

COMMUNITY EDUCATION

Ardent Grove is proud to be able to do our part in assisting the greater community through education and partnership! We are available for trainings, workshops and presentations, *free of charge* with any organization, large or small, that is looking to broaden their understanding of and enhance mental health services and support. We have been invited to speak at schools, parent groups, faith communities, community centers, library systems, mental health conferences, and at other interested organizations, and would love to connect about how we can support you and your organization today!

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Passionately Cultivating Growth



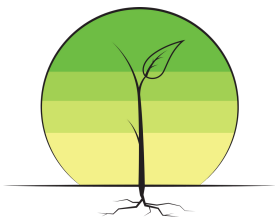
HOW TO SUPPORT ARDENT GROVE

Your contributions enable us to continue to provide care to those we serve! To share your support, please visit ArdentGrove.org/Donate

Non-profit Mental Health Clinic

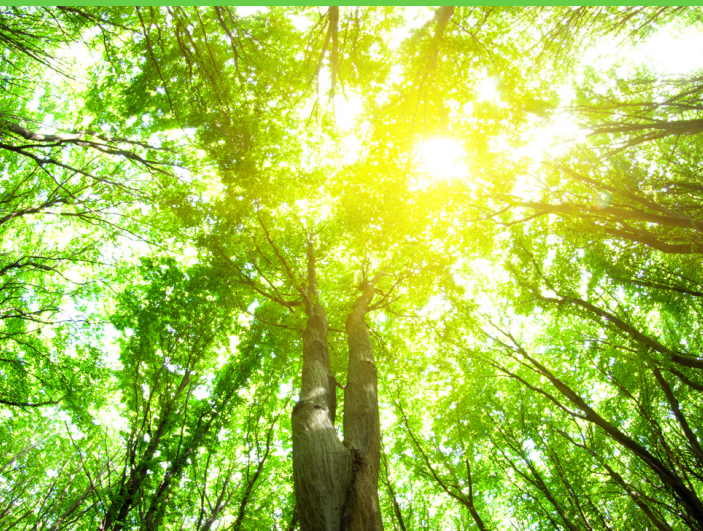
Low-Cost and Medicaid
Therapy, Assessment,
Community Education





ABOUT US

Our clinic is rooted in providing low-cost, culturally sensitive, trauma-informed, individualized care. We believe that the work of therapy is done best in a therapeutic relationship where there is warmth, collaboration, and space to be genuinely heard, seen, and honored. Our therapists are selected based not only on their areas of expertise, but on what they have to offer as partners in the therapy process - accessibility, professionalism, non-judgement, creativity, insightfulness, and compassion. We deeply value the courage and effort it takes to come to therapy, and we consider it a privilege to be on this journey with those we serve.



THERAPY

We believe in a collaborative therapy process in which the goals and format for treatment are tailored to each client. We welcome all kinds of referrals including those experiencing:

- Post-traumatic stress disorder
- Mood dysregulation and disorder
- Change of life stressors
- Attentional difficulties
- Relationship and family conflict
- Grief and loss
- Perinatal and postpartum complications

We offer the following types of services from childhood through adulthood:

- Individual, Couples, Family Therapy
- EMDR
- Play Therapy
- Neuro/Biofeedback Training
- Sandtray

ASSESSMENT

We offer psychological, diagnostic, cognitive, attentional (ADHD) and learning disability Assessment services for both children and adults.

We specialize in Therapeutic Assessment, a brief treatment model that uses assessment to help identify emotional, learning and attentional conditions, as well as serves to deepen self-understanding.



Our services are available on a sliding scale for private pay clients, and we also accept Medicaid.

Making therapy and assessment services accessible is our highest priority. We are happy to provide billing information for insurance reimbursement and look forward to the opportunity to provide services that can meet every individual's needs.