



COMMUNITY INFORMATION SESSION

Navigating *Dementia*

Understanding, support & next steps for families and community members

Whether you're a carer, family member, or simply want to know more — this session is here to help you understand dementia and feel more confident moving forward.

WHAT WE'LL COVER

What is dementia?

Supporting a loved one

Local services & support

How to have tough talks

Carer wellbeing

Your questions answered

SESSION DETAILS



Date & Time

9:30 AM – 12:00 PM, Tuesday 13 October



Location

Wodonga and District Baptist Church, Melrose Drive, Wodonga

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