

Community & Impact

Ardent Grove empowers the community through free mental health offerings. We provide workshops, trainings, and presentations for organizations of all sizes. **Partner with us to enhance mental health support in your community.**



OUR 2025 IMPACT

Affordable for All

78% of our clients utilized Medicaid & 50% of our private-pay clients paid \$25 or less per session.

Bridging the Gap


25% of our clients reside in households with incomes below \$20,000.

Deep Community Impact

We provided over 6,230 therapy & assessment sessions to 400+ individuals, keeping accessibility at the heart of our work.


"We deeply value the courage and effort it takes to come to therapy, and we consider it a privilege to be on this journey with those we serve."


Connect with Us

 [ArdentGrove.org](https://www.ArdentGrove.org)

 303.704.4062

 Info@ArdentGrove.org

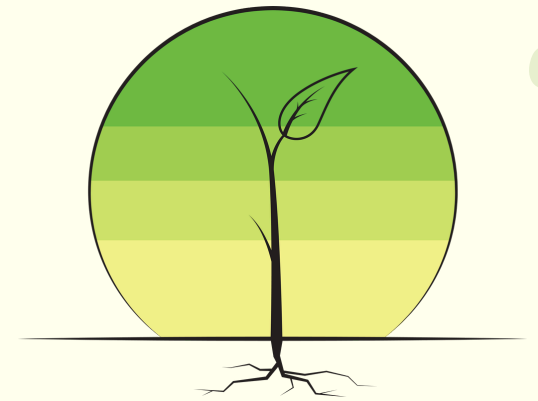
 1780 S. Bellaire Street
Suite 500
Denver, Colorado 80222

 Support our mission:



*Ardent
Grove
Foundation*

PASSIONATELY CULTIVATING GROWTH



An inclusive, donor-funded nonprofit expanding access to mental health care through low-cost and Medicaid therapy, assessments, and community support



Denver, Colorado

Our Mission

Ardent Grove exists because we believe mental health care is a **fundamental human right**. Our mission is to make healing **accessible** through **low-cost, trauma-informed** mental health services, train compassionate clinicians, and provide community support that fosters understanding, connection, and collective well-being. Rooted in **equity and collaboration**, we work to create a community where **every person has the support they need to heal, grow, and thrive**.



Our work is grounded in **three interconnected pillars:**

Accessible Care:

Low-cost, trauma-informed *mental health care* for individuals, couples, and families.

Expert Training:

Mentoring the *next generation* of compassionate mental health professionals.

Community Outreach:

Partnering to bring education and collaborative care to our *community*.

Our Services

Your journey is unique, and your care should be, too. We partner with our clients to build **tailored goals** that foster **lasting change**.

Services for children, adolescents, and adults include (offered in English & Spanish):

- Individual, Couples, & Family Therapy
- Group Therapy
- EMDR
- Play Therapy
- Sandtray Therapy
- Somatic Psychotherapy
- Trauma Sensitive Yoga
- Parent Coaching
- Ketamine Assisted Psychotherapy | 18+
- Psychological Assessment

Our dedicated team is here to support you on your journey toward healing.

Reach out today!

Care Without Barriers

Accessibility is our highest priority. We are committed to providing services that meet the unique needs of every person we serve.

- **Sliding Scale:** Pay-what-you-can options available.
- **Medicaid:** We proudly accept Colorado state-wide Medicaid.
- **Private Insurances:** United & Aetna currently accepted.*
- **Out-of-Network:** Superbills can be provided for potential reimbursement.

**We are continually expanding our network. Please contact us for the latest updates.*



Accessing quality mental health care shouldn't be a luxury.