may seek dispensations for health reasons.

Possible Fasting Regimines: Enclosed are a variety of fasting possibilities for those who seek the spiritual benefit of challenging themselves to a deeper participation in the Great Fast. One can start simple and increase the difficulty as the Fast progresses. Either way, all are encouraged to do more than the minimum, except the elderly, pregnant, small children, and those with special medical issues.

Strict Fast

	First Day of the Fast Strict Fast			Fasting	Required by	our Eparchy
Sunday No Fasting	Monday No Fasting	Tuesday No Fasting	Wednesday Fast from meat	Thursday No Fasting	Friday Fast from meat	Saturday No Fasting
					Good Friday Strict Fast	
	First Day of the Fast Strict Fast			Ор	tion 1 Additi	onal Fasting
Sunday No Fasting	Monday Fast from meat	Tuesday No Fasting	Wednesday Fast from meat	Thursday No Fasting	Friday Fast from meat	Saturday No Fasting
					Good Friday	_

	First Day of the Fast Strict Fast			Oį	otion 2 Additi	onal Fastin
Sunday No Fasting	Monday Fast from	Tuesday Fast from meat	Wednesday Fast from	Thursday Fast from meat	Friday Fast from	Saturday No Fasting
					Good Friday Strict Fast	-
	First Day of the Fast Strict Fast			Oį	otion 3 Additi	onal Fastin
Sunday No Fasting	Monday Fast from	Tuesday Fast from	Wednesday Strict Fast	Thursday Fast from meat	Friday Strict Fast Good Friday Strict Fast	Saturday No Fasting
	First Day of the Fast Strict Fast			O _I	otion 4 Additi	onal Fastin
Sunday Fast from meat	Monday Strict Fast	Tuesday Strict Fast	Wednesday Strict Fast	Thursday Strict Fast	Friday Strict Fast	Saturday Fast from meat
					Good Friday Strict Fast	-

Special Notes

The tradition also suggests that fish with a backbone is considered flesh and meat, however, any type of shellfish is permitted all days of the fast. It is also the tradition that both wine and oil are abstained from as well; this may have been because of their storage in animal skins, but either way, alcohol is good to abstain from during the Great Fast.