Legacy of Healing Campaign

HEALING SPACE NAMING OPPORTUNITIES

Expanding Access. Deepening Care. Growing with Community.

AN INVITATION TO
CULTIVATE HEALING SPACES
AT ARDENT GROVE



ARDENT GROVE

1780 SOUTH BELLAIRE STREET
SUITE 500
DENVER, CO 80222

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About the Legacy of Healing Campaign

As the need for accessible mental health care continues to grow, so must our capacity to respond.

Our new facility allows us to expand our team, broaden our services and scope. But this is about more than a larger facility. It is about **creating a place intentionally designed around the needs of the people we serve, a place where clients feel welcomed and supported, where clinicians can learn and grow, and where our community can gather for connection and healing.**

Your partnership will help transform this space into more than a clinic. It will be a lasting investment in mental health, healing, and community well-being. **We invite you to help make this vision possible.**

Through our Legacy of Healing Campaign, we are raising $200,000 to support the expansion into our new home.

The Campaign kicked off with our inaugural **BLOSSOMS OF JOY** fundraiser during **Mental Health Awareness Month**! This event directly funded AG's clinic expansion while mobilizing vital community support for accessible mental health care.

Here's how YOU can be part of the Ardent Grove (AG) Legacy from here:

- **JOIN US |** Attend our 4th Annual Night of Healing & Hope at Nocturne Jazz & Supper Club on Thursday, November 5, 2026, from 6–9 PM for an evening of connection, celebration, and support. ***RSVP*** *at givebutter.com/AG26Healing-and-Hope*.
- **ADD TO THE LEGACY TREE |** Become part of our permanent donor installation within the new clinic. Opportunities range from $100–$1,000 and offer a meaningful way to honor the community making our expansion possible. **Add your name *today*** *at givebutter.com/AGLegacyTree*.
- **MAKE A DIRECT GIFT |** Give any amount to help make compassionate, high-quality mental health care accessible to more people in our community. *Make a gift at givebutter.com/AGTakeRoot*.
- **DEDICATE A HEALING SPACE |** Create a lasting connection to Ardent Grove through an office or healing space naming opportunity, directly supporting accessible mental health care and the people who rely on it. ***READ ON TO LEARN MORE.***

About Ardent Grove

OUR MISSION

Our mission is to **make healing accessible** through low-cost, trauma-informed therapy services, train compassionate clinicians, and provide community education that fosters understanding, connection, and **collective well-being.**

OUR VISION

A community where **every individual has equitable access to high-quality, trauma-informed, compassionate mental health support**, free from stigma and barriers.

OUR VALUES

- **Accessibility:** *Care should never be out of reach.*
- **Equity:** *Mental health justice for every community.*
- **Inclusivity:** *All identities belong. All stories matter.*
- **Compassion:** *Leading with heart in every interaction.*
- **Integrity:** *Grounded in honesty, transparency, and accountability in all we do.*
- **Collaboration:** *Stronger together for lasting impact.*
- **Excellence:** *Committed to the highest standards in learning, care and practice.*







BRINGING THE ABOVE TO LIFE

At Ardent Grove, community wellness is grounded in three interconnected pillars:

- **Accessible Clinical Care:** Meeting individuals exactly where they are on their healing journeys, ensuring high-quality mental health support is never out of reach.
- **Workforce & Clinical Training:** Cultivating the next generation of healers by nurturing, training, and empowering compassionate mental health care professionals.
- **Community Initiatives:** Extending healing beyond our clinic walls to create spaces where collective mental wellness can take root and thrive.

Together, these pillars represent our living promise to expand the reach of compassionate care and nurture lasting, generational well-being for our community.

Ardent Grove Today

RESPONDING TO A GROWING NEED

Every day, Ardent Grove witnesses the **transformative impact of accessible mental health care**. We see children finding their voices, families rebuilding connection, individuals healing from trauma, and community members discovering hope when they need it most.

We also see **a growing reality**: the vast need for affordable, trauma-informed mental health care that taxed the boundaries of our former space.

This Summer, **AG created and moved into a larger clinic**, a milestone that reflects incredible growth and the increasing need for accessible mental health care.







OUR TEAM

When AG was founded in **2019**, we operated with a few **part-time staff** and **5 predoctoral trainees**. **Today**, we have expanded to a team of **24 professionals and trainees**, including:

- 5 Full-time Clinical Staff
- 4 Licensed Clinical Contractors
- 5 Administrative Staff Members
- 3 Postdoctoral Fellows
- 2 Clinical Interns
- 6 Predoctoral Trainees

OUR SERVICES

Our growth isn't just a metric; it represents hundreds of individuals, couples, families, and neighbors accessing vital care. In just four years, the demand for our services has transformed our organization:

- **186% Increase in clients served annually** (140 clients in 2022 to over 400 clients in 2025)
- **267% Increase in annual sessions delivered** (1,700 visits in 2022 to over 6,200 visits in 2025)

We have also evolved the **depth of our clinical offerings** providing EMDR, psychological assessment, play therapy, eating disorder treatment, sandtray and more. True healing requires an integrative approach, which has driven us to pilot and establish innovative, specialized treatment modalities that require intentional physical space. Our **newest services** include:

- **Somatic Therapy:** Engaging the mind-body connection to process trauma where it lives, requiring dedicated, sensory-supportive clinical spaces.
- **Ketamine-Assisted Psychotherapy (KAP):** Offering breakthrough, evidence-based treatment for treatment-resistant conditions, demanding thoughtful, highly specialized recovery environments.

Growing the Grove



THE NEED FOR EXPANSION

At AG, we believe **access to mental health care should never depend on a person's income, insurance, identity, or life circumstances.** We have always removed barriers while providing compassionate, evidence-based care in a welcoming and inclusive environment. To continue that mission, we must grow alongside our community.



Our former clinic was designed for a much smaller organization. **Our team of 24** *(19 clinicians and 5 administrative staff)*, **shared just 6 therapy offices** and a small conference room.

While clinicians adapted to meet community need, the **space limitations became increasingly apparent**. Only one therapy room could accommodate child and family therapy, and only one was equipped for Ketamine-Assisted Psychotherapy (KAP), with **no dedicated space for Somatic Therapy, Group Therapy or Community Programming,** greatly limiting our ability to expand services to meet growing community needs.



More importantly, **space limitations impacted our ability to serve clients** in ways that were clinically appropriate and personally preferred. Many clients benefit most from in-person care, yet space constraints often required creative scheduling and lacked flexibility.

This expansion was not simply about creating more room. It was about creating capacity to better serve those already turning to AG for support while building a sustainable foundation for future growth.

OUR NEXT CHAPTER

We are stepping into our next chapter, **expanding our roots** to hold the surging needs of our community. Our move to a larger facility allows us to grow our team and integrate deeply needed new services. **In the immediate future, that looks like this:**

- additional therapy & training spaces
- specialized treatment rooms
- dedicated child & family therapy spaces
- championing support groups, trauma-sensitive yoga, workshops, trainings, and community education programs
- increased capacity for KAP
- multi-purpose community room
- increased in-person services
- integration of trauma-informed prescribing services







Beginning in 2027, our growth priorities include:

- **Adding 2 full-time staff clinicians**, each capable of serving ~20 clients at a time.
- **Hiring an in-person administrative professional** to increase operational capacity, enhance the client experience, and allow leadership to focus on organizational sustainability and growth.
- **Expanding access to prescribing services**, reducing barriers to integrated mental health treatment and creating opportunities for enhanced offerings such as IV and IM Ketamine-Assisted Psychotherapy.

Our walls are changing, but our heartbeat remains the same: an unwavering commitment to deeply support every individual who enters our doors.

Our New Home

Ardent Grove has put **down deeper roots** in a new 5,435-square-foot home designed around the **people we serve** and **the care we believe everyone deserves.**

Located at **1780 S. Bellaire Street, Suite 500, Denver, CO 80222**, our new clinic gives us room to **grow our services**, welcome **more members of our community**, and create spaces intentionally designed for **healing across every stage of life.**

A PLACE DESIGNED FOR HEALING | Our new home includes:



- **THE CLEARING | Main Waiting Area**
  - This welcoming space offers comfort, dignity, & belonging from the moment someone walks through our doors, creating an environment where every client & family feels seen & supported.



- **THE ACORN CORNER | Waiting Room Play Area**
  - Healing begins for our youngest visitors here. This thoughtfully designed play space gives children room to explore, & feel at ease while they & their caregivers prepare for therapy.



- **THE HEARTH | Waiting Room Coffee & Tea Station**
  - Sometimes healing begins with small gestures. A warm cup of coffee or tea offers comfort & hospitality, helping each client, family member, & visitor feel welcome and cared for.



- **THE ARBOR | Conference & Didactic Training Room**
  - This collaborative space supports the next generation of trauma-informed clinicians through supervision, consultation, continuing education, & interdisciplinary collaboration. Every training held here strengthens the quality & accessibility of mental health care across our community.



- **THE NEST | Family Waiting Area**
  - A dedicated waiting space designed with children and caregivers in mind, offering parents, caregivers and families a comfortable place to be during therapy.



- **THE WILLOW ROOM | Embodied Healing Space**
  - A dedicated space for somatic therapy, trauma-informed yoga, sound healing, group therapy, & other embodied healing practices that help people reconnect with their bodies, emotions, & sense of self.

Our New Home, continued



- **THE CANOPY | Community Healing Space**
  - A flexible gathering space for larger events, mental health education, support groups, workshops, movement, & community connection, bringing healing beyond the therapy room.



- **THE ORCHARD | Resource & Reading Library**
  - A space for lifelong learning, offering clinicians, trainees, clients, & community access to resources that support mental health education, professional development, & personal growth.



- **THE TABLE | Kitchen & Team Break Room**
  - A place where the people who care for others can pause, recharge, share a meal, & reconnect. Supporting the well-being of our team is essential to sustaining compassionate care.



- **THE ROOTS | IT & Storage Room**
  - The behind-the-scenes infrastructure that keeps a growing clinic running, supporting technology, supplies, records, and the systems that make accessible care possible every day.

THIS ISN'T SIMPLY A LARGER CLINIC...

...IT'S A PLACE WHERE A CHILD CAN FEEL SECURE ENOUGH TO PLAY. WHERE A FAMILY CAN TAKE ITS FIRST STEP TOWARD HEALING. WHERE A CLINICIAN CAN LEARN AND GROW. WHERE A COMMUNITY CAN GATHER. AND WHERE THOUSANDS OF MEANINGFUL MOMENTS OF CARE CAN UNFOLD. OUR NEW HOME GIVES ARDENT GROVE ROOM TO GROW AND GIVES MORE PEOPLE ROOM TO HEAL!

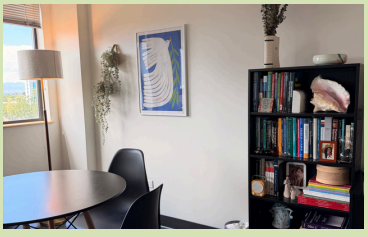
Our New Home, continued

- **11 THERAPY ROOMS, CONSISTING OF:**
  - **THE ASPEN ROOMS | 4 Dedicated Ketamine Assisted Psychotherapy (KAP) Rooms**
    - These specialized spaces provide a supportive, calming, & clinically appropriate environment for KAP. Dedicated rooms allow us to expand access to innovative, evidence-based treatment for individuals living with depression, trauma, PTSD, & other complex mental health conditions.
  - **THE CEDAR ROOMS | 2 Flexible Clinical & Recovery Rooms**
    - These peaceful rooms provide a quiet environment for rest, reflection, & integration following KAP. When not supporting KAP recovery, they provide flexible space for therapy, psychological assessment, prescribing, & other specialized clinical care.
  - **THE WILDFLOWER ROOM | Play Therapy Room**
    - Designed for our youngest clients & their caregivers, this specialized space creates room for play, attachment, regulation, & family connection. Here, children build emotional skills, caregivers strengthen relationships, & families heal together.
  - **THE EVERGREEN ROOM | Accessible Therapy Room**
    - A fully accessible therapy space designed to help ensure that people with a wide range of accessibility needs can experience work & care with comfort, dignity, & independence.
  - **THE OAK ROOMS | 3 Leadership Offices**
    - Home to Ardent Grove's Executive, Clinic, and Assessment Directors, these spaces support therapy as well as the leadership, partnerships, fundraising, and strategic growth that make accessible mental health care possible.











Opportunities to Create a Lasting Legacy of Healing

Sponsor a dedicated space in Ardent Grove's new clinic and help make thousands of healing conversations, breakthroughs, and moments of connection possible for years to come. Recognition honors the generous supporters who make this growth possible.

CHOOSE A SPACE. SHAPE A STORY.

Healing Space Sponsorships are 3-year commitments

SPONSORSHIP 3-YEAR COMMITMENT	**ANNUAL BREAKDOWN**	**SPACES AVAILABLE**
$45,000	$15,000/year	THE CLEARING | Main Waiting Area THE CANOPY | Community Healing Space THE ARBOR | Conference & Didactic Training Room
$30,000	$10,000/year	THE WILLOW ROOM | Embodied Healing Space THE WILDFLOWER ROOM | Play Therapy Room THE EVERGREEN ROOM | Accessible Therapy Room
$22,500	$7,500/year	THE NEST | Family Waiting Area THE OAK ROOMS | Leadership Offices, 3 Available
$15,000	$5,000/year	THE ASPEN ROOMS | Dedicated KAP Rooms, 4 Available THE ACORN CORNER | Waiting Room Play Area
$7,500	$2,500/year	THE CEDAR ROOMS | Flexible Clinical & Recovery Rooms, 2 Available THE TABLE | Kitchen & Staff Break Room THE ROOTS | IT & Storage Room
$4,500	$1,500/year	THE HEARTH | Waiting Room Coffee & Tea Station THE ORCHARD | Resource & Reading Library

Your Giving Benefits & Recognition

SPONSOR RECOGNITION

- **NAMED SPACE RECOGNITION** | Sponsor name displayed on signage or plaque at the sponsored space for the full length of the commitment.
- **DIGITAL & PRINT RECOGNITION** | Recognition on AG's website & in annual reports.
- **COMMUNITY RECOGNITION** | Select recognition through AG's social media & newsletter.
- **PRIORITY RENEWALL OPPORTUNITY** | At the conclusion of the initial three-year commitment, sponsors receive the first opportunity to renew their sponsored space before it is offered to another sponsor.
- **FOUNDING SPONSOR RECOGNITION** | Recognition as a founding partner of AG's new home & expansion of accessible mental health care.
- **COMMEMMORATIVE SPONSOR RECOGNITION** | A framed certificate recognizing your organization as a valued partner in creating AG's new home & expanding access to mental health care.

IMPACT & CONNECTION

- **PERSONALIZED IMPACT REPORT** | A dedicated report highlighting the impact made possible through your sponsored space.
- **ANNUAL GRATITUDE CONVERSATION** | An annual conversation with AG leadership to share updates, impact, & opportunities for continued partnership.
- **MENTAL HEALTH LUNCH AND LEARN** | An annual educational session for sponsoring organizations, offering employees an opportunity to learn about mental health & practical tools for well-being.
- **PRIVATE TOUR & CELEBRATION** | Invitation to a private tour & special opening celebration when the new clinic is complete & all sponsored spaces have been named.

EMPLOYEE & COMMUNITY ENGAGEMENT

- **EMPLOYEE VOLUNTEER OPPORTUNITY** | Opportunities for employees to participate in mission-aligned volunteer activities, such as assembling client self-care or holiday care packages.
- **EMPLOYEE WELLNESS WORKSHOP** | A private wellness workshop for your organization, available to sponsors at the $10,000+ level.
- **MISSION-ALIGNED EVENT HOSTING** | Opportunity to host one mission-aligned event annually at AG, available to sponsors at the $15,000+ level.

Help Us Build a Place Where Healing Can Grow

This is more than a new clinic. It is a place where children will feel safe, clinicians will grow, families will find support, and people who have too often been priced out of care will have somewhere to turn.

By sponsoring a space at Ardent Grove, you are helping us create a home for accessible, trauma-informed mental health care and ensuring that this space can serve our community for years to come.

We excitedly invite you to become part of the next chapter of Ardent Grove.

ardent grove foundation

Ready to leave your legacy at Ardent Grove? Connect today to explore a healing space sponsorship opportunity!

Chelsey Panchot
Corporate Partnership & Donor Engagement Consultant
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Chelsey.Panchot@ArdentGrove.org

Appendix

Our Story | Part 1

2019

- December 9, 2019: AG becomes registered 501c3 non-profit organization, co-founded by 6 female mental health professionals
- Founding Goals: address 2 urgent needs accessible mental health care & quality, trauma-informed clinical training.
- Launched clinician training program with 5 pre-doctoral trainees.
- Served 30 clients on a sliding scale basis.

2020

- Served 50 clients in first full year of operations.
- Expanded clinician training program to serve 6 pre-doctoral trainees & contributed to EMDR training for all trainees.
- Launched community mental health education programs at schools, libraries, & workplaces.

2021

- Hired first full-time Clinic Director.
- Served 85 clients, increasing the clients served by 70%.
- Continued clinician training program serving 6 pre-doctoral trainees.
- Provided 10 free mental health trainings across the Denver Metro area.
- 56% of clients served reported annual incomes of $10,000 or less.

2022

- Served 140 clients & provided 1,700+ sessions with the average cost at $28.
- Expanded clinician training program to 7 pre-doctoral trainees & launched postdoctoral fellowship.
- Provided 8 free mental health trainings across Denver Metro area.
- Approved to accept Medicaid.

Rooted in equity and collaboration, we work to create a community where every person has the support they need to heal, grow, and thrive.

Our Story | Part 2

2023

- Moved into first clinic space with 6 therapy offices to serve clients.
- Hired first full-time Executive Director.
- Served 260 clients and provided 3,000+ sessions, 85% and 76% increases respectively.
- Expanded clinic + training offerings to include Infant & Early Childhood Mental Health, Parent Coaching & Athlete Mental Health.
- Received first Caring for Denver Grant allowing clinical staff, therapy & assessment service expansion.
- Began fully funding EMDR training for trainees & staff ($1,500/person).
- Expanded full-time licensed clinical team from 1 to 2, hiring Infant and Early Childhood Mental Health Program Director.
- Launched Annual Fundraiser at Nocturne, raising over $50,000!

2024

- Served 380 clients, 56% used Medicaid to access services.
- Provided 5,250 clinical sessions.
- 38% of all private-pay session rates were $25 or under.
- Hired new full-time Clinic Director & first Assessment Director.
- Began accepting private insurance.
- Featured mental-health partner at Denver Pride & Underground Music Showcase.
- Received Colorado Trust Grant to partner with the Eating Disorder Foundation (EDF) to provide trauma-informed ED care & training.
- Received $10,000 from The Lanig Family Fund to support AG's commitment to accessibility for people with Spinal Cord Injury.
- Received $50,000 from The Wana Brands Foundation to initiate trauma-informed Ketamine Assisted Psychotherapy (KAP).

2025

- Served 400+ clients & provided 6,230 sessions, a 186% & 267% increase respectively since 2022!
- 78% of clients used Medicaid to access services & 50% of private-pay clients paid $25 or less.
- 97% of private-pay clients utilized scholarship rates for services.
- 17% of clients reported annual income of $40,000 or less, with 25% reporting below $20,000.
- Launched Clinical Internship Training Program, bringing training cohort to 6 pre-doc, 3 post-doc, & 2 interns.
- Initiated 2 unique training offerings: KAP & Psychodynamics.
- Participated in or led 30 community events, workshops, & support spaces including Trauma Sensitive Yoga & Mortified Colorado.
- Received continuation of Caring for Denver & Colorado Trust Grants.

2026

- Featured Nonprofit Partner of Denver Yoga Summit & Denver Fashion Week.
- Featured on 303 Magazine, Denver 7's Mile High Living + Evening News, Fox 21's Loving, Living Local, 9News' Colorado + Company, and OutFront Magazine.
- Launched Blossoms of Joy Fundraiser to kick off Clinic Expansion Campaign, raising over $23,000.
- Received Grants from The Whiteman Family Foundation ($100,000), The Denver Foundation ($15,000), the Colorado Paralysis Foundation ($2,500), and Give Back Yoga Foundation (18 Gaiam Mats) to launch our new clinic, improve accessibility, & expand services.
- July 1, 2026: AG expands to new clinic location, featuring double the clinic space & capacity for services & offerings!

Our Growing Team

LICENSED CLINICAL STAFF



Emily Markley, PsyD
Executive Director
Licensed Clinical Psychologist



Shaye Sakos, PsyD
Clinic Director
Licensed Clinical Psychologist



Campbell Cahill, LCSW
Infant & Early Childhood
Program Director
Licensed Clinical Social Worker



Emily Canite-Koenig, PsyD
Assessment Director



Eliana Chapman, PsyD
Psychodynamic Seminar Leader
Licensed Clinical Psychologist



Einav Nahum, PsyD
KAP Seminar Leader
Licensed Clinical Psychologist



CJ Clinkscales, PsyD
KAP Seminar Leader
Licensed Clinical Psychologist



Sebastian Harvey, PsyD
Licensed Clinical Psychologist

ADMINISTRATIVE STAFF



Chelsey Panchot
Corporate Partnership & Donor
Engagement Consultant



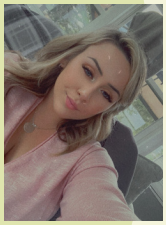
Auriel Ramsey
Accountant



Alexis Watts
Marketing & PR Partner



Vikki Gitlin
Administrator



Samantha Lloyd
Biller

BOARD OF DIRECTORS



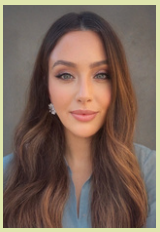
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Chair



Kim Irby
Vice Chair



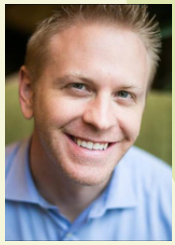
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Treasurer



Amanda Sisco
Secretary



Danny McCarthy



Jason Anderson



Melissa Mejia



Kris Pfeiffer



Kathryn Britton



Louisa Rogers

2025 Impact

Together, we're turning access into impact.

CLINIC

- **6,230** therapy & assessment sessions provided
- **400+** individuals served
- **78%** of clients **utilized Medicaid**
- **$39** average **cost of session**
- **50%** of private pay clients paid **$25 or less**
- **17% of clients** reported household income of **$40,000 or below** & **25% with $25,000 or below**

TRAINING PROGRAM, to date

- **47 Trainees** have completed our program to date
- Welcomed our first **two inaugural Clinical Interns**
- **Expanded training offerings:** Ketamine Assisted Psychotherapy, Psychodynamic Psychotherapy
- **One of the only** advanced training opportunities for **Eye Movement Desensitization and Reprocessing (EMDR)** and **Eating Disorder Treatment**

BEYOND THE THERAPY ROOM

- **30+ Community Events offered:** clinical workshops, support groups, event tabling, trauma-informed yoga sessions, didactics, etc.
- Proud **Grant Recipient** of Caring for Denver Foundation, The Colorado Trust, The Lanig Family Fund, CO Paralysis Foundation, Give Back Yoga Foundation, The Denver Foundation, and The Whiteman Family Foundation.



HEAR FROM OUR COMMUNITY

"I simply could not have **more positive things** to say about my time at Ardent Grove. Ardent Grove has been my **home away from home**, a place where I could **learn, challenge and push myself,** work hard, and also **be human**." - *Gabriella Potter, MA, Fomer AG Clinical Trainee*

"Organizations like Ardent Grove play a **vital role in society** by ensuring that quality mental health care is **accessible to people of all income levels.**" - *Former AG Client*

"**Mental healthcare is a right, and Ardent Grove just really embodies that in everything that they do.** Offering affordable and accessible care is something that we really value, and they're team has just been incredible at doing that." - *Kaylyn Fern, Director of Stategic Philanthropy, The Whiteman Family Foundation*