

Mass Intentions

FR. WILLIAM SAUNDERS

What does it mean to have a Mass "offered" for someone?

An individual may ask a priest to offer a Mass for several reasons: for example, in thanksgiving, for the intentions of another person (such as on a birthday), or, as is most common, for the repose of the soul of someone who has died. One must never forget the infinite graces that flow from the Sacrifice of the Mass which benefit ones soul. Pope Leo XIII in his encyclical "*Mirae caritatis*" (1902) beautifully elaborated this point and emphasized the connection between the communion of saints with the Mass: "The grace of mutual love among the living, strengthened and increased by the sacrament of the Eucharist, flows, especially by virtue of the Sacrifice [of the Mass], to all who belong to the communion of saints. For the communion of saints is simply ... the mutual sharing of help, atonement, prayers and benefits among the faithful, those already in the heavenly fatherland, those consigned to the purifying fire, and those still making their pilgrim way here on earth. These all form one city, whose head is Christ, and whose vital principle is love. Faith teaches that although the august Sacrifice can be offered to God alone, it can nevertheless be celebrated in honor of the saints now reigning in Heaven with God, who has crowned them, to obtain their intercession for us, and also, according to apostolic tradition, to wash away the stains of those brethren who died in the Lord but without yet being wholly purified."

In his encyclical "*Ecclesia de Eucharistia*," our beloved late Holy Father, Pope John Paul II, taught, "In the celebration of the Eucharistic Sacrifice, the Church prays that God, the Father of mercies, will grant His children the fullness of the Holy Spirit so that they may become one body and one spirit in Christ. In raising this prayer to the Father of lights, from whom comes every good endowment and every perfect gift, the Church believes that she will be heard, for she prays in union with Christ her Head and Spouse, who takes up this plea of His Bride and joins it to His own redemptive sacrifice" (No. 43).



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for him meanwhile, and fellowship with him in the first resurrection; and she offers her sacrifice on the anniversaries of his falling asleep" (*On Monogamy*, X). Moreover, the *Canons of Hippolytus* (c. 235) explicitly mentions the offering of prayers for the dead during the Mass. St. Cyril of Jerusalem (d. 386), in one of his many catechetical discourses, explained how at Mass both the living and dead are remembered, and how the Eucharistic Sacrifice of our Lord is of benefit to sinners, living and dead. St. Ambrose (d. 397) preached, "We have loved them during life; let us not abandon them in death, until we have conducted them by our prayers into the house of the Lord." St. John Chrysostom (d. 407) stated, "Let us help and commemorate them. If Job's sons were purified by their father's sacrifice, why would we doubt that our offerings for the dead bring them some consolation? Let us not hesitate to help those who have died and to offer our prayers for them." St. Augustine (d. 430) recorded the dying wishes of his mother, St. Monica in his *Confessions*: "One thing only I ask you, that you remember me at the altar of the Lord wherever you may be." Finally, Pope St. Gregory (d. 604) said, "Let us not hesitate to help those who have died and to offer our prayers for them."

Given this understanding, we can add some specifics. When a priest offers Holy Mass, he has three intentions: First, to offer the Mass reverently and validly in accord with the norms of the Church. Second, to offer the Mass in union with the whole Church and for the good of the whole Church. Third, to offer the Mass for a particular intention, such as the repose of the soul of someone who has died.

Therefore, the effects of the Mass bring certain benefits or fruits. The general fruits of the Mass are the effects upon the whole Church to the living faithful as well as the poor souls in purgatory. For this reason, in the Canon of the Mass (the Eucharistic Prayer), a special mention is made for both the living and the dead.

The special ministerial fruits of the Mass are applied to the particular intention of the Mass, i.e. "for whom

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These fruits are both extensively and intensively finite, since each of us is finite. Therefore, the more a Mass is offered, the more benefit is conferred. For example, all things being equal, 10 Masses offered for the repose of a soul confer 10 times the benefit of one Mass.

The intention of the Mass is also determined by various factors: The Church may stipulate the particular intention; for example, all pastors are required to offer one Mass on Sunday for the intentions of the living and deceased parishioners of a parish. A priest may also have his own particular intention in offering a Mass, such as the repose of the soul of his parents. Finally, a person may ask a priest to offer a Mass for a particular intention; usually, a stipend is given to the priest for offering the Mass, which thereby in justice creates an obligation which must be satisfied.

We find not only the origins of this practice dating to the early Church but we also clearly recognize its importance. When we face the death of someone, even a person who is not Catholic, to have a Mass offered for the repose of his soul and to offer our prayers are more beneficial and comforting than any other sympathy card or bouquet of flowers. To have a Mass offered on the occasion of a birthday, anniversary or special need is appropriate, beneficial and appreciated.

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The Author

Father William Saunders is pastor of Our Lady of Hope parish in Potomac Falls, Virginia. He is dean of the Notre Dame Graduate School of Christendom College. The above article is a "Straight Answers" column he wrote for the *Arlington Catholic Herald*. Father Saunders is the author of *Straight Answers*, a book based on 100 of his columns, and *Straight Answers II*.

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