



**Dementia in
Community**



**Wednesday
29th July**

Navigating Dementia

Whether you're a carer, family member, or simply want to know more - this session is here to help you understand dementia and feel more confident moving forward.



What We'll Cover

- What is dementia
- Local services & support
- Carer Wellbeing
- Supporting a loved one
- How to have tough talks
- Your questions answered

Starting at 10AM - 11AM

Orana Community Centre
40 Cardo Drive, Springdale Heights



Tess Scarfe

Speaker
Dementia Care Consultant

REGISTER NOW
PHONE 60 253988

FREE INFORMATION SESSION - BOOKING ESSENTIAL