

## Lunch

served from 11am daily



### Sandwiches

A choice of white, granary, panini or ciabatta bread  
All served with our signature Flamingo spiral salad and crisps

Parma Ham, mozzarella, sun-dried tomato & pesto	9.50
Coronation Chicken homemade, with fresh coriander	9.50
Smoked Salmon cream cheese and baby spinach	9.50
Brie caramelised red onion marmalade	8.95
Rainbow Delight mature cheddar, beetroot hummus, pesto, shawarma vegetables,	8.95
Falafel Wrap falafels, hummus, tahini, pickles, tomato, red onion and coriander	8.95
Prawn Cocktail in Marie Rose sauce	9.50

### Salads

All our salads are served on a bed of mixed leaves, cucumber, carrot and radish (ex Greek salad)

Chicken, Bacon and Avocado, and pesto	12.95
Grilled Goat's Cheese cherry tomatoes, olives, fresh pomegranate,	11.50
Falafel Bowl warm falafels drizzled with tahini beetroot hummus, shawarma roasted vegetables, olives, pomegranate	12.50
Tuna ,egg, red onion, tomatoes and olives	12.50
Greek Salad cucumber, cherry tomatoes, olives, feta and oregano	11.50
Spicy Prawn king prawns with cajun pepper and fresh mango	12.95

Bruschetta served on toasted sourdough with smashed avo, topped with feta	11.50
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### Today's specials

can be found on our specials board

### From the Oven

All our dishes are homemade and served with our spiral salad and coleslaw

Sausage Roll Golden flaky pastry filled with our signature seasoned pork sausage	9.50
Spinach and Feta Pie Handmade with golden flaky pastry,	9.50
Quiche please ask for today's fillings	9.50

### From the Grill

all served with French fries

Chicken Souvlaki skewers served with tzatziki	13.95
Flamingo Burger Homemade beef pattie served on a brioche bun, with our homemade Yemeni inspired mayonnaise	14.95
Steak Ciabatta Bavette steak served with caramelised onion chutney and our Yemeni inspired mayonnaise	15.95

### Jackets

All served with butter

Coronation Chicken	9.95
Homemade beans and grilled halloumi	9.95
Tuna Crunch mayonnaise, red onion. mixed peppers	9.95
Beef Chilli add cheese 1.50	9.95
Beetroot hummus shawarma roasted vegetables	9.95
Prawns with marie rose sauce	10.95

Ploughman's Platter honey roast ham, mature cheddar cheese, sausage roll, pickle, coleslaw and sweet pickle	12.95
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### Sides

Homemade coleslaw	4.00
Grilled halloumi	4.50
French fries	4.50
Sweet potato fries	5.50
Mixed Salad	5.00
Hummus	4.50

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