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**Holy Hour**  
Come spend time in  
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Thank you advertiser for your support. Your Ad helps to offset the cost of providing the Church Bulletin to our parishioners and winter visitors.


Locals and visitors, please visit their shops or offices for that special item to take home.

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**ST ANN'S PARISH & ITS MISSIONS**  
PO BOX 2911, TUBAC, AZ|520.398.2646|STANNSPARISH3@GMAIL.COM  
**SUNDAY, AUGUST 18, 2024**

**20<sup>TH</sup> SUNDAY IN ORDINARY TIME**

"Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me."  
- Jn 6:56-57

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI



# St Ann's Parish & Its Missions

## Our Mission Statement

**As a Roman Catholic Church in the Diocese of Tucson,**  
**our mission is to spread the word of God. Our mission is to promote peace, love and unity**  
**to all the people of our community.**  
**The doors of Saint Ann's Parish and Its Missions**  
**are open to all who wish to enter.**

### **Pastor**

Rev. Joseph Esson

### **Office/Parish Center (for all Churches)**

2231 E Frontage Road  
Tubac AZ 85646-2911

### **Summer Office Hours:**

Monday– Tuesday–Thursday  
9:00 to 1:00  
Wednesday 10:00 to 1:00  
closed on Friday

### **Mailing Address only**

P O Box 2911  
Tubac AZ 85646

### **Church Address:**

St Ann's—11 Calle Iglesias, Tubac, AZ  
Assumption Chapel– 17 Montosa Rd, Amado, AZ  
St Ferdinand's —17140 W Arivaca, AZ

**Tel: 520-398-2646**

**Fax: 520-398-3036**

Email: stannsparish3@gmail.com

Website: www.stannsparishtubacaz.org

### **Sacrament of Penance & Reconciliation**

Please contact the parish office



### **St . Ann's Parish**

Sunday's at 9:00 a.m.

### **Assumption Chapel**

Sunday at 11:00 a.m.

### **St Ferdinand's**

Sunday at 1:00 p.m.

### **Summer Communion Service**

#### **No Mass- St Ann's Parish**

Every Tuesday, Wednesday, Thursday & Friday at  
9:00 a.m.

**Mass will resume Tuesday 20th of August**

**ENTRANCE ANTIPHON** - Turn your  
eyes, O God, our shield; and look on the face of  
your anointed one; one day within your courts is  
better than a thousand elsewhere.

**COMMUNION CHANT** - With the Lord  
there is mercy; in him is plentiful redemption.

### **Prayer of Eucharist**

Dear Lord,  
May our congregation be more deeply assured of Your  
love each time we receive Communion.  
May our "Eucharist" make our lives a song of worship  
and thanks, sung to You.  
May this sacred food nourish us to be bold and brave  
disciples of You.

# Announcements/Events from St Ann's & Dioceses

## Adoration

Adoration of the blessed  
sacrament: Every 1st &  
3rd Thursday of each  
month, St Ann's Parish.



**Adoration Thursday, 4:PM to 6:PM**  
**September 5, 2024**  
September 19, 2024

## Important Reminder

Once you have received the host in  
your hand,  
Please **do not** step to the side and  
then consume it.

You **must** consume the host **in front**  
of the Eucharistic Minister before  
heading back to your seat.



## Our Bulletin

Delivered Straight to Your  
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emailing your email to:  
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bulletin straight to your inbox!



## Homebound Communion

For All St Ann's &  
Its Mission  
Parishioners  
that are in need of  
**Homebound Communion**  
brought to them, must first  
contact the Parish Office and  
make the proper arrangements.  
520-398-2646

## Safe Environment

We all have a duty to protect the  
vulnerable. If the abuse happened in the  
Diocese of Tucson, call the victim  
Assistance Program of the Diocese of  
Tucson at 520-623-0344  
(1-800-234-0344) and/or the Office of  
Child, Adolescent and Adult Protection of  
the Diocese at  
520-838-2513  
<https://diocesetucson.org/reportabuse>

**Mass and Rosary for Reparation will  
start again in September.**  
**Please continue to pray at your home.**



## "Why did the pope want a Swiss Guard?"



"He heard how **hole-y** their  
cheese was."

**Fun Fact!**  
The Swiss Guard are a specialty armed  
force who protect the pope, and they've  
been doing so since 1506. The historic  
full-dress uniform is a fan-favorite of  
visitors to the Vatican.

**PRAYER FOR VOCATIONS**  
Heavenly Father, we praise you  
for providing those faithful priests and vowed  
religious who pour out their lives  
in generous service of others.  
We ask that you speak gently into the  
hearts of those you call today  
to priesthood or vowed religious life.  
Through the intersection of the Immaculate Heart  
of Mary, help these chosen sons and daughters  
to hear your loving call in our homes and our parish,  
so that they may respond  
with faithful and loving hearts.  
We also ask that you use each of us,  
in whatever way you choose,  
to help make your call known,  
so that ministry may be abundant  
in the Diocese of Tucson, our loving home.  
We make this prayer in faith,  
through Jesus Christ our Lord.  
Amen.



Our parish library has been reorganized and it is  
ready now for you to come browse and check out  
a good book. There are many books to choose  
from that will encourage and inspire  
you and help you to grow deeper in your faith walk.  
We welcome all to come and spend some quiet  
time reading daily especially  
during this holy Lenten season.

**REGISTER FOR  
RELIGIOUS  
EDUCATION**

## 2024 Annual Catholic Appeal

We would like to Thank all of you, who have  
supported the ACA,  
Through the grant process of the campaign,  
St Fernand's and St Ann's have greatly bene-  
fited. If you haven't done so, please consider  
making a pledge .



*Request a Mass Intention*

The practice of requesting a mass to be offered for loved ones, living or deceased, is a beautiful and wonderful part of our Catholic Tradition. Continuing in this long standing practice, you can remember someone who has died recently or many years ago. But intentions do not have to be just for the dead. They make beautiful gifts for any special occasion: birthday, anniversary, in thanksgiving for a prayer answered, etc.

You can also offer an intention for someone who is struggling with a serious illness or other life trauma..


Please call or come to the parish office to set up a mass intention. Mass intentions are \$10.00 each

All mass intention must be done a week before mass date to be posted in the bulletin.

†Deceased    ♥ Health    \*Special Intention


Moises Centeno †

20TH SUNDAY IN ORDINARY TIME



WHAT'S YOUR FAVORITE BREAD, FATHER?


BAKERY DEPT.



THERE'S NOTHING BETTER THAN JESUS, THE BREAD OF LIFE!

BAKERY DEPT.

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RELIGIOUS EDUCATION

It's time to Register for The 2024-2025 Religious Education Year

Registration is now Open. You can register

Monday thru Thursday from 10:00 AM—1:PM

Children's Religious Education begins September 4th

Parents Mandatory Meeting Will be Wednesday, August 29th.

More information will be given during registration.

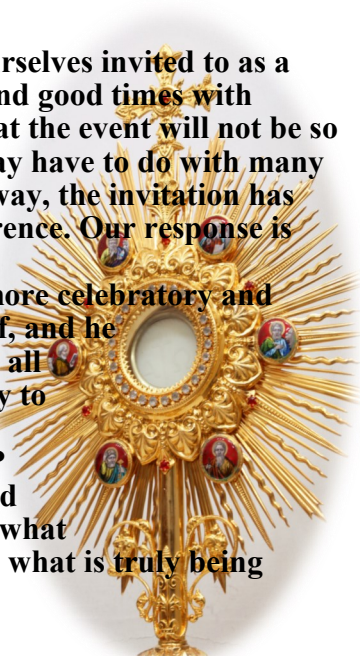
Please note: we are in need Of substitute teachers. Please talk to Thelma Sperry

Everyday Stewardship

We can easily feel obligated to attend a party, wedding, or other event that we find ourselves invited to as a guest. If we want to go, then we get dressed up and rush off with anticipation of fun and good times with friends. If we dread going, we get ourselves together slowly and arrive late, hoping that the event will not be so long and we can then get on with the rest of our day. The difference in our feelings may have to do with many aspects: the host, the attendees, the reason for celebration, or even the venue. Either way, the invitation has been given to us because someone feels that our presence would make a positive difference. Our response is entirely our own. We decide how we will answer the invitation.

Every Sunday, every day in fact, you and I have received an invitation to a banquet more celebratory and grander than any wedding or birthday party. The host is actually Jesus Christ himself, and he has prepared a feast that promises to satisfy. He has prepared for this event by giving all he has to give. No host has ever been more gracious. His hope is that you will be happy to attend for your presence does make a tremendous difference. Would he invite you if attending made no difference at all? Will you RSVP with a sense of joy and anticipation? If this is just another invite that obligates you and you approach the event with indifference, the host wonders if you really comprehend what he went through to make this meal possible. He also wonders if you really understand what is truly being celebrated.

--Tracy Earl Welliver, MTS



Sunday's Readings

**First Reading:**  
"Come, eat of my food, and drink of the wine I have mixed!" (Prv 9:5)

**Psalm:**  
Taste and see the goodness of the Lord. (Ps 34)

**Second Reading:**  
Therefore, do not continue in ignorance, but try to understand what is the will of the Lord. (Eph 5:17)

**Gospel:**  
"For my flesh is true food, and my blood is true drink." (Jn 6:55)

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Live The Liturgy  
Inspiration of the Week

Jesus warns us that unless we eat the flesh of the Son of Man and drink his blood, we do not have life within us. The Eucharist is the wellspring of our Christian life, in every place and in every moment. Let us always remember that where there is no Eucharist, there is no life.

Observances for the week of August 18, 2024

- Sunday:** 20th Sunday in Ordinary Time
- Monday:** St. John Eudes, Priest
- Tuesday:** St. Bernard, Abbot and Doctor of the Church
- Wednesday:** St. Pius X, Pope
- Thursday:** The Queenship of the Blessed Virgin Mary
- Friday :** St. Rose of Lima, Virgin
- Saturday:** St. Bartholomew, Apostle
- Next Sunday:** 21st Sunday in Ordinary Time



Saint of the week

St. Charbel Makhlouf (1828–1898) was a Maronite monk and priest who lived much of his life as a hermit. He was renowned for healing, casting out demons, and levitating during prayer. Millions have visited his tomb and sought and received his intercession, even those of other faiths.

Prayer of Eucharist

Dear Lord,  
May our congregation be more deeply assured of Your love each time we receive Communion. May our "Eucharist" make our lives a song of worship and thanks, sung to You. May this sacred food nourish us to be bold and brave disciples of You. Amen.



Weekly Offering

Parish Collection for August 11h 2024

Collection: \$1,042.00

Thank you and God bless your generosity!



## Readings for the week of August 18, 2024

### Sunday:

Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 (9a)/Eph 5:15-20/Jn 6:51-58

### Monday:

Ez 24:15-23/Dt 32:18-19, 20, 21/Mt 19:16-22

### Tuesday:

Ez 28:1-10/Dt 32:26-27ab, 27cd-28, 30, 35cd-36ab/Mt 19:23-30

### Wednesday:

Ez 34:1-11/Ps 23:1-3a, 3b-4, 5, 6/Mt 20:1-16

### Thursday:

Ez 36:23-28/Ps 40:5, 7-8a, 8b-9, 10/Mt 22:1-14

### Friday:

Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9/Mt 22:34-40

### Saturday:

Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18/Jn 1:45-51

### Next Sunday:

Jos 24:1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-19, 20-21, 22-23 (9a)/Eph 5:21-32 or 5:2a, 25-32/Jn 6:60-69



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

A priest I know was asked by a door-to-door evangelist, "Do you believe in Jesus?" He answered, "Yes, I do. But if I may ask you," he continued, "Where do you experience Jesus' body and blood?" His interlocutor responded somewhat confusedly, "I don't. I just believe in him. That's all that is needed." Later my priest friend would relate to me, "The more I thought about it, that response struck me as totally inadequate. As human beings, we need to encounter Jesus' body and blood, not just hear about him and mentally believe. Otherwise, Jesus is just a ghost."

This week we see this central point as we arrive at the climactic moment of Jesus' teaching on the Eucharist. Jesus has established the importance of believing in him as the "bread of life come down from heaven." Belief deeply matters because it leads to a real, bodily encounter with Jesus through eating and drinking. That's why Jesus emphasizes to an almost outrageous degree the non-metaphorical necessity to "eat my flesh and drink my blood" (John 6:54). The real presence of Jesus' body and blood — he himself, truly, really, substantially — has been the Church's treasure since Holy Thursday. Internal belief in the heart and the ritual act of eating and drinking the Eucharist, the Church has stubbornly insisted on *both*, not just one or the other.

This is not meant to criticize non-Catholic Christians who deeply trust and love Jesus, nor is it a triumphal elitist claim about the Catholic Mass. Rather it is a humble, trusting acknowledgement that God in Jesus comes to us in a way most proper to human beings: in our hearts and our bodies, faith and the Eucharist.

— Father John Muir

## (PRACTICING)

# CATHOLIC

## The Fullness of Life

Like any other child of the '90s raised by budget-conscious parents, I've spent my fair share of Sunday mornings in line at an Old Country Buffet, hot plate in hand. Kids ate for chump change on Sundays, and I never left that fine establishment without getting our money's worth. I always came away stuffed to the gills. But I never, ever remember feeling satisfied.

In fact, if I recall correctly, most of the time I felt rather empty. I was always thinking about the food I didn't get to eat — whatever I couldn't fit on my plate, or whatever they were bringing out from the kitchen just as we were about to leave.

As I've gotten older, it's a feeling I've encountered again and again, and not just at buffets. Haven't we all? The people you think are perfect reveal themselves to be deeply flawed. The things you want the most are never as satisfying to possess as they are to long for. The experiences you anticipate the most end up being letdowns, when instead it's the ordinary moments — maybe even the hard moments, the painful moments — that stand out, that become cherished memories.

Today's scripture readings equate wisdom and fullness with an acceptance of something that makes no sense, that defies scientific explanation, cultural norms, and even common sense: the Real Presence of our God in the Eucharist.

Is it strange to believe that we are consuming the Body and Blood of Christ in our worship, and that only by doing so will we ever achieve everlasting life?

Perhaps. But we are asked to do many strange things as Christians. We are asked to love when we do not feel like loving, when the object of that love has not earned it. We are asked to forgive even when the recipient of that forgiveness does not seek it or merit it. We are asked to believe, in moments when belief feels impossible.

Socrates says that the only wisdom is in knowing that you know nothing. Perhaps the only spiritual fullness is in knowing that there is only emptiness to be had here in this world, that there is no physical experience or indulgence that can really make you feel satisfied and strong. That the only food that really nourishes you in a way that lasts is a small white Host you can barely taste on your tongue.

"My flesh is true food, and my blood is true drink." — John 6:55

— Colleen Jurkiewicz Dorman

## Why do we do that?

### Catholic Life Explained

#### Question:

I've heard that gratitude is a fruit of the Holy Spirit. What does that mean?

#### Answer:

In St. Paul's letter to the Galatians, he talks about the "fruits of the Holy Spirit." He is referencing an idea that Jesus talks about frequently in the Gospels. "By their fruits you will know them" (Matthew 7:16). He uses the example of a plant. If the plant is healthy, it will bear good fruit. If the plant is unhealthy, it will bear rotten fruit or none at all. Jesus echoes this idea at the Last Supper, when he says that if we remain close to him we will "bear much fruit" (John 15:8). If we allow the Holy Spirit to work in our lives, we will bear the fruits of the Spirit!

Technically, gratitude is not one of the fruits St. Paul lists. "The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control" (Galatians 5:22-23). But doesn't that sound like the response of a grateful heart? When we're grateful, we experience a sense of joy and peace that makes it easier to love. We can be kind, patient, generous, and gentle with others rather than possessive or competitive. When we're grateful, we don't need to grasp at what we don't have. We practice self-control. Gratitude helps us to be faithful, knowing God will always be with us. Sounds like good fruit to me!