

SMOOTH EP/LATOR™

Skincare Diagnostic Worksheet

PATIENT NAME _____ DATE: _____

AGE: <20 20-25 26-35 36-45 46-55 56-65 >65

YOUR PROFESSIONAL SKIN DIAGNOSTIC

HEALTH AND LIFESTYLE

- Do you smoke? Yes No
- Do you spend time outdoors in the sun? Yes No
- Do you live in an urban area exposed to pollution? Yes No
- Do you exercise regularly? Yes No
- Do you follow a healthy diet? Yes No
- Do you sleep regularly? Yes No

SKINCARE AND PROCEDURE HISTORY

- What skincare products are you currently using?
 - Cleanser/toner Antioxidant Moisturizer Masque
 - Exfoliating agents Retinol Eye products Sunscreen Others _____
- Please describe your daily skincare routine:
 AM Routine: _____ PM Routine: _____
- In the past year, have you consulted with a physician for any skin or aging concerns? Yes No
- In the past, have you had any chemical peels, laser procedures, phototherapy, microdermabrasion, injections, or other aesthetic procedures? Yes No
- Do you use Tretinoin, Hydroquinone, Benzoyl Peroxide, or any topical pharmaceuticals? Yes No
- Have you used oral isotretinoin in the past 6 months? Yes No
- Have you ever experienced the following on your skin?
 - Flakiness Tightness Dryness Oiliness Acne or breakouts
 - Redness Skin dullness Skin laxity Fine lines and wrinkles Hyperpigmentation
- Do you use an antioxidant daily? Yes No
- Do you wear sunscreen daily? Yes No
- If yes, what level of SPF protection do you use? On your face and neck: _____ On your body: _____

EXPECTATIONS AND GOALS

- What are your top 3 skincare concerns? _____
- What are your specific skincare goals? _____

If using the SkinScope LED, please circle and note the diagnostic observations in Daylight and LED-UV mode below:

Pigmentation
 Flushing/blotchy skin
 Visible oiliness
 Visible dryness
 Wrinkles/fine lines
 Papules/pustules



DAYLIGHT



LED-UV

- Pale Blue: Normal and healthy skin
- White: Dead skin cells
- Dark Blue: Thinner, dehydrated skin
- Brown: Pigmentation and dark spots
- Yellow: Oily areas of the face*
- Dark Pink or Orange: Congested pores and comedones*

*Yellow, orange, or dark pink will often show as small dots (or pinpricks of light) on the face

NOTES: _____