



# Epiphany of Our Lord Byzantine Catholic Church

2030 Old Alabama Road, Roswell, GA 30076 • Office: (770) 993-0973

Office Hours: Tues-Fri: 10AM—4PM—For Sacramental Emergencies Call Fr. Lewis: (570) 573-1565

Fr. Lewis M. Rabayda, Parochial Administrator • email: fatherlewis@epiphanybyz.org

Fr. Deacon James Smith • Fr. Deacon John Reed • Reader Alex Adekambi

Email: office@epiphanybyz.org • Website: <http://epiphanybyz.org> • YouTube

Epiphany of Our Lord is a parish in the Eparchy of Passaic, NJ <https://www.eparchyofpassaic.com>

## —Schedule of Divine Services—

### CHEESEFARE SUNDAY; THE HOLY APOSTLE ARCHIPPUS—TONE 4

- Saturday Feb. 18** 4:30-5PM Mystery of Repentance  
5:30PM Vigil Divine Liturgy for Theresa Howard by K. Howard
- Sunday Feb. 19** 9-9:30AM Mystery of Repentance  
10:00AM Divine Liturgy for the faithful of Epiphany Parish (live streamed)  
Epistle: Romans 13:11-14:4 & Gospel: Matthew 6:14-21  
11:45AM Cheesefare Pot-Luck Picnic  
1:00PM Forgiveness Vespers for Cheesefare Sunday
- Monday Feb. 20** **Clean Monday; Our Holy Father Agathon, Pope of Rome**  
**(Obligatory strict fast from meat and dairy)**  
6:30PM Presanctified Divine Liturgy for the repose of +Andrew Coletti by Dennis Reidy
- Wednesday Feb. 22** **Finding of the Venerable Relics of the Martyr Eugenia** (abstinence from meat)  
6:30PM Great Compline
- Friday Feb. 24** **Our Holy Father Tarasius, Archbishop of Constantinople** (abstinence from meat)  
6:30PM Presanctified Divine Liturgy for the repose of +Holy Souls in Purgatory by the Bragg Family

### SUNDAY OF ORTHODOXY; MEMORY OF THE HOLY PROPHETS—TONE 5

- Saturday Feb. 25** 4:30-5PM Mystery of Repentance  
5:30PM Vigil Divine Liturgy of St. Basil for Daniel Malakauskas by David & Sarah Malakauskas with Procession of Icons for the Sunday of Orthodoxy (**don't forget to bring your icons!**)
- Sunday Feb. 26** 9-9:30AM Mystery of Repentance  
10:00AM Divine Liturgy of St. Basil for the faithful of Epiphany Parish (live streamed)  
Epistle: Hebrews 11:24-26, 32-12:2 & Gospel: John 1:43-51  
with Procession of Icons for the Sunday of Orthodoxy (**don't forget to bring your icons!**)  
11:30AM Panachida for the repose of +Daniel Cunningham by Jane Cunningham  
11:45AM ECF & Adult Education Ezekiel Ch 25-30

\*Mystery of Repentance also available by appointment

During the month of February, the Altar Lamp burns before our Lord in the tabernacle for  
+Richard Ballard by Mr. & Mrs. Michael Limongello

**SUNDAY OF ORTHODOXY:** Next Sunday will be the first Sunday of the Great Fast. The First Sunday was historically dedicated to the Holy Prophets of the Old Covenant. But shortly after the Restoration of the Holy Icons on March 11, 843—after a long period of controversy over their use in religious worship and the

Christian Faith—this First Sunday was then dedicated to the Orthodox (right belief) Faith. The orthodox faith of all Churches in communion with each-other and with Rome has taught that images or any representation are helpful aids in our catechism and worship, and any reverence does not reside in physical materials, but

passes to the one being represented, while also maintaining that worship is proper to the Holy Trinity alone, but that veneration in itself, is not worship.

We will celebrate this event by processing around the church after the Ambon Prayer with our favorite icons, and declare the decrees of the Seventh Ecumenical Council. **So, please don't forget to bring your favorite icons with you next Saturday & Sunday!**

**SCREENING OF, "WHERE ARE YOU, ADAM?":** We have been invited by our Russian Orthodox neighbors to a screening of a Ukrainian documentary of life on Mount Athos, Greece. The film is in Greek with English subtitles, and appears to show life on the Holy Mountain, similar to (but possibly more dramatic than) the film

"Into Great Silence" featuring the Carthusian Monks in France—if you have seen that. Screening is at the Aurora Cinaplex on 5100 Commerc Parkway, Roswell on Sunday, Feb 26 at 6:00PM. One may need tickets beforehand.



**2022 ANNUAL BISHOP'S APPEAL:** So far, 25 families have contributed \$10,695 towards our goal of \$10,800! If we reach or exceed our goal, the parish will receive a rebate of 40% of that total after the campaign has concluded.

**PAVILION PROJECT UPDATE:** Quotes are being procured for some work involved in the project based on

**LET US REMEMBER IN PRAYER:** Those who are ill or convalescing: Barbara Vincent, Stephanie & Bernie Pardee, Ihor Bilyy, Robin Cutcuin, Fr. Robert Stash, Patricia Reed, Mario Marione, Brenda Bryant, Ernie & Patricia Holewinski, John Gollner, Logan Camacho, John Rooth, Suzanne Pichnarcik, and Anna Cospelich. *May our Lord Jesus Christ, the Physician and Healer of souls and bodies, grant them peace and good health for many blessed years.*

Also, our deployed military members: Pvt. Bryan Buck, Pvt. Michael Fuchko, Sailor David Russo, Sergeant Francis "Joseph" Fuchko, and Commander William Bridges. *May God's Divine Care and Mercy be given to them and may their Guardian Angels protect them from harm.—Please let Fr. Lewis know if anyone should be added or taken away from these lists.*

survey questions. Survey will be approved after quotes received. There will be a meeting with the parish before we enter into the final stages of this project, as it has grown in size and will cover many sections of the property based on Roswell's requirements.

**GIVING ENVELOPES DELAYED:** Our printer said the envelopes will be sent to us sometime in February.  
**2023 Liturgical Wall Calendars are now available!**

**BLESSING OF HOMES:** If you would like to have your home blessed, which is our custom after Theophany, please contact the parish office, and we will schedule a date as soon as possible.

**PROPHET EZEKIEL CLASS:** Learn about the Babylonian captivity and the visions that Ezekiel had. Hear the story of how the dead bones of Israel come to life. The class will run concurrent with the Sundays of ECF.

**A NOTE ON ALITURGICAL DAYS:** The Great Fast officially begins on Clean Monday, Feb. 20. From the Typicon: "All days of the Great Fast are days of Alleluia [alituricals days], unless otherwise noted." This means that they are days on which we cannot "celebrate" the Divine Liturgy. However, we do have the opportunity to celebrate the Divine Liturgy of the Presanctified Gifts, or as some call it, the Divine Liturgy of St. Gregory, so that we can still be fed with the Bread of Life on our journey through the Great Fast.

---

## Welcome to our parish!

We are glad that you have chosen to participate in the Divine Liturgy with us today and we pray that it has been a spiritually nourishing experience. If you would like to register as a parishioner or if you have any questions, please do not hesitate to ask.

**The Mysteries** (Sacraments) of the Church are available for all Baptized Catholics in Good Standing. This means that a Catholic attends Divine Liturgy on Sundays and Holydays of Obligation, utilizes the Mystery of Repentance at least once a year, receives the Eucharist at least once a year, observes the church's penitential seasons and fasting regulations to include abstaining from meat or an equivalent penance on all Fridays except when mitigated, supports the Church in Her temporal needs through offering of time, talent, and treasure, and believes the Church's teachings on faith and morals.

### Upcoming Events

- Feb. 19 Cheesefare Picnic & Forgiveness Vespers
- Feb. 20 Clean Monday: First Day of the Great Fast  
Presanctified Divine Liturgy
- Mar. 19 Monthly Birthday Celebration & Picnic
- Mar. 22 Matins with Canon of St. Andrew of Crete
- Mar. 25 Annunciation (solemn feastday)

### COFFEE4UKRAINE



[perkartisancoffee.com](http://perkartisancoffee.com)

Stewardship 2/12/2023	<b>Feb. Off. Total:</b>	<b>\$4,541.95</b>
Offertory \$1,691	<b>Cap. Imp. Total:</b>	<b>\$220</b>
Online Giving \$220	Feb. Op. Budget	\$9,500
Capital Improvement \$145		

### Changeable Parts of the Divine Liturgy February 18/19 for the Teal Pew Book Cheesefare Sunday

Vigil Divine Liturgy: p. 104

Propers Tone 4: p. 138

Sunday Antiphons: p. 14

Hymn of the Incarnation: A p. 18

Troparion T4 p.141 & Kontakion Cheesefare p. 218

Thrice Holy Hymn: B p. 28

Cherubikon: D p. 45

Creed: B p. 53

Holy, Holy, Holy: A p. 56

"We praise you, we bless you...": D p. 59

Our Father: Tone 4 p. 69

"We Have Seen": A p.82

"May Our Mouths Be Filled": A p.84

"Blessed be the Name of the Lord": A p. 88

Thanksgiving Prayers: p.95-96

## PRAYERS FOR THE WEEK AFTER CHEESEFARE SUNDAY

—consider adding these to your daily prayers—

One theme present in the first week of the Great Fast is the Expulsion of Adam and Eve from Paradise. As we pray in the Anaphora of St. Basil, and as we know, it is by our own transgressions, ei, by Adam and Eve's willful act against God's commandments, that has brought pain and hardship into our lives. We now yearn to return to paradise, or now, we long to enter into the Kingdom of Heaven.

### APOSTICA OF VESPERS

**T6 Glory:** Adam was banished from Paradise because of the forbidden fruit. He sat before the gate, sighing and lamenting: Alas! Woe is me! What is happening to me? I have transgressed the commandment of the Lord, and now I am deprived of every blessing. O Paradise, so delightful, you were planted for me; and now you are closed because of Eve. Beseech your creator who has also fashioned me to fill me with the fragrance of your flowers once again. And the Savior said to him: I do not desire the destruction of my creation; rather, I wish it to be saved and come to the knowledge of truth; for I do not reject those who come to me.

**Now and ever:** Christ the Lord, our Creator and Redeemer, came forth from your womb, O most pure Virgin. He clothed himself in our human flesh to set us free from the original curse of Adam. Therefore, O Mary, we praise you, without ceasing, as the true Virgin Mother of God, and we sing with the angels: Rejoice, O Lady, advocate, protector, and salvation of our souls.

### KONTAKION

O guide to wisdom, O giver of understanding, O instructor of the ignorant and helper of the poor, strengthen and enlighten my heart, O Master. Give the word to me, O Word of the Father, that I may not refrain from crying out to You: O merciful Lord, have mercy on me, a fallen one.

### IKOS OF MATINS

Adam formerly sat before the gate of Paradise weeping, and with his head buried in his hands, he cried out: O merciful Lord, have mercy on me, a fallen one.

Banished from Paradise by the angel who closed the gate of the heavenly garden, Adam sighed deeply and said: O merciful Lord, have mercy on me, a fallen one.

O delightful Paradise, share in the sorrow of your fallen master, and, by the whispering of your leaves, beseech the Creator not to keep you closed forever; O merciful Lord, have mercy on me, a fallen one. O Paradise, filled with beauty and charm, planted for Adam and closed by Eve, pray to the Lord for your fallen master: O merciful Lord, have mercy on me, a fallen one.

### HYMN OF LIGHT OF MATINS

**Glory, Now and ever:** Those whom You had formerly expelled from Paradise for having eaten the forbidden fruit, O Lord, You now lead back again by your Cross and Passion, O my Savior and my God; grant us also the strength to complete the course of this Fast in holiness so that we may adore your divine Resurrection, the Pasch of Salvation, through the prayers of the Mother of God.

### LITURGICAL NOTES

A **bow** is an inclination of the head at the shoulders while making the sign of the cross.

"To make a **great bow or prostration**" means to make the sign of the cross, kneel, and then touch the forehead to the floor. Those who cannot make a full prostration may make a **profound bow**, touching the floor with the fingers and making a sign of the cross on themselves.



From left to right: a bow, a profound bow, and a prostration

# Fasting Regulations for the Great Fast

**EPARCHIAL REGULATIONS:** All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast—there is no alternative penance. All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of The Fast, Monday, Feb. 20, and on Great and Holy Friday, April 7.

**FROM THE TYPICON (A GUIDEBOOK FOR THE CELEBRATION OF THE LITURGY AND DIVINE OFFICE):** “In the Great Fast, abstinence from meat, fish, dairy products, alcohol and foods cooked in oil was prescribed for all days, except days of mitigation. All Saturdays and Sundays, February 24, March 9, Wednesday to Friday of the Fifth Week, the Prefestive Day and Leave-taking of Annunciation were mitigations for wine and oil. The Feast of the Annunciation (March 25) and Palm Sunday were general mitigations. The Ruthenian Metropolia prescribes strict abstinence (from meat and dairy products) on the First Monday of the Great Fast and on Good Friday,

and abstinence from meat on all Wednesdays and Fridays.”

**DISPENSATION:** Pastors and Administrators may, for a just cause, grant to the individual faithful and to individual families, dispensations or commutations of the fasting rules into other pious practices. Those who are pregnant or nursing, and those in advanced age may seek dispensations for health reasons.

**POSSIBLE FASTING REGIMINES:** Enclosed are a variety of fasting possibilities for those who seek the spiritual benefit of challenging themselves to a deeper participation in the Great Fast. One can start simple and increase the difficulty as the Fast progresses. **Either way, all are encouraged to do more than the minimum, except the elderly, pregnant, small children, and those with special medical issues.**

							<b>Fasting Required by our Eparchy</b>
		First Day of the Fast <b>Strict Fast</b>					
Sunday No Fasting	Monday No Fasting	Tuesday No Fasting	Wednesday <b>Fast from meat</b>	Thursday No Fasting	Friday <b>Fast from meat</b>	Saturday No Fasting	
					Good Friday <b>Strict Fast</b>		

							<b>Option 1 Additional Fasting</b>
		First Day of the Fast <b>Strict Fast</b>					
Sunday No Fasting	Monday <b>Fast from meat</b>	Tuesday No Fasting	Wednesday <b>Fast from meat</b>	Thursday No Fasting	Friday <b>Fast from meat</b>	Saturday No Fasting	
					Good Friday <b>Strict Fast</b>		

First Day  
of the Fast  
**Strict Fast**

---

### Option 2 Additional Fasting

Sunday  
No Fasting

Monday  
**Fast from  
meat**

Tuesday  
**Fast from  
meat**

Wednesday  
**Fast from  
meat**

Thursday  
**Fast from  
meat**

Friday  
**Fast from  
meat**

Saturday  
No Fasting

---

Good Friday  
**Strict Fast**

First Day  
of the Fast  
**Strict Fast**

---

### Option 3 Additional Fasting

Sunday  
No Fasting

Monday  
**Fast from  
meat**

Tuesday  
**Fast from  
meat**

Wednesday  
**Strict Fast**

Thursday  
**Fast from  
meat**

Friday  
**Strict Fast**

Saturday  
No Fasting

---

Good Friday  
**Strict Fast**

First Day  
of the Fast  
**Strict Fast**

---

### Option 4 Additional Fasting

Sunday  
**Fast from  
meat**

Monday  
**Strict Fast**

Tuesday  
**Strict Fast**

Wednesday  
**Strict Fast**

Thursday  
**Strict Fast**

Friday  
**Strict Fast**

Saturday  
**Fast from  
meat**

---

Good Friday  
**Strict Fast**

---

### Special Notes

The tradition also suggests that fish with a backbone is considered flesh and meat, however, any type of shellfish is permitted all days of the fast. It is also the tradition that both wine and oil are abstained from as well; this may have been because of their storage in animal skins, but either way, alcohol is good to abstain from during the Great Fast.