

The Holy Quran
Chapter 96

Surah Al-Alaq
Chapter "The clinging
substance" (The Clot)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○

Bis-mil-lah hir Rah-maanir
Ra-heem

In the name of Allah, the Entirely Merciful,
the Especially Merciful.

اقْرَأْ بِاسْمِ رَبِّكَ الَّذِي خَلَقَ ﴿١﴾

Iq-ra bis-mi Rab-bi-kal
la-zee kha-laq

1 Read, in the name of your Lord Who created,

خَلَقَ الْإِنْسَانَ مِنْ عَلَقٍ ﴿٢﴾

Kha-la-qal in-saa-na
min ‘a-laq

2 Created man from a clinging substance.

اقْرَأْ وَرَبُّكَ الْأَكْرَمُ ۝

Iqra wa Rab-bu-kal
Ak-ram

3 Read: and your Lord is The Most Noble,

الَّذِي عَلَّمَ بِالْقَلَمِ ۝

Al-la-zee ‘al-la-ma
bil-qa-la-mi

4 Who taught by the pen,

عَلَّمَ الْإِنْسَانَ مَا لَمْ يَعْلَمْ ٥

‘Al-la-mal in-saa-na
maa lam y’a-lam

5 Taught man what he knew not.

كَلَّا إِنَّ الْإِنْسَانَ لَيَطْغَى ۚ

Kal-laa in-nal in-saa-na
la-yat-ghaa

6 No!, surely man transgresses;

أَنْ رَأَاهُ اسْتَغْنَى ۖ

Ar-ra-aa-hus tagh-naa

7 Because he sees himself self-sufficient.

إِنَّ إِلَىٰ رَبِّكَ الرُّجُوعُ ﴿٨﴾

Inn-na i-laa Rab-bi-kar
ruj'-aa

8 Indeed, to your Lord is the return.

أَرَأَيْتَ الَّذِي يَنْهَى ۙ

A-ra-ay-tal la-zee
yan-haa

9 Have you seen the one who forbids

عَبْدًا إِذَا صَلَّى ١٠ ط

‘Ab-dan ee-za
sal-laa

10 a servant (of Allah) when he prays?

أَرَأَيْتَ إِنْ كَانَ عَلَى الْهُدَى ۝

Ara-ay-ta in ka-na

‘a-lal hu-daa

11 Have you seen if he is upon guidance

أَوْ أَمَرَ بِالتَّقْوَىٰ ط
١٢

Aw a-ma-ra

bit-taq-waa

12 or enjoins piety?

أَرَأَيْتَ إِنْ كَذَّبَ وَتَوَلَّى ۖ

A-ra-ay-ta in kaz-za-ba
wa ta-wal-la

13 Have you seen if he denies and turns away –

أَلَمْ يَعْلَم بِأَنَّ اللَّهَ يَرَى ۝

A-lam y'a-lam

bi-an-nal la-haa ya-raa

14 Does not he know that Allah sees (everything)?

كَلَّا لَئِنْ لَمْ يَنْتَهِ

Kal-la la-il-lam

yan-ta-hi

15 No! If (he does) not stop

لَنَسْفَعًا بِالنَّاصِيَةِ ﴿١٥﴾

la-nas-fa'-am

bin-naa-si-yah

15 We shall drag him by the forelock;

نَاصِيَةٍ كَاذِبَةٍ خَاطِئَةٍ ﴿١٦﴾

Naa-si-ya-tin kaa-zi-ba-tin
khaa-ti-ah

16 A lying, sinful forelock.

فَلْيَدْعُ نَادِيَهُ ۖ ﴿١٧﴾

Fal-yad'-u
naa-di-ya-hu

17 Then let him call his associates;

سَنَدُ عِزِّ بَانِيَّة ۝ ١٨

Sa-nad- 'uz

za-baa-ni-yah

18 We will call the guards of hell.

كَلَّا لَا تُطِيعُهُ

Kal-la; la tu-ti'-hu

19 No! Do not obey him.

ع
السجدة
١٩
وَاسْجُدْ وَاقْتَرِبْ

was-jud waq-ta-rib

19 But prostrate yourself
and become near (to your Lord).

You **have to do a sajdah**

Put your forehead on the ground and say

Soo-ba-ha-na Rab-bi Al-Aa-laa

(there is also a specific dua you can say in sajdah)

**please learn the correct method fully online or
contact us to learn more**