



Epiphany of Our Lord Byzantine Catholic Church

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Epiphany of Our Lord is a parish in the Eparchy of Passaic, NJ <http://www.eparchyofpassaic.com>

—Schedule of Divine Services—

SUNDAY OF ORTHODOXY; MEMORY OF THE HOLY PROPHETS *Tone 1; AP13*

Saturday Mar. 8 4:30-5PM Mystery of Repentance*
5:30PM Vigil Divine Liturgy of St. Basil for the Hoff Family by Anonymous
Icon Procession after the Ambon Prayer for the Restoration of the Icons (AD843)
Monthly blessing of Anniversaries and Birthdays

Sunday Mar. 9 9–9:30AM Mystery of Repentance*
10:00AM Divine Liturgy of St. Basil for the faithful of Epiphany Parish (live streamed)
Epistle: Romans 11:24-26, 32-12:2 John 1:43-51
Icon Procession after the Ambon Prayer for the Restoration of the Icons (AD843)
Monthly blessing of Anniversaries and Birthdays
11:45AM ECF for Children & Adult Education: *The Art of Dying Well*

Wednesday Mar. 12 7PM **OUR HOLY FATHER SIMEON, THE NEW THEOLOGIAN** (Abstinence from meat obligatory)
Great Compline for the Great Fast

Friday Mar. 14 7PM **OUR VENERABLE FATHER BENEDICT; 2ND ALL SOULS SATURDAY** (Abstinence from meat obligatory)
Presanctified Divine Liturgy for the repose of +Richard Murray by Carol Evanco
8:20PM 2nd All Souls Panachida for the repose of those inscribed in our Dyptics

SECOND SUNDAY OF THE GREAT FAST; ST. POLYCARP & GREGORY PALAMAS *Tone 2; AP14*

Saturday Mar. 15 4:30-5PM Mystery of Repentance*
5:30PM Vigil Divine Liturgy of St. Basil for the faithful of Epiphany Parish

Sunday Mar. 16 9–9:30AM Mystery of Repentance*
10:00AM Divine Liturgy of St. Basil for the repose of +Mickey & Ann Leachman by Kerrie Pinkney (live streamed)
Epistle: Hebrews 1:10-2:3 Mark 2:1-12
11:45AM ECF for Children & Adult Education: *The Art of Dying Well*

*Mystery of Repentance also available by appointment

During the month of March, the Altar Lamp burns before our Lord in the tabernacle for the repose of
+Mykola and +Paraskevia Scheremeta by Mike & Irene Laschuk

Stewardship 03/02/2025	Mar. Off. Total:	\$4,093
Offertory \$3,553	Cap. Imp. Total:	\$220
Online Giving \$540	Lent	\$100
Capital Improvement \$220	Total Mar.	\$4,413
Lent \$100	Mar. Op. Budget	\$12,878

***2024 ANNUAL BISHOP'S APPEAL:** The Eparchy of Passaic's annual appeal has begun. So far 20 families have donated a total of \$7,975 towards our goal of \$10,800. If we reach our goal, we will receive a 40% rebate, just as we have in the past 4 years. So, giving to the Bishop's Appeal is giving to our parish!

***SUNDAY OF ORTHODOXY:** Next Sunday will be the first Sunday of the Great Fast. The First Sunday was historically dedicated to the Holy Prophets of the Old Covenant. But shortly after the Restoration of the Holy Icons on March 11, 843—after a long period of controversy over their use in religious worship and the Christian Faith—this First Sunday was then dedicated to the orthodox (right belief) faith. The orthodox faith of all Churches in communion with each-other and with Rome has taught that images or any representation are helpful aids in our catechism and worship, and any reverence does not reside in physical materials, but passes to the one being represented, while also maintaining that worship is proper to the Holy Trinity alone, but that veneration in itself, is not worship.

We will celebrate this event by processing around the church after the Ambon Prayer with our favorite icons, and declare the decrees of the Seventh Ecumenical Council. **So, please don't forget to bring your favorite icons with you next Saturday & Sunday!**

***PYSANKY WORKSHOP:** The Carpatho-Rusyn Society Southeastern Chapter will be holding a Pysanky Workshop on Saturday, March 22, 2025 from 1:00 – 3:30 PM at St. Elizabeth Orthodox Church Hall, 2265 East Cherokee Drive, Woodstock, GA. The art of decorating eggs with wax is a tradition of many Eastern European countries. The designs can be very intricate with many layers of colors or simpler with symbols that have special meaning. Come and create a beautiful pysanky for your Easter basket this year. \$10 for supplies to be paid

LET US REMEMBER IN PRAYER: Those who are ill or convalescing: Fr. Maximos, Patricia Rabayda, Tim Watson, Paul Cincoski, Fr. Robert Stash, Sally Baer, Cathy Bowen, John Grzincic, Andrew Reidy, Patricia Moyle, Robert Pardee, Mary Rinik, Mario Marione, Brenda Bryant, Ernie & Patricia Holewinski, John Gollner, John Rooth, and Anna & Catherine Cospelich. *May our Lord Jesus Christ, the Physician and Healer of souls and bodies, grant them peace and good health for many blessed years.*

Also, our deployed military members: Pvt. Bryan Buck, Sailor David Russo, and Commander William Bridges. *May God's Divine Care and Mercy be given to them and may their Guardian Angels protect them from harm.—Please let Fr. Lewis know if anyone should be added or taken away from these lists.*

at the event. Reservations are necessary due to limited class size. To register, text Bonnie at 216 235-9328 or email bb@c-rs.org

—**However:** some of our parishioners may be planning a Pysanky workshop of our own. Date TBA.

***ATLANTA YOUNG CATHOLIC PROFESSIONALS RETREAT:** On Saturday March 15 from 9AM-3PM, the Atlanta Young Catholic Professionals will be hosting their annual St. Joseph Day retreat at Holy Spirit Catholic Church 4465 Northside Drive, NW, Atlanta. This free retreat is open to any young adult aged 20 to 39 in the Atlanta metro area.

LENTEN ADULT EDUCATION CLASS: Dcn John will lead a 5 week class on Christian death and the afterlife titled: *Eternal Rest: The Art of Dying Well*, on the Sundays of the Great Fast. Alighting with the Byzantine practice of praying for the dead on Saturday's during Lent, 4 Video sessions will discuss death and what the Catholic belief is on what happens to the soul. The 5th session will discuss the specifics of the Byzantine Catholic funeral.

Welcome to our parish!

We are glad that you have chosen to participate in the Divine Liturgy with us today and we pray that it has been a spiritually nourishing experience. If you would like to register as a parishioner or if you have any questions, please do not hesitate to ask.

The Mysteries (Sacraments) of the Church are available for all Baptized Catholics in Good Standing. This means that a Catholic attends Divine Liturgy on Sundays and Holydays of Obligation, utilizes the Mystery of Repentance at least once a year, receives the Eucharist at least once a year, observes the church's penitential seasons and fasting regulations to include abstaining from meat or an equivalent penance on all Fridays except when mitigated, supports the Church in Her temporal needs through offering of time, talent, and treasure, and believes the Church's teachings on faith and morals. Those seeking Sacramental Marriage should contact the parish 1 year in advance.



Upcoming Social Events

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|----------|---|
| Apr. 6 | Monthly Picnic: Vegan Theme |
| Apr. 27 | Thomas Sunday Picnic |
| July 16 | 2025 Byzantine Catholic Metropolitan Assembly, Whiting, Indiana |
| Aug/Sept | 31/01 Uniontown Pilgrimage |

Changeable Parts in the Teal Pew Book Mar. 8/9 Sunday of Orthodoxy

- Vigil Divine Liturgy Green Pew Book p. 104:
 Tone 1: p. 123
 —see handout—
- Sunday see handout—
- (Sun) 1st & 2nd Typical Psalm: A p. 16
 (Sun) Hymn of the Incarnation: B p. 19
 (Sun) The Beatitudes: p. 23
 (Sun) Entrance Hymn: p. 25
 (Sun) Tropar. T1 p. 123 & p. 220
 "Holy God..." B p. 28
 Cherubikon: A p. 42
 Creed: A p. 51
 The Anaphora of St. Basil p. 96 version A
 Thrice Holy Hymn: p. A p. 96
 We Praise You...: B p. 98
 Our Father: Tone 1 p. 66
 Communion Hymn: A p. 78
 "We have seen...": A p. 82
 "May Our Mouths be filled..": A p. 84
 "Blessed be the Name of the Lord": A p. 88

PRAYERS FOR THE WEEK AFTER THE SUNDAY OF ORTHODOXY

—consider adding these to your daily prayers—

This week we will contemplate the prophets who foretold the Messiah. We also commemorate the restoration of the icons after a long period of iconoclasm, or icon smashing. The icons were triumphantly processed back into full veneration in the year 843.

A Simple Daily Lenten Service

Through the prayers of our Holy Fathers, O Lord Jesus Christ our God,
have mercy *on* us.
Amen.

Glory to you, our God,
glory *to* you.

Heavenly King, Comforter, Spirit of Truth,
everywhere present and filling all things,
Treasury of Blessings and Giver of Life,
come and dwell within us,
cleanse us of all stain,
and save our souls, O *gracious* One.

Holy God, Holy and Mighty, Holy and Immortal,
have mercy *on* us. (3 times with a bow)

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Most Holy Trinity, have mercy on us;
Lord, cleanse us of our sins;
Master, forgive our transgressions;
Holy One, come to us and heal our infirmities for *your*
name's sake.

Lord have mercy, Lord have mercy,
Lord have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in
heaven.
Give us this day our daily bread,
and forgive us our trespasses

as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us *from* evil.

Lord have mercy, Lord have mercy, Lord have mercy,
Lord have mercy, Lord have mercy, Lord have *mercy*.
(2times)

+Come, let us worship our King and God,
+Come, let us worship Christ, our King and God,
+Come, let us worship and bow down before Jesus
Christ,
the *King* and our God.

PSALM 50

Have mercy on me, God, in your kindness.
In your compassion blot out my *offense*.
O wash me more and more from my guilt
and cleanse me from *my* sin.

My offenses truly I know them;
my sin is always *before* me.
Against you, you alone, have I sinned;
what is evil in your sight I *have* done.

That you may be justified when you give sentence
and be without reproach when *you* judge,
O see, in guilt I was born,
a sinner was I *conceived*.

Indeed you love truth in the heart;
then in the secret of my heart teach *me* wisdom.
O sprinkle me with hyssop, then I shall be clean;
O wash me, I shall be whiter *than* snow.

Make me hear rejoicing and gladness,
that the bones you have crushed *may* thrill.
From my sins turn away your face
and blot out all *my* guilt.

A pure heart create for me, O God;
put a steadfast spirit *within* me.
Do not cast me away from your presence,
nor deprive me of your *holy* spirit.

Give me again the joy of your help;
with a spirit of fervor *sustain* me,
that I may teach transgressors your ways
and sinners may return *to* you.
O rescue me, God, my helper,
and my tongue shall ring out *your* goodness.
O Lord, open my lips
and my mouth shall declare *your* praise.

For in sacrifice you take no delight,
burnt offering from me you would *refuse*,
my sacrifice, a contrite spirit,
a humbled, contrite heart you will *not* spurn.

In your goodness, show favor to *Zion*:
rebuild the walls of *Jerusalem*.
Then you will be pleased with lawful sacrifice,
burnt offerings wholly consumed,
then you will be offered young bulls on *your* altar.

APOSTICA OF VESPERS

T2 Glory to the Father, and to the Son, and to the Holy Spirit: We who have turned away from the darkness of disbelief and have been enlightened by the light of knowledge, now sing our psalms of acclamation. May our praise and thanksgiving rise up to God! And let us bow with respect before the holy icons of Christ, the Mother of God and of all the saints. Let us reject the godlessness of those who do not follow the true faith. For Saint Basil has said: The veneration of icon passes over to the one who is represented. Through the intercession of your most pure Mother and all the saints, we implore You, O Christ, to grant us your great mercy.

Now and ever, and forever. Amen.: We now behold a new wonder, greater than the wonders of old. For who has ever known a mother to bear a child without the help of man? Who has known a mother to hold within her arms the Source of all creation? It was God's own will to be born in this manner; and you, O most pure Virgin, carried Him as an infant in your arms. Because of this, you can approach God with the boldness of a mother. Therefore, we venerate you and ask you to always beseech Him to have mercy on us and save our souls.

IKOS OF MATINS

The mystery of our salvation was announced in times of old by the divinely inspired prophets. They foretold this illumination for us who have come to these last days. Through this we come to the knowledge of God, one God and Lord, glorified in three Persons, the only One whom we serve. Having one faith and one baptism, we have been clothed with Christ. May we, who believe in salvation, clothe ourselves in the same image both in word and deed.

HYMN OF LIGHT OF MATINS

Glory to the Father, and to the Son, and to the Holy Spirit: Let us exult in joy and clap our hands, and in joy, let us sing: How wonderful are your works, O Christ! Who can tell of our power, O Lord? For You gather your Church in peace and harmony.

Now and ever, and forever. Amen: The sword of heresy has disappeared and its memory has vanished; and when we see your temple, O Mother of God, adorned with the grace of the venerated icons, we are filled with joy and delight.

AT THE PRAISES

Tone 4: The Church now rejoices in You, O Lord and Lover of Mankind, its Spouse and Creator; for You have saved it from the deceit of idols by your divine will and united it to You by your precious blood. Your Church accepts the restoration of the holy icons and praises and glorifies your name. Exposing your bodily image for veneration, O Lord, we proclaim the great mystery of your work of salvation. O Christ and Lover of Mankind, You have been shown to our eyes, not merely as an appearance as the Manichaeans falsely believe, but in the reality of the flesh, whose nature brings us to your love.

Today is a day of joy and gladness, for the truth shines brightly. The Church of Christ is resplendent with the brilliance of the holy icons that have been restored, and peace reigns among the faithful.

Tone 6 Glory to the Father, and to the Son, and to the Holy Spirit: Moses received the Law while fasting; Elijah, by fasting, closed the heavens; and the three holy children of Abraham were victorious over the evil tyrant through their abstinence. By fasting, grant that we may partake in your Resurrection, as we sing aloud, O God and Savior: Holy God, Holy and Mighty, Holy and Immortal, have mercy on us.

Now and ever, and forever. Amen: You are truly most blessed, O virgin Mother of God. Through the One who was incarnate of you, Hades was chained, Adam revived, the curse wiped out, Eve set free, Death put to death, and we ourselves were brought back to life. That is why we cry out in praise: Blessed are You, O Christ our God, who finds in this your good pleasure. Glory to You!

Lord have mercy. *(40 times)*

PRAYER OF THE HOURS

O good God, in all times and places you are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in your mercy and compassion. You love the just and show mercy to the sinner, calling all to repentance through the promise of blessings to come. Deem, O Lord, at this very hour, to receive our supplications and to direct our lives in the path of your commandments. Sanctify our souls; purify our bodies; set aright our minds; cleanse our thoughts; deliver us from all affliction, trouble, and distress; surround us with your holy angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of your unspeakable glory. For you are blessed forever and ever. Amen.

THE PRAYER OF ST. EPHREM

Lord and Master of my life, spare me from the spirit of indifference, despair, lust for power, and idle chatter. *(Prostration)*

Instead, bestow on me, your servant, the spirit of integrity, humility, patience, and love. *(Prostration)*

Yes, O Lord and King, let me see my own sins and not judge my brothers and sisters; for you are blessed forever and ever. Amen. *(Prostration)*

Then, with a simple bow, the following is repeated 4 times

+O God, be merciful to me a sinner

+O God, cleanse me of my sins and have mercy on me.

+O Lord, forgive me, for I have sinned without number.

Through the prayers of our Holy Fathers, O Lord Jesus Christ our God,
have mercy *on us*.

Amen.



Fasting Regulations for the Great Fast

EPARCHIAL REQUIREMENTS: All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast—there is no alternative penance. All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of The Fast, Monday, March 3, and on Great and Holy Friday, April 18.

FROM THE TYPICON (A GUIDEBOOK FOR THE CELEBRATION OF THE LITURGY AND DIVINE OFFICE): “In the Great Fast, abstinence from meat, fish, dairy products, alcohol and foods cooked in oil was prescribed for all days, except days of mitigation. All Saturdays and Sundays, February 24, March 9, Wednesday to Friday of the Fifth Week, the Prefestive Day and Leave-taking of Annunciation were mitigations for wine and oil. The Feast of the Annunciation (March 25) and Palm Sunday were general mitigations. The Ruthenian Metropolia prescribes strict abstinence (from meat and dairy products) on the First Monday of the Great Fast and on Good Friday,

and abstinence from meat on all Wednesdays and Fridays.”

DISPENSATION: Pastors and Administrators may, for a just cause, grant to the individual faithful and to individual families, dispensations or commutations of the fasting rules into other pious practices. Those who are pregnant or nursing, and those in advanced age may seek dispensations for health reasons.

POSSIBLE FASTING REGIMINES: Enclosed are a variety of fasting possibilities for those who seek the spiritual benefit of challenging themselves to a deeper participation in the Great Fast. One can start simple and increase the difficulty as the Fast progresses. **Either way, all are encouraged to do more than the minimum, except the elderly, pregnant, small children, and those with special medical issues.**

							Fasting Required by our Eparchy
		First Day of the Fast Strict Fast					
Sunday No Fasting	Monday No Fasting	Tuesday No Fasting	Wednesday Fast from meat	Thursday No Fasting	Friday Fast from meat	Saturday No Fasting	
					Good Friday Strict Fast		

							Option 1 Additional Fasting
		First Day of the Fast Strict Fast					
Sunday No Fasting	Monday Fast from meat	Tuesday No Fasting	Wednesday Fast from meat	Thursday No Fasting	Friday Fast from meat	Saturday No Fasting	
					Good Friday Strict Fast		

First Day
of the Fast
Strict Fast

Option 2 Additional Fasting

Sunday No Fasting	Monday Fast from meat	Tuesday Fast from meat	Wednesday Fast from meat	Thursday Fast from meat	Friday Fast from meat	Saturday No Fasting
					Good Friday Strict Fast	

First Day
of the Fast
Strict Fast

Option 3 Additional Fasting

Sunday No Fasting	Monday Fast from meat	Tuesday Fast from meat	Wednesday Strict Fast	Thursday Fast from meat	Friday Strict Fast	Saturday No Fasting
					Good Friday Strict Fast	

First Day
of the Fast
Strict Fast

Option 4 Additional Fasting

Sunday Fast from meat	Monday Strict Fast	Tuesday Strict Fast	Wednesday Strict Fast	Thursday Strict Fast	Friday Strict Fast	Saturday Fast from meat
					Good Friday Strict Fast	

Special Notes

The tradition also suggests that fish with a backbone is considered flesh and meat, however, any type of shellfish is permitted all days of the fast. It is also the tradition that both wine and oil are abstained from as well; this may have been because of their storage in animal skins, but either way, alcohol is good to abstain from during the Great Fast.