
Tribal Wellness Collaborative Minutes

Location: PIA Conference Room

Date: January 9th, 2020

Time: 3:30pm-4:45pm

Minutes:

- I. Welcome/Introductions: Julie (PMC), Kelly (new Wellness Coordinator at PMC), Devyn Johnson (PMC), Barbara (PIA), Annette (WAVE), Rikki (WAVE), Cris (PIA Council), Erin (Public Health).
- II. Community Updates/Ideas
 - a. PIA: T-Ship (more below). The bus is working well and is busy, with lots of positive feedback from the community. The census is an important civic duty. It's very important for the native person to file as Person 1 (formerly Head of Household) to be counted as a native household. These numbers are very important to receive proper funding. WAVE and PIA have computers available for those to take the census. The Basic Needs Project (below).
 - b. Public Health: No updates.
 - c. ANB/ANS: Christmas dinner went very well with a large turnout.
 - d. WAVE: They are getting surveys out for their comprehensive plan. They have a new advocate, Hillary Hunter. They are starting Girls on the Run and Let Me Run in the spring and are looking for coaches.
 - e. PMC: They are focusing on worksite wellness. They hired a new wellness coordinator (Kelly). They are very open to possible partnerships with PIA.
 - f. PIA Tobacco Prevention: 3 youth are going to be trained under the Teen Ambassador Program, and all happen to be native youth.
- III. Goals
 - a. Discussed goals for group
 - b. Discussed mission for group
 - c. Sheets handed out to get everyone's perspective, to be turned in at the next meeting.

IV. Upcoming Events and Opportunities:

a. Project Connect

1. Sleeping bags needed
2. PIA to provide Quit Kits, Bus Info, Enrollment, and Searhc information.

b. Basic Needs Project

1. Served 5 people on first distribution (January 9th)
2. Very well received by community

c. Council Meeting

1. Next one is on January 13th, 2020 and then February 3, 2020.

d. T-Ship

1. Service available through Searhc that can connect Searhc patients to secondary insurance (Medicaid, Premera Blue Cross, etc.)

e. Health Fair

1. possible to do enrollment at the health fair?

f. Landless

1. Coordinator is on the way, and Barb will distribute information to local businesses.

V. Action Items

a. Group will discuss the following possibilities:

1. Home repair, basic plumbing, and electrical classes.
2. Beginner level classes
3. Culture within the school and providing accurate indigenous history.
4. A connection between JOM and the Rainforest Festival for culture and regional related plants and food.
5. Cooking classes using traditional food

b. Tori will connect with Cris and Tracy to discuss partnership between PMC and PIA, as well as contribution to Project Connect.

VI. Upcoming Meeting, Quarterly – March 12th at 3:30pm