

# P.R.A.Y. – A Transformational Posture of Prayer

## ACCESS: Entering Boldly Into God's Presence Through Prayer



### Introduction

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#### Theme Verse:

**"The effectual fervent prayer of a righteous man availeth much." — James 5:16 (KJV)**

Prayer is not just about speaking to God—it's a posture that realigns your entire being with the divine. When you PRAY, you move from flesh to spirit, from self to surrender, from crisis to communion.

#### Series Overview

Each week we will dive into one letter of the acronym **P.R.A.Y.**

- **P – Pivot:** Turning toward God's presence
- **R – Recalibrate:** Aligning your spirit with heaven's frequency
- **A – Access:** Entering boldly into God's presence
- **Y – Yearn:** Craving intimacy with God

## **A is for ACCESS:**

Entering Boldly Into God's Presence Through Prayer

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📌 **Introduction: Privilege or Presumption?**

### **Hebrews 4:16 (KJV)**

"Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need."

Prayer is not just a discipline; it's an invitation into divine intimacy.

## **I. Access Is Granted, Not Earned**

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### **Hebrews 10:19-20 (KJV)**

"Having therefore, brethren, boldness to enter into the holiest by the blood of Jesus, By a new and living way, which he hath consecrated for us, through the veil, that is to say, his flesh."

### **Matthew 27:51 (KJV)**

"And, behold, the veil of the temple was rent in twain from the top to the bottom; and the earth did quake, and the rocks rent."

### **Ephesians 2:18 (KJV)**

"For through him we both have access by one Spirit unto the Father."

- In the Old Testament, access was limited to the high priest once a year.
- Jesus' sacrifice tore the veil, granting permanent access.
- Access is the birthright of every believer.

### **Thought:**

What keeps us from entering isn't God's reluctance—it's our lack of understanding of who we are and what has been made available.

## **II. Entering Boldly Requires a New Posture**

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### **1. Come as a Child, Not a Stranger**

#### **Romans 8:15 (KJV)**

"For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father."

### **2. Come with Clean Hands and a True Heart**

#### **Psalms 24:3-4 (KJV)**

"Who shall ascend into the hill of the LORD? or who shall stand in his holy place? He that hath clean hands, and a pure heart; who hath not lifted up his soul unto vanity, nor sworn deceitfully."

### **3. Come Believing You Are Welcome**

#### **Hebrews 11:6 (KJV)**

"But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him."

### III. Thought-Provoking Questions for the Soul

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- If you truly believed God wanted to hear from you—how would you pray differently?
- Are you praying as a servant pleading, or a son/daughter communing?
- Do you spend more time trying to get into His presence, or simply resting in it?

### IV. Biblical Examples of Bold Access in Prayer

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#### **Hannah – Prayer from the Heart**

##### **1 Samuel 1:10-11, 18 (KJV)**

"And she was in bitterness of soul, and prayed unto the LORD, and wept sore. And she vowed a vow, and said, O LORD of hosts, if thou wilt indeed look on the affliction of thine handmaid... and wilt give unto thine handmaid a man child, then I will give him unto the LORD all the days of his life... So the woman went her way, and did eat, and her countenance was no more sad."

#### **Elijah – Prayer with Authority**

##### **1 Kings 18:36-38 (KJV)**

"And it came to pass at the time of the offering... that Elijah the prophet came near, and said, LORD God of Abraham... let it be known this day that thou art God... Then the fire of the LORD fell, and consumed the burnt sacrifice..."

#### **The Canaanite Woman – Prayer with Persistence**

##### **Matthew 15:22-28 (KJV)**

"And, behold, a woman of Canaan came out... saying, Have mercy on me... Then came she and worshipped him, saying, Lord, help me... Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt."

**Lesson:** Boldness isn't disrespect—it's desperation dressed in faith.

### V. How to Step into Bold Access Daily

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#### **1. Set a Posture of Worship**

##### **Psalms 100:4 (KJV)**

"Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name."

#### **2. Pray in Jesus' Name**

##### **John 14:13-14 (KJV)**

"And whatsoever ye shall ask in my name, that will I do... If ye shall ask any thing in my name, I will do it."

### 3. Pray the Word of God

#### Isaiah 55:11 (KJV)

"So shall my word be that goeth forth out of my mouth: it shall not return unto me void..."

### 4. Keep the Conversation Going

#### 1 Thessalonians 5:17 (KJV)

"Pray without ceasing."

### 5. Practice Presence, Not Performance

#### Matthew 6:7-8 (KJV)

"But when ye pray, use not vain repetitions... your Father knoweth what things ye have need of, before ye ask him."

## VI. Closing Revelation: The Throne Is Not Empty

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#### Ephesians 3:12 (KJV)

"In whom we have boldness and access with confidence by the faith of him."

#### James 4:8 (KJV)

"Draw nigh to God, and he will draw nigh to you."

**The door to the throne room isn't locked. It's wide open, and your Father is waiting.**

## Declaration for Daily Prayer

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"Father, I thank You that I have full access to Your presence because of Jesus. I come boldly—not in my strength, but in the power of the blood. I receive mercy, grace, and wisdom. I belong here. I love You. In Jesus' name, Amen."

## A.C.C.E.S.S. - A Transformational Posture of Prayer

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### A – Approach with Awe

#### Hebrews 12:28 (KJV)

"Wherefore we receiving a kingdom which cannot be moved, let us have grace, whereby we may serve God acceptably with reverence and godly fear."

### C – Confess and Come Clean

#### 1 John 1:9 (KJV)

"If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all

unrighteousness."

### **C – Commune Intimately**

#### **Psalm 27:4 (KJV)**

"One thing have I desired of the LORD... that I may dwell in the house of the LORD all the days of my life..."

### **E – Engage His Word**

#### **John 15:7 (KJV)**

"If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you."

### **S – Stand in Bold Faith**

#### **Hebrews 4:16 (KJV)**

"Let us therefore come boldly unto the throne of grace..."

### **S – Stay and Soak**

#### **Psalm 91:1 (KJV)**

"He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty."

 **Summary Table: Access is Your Daily Posture in Prayer**

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Letter	Concept	Scripture	Application
A	Approach with Awe	Hebrews 12:28	Begin with worship and reverence
C	Confess & Come Clean	1 John 1:9	Daily repentance opens connection
C	Commune Intimately	Psalms 27:4	Seek closeness, not just answers
E	Engage His Word	John 15:7	Pray and declare Scripture
S	Stand in Bold Faith	Hebrews 4:16	Believe your place at the throne
S	Stay and Soak	Psalms 91:1	Rest in His presence

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Use this worksheet as a daily guide and teaching tool to deepen your prayer life and activate your access to God's presence!

To hear the live broadcast for this teaching, visit [Lashon Reese Ministries YouTube Page](#).

