umfc Alchemy Chorus

An inclusive choir bringing harmony to those living with dementia in our communities

About Us

UMFC Alchemy Chorus brings together people living with dementia, their carer, relative or close friend, and volunteer musicians and singers for a morning of music-making, story-sharing, laughter and fun.

Each voice matters in Alchemy Chorus, whether experienced, returning, or new to choir singing. And there are no auditions! As well as weekly sessions, we perform once or twice a year and aim to occasionally join school, community groups and similar choirs.

Each week we welcome participants to come together to sing a broad range of well-known songs. The song choices can be guided by vintage classics, unforgettable hits and sweet memories. Our song book is tailored by members.

Background

Our Chorus is modelled on Alchemy Chorus Canberra, which was established in 2016 by Brian Triglone OAM.

There are now three Alchemy Choruses in Australia Canberra, South Coast NSW and ours in Wodonga.

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Benefits

Singing stimulates the brain and listening to music provides comfort and connection to memories, especially for those living with dementia.
Beyond music's positive impact on those with dementia, the chorus also provides carers a space to connect, support each other and enjoy social activity with the person they are caring for.

"Ted loves to sing and he really looks forward to coming along to the UMFC Alchemy Chorus each week where he gets to connect with other men living with dementia."
-Ted's Carer and Wife

When and Where?

Our Chorus meets every **Tuesday** in Victorian school terms from **10.00am to 12.00pm** at Wodonga Bulldogs Football and Netball Club, 84 Vermont Street in **Wodonga**.

Register or Find out More

Please contact our Volunteer Coordinator for more information and to register your interest.
Email: **admin@umfc.com.au**
Phone: **02 6055 8000**
or visit: **umfc.com.au**