

**GSB Sunday Football**

Every Sunday morning, we offer in-depth Football Sessions for all abilities. A complete range of children attend, some who have never played, and others have played and come to us to be able to play without the pressures of a team.

All sessions take place at the BS14 Youth Club, Stockwood, BS14 8SJ.

We try to get outside but if the weather is against us, we can use the inside hall in the Youth Club

Our sessions are designed to teach children about the basics of football in an enjoyable, no pressure environment, giving them a head start if they later decide to join a team.

Every week we highlight a topic within football and work on that, to ensure the children learn and progress, week on week.

Our coaches – all DBS checked, trained in Safeguarding Children and First Aid – have been running these sessions for over 11 years, with many boys and girls passing through all age groups.

We have 3 groups running for different age groups, they are:

1st Session: 09:00-09:45 (Ages 4 - 7)

2nd Session: 09:45-10:30 (Ages 7 – 9)

3rd Session: 10:30-11:30 (Ages 9 – 12)

For more info contact us via:

info@grassrootssportsbristol.co.uk

We use a Block Booking System of 5-week periods making it £25.

(£5 per Session)