



CLASSICS

-Catch Of The Day £market price

Please see the specials board for today`s catch

-Cornish Scallops gfo £22

8 pan fried Cornish scallops with garlic & parsley butter, salad. Served in the shell with a good chunk of bread & butter.

-Sweet Potato, Spinach & Lentil Dahl ve/gf £16.50

A delicious mild curry bursting with rich flavours, served with basmati rice, mango chutney and a poppadom.

-Ham, Egg & Chips gf £17.50

An 8oz Cornish gammon steak seared in the pan and topped with 2 fried St Ewe golden yolker eggs, with chips and peas.

-Fowey Mussels (seasonal) gfo £22.50

1 kilo of mussels from the bay you're looking at. A classic marinere sauce made from butter, shallots, white wine, garlic & parsley. Mop up with bread & butter.

-Add a bowl of fries?

-Fish & Chips gfo £18.50

Locally landed fresh haddock, fried in our Helles Beach beer batter, tartar sauce and either garden or mushy peas.

-Cornish Beef & Stout Pie £18.95

Beef chuck from James Kittow`s Herd at Kilhallon farm, cooked low & slow in Cornish stout from our friends at Verdant brewery in Penryn. A shortcrust case with a puff lid, seasonal veggies, gravy and either chips or mash.

gf - gluten free / gfo - gluten free option available / v - vegetarian / ve - vegan / veo - vegan option available

Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu, and we cannot guarantee the total absence of allergens. Detailed information on the fourteen legal allergens is available on request.