



2026 Enrollment Guide

AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS)

H2802-024-000

Service area: Illinois - Cook, DuPage, Kane, Kendall, Lake, McHenry counties



Whatever comes next, UnitedHealthcare provides Medicare coverage you can count on for your whole life ahead

You've got plans. So do we. Medicare plans from UnitedHealthcare offer reliable coverage designed to support your health wherever life takes you. Our large national provider network includes doctors and specialists across the country, and 9 out of 10 Medicare members are able to keep seeing the doctors they know and trust. It's one more way we're here to support your health — every step of the way.

After all, you may not always know what's next, but you can count on UnitedHealthcare to be there from the moment you choose your plan to the moments that matter most.

See why 4 out of 5 members would choose UnitedHealthcare again for their Medicare coverage

"I really appreciated all of the help that I got from UnitedHealthcare. UnitedHealthcare is the company that is best suited to my needs."

Karen K, UnitedHealthcare
 Medicare Advantage Member

"You need a strong insurance company behind you to back you up and cover the things that need to be covered and UnitedHealthcare does that."

 Mary M, UnitedHealthcare Complete Care Member

Medicare member responses based on Human8 survey, May 2025. Y0066_INTRO_2026_C UHEX26MP0309570_000



Enjoy access to our large Medicare Advantage provider network



This plan includes a network of quality doctors, hospitals, pharmacies and other care providers. You have the freedom to enjoy access to care at network costs when you visit any provider participating in the UnitedHealthcare® Medicare National Network. And you have access to a large dental provider network. You can also get care from out-of-network dental providers but your costs may be higher, even for services with a \$0 copay.

Here's how this HMO-POS plan works



This plan has reliable, low-cost medical coverage, including affordable doctor visits and prescription drug coverage. Plus \$0 copays for preventive services.



Get care from providers in the national network or visit out-of-network providers for covered dental services.



Select a primary care provider in your plan's service area to oversee and help manage your care. It's required by the plan, but it's also very beneficial for your long term health and well-being.



Some services require a referral from your doctor. Check your Summary of Benefits for details.



This plan has a maximum annual out-of-pocket amount.



Emergency and urgently needed services are covered anywhere in the world.



This plan includes prescription drug coverage.

Go to **AARPMedicarePlans.com** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions. See your Evidence of Coverage for a list of all covered services.

Scan this code to view the drug list



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Benefit Highlights

AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS)

This is a short description of your 2026 plan benefits. For complete information, please refer to your Summary of Benefits or Evidence of Coverage. Limitations, exclusions, and restrictions may apply.

Plan costs	
Monthly plan premium	\$0
Annual medical deductible (applies to certain medical benefits)	\$0
Annual out-of-pocket maximum (the most you may pay in a year for covered medical care)	\$2,900

Plan benefits	
Doctor's office visit	
Primary care provider (PCP)	\$0 copay
Specialist	\$30 copay (referral needed)
Virtual visits	\$0 copay to talk with a network telehealth provider online through live audio and video
Preventive services	\$0 copay
Inpatient hospital care	\$295 copay per day: days 1-7 \$0 copay per day: days 8 and beyond
Skilled nursing facility (SNF)	\$0 copay per day: days 1-20 \$218 copay per day: days 21-100
Outpatient hospital, including surgery (cost sharing for additional plan services will apply)	\$295 copay
Outpatient mental health	
Group therapy	\$15 copay
Individual therapy	\$25 copay
Virtual visits	\$0 copay to talk with a network telehealth provider online through live audio and video

Plan benefits	
Durable medical equipment (DME) and related supplies	
DME (e.g., wheelchairs, oxygen)	20% coinsurance
Prosthetics (e.g., braces, artificial limbs)	20% coinsurance
Diabetes monitoring supplies	\$0 copay for covered brands
Diagnostic radiology services (such as MRIs, CT scans)	\$260 copay
Diagnostic tests and procedures (non-radiological)	\$50 copay
Lab services	\$0 copay
Outpatient x-rays	\$30 copay
Ambulance	\$275 copay for ground or air
Emergency care	\$150 copay (\$0 copay for emergency care outside the United States) per visit
Urgently needed services	\$65 copay (\$0 copay for urgently needed services outside the United States) per visit
Additional plan benefits	
Routine physical	\$0 copay, 1 per year

Additional plan benefits		
Hearing services	Routine hearing exam	\$0 copay for a routine hearing exam to help support hearing health
	Hearing aids	\$199 - \$829 copay for each OTC hearing aid. \$199 - \$1,249 copay for each prescription hearing aid. You can purchase up to 2 hearing aids every year.
		 A broad selection of over-the-counter (OTC), high-value and brand-name prescription hearing aids Access to one of the largest national networks of hearing professionals with more than 6,500 locations 3-year manufacturer warranty on all prescription hearing aids covers a trial period and damage or repair during warranty period Hearing aids purchased outside of UnitedHealthcare Hearing are not covered
Routine dental benefits	Preventive and comprehensive services	\$2,000 allowance for all covered dental services* \$0 copay for covered preventive services like oral exams, X-rays, routine cleanings and fluoride
Covered in and out-of-network.		50% coinsurance for covered comprehensive services like fillings, crowns, bridges and dentures No annual deductible Access to one of the largest national dental networks Freedom to see any dentist
Vision services	Routine eye exam	\$0 copay for a routine eye exam each year to help protect your eyesight and health
	Routine eyewear	\$150 allowance every 2 years for 1 pair of frames or contacts Free standard prescription lenses including single vision, bifocals, trifocals and Tier I (standard) progressives Other covered lenses available with copays from \$40 - \$153 Access to one of Medicare Advantage's largest national networks of vision providers and retail providers Eyewear available from many online providers, including Warby Parker and GlassesUSA

Additional plan benefits		
	☐You are responsible for all eyewear costs from providers outside of the UnitedHealthcare Vision network	
Fitness program	\$0 copay Your fitness program helps you stay active and connected at the gym, from home or in your community. It's available to you at no additional cost and includes: Free gym membership at core and premium locations Access to a large national network of gyms and fitness locations On-demand workout videos and live streaming fitness classes Online memory fitness activities	
Foot care - routine	\$30 copay, 6 visits per year	
OTC credit	\$50 credit every quarter for over-the-counter (OTC) products in-store or online Choose from thousands of brand name and generic OTC products like vitamins, pain relievers, first aid and more Shop at thousands of participating stores, including Walmart, Walgreens and Dollar General, or at neighborhood stores near you	
Rewards	Earn up to \$155 in rewards when you get started in January $\!\!\!^{\Omega}$	
Meal benefit	\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay	

^{*}Benefits are combined in and out-of-network

What is coinsurance?

Coinsurance is a portion or part of the total cost, typically as a percentage. With this plan, you pay part of the cost of Tier 3, Tier 4 and Tier 5 drugs. For example, if your coinsurance is 25% and the total cost of your prescription is \$100, you would pay \$25. The plan pays the rest. You pay the full cost of your drugs until you meet the deductible, then you'll start paying the coinsurance amount.

Prescription drug payment stages			
Deductible	·	\$0 for Tier 1 and 2 Part D prescription drugs \$440 for Tier 3, 4 and 5 drugs	
Initial Coverage	In this stage, you'll pay your plan copays or coinsurance. The plan pays the rest. Once you, and others on your behalf, have paid a combined total of \$2,100 you move to the Catastrophic Coverage stage.		
Tier drug coverage	Standard Retail (30-day supply)	Preferred Mail Order (100-day supply)	
Tier 1: Preferred Generic	\$0 copay	\$0 copay	
Tier 2: Generic ¹	\$10 copay	\$0 copay	
Tier 3: Preferred Brand	16% coinsurance	16% coinsurance	
Covered Insulin ²	16%, up to \$35 copay	16%, up to \$105 copay	
Tier 4: Non-Preferred Drug ³	41% coinsurance	N/A	
Tier 5: Specialty Tier ³	28% coinsurance	N/A	
Catastrophic Coverage	Once you're in this stage, you won't pay anything for your Medicare-covered Part D drugs for the rest of the plan year.		

¹ Tier includes enhanced drug coverage

Scan this code to view your Summary of Benefits



² You pay no more than 16% of the total drug cost or a \$35 copay, whichever is lower, for each 1-month supply of Part D covered insulin drugs, even if you haven't paid your deductible, until you reach the Catastrophic Coverage stage where you pay \$0.

³ Limited to a 30-day supply



^CMedicare Advantage reward offerings may vary by plan and are not available in all plans. By participating in the program or accessing rewards funds, you agree to the Rewards Program Terms of Service located on the right side of the page at myuhcmedicare.com/rewards. Members must participate January through December to earn all available rewards. Rewards must be earned and reported within time frames specified by the plan. Time frames are available at myuhcmedicare.com/rewards. Rewards can only be used by members of UnitedHealthcare Medicare Advantage plans for eligible items at participating merchants and in accordance with applicable Medicare laws. Rewards funds are not redeemable for cash except as required by law. No ATM access. Rewards cannot be used to purchase Medicare-covered items or services, including medical or prescription drug out-of-pocket costs, or alcohol, tobacco or firearms. Rewards expire 1 month after Medicare Advantage plan terminates. This doesn't impact you while you're enrolled in your current plan or if you switch to another UnitedHealthcare Medicare Advantage plan. This information is not a complete description of benefits. Contact the plan for more information.

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Summary of Benefits 2026

AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS) H2802-024-000

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



AARPMedicarePlans.com



Toll-free **1-844-723-6473**, TTY **711** 8 a.m.-8 p.m. local time, 7 days a week



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Summary of Benefits

January 1, 2026 - December 31, 2026

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **myAARPMedicare.com** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS)

Medical premium, deductible and limits	
Monthly plan premium	\$0 You need to continue to pay your Medicare Part B premium
Annual medical deductible	This plan does not have a medical deductible.
Maximum out-of-pocket amount (does not include prescription drugs)	\$2,900
	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.
	Out-of-pocket costs paid for your Part D prescription drugs are not included in this amount.

Medical benefits		
Inpatient hospital care ² Our plan covers an unlimited number of days for an inpatient hospital stay.		\$295 copay per day: days 1-7 \$0 copay per day: days 8 and beyond
Cost-sharing for additional plan covered services (ASC) ² Outpatient	surgical center	\$0 copay for a colonoscopy \$195 copay otherwise
	hospital, including	\$0 copay for a colonoscopy \$295 copay otherwise
	Outpatient hospital observation services ²	\$295 copay

Medical benefits			
Doctor visits	Primary care provider	\$0 copay	
	Specialists ^{1,2}	\$30 copay	
	Virtual medical visits		with a network telehealth provider ve audio and video
Preventive	Routine physical	\$0 copay, 1 per y	year
services	Medicare-covered	\$0 copay	
	test, flexible sig Depression screen biabetes screen monitoring Hepatitis C screen HIV screening Any additional preversion preversion of the partition of the preversion of	counseling s visit asurement creening disease apy) screening ginal cancer er screenings ecal occult blood moidoscopy) eening nings and eening entive services app covered. eventive care scree	 □ Lung cancer with low dose computed tomography (LDCT) screening □ Medical nutrition therapy services □ Medicare Diabetes Prevention Program (MDPP) □ Obesity screenings and counseling □ Prostate cancer screenings (PSA) □ Sexually transmitted infections screenings and counseling □ Tobacco use cessation counseling (counseling for people with no sign of tobaccorelated disease) □ Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19 □ "Welcome to Medicare" preventive visit (one-time) □ Proved by Medicare during the

Medical benefits		
Emergency care		\$150 copay (\$0 copay for emergency care outside the United States) per visit. If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Emergency Care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.
Urgently needed se	ervices	\$65 copay (\$0 copay for urgently needed services outside the United States) per visit
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) ²	\$0 copay for each diagnostic mammogram \$260 copay otherwise
	Lab services ²	\$0 copay
	Diagnostic tests and procedures ²	\$50 copay
	Therapeutic radiology ²	20% coinsurance
	Outpatient X-rays ²	\$30 copay
Hearing services	Exam to diagnose and treat hearing and balance issues ²	\$0 copay
	Routine hearing exam	\$0 copay for a routine hearing exam to help support hearing health
	Hearing aids ²	\$199 - \$829 copay for each OTC hearing aid. \$199 - \$1,249 copay for each prescription hearing aid. You can purchase up to 2 hearing aids every year.
		 □ A broad selection of over-the-counter (OTC), high-value and brand-name prescription hearing aids □ Access to one of the largest national networks of hearing professionals with more than 6,500 locations □ 3-year manufacturer warranty on all prescription hearing aids covers a trial period and damage or repair during warranty period □ Hearing aids purchased outside of UnitedHealthcare Hearing are not covered

Medical benefits		
Routine dental benefits	Preventive and comprehensive services ²	\$2,000 allowance for all covered dental services* \$0 copay for covered preventive services like oral
Covered in and out-of-network	Services	exams, X-rays, routine cleanings and fluoride 50% coinsurance for covered comprehensive services like fillings, crowns, bridges and dentures No annual deductible Access to one of the largest national dental networks Freedom to see any dentist
Vision services	Exam to diagnose and treat diseases and conditions of the eye ²	\$0 copay
	Eyewear after cataract surgery	\$0 copay
	Routine eye exam	\$0 copay for a routine eye exam each year to help protect your eyesight and health
	Routine eyewear	\$150 allowance every 2 years for 1 pair of frames or contacts Free standard prescription lenses including single vision, bifocals, trifocals and Tier I (standard) progressives Other covered lenses available with copays from \$40 - \$153 Access to one of Medicare Advantage's largest national networks of vision providers and retail providers Eyewear available from many online providers, including Warby Parker and GlassesUSA You are responsible for all eyewear costs from providers outside of the UnitedHealthcare Vision network

Medical benefits		
	Inpatient visit ² Our plan covers 90 days for an inpatient hospital stay	\$295 copay per day: days 1-7 \$0 copay per day: days 8-90
	Outpatient group therapy visit ²	\$15 copay
	Outpatient individual therapy visit ²	\$25 copay
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video
Skilled nursing factors of the SNF.		\$0 copay per day: days 1-20 \$218 copay per day: days 21-100
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit ^{1,2}	\$30 copay
	Occupational Therapy Visit ^{1,2}	\$30 copay
Ambulance ² Your provider must authorization for no transportation.	•	\$275 copay for ground \$275 copay for air
Routine transportation		Not covered

Medical benefits		
Medicare Part B prescription drugs Cost sharing shown is the	Chemotherapy drugs ²	20% coinsurance
	Part B covered insulin ²	20% coinsurance, up to \$35
maximum you will pay for Part B prescription drugs. You may pay less for certain drugs.	Other Part B drugs ² Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	\$0 copay for allergy antigens 20% coinsurance for all others

What is coinsurance?

Coinsurance is a portion or part of the total cost, typically as a percentage. With this plan, you pay part of the cost of Tier 3, Tier 4 and Tier 5 drugs. For example, if your coinsurance is 25% and the total cost of your prescription is \$100, you would pay \$25. The plan pays the rest. You pay the full cost of your drugs until you meet the deductible, then you'll start paying the coinsurance amount.

Prescription drug payment stages					
Deductible	drugs starts in the There is a \$440 de for your drugs in t	There is no deductible for drugs in Tier 1 and 2. Your coverage for these drugs starts in the Initial Coverage stage. There is a \$440 deductible for drugs in Tier 3, 4 and 5. You pay the full cost for your drugs in these tiers until you reach the deductible amount. Then you move to the Initial Coverage stage.			
Initial Coverage	rest. Once you, ar \$2,100, which incl	In this stage, you'll pay your plan copays or coinsurance. The plan pays the rest. Once you, and others on your behalf, have paid a combined total of \$2,100, which includes the amount you paid towards your deductible, you move to the Catastrophic Coverage stage.			
Tier drug	Retail		Mail Order		
Tier drug coverage	Retail Standard		Mail Order Preferred	Standard	
•	1101011	100-day supply		Standard 100-day supply	
•	Standard	100-day supply \$0 copay	Preferred		

Prescription drug payment stages					
Tier drug	Retail		Mail Order		
coverage	Standard		Preferred	Standard	
	30-day supply^	100-day supply	100-day supply	100-day supply	
Tier 3: Preferred Brand	16% coinsurance	16% coinsurance	16% coinsurance	16% coinsurance	
Covered Insulin 4	16%, up to \$35 copay	16%, up to \$105 copay	16%, up to \$105 copay	16%, up to \$105 copay	
Tier 4: Non-Preferred Drug ⁵	41% coinsurance	N/A	N/A	N/A	
Tier 5: Specialty Tier ⁵	28% coinsurance	N/A	N/A	N/A	
Catastrophic Coverage	Once you're in this stage, you won't pay anything for your Medicare-covered Part D drugs for the rest of the plan year.				
Additional covered drugs These drugs are not covered by Medicare Part D and not on the plan's Drug List.	This plan covers these additional drugs as Tier 2 medications. Vitamin D (50,000) Sildenafil (generic Viagra) Cyanocobalamin (Vitamin B-12) Folic Acid (1 mg)				

[^]Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

⁵ Limited to a 30-day supply

Additional benefit	s	
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) ²	\$20 copay

³ Tier includes enhanced drug coverage.

⁴ You pay no more than 16% of the total drug cost or a \$35 copay, whichever is lower, for each 1-month supply of Part D covered insulin drugs, even if you haven't paid your deductible, until you reach the Catastrophic Coverage stage where you pay \$0.

Additional benefits	3	
Diabetes management	Diabetes monitoring supplies ²	\$0 copay We only cover Contour® and Accu-Chek® brands. Other brands are not covered by your plan. Covered glucose monitors include: Contour Plus Blue, Contour Next EZ, Contour Next Gen, Contour Next One, Accu-Chek Guide Me and Accu-Chek Guide. Test strips: Contour, Contour Plus, Contour Next, Accu-Chek Guide and Accu-Chek Aviva Plus.
	Diabetes self- management training	\$0 copay
	Therapeutic shoes or inserts ²	20% coinsurance
Durable medical equipment (DME) and related	DME (e.g., wheelchairs, oxygen) ²	20% coinsurance
supplies	Prosthetics (e.g., braces, artificial limbs) ²	20% coinsurance
Fitness prog	gram	\$0 copay Your fitness program helps you stay active and connected at the gym, from home or in your community. It's available to you at no additional cost and includes: Free gym membership at core and premium locations Access to a large national network of gyms and fitness locations On-demand workout videos and live streaming fitness classes Online memory fitness activities
Foot care (podiatry services)	Foot exams and treatment ²	\$30 copay
	Routine foot care	\$30 copay, 6 visits per year

Additional benefits	3			
Meal benefit ²		\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay		
Home health care ²		\$0 copay		
Hospice		You pay nothing for hospice care from any Medicare- approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.		
Opioid treatment program services ²		\$0 copay		
Outpatient substance use	Outpatient group therapy visit ²	\$15 copay		
disorder services	Outpatient individual therapy visit ²	\$25 copay		
OTC credit		\$50 credit every quarter for over-the-counter (OTC) products in-store or online		
		□Choose from thousands of brand name and generic OTC products like vitamins, pain relievers, first aid and more		
		Shop at thousands of participating stores, including Walmart, Walgreens and Dollar General, or at neighborhood stores near you		
Renal dialysis ²		20% coinsurance		

Requires a referral from your doctor.

Member discounts



As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

² May require your provider to get prior authorization from the plan for in-network benefits.

^{*}Benefits are combined in and out-of-network

About this plan

AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS) is a Medicare Advantage HMOPOS plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

Our service area includes these counties in:

Illinois: Cook, DuPage, Kane, Kendall, Lake, McHenry.

Use network providers and pharmacies

AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS) has a network of doctors, hospitals, pharmacies and other providers. For routine dental services, you can use providers that are not in our network. With this plan, you have the freedom to enjoy access to care at in-network costs when you visit any provider participating in the UnitedHealthcare® Medicare National Network (exclusions may apply). This health plan requires you to select a primary care provider (PCP) from the network. Your PCP can handle most routine health care needs and will be responsible to coordinate your care. If you need to see a network specialist or other network provider, you may need to get a referral from your PCP. We encourage you to find out which specialists and hospitals your PCP would recommend for you and would refer you to for care, prior to selecting them as your plan's PCP. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **AARPMedicarePlans.com** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

Required Information

AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. You do not need to be an AARP member to enroll in a Medicare Advantage or Prescription Drug Plan. AARP and its affiliates are not insurers. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-877-370-4876 for additional information (TTY users should call 711). Hours are 7 a.m.-10 p.m. CT: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-877-370-4876, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 7 a.m. a 10 p.m. hora del Centro: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

Hearing aids

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-450 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

Fitness program

The fitness benefit and gym network varies by plan/area and participating locations may change. The fitness benefit includes a standard fitness membership at participating locations. Not all plans offer access to premium locations. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine.

OTC credit

OTC benefits have expiration timeframes. Review your Evidence of Coverage (EOC) for more information.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. There may be other pharmacies in our network. Optum Home Delivery Pharmacy and Optum Rx affiliates may not be available in Arkansas.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.

Rewards Program

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.

Helpful resources

You may qualify for Extra Help from Medicare

Extra Help is a program for people with limited incomes and resources who need help paying Part D premiums, deductibles and copays. To see if you qualify for Extra Help, call:

- The Social Security Administration at 1-800-772-1213, TTY 1-800-325-0778 or visit ssa.gov
- · Your state Medicaid office or visit medicaid.gov

Resources for caregivers

UnitedHealthcare offers resources and support for our members and the people who care for them. Ask about our caregiving resources the next time you call or visit **uhc.com/caregiving**.

UnitedHealthcare is here to help

There's much more to good health than what happens in the doctor's office. Other factors — such as access to food, housing, transportation and financial stability — are just as important. We may be able to help connect you to discounts and services that make your life easier — all at no added cost to you. These services may help you:



Save on utility bills, prescription drug expenses and even home repair costs



Find low-cost, easy-to-use transportation



Determine Medicaid eligibility, depending on your income



Find local support groups



Learn about Veterans' Services and support



For assistance, please call **1-866-427-1873**, TTY **711**, 8 a.m.–8 p.m. local time, Monday–Saturday to learn more about programs and eligibility.

Medicare Made Clear®

Medicare Made Clear is an educational program from UnitedHealthcare designed to help you learn about Medicare so you can make informed decisions about your health and Medicare coverage.



MedicareMadeClear.com

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Before you enroll

It's important that you understand this Medicare Advantage plan and what benefits are covered. You can find the Drug List, Provider and Pharmacy directories, Evidence of Coverage and more at **AARPMedicarePlans.com**.



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Are your drugs covered? Check the Drug List (Formulary) to make sure.

Generally, the lower the drug tier, the less you'll pay. Drugs not covered by the plan may have alternative covered drugs that can be used instead.



Did you use our online Drug Cost Estimator tool?

Find covered drugs, view your estimated drug costs and see if there's a generic version available that may save you money. Visit **estimateDrugCostsAARP.com** or scan the code below.



Are your providers in the network?

If your providers are not in the network, you will need to select a new network provider. You also have access to a large dental provider network. You can get care from out-of-network dental providers but your costs may be higher, even for services with a \$0 copay.



Is your pharmacy in the network?

If your pharmacy is not in the network, you will need to select a new network pharmacy.



Did you review the Summary of Benefits?

These are just some of the benefits covered by the plan. You can find a complete list of coverage, costs, benefits and plan rules in the Evidence of Coverage online.

You're eligible to enroll if:



You're enrolled in Original Medicare Parts A and B



You continue to pay your Part B premium



You live in the plan's service area

Scan this code to access the drug cost estimator tool



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How to enroll

When you're ready to enroll, you have a few options to choose from. First, you'll need your Medicare card handy, no matter which option you choose.



Online

Visit **AARPMedicarePlans.com** or scan the code below to enroll online. Then follow these simple steps:

- 1 Enter your ZIP code
- 2 Navigate to the **Medicare Advantage** section
- 3 Look for the AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS) plan and select the Enroll button
- 4 Complete the form and submit your enrollment

If you need any help while enrolling online, select the **Chat now** button to connect with one of our Licensed Sales Representatives.



Call one of our Licensed Sales Representatives toll-free at 1-844-723-6473, TTY 711, 8 a.m.-8 p.m. local time, 7 days a week to enroll over the phone or to schedule an appointment with an agent in your area.

If you already have an agent, they can review this plan with you to make sure it meets your needs before helping you enroll.



Enroll online or by phone for the easiest experience. Or send us a completed Enrollment Request Form.

Scan this code to complete your enrollment online



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AAIL26HP0324200 000

What to expect after you enroll

Once you're a member, you can rely on UnitedHealthcare to support you every step of the way. You can easily manage and find answers about your plan on the UnitedHealthcare app or your member site. And our UnitedHealthcare UCard® makes it easier than ever to open doors to all your Medicare Advantage plan has to offer.



Manage your plan online

If you haven't done so already, use your Medicare ID or member ID number and email address to create an account on the app or at **myAARPMedicare.com**. Online you can:

- Check the status of your enrollment
- Find network providers and pharmacies and view plan documents, like your Drug List (Formulary) and Evidence of Coverage
- · Complete your health assessment

Reach for your UCard when

- Visiting a provider or filling a prescription
- Buying OTC products
- Spending your earned rewards
- · Checking in at the gym

Once your coverage begins

- Schedule your annual physical and wellness visit
- Schedule your yearly in-home preventive care visit with Optum® HouseCalls. Visit **UHCHouseCalls.com** to learn more
- Get a 3-month supply of your Tier 1-Tier 3 prescriptions with a home delivery pharmacy
- Review UCard balances

Thank you for choosing UnitedHealthcare

If you have questions, call the number on your UCard.

Scope of Appointment Confirmation Form

Before meeting with a Medicare bene that Sales Agents use this form to ens products you are interested in. A sepa Please check what you want to disc definitions):	ure your a arate form	ppointment f should be us	ocuses only o	on the type of plan and Medicare beneficiary.	
☐ Medicare Advantage (Part C) plans and cost plans ☐ Dental, vision, hearing products					
☐ Standalone Medicare prescription drug (Part D) plans ☐ Hospital indemnity products ☐ Medicare Supplement (Medigap) products					
By signing this form, you agree to mee The Sales Agent is either employed or your enrollment in a plan. They do not	r contracte	ed by a Medic	care plan and	may be paid based on	
Signing this form does not affect your a Medicare plan or obligate you to enr confidential.					
Beneficiary or authorized rep	resentat	ive signatu	ire and sig	nature date:	
Signature of beneficiary/authorized	d represer	ntative		Today's date	
				MM-DD-YYYY	
If you are the authorized representativ	e, please s	sign above ar	nd print clearl	y and legibly below:	
Name (First and Last)		Relationship	o to beneficia	ry	
To be completed by licensed sales	represen	tative (pleas	e print clearly	and legibly)	
Sales Agent name (First and Last)	Sales Ag	ent phone 		Sales Agent ID	
Beneficiary name (First and Last)	Beneficia	ary phone		Date of appointment	
				MM-DD-YYYY	
Beneficiary address					
Initial method of contact	Plan(s) th	ie Sales Agei	nt will represe	ent during the meeting	
Sales Agent signature					

Medicare Advantage plans (Part C) and cost plans

Medicare Health Maintenance Organization (HMO) plan — A Medicare Advantage plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. In most HMOs, you can only get your care from doctors or hospitals in the plan's network (except in emergencies).

Medicare HMO point-of-service (HMO-POS) plan — A Medicare Advantage plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. HMO-POS plans may allow you to get some services out of network for a higher copay or coinsurance.

Medicare preferred provider organization (PPO) plan — A Medicare Advantage plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. PPOs have network doctors, providers and hospitals but you can also use out-of-network providers, usually at a higher cost.

Medicare private fee-for-service (PFFS) plan — A Medicare Advantage plan in which you may go to any Medicare-approved doctor, hospital and provider that accepts the plan's payment, terms and conditions and agrees to treat you — not all providers will. If you join a PFFS plan that has a network, you can see any of the network providers who have agreed to always treat plan members. You will usually pay more to see out-of-network providers.

Medicare Special Needs Plan (SNP) — A Medicare Advantage plan that has a benefit package designed for people with special health care needs. Examples of the specific groups served include people who have both Medicare and Medicaid, people who reside in nursing homes and people who have certain chronic medical conditions.

Medicare Medical Savings Account (MSA) plan — MSA plans combine a high-deductible health plan with a bank account. The plan deposits money from Medicare into the account. You can use it to pay your medical expenses until your deductible is met.

Medicare cost plan — In a Medicare cost plan, you can go to providers both in and out-of-network. If you get services outside of the plan's network, your Medicare-covered services will be paid for under Original Medicare but you will be responsible for Medicare coinsurance and deductibles.

Stand-alone Medicare prescription drug (Part D) plan

Medicare prescription drug plan (PDP) — A standalone drug plan that adds prescription drug coverage to Original Medicare, some Medicare Cost Plans, some Medicare private fee-for-service plans and Medicare Medical Savings Account Plans.

Other related products

Medicare Supplement (Medigap) Products — Insurance plans that help pay some of the out-of-pocket costs not paid by Original Medicare Part A and Part B, such as deductibles and coinsurance amounts for Medicare approved services.

Dental, vision, hearing products — Plans offering additional benefits for consumers who are looking to cover needs for dental, vision or hearing. These plans are not affiliated or connected to Medicare.

Hospital indemnity products — Plans offering additional benefits; payable to consumers based upon their medical utilization; sometimes used to defray copays/coinsurance. These plans are not affiliated or connected to Medicare.

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2026 Enrollment Request Form

 \square AARP® Medicare Advantage Essentials from UHC IL-8 (HMO-POS) H2802-024-000

Information about you (Please type or print in black or blue ink)					
Last name	First name		Mic	ddle initial	
Birth date		Sex ☐ Male ☐ Fer	nale		
Home phone number ()	_	Mobile phone number	r () —	
You can stay on top of your plan and Check here to consent to receive of technology. You can change your pre-	alls using au	to dialer/artificial or pr	erecord	ded voice	
Medicare number					
Permanent residence street address experiencing homelessness, a P.O. address)	-				
City	County	State		Zip code	
Mailing address (Only if it's different	t from above	e. You can give a P.O.	Box.)		
City		State		Zip code	
Email address		<u>'</u>			
You will receive some plan information Changes, electronically (quicker than review online. ☐ Check here if you prefer to receive preference at any time.	mail). We'll	email you when new d	ocume	nts are ready to	
Enrollee name					
Agent name/ID number					
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Do you have other insurance (Examples: Other private insura programs.) If yes, what is it?	• •	-	☐ Yes ☐ No benefits or state
Name of other insurance			
Member number	Group number	RxBin	RxPCN (optional)
Answering these questions is	your choice. You can't be de	enied coverage b	ecause you don't
fill them out. How do you want to pay?			
If you have a monthly plan prer pay your premium by automati Board (RRB) benefit check eac Electronic Funds Transfer (EFT	nium (including any late enroll c deduction from your Social S ch month. You can also pay fro	Security or Railroa	d Retirement
If you don't choose an option b	pelow, we'll send a bill each mo	onth to your mailir	ng address.
If you must pay a Part D-Incom	e Related Monthly Adjustment	Amount (Part D-I	RMAA),
Social Security (SS) will send y	ou a letter and ask you how yo	ou want to pay it:	
You can pay it from you	r SS check		
☐ Medicare can bill you			
☐ The Railroad Retiremen	t Board (RRB) can bill you		
☐ I want to pay from my Social	Security check		
☐ I want to pay from my Railro	ad Retirement Board (RRB) ch	neck	
\square I want to pay directly from a	bank account		
Account type ☐ Checking I	□ Savings		
Account holder name:			
Bank routing number/,	/_/_/_/_		
Bank account number/_	/_/_/_/_		
*Members enrolled in the EFT Insurance Company the new concurrent retroactive charges plutell both UHC and my bank. I u	s monthly premium amount. If	which may included the last of	de up to \$200.00 of paying by EFT, I will
A few questions to help u	ıs manage your plan		
1. Which language or accessi	0 1 .	future plan inforr	mation?
Enrollee name			
Enrollee nameAgent name/ID number			
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☐ English ☐ Spanish					
☐ Braille ☐ Large print ☐ Audio CD ☐ Data CD					
If you don't see the language or format you want, please call UnitedHealthcare toll-free at 1-844-723-6473, TTY 711, 8 a.m8 p.m. local time, 7 days a week. Or visit AARPMedicarePlans.com for online help. If no selection is made, you will receive plan information in English.					
2. Do you or your spouse work?	☐ Yes ☐ No				
Do you or your spouse have other health insurance (Examples: Other employer group coverage, LTD auto liability, or Veterans benefits) If yes, please complete the following: Name of health insurance company					
Member number					
3. Please give us the name of your primary care You can find a list on the plan website or in the Pro					
Provider or PCP full name					
Provider/PCP number	(Please enter the number exactly as it appears on the website or in the Provider Directory. It will be 10 to 12 digits. Don't include dashes.)				
Are you now seeing or have you recently seen this	s provider? ☐ Yes ☐ No				
Please read and sign					
By completing this form, I agree to the following	g:				
paying my Part B premium if I have one, unless I understand that people with Medicare are go the country, except for limited coverage near urgent care outside of the U.S. See the Summ I understand that when my UnitedHealthcare prescription drug benefits from UnitedHealthcare unitedHealthcare and contained in my United (also known as a member contract or subscription UnitedHealthcare will pay for benefits or so I understand that I can be enrolled in only one	enerally not covered under Medicare while out of the U.S. border. This plan covers emergency and nary of Benefits for more information. coverage begins, I must get all of my medical and care. Benefits and services authorized by dHealthcare "Evidence of Coverage" document ber agreement) will be covered. Neither Medicare				
Enrollee name					
Agent name/ID number					
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	apply for MA Private Fee-for-Service (PFFS), N plans).	MA Medicare Medical Savi	ings Account (MSA)				
	I give UnitedHealthcare permission to share my protected health information with organizations or person(s) for permissible purposes under applicable law as required to administer my health plan.						
i 	The information on this form is correct to the intentionally provide false information on this My response to this form is voluntary. However plan.	form I will be disenrolled f	rom the plan.				
Whe	n I sign below, it means that I have read an	d understand the informa	ation on this form				
show under behave recei Unite	gn as an authorized representative, it means with written proof (power of attorney, guardiansherstand that I will need to submit written proof alf of the member beyond this application. Aftived my UnitedHealthcare UCard®, I can call dedHealthcare UCard to update my authorizationature of applicant/member/authorized rep	pip, etc.) of this right if Medic of this right, to the plan, it er this application has been customer Service at the non information on file. Today	dicare asks for it. I I wish to take action on en approved and I have umber on my 's date				
_	ou are the authorized representative, rmation below (*Not a Sales Agent)	please sign above an	d complete the				
	name	First name					
Addr	ress						
City		State	Zip code				
Phor	Phone number () — Relationship to applicant						
Com	individuals helping enrollee with con plete this section if you're an individual (i.e. a bers, or other third parties) helping an enrolle	gents, brokers, SHIP cour					
	ee name						
	t name/ID number _EFMA_2026_C		 AAIL26HP0320709_000				

Name		Relationship to enrollee			
Signature		National Producer Number (Agents/Brokers only)			
For Licensed Sales	s Representative/a	agen	cy u	ise only	
Licensed Sales representative/Writing ID			Initial receipt date		
Licensed Sales repres	entative/agent name			Proposed effectiv	e date
Employer group name					
Employer group ID			В	ranch ID	
Agent must complete ☐ IEP (MA-PD ☐ ICEP (MA enrolled enrollees) ☐ OEP (Newly ☐ SEP (Dual LIS eligible) ☐ Change of status) ☐ SEP (Chronic) ☐ SEP (Dual LIS maintaining) ☐ SEP (SEP reason)			es) ☐ IEP (MA-PD ☐ OEP (Jan 1 enrollees eligible for 2nd IEP) ☐ SEP (Change in residence) ☐ AEP (October 15- December 7) ☐ OEPI		
Licensed Sales repre	sentative signature (d	option	al)	Dat	е
Enrollee name					
Y0066 EFMA 2026 C					AAIL26HP0320709 000

Please mail or fax this completed form to:

UnitedHealthcare P.O. Box 30770 Salt Lake City, UT 84130-0770

Fax: 1-888-950-1170
Fax the front and back of each page

PRIVACY ACT STATEMENT: The Centers for Medicare & Medicaid Services (CMS) collects information from Medicare plans to track beneficiary enrollment in Medicare Advantage (MA) or Prescription Drug Plans (PDP), improve care, and for the payment of Medicare benefits. Sections 1851 and 1860D-1 of the Social Security Act and 42 CFR §§ 422.50, 423.30 and 423.32 authorize the collection of this information. CMS may use, disclose and exchange enrollment data from Medicare beneficiaries as specified in the System of Records Notice (SORN) "Medicare Advantage Prescription Drug (MARx)", System No. 09-70-0588. Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.

AARP Medicare Advantage Essentials from UHC IL-8 (HMO-POS) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals.

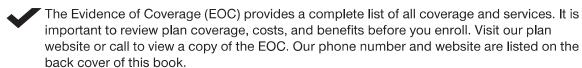
OMB No. 0938-1378 Expires: 12/31/2026 Y0066_EFMA_2026_C

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Enrollment checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a Customer Service Representative at the number listed on the back cover of this book.

Understanding the benefits



- Review the Provider Directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the Pharmacy Directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- Review the Formulary to make sure your drugs are covered.

Understanding important rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits may change on January 1 of each year.
- Our plan allows you to see providers outside of our network (non-contracted providers). Check the EOC to see which out-of-network services are covered on this plan. However, while we will pay for covered services the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay higher cost sharing for services received by non-contracted providers.
- Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage health care coverage will end once your new Medicare Advantage coverage starts. If you have TRICARE, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact TRICARE for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.

2026 Enrollment receipt

To be completed if enrolling with a Licensed Sales Representative.

Please use this as your temporary proof of coverage until Medicare has confirmed your enrollment and you receive your UnitedHealthcare UCard®. This receipt is not a guarantee of enrollment.

This copy is for your records only. Please do not resubmit enrollment.

Applicant 1:	Applicant 2 (if applicable):
Name	Name
Application date	Application date
Proposed effective date	Proposed effective date
Plan name	Plan name
Plan type	Plan type
Health plan/PBP number	Health plan/PBP number
Enrollment tracking number (if applicable)	Enrollment tracking number (if applicable)
Call your Licensed Sales Representative if you questions:	RxBIN: 610097
Representative name and ID number	RxPCN: 9999
Representative phone number	RxGRP: COS

We're here to help. If you have additional questions, please call UnitedHealthcare® Customer Service toll-free at **1-844-723-6473**, TTY **711**, 8 a.m.-8 p.m. local time, 7 days a week. **Important reminder** - You don't need a Medigap or Medicare Supplement insurance plan with a Medicare Advantage plan. If you currently have a Medigap plan, contact the insurer to cancel your plan once your Medicare Advantage plan begins.



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Important information: 2025 Medicare star ratings



UnitedHealthcare - H2802

For 2025, UnitedHealthcare - H2802 received the following Star Ratings from Medicare:

Overall Star Rating: ★★★ 4 stars

Health Services Rating: ★★★ 4 stars

Drug Services Rating: ★★★ 3.5 stars

Every year, Medicare evaluates plans based on a 5-star rating system.

Why Star Ratings are Important

Medicare rates plans on their health and drug services. This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- Feedback from members about the plan's service and care
 The number of members who left or stayed with the plan
 The number of complaints Medicare got about the plan
- □ Data from doctors and hospitals that work with the plan

 More stars mean a better plan for example, members may get
 better care and better, faster customer service.

The number of stars shows how well a plan performs.

- ★ ★ ★ ★ ★ EXCELLENT
- ★ ★ ★ ABOVE AVERAGE
- * * * AVERAGE
- ★ ★ BELOW AVERAGE
- **★** POOR

Get More Information on Star Ratings Online

Compare Star ratings for this and other plans online at **medicare.gov/plan-compare**.

Questions about this plan?

Contact UnitedHealthcare 7 days a week from 8:00 a.m. to 8:00 p.m. Local time at **800-555-5757** (toll-free) or **711** (TTY), from October 1 to March 31. Our hours of operation from April 1 to September 30 are Monday through Friday from 8:00 a.m. to 8:00 p.m. Local time. Current members please call **877-370-4876** (toll-free) or **711** (TTY).

Notice of nondiscrimination

Our Companies comply with applicable civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). We do not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

We provide free aids and services to help you communicate with us. You can ask for interpreters and/or for communications in other languages or formats such as large print. We also provide reasonable modifications for persons with disabilities.

If you need these services, call the toll-free number on your member identification card (TTY **711**).

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can send a complaint to the Civil Rights Coordinator:

Civil Rights Coordinator UnitedHealthcare Civil Rights Grievance P.O. Box 30608 Salt Lake City, UT 84130 Optum Civil Rights Coordinator 1 Optum Circle Eden Prairie, MN 55344

Optum_Civil_Rights@Optum.com

UHC_Civil_Rights@uhc.com

If you need help filing a complaint, call the toll-free number on your member identification card (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Phone: **1-800-368-1019, 800-537-7697** (TDD)

Mail: U.S. Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html.

This notice is available at: https://www.uhc.com/nondiscrimination-med https://www.optum.com/en/language-assistance-nondiscrimination.html

Notice of availability of language assistance services and alternate formats

ATTENTION: Free language assistance services and free communications in other formats, such as large print, are available to you. Call the toll-free number on your member identification card.

ملاحظة: إذا كنت تتحدث **اللغة العربية (Arabic)**، ستتوفر لك خدمات المساعدة اللغوية المجانية والمراسلات المجانية بتنسيقات أخرى، مثل الطباعة بأحرف كبيرة. اتصل بالرقم المجاني المدون على بطاقة تعريف العضو خاصتك.

請注意:如果您說中文 (Chinese),您可以獲得免費語言協助服務和大字體等其他格式的免費通訊。請致電您的會員身份卡上的免付費電話號碼。

ATTENTION: Si vous parlez **français (French)**, des services d'assistance linguistique et des communications dans d'autres formats, notamment en gros caractères, sont mis à votre disposition gratuitement. Appelez le numéro gratuit figurant sur votre carte de membre.

ધ્યાન આપો: જો તમે ગુજરાતી (Gujarati) બોલતા હો તો વિના મૂલ્યે ભાષાકીય મદદરૂપ સેવાઓ અને અન્ય ફોર્મેટમાં વિના મૂલ્યે સંયાર, જેમ કે મોટી પ્રિન્ટ, તમારા માટે ઉપલબ્ધ છે. તમારા સભ્ય ઓળખ કાર્ડ પરના ટોલ-ફી નંબર પર કૉલ કરો.

ध्यान दें: यदि आप हिंदी (Hindi) बोलते हैं, तो आपके लिए मुफ्त भाषा सहायता सेवाएँ और अन्य प्रारूपों में मुफ्त संचार, जैसे कि बड़े प्रिंट, उपलब्ध हैं। अपने सदस्य पहचान पत्र पर दिए गए टोल-फ्री नंबर पर कॉल करें।

ATTENZIONE: se parla **italiano (Italian)**, può usufruire di servizi di assistenza linguistica gratuiti e comunicazioni gratuite in altri formati, come ad esempio la stampa a caratteri grandi. Chiami il numero verde riportato sul Suo tesserino identificativo.

알림 사항: 한국어(Korean)를 사용하시는 경우 무료 언어 지원 서비스와 대형 활자체 등 다른 형식으로 된 의사 소통 매체를 이용하실 수 있습니다. 회원 ID 카드에 나와 있는 무료 전화번호로 전화해 주십시오.

UWAGA: Dla osób mówiących po **polsku (Polish)** dostępne są bezpłatne usługi pomocy językowej i bezpłatne komunikaty w innych formatach, takich jak duży druk. Prosimy zadzwonić pod bezpłatny numer podany na karcie identyfikacyjnej.

ВНИМАНИЕ! Если вы говорите на **русском** языке **(Russian)**, вам доступны бесплатные услуги языковой поддержки и бесплатные материалы в других форматах, например напечатанные крупным шрифтом. Звоните по бесплатному номеру телефона, указанному на вашей идентификационной карте участника.

PAŽNJA: Ako govorite **srpski (Serbian)**, besplatne usluge jezičke asistencije i besplatni načini komunikacije u drugim formatima, kao što je veliki format štampe, su vam dostupni. Pozovite besplatni broj koji se nalazi na vašoj članskoj identifikacionoj kartici.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas y comunicaciones en otros formatos como letra grande, sin cargo, a su disposición. Llame al número gratuito que figura en su tarjeta de identificación de miembro.

PAUNAWA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika at libreng komunikasyon sa ibang mga format, tulad ng malalaking print. Tawagan ang walang bayad na numero na nasa iyong ID card ng miyembro.

ЗВЕРНІТЬ УВАГУ! Якщо ви розмовляєте **українською (Ukrainian)**, ви можете безоплатно користуватися послугами мовної підтримки, а також безоплатно отримувати інформаційні матеріали в інших форматах, як от набрані великим шрифтом. Телефонуйте на безкоштовний номер телефону, зазначений на вашій ідентифікаційній картці учасника.

توجہ دیں: اگر آپ **اردو (Urdu)** زبان بولتے ہیں تو زبان کی معاون خدمات اور دیگر فارمیٹس میں مواصلات، جیسے بڑے پرنٹ، آپ کے لیے مفت دستیاب ہیں۔ اپنے ممبر شناختی کارڈ پر دیئے گئے ٹول فری نمبر پر کال کریں۔

LƯU Ý: Nếu quý vị nói **Tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí và các phương tiện trao đổi liên lạc miễn phí ở các định dạng khác, chẳng hạn như bản in chữ lớn. Gọi đến số điện thoại miễn phí có trên thẻ định danh thành viên của quý vị.

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