



Creeks Outlaws SPRING Competition Cheer Team

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Welcome to Spring Creeks Outlaws Sideline Cheer Season!

Welcome to 2026 Spring CREEKS OUTLAWS Competition Season! We are so excited and blessed to have you and your cheerleader as a parent of the Creeks family!

Important Dates:

Monday, Nov 17th: 6:00pm-7:00pm Uniform try-on (alternative times can be arrange)

Tuesday, Nov 17th: Official First Day of Practice- on turf 6p-8p

Thanksgiving week: Tuesday practice will be at the discretion of your coach, **NO** practice on Thanksgiving Day

Christmas week: Tuesday practice will be at the discretion of your coach, **NO** practice on Christmas Day

New Years week: Tuesday practice will be at the discretion of your coach, **NO** practice on New Years Day

Tuesday, January 6th: practices RESUME & Superbowl Squares FUNDRAISING starts

Saturday, January 10th: Jekyll Island Championship Competition (may enter as exhibition)

(Tentative) **Sunday, January 25th:** League Bowling Social

Tuesday, January 27th: Pictures at Plantation Park by Tanya White Photography, then practice

Saturday, February 7th: Savannah Championship Competition

Saturday, March 22: Jacksonville Championship Competition

Sunday, April 11th: Tallahassee Championship Competition

Friday-Sunday, April 24-26th: The FINALE Competition, Jekyll Island (Recreation Teams historically compete on Sunday)

TO DOs before December 1:

For new participants, please have your medical provider complete this NFYFC Medical Clearance form (association name is Creeks Football League - Cheer) and be sure they include the DATE of the physical exam appt anywhere on the form. This appt MUST be within the 2025 calendar year. Upload this completed medical clearance, a head shot of your child, your child's birth certificate and complete the **TWO** waiver forms on our registration site via the Players Portal: https://nfycf.league-magic.com/main_player_registration.asp?cid=CFL



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For participants who participated in the Fall Sideline season, your medical clearance, headshot and birth certificate have carried through on the NFYFC registration page, but you still need to sign the new season's TWO waivers on our registration site via the Players Portal: https://nfyfc.league-magic.com/main_player_registration.asp?cid=CFL

TO DOs before First Practice:

Payment must be made in full before the first practice on Nov 17, thank you for understanding. Statements will be emailed out weekly to your on-file email address for family with outstanding balances. Those families with payment plans will receive an emailed statement roughly 1 week before the next payment is due. Thanks for understanding.

Communication

Communication is key! Our primary method of communication will be through the GroupMe APP. You will need to download the app to receive your invitation to join your team GroupMe. Please be sure to check the GroupMe app prior to practices, game days and competitions for any reminders. Here you will find the most up to date information regarding field location, reporting time and attire. While we try to avoid last-minute changes, GroupMe helps us communicate these urgent issues and last-minute reminders quickly and concisely. We highly encourage both parents to have the GroupMe app.

Practices

Our first practice will be Tuesday, Nov 18th at Plantation Park, then follow **every** Tuesday and Thursday from 6:00pm to 8:00pm on the turf field at Plantation Park. PUNCTUALITY is a MUST for us to make the best use of our practice time! Girls need to be on the field, hair up, free from any jewelry including earrings, in athletic wear, with shoes on, any bug spray/sunscreen applied, and ready to start warming up at 5:55pm. Our practices will focus on learning sharp motions, developing sideline stunting, jumps and tumbling skill, and incorporating stretching and conditioning. Safety is of utmost importance, so please have a conversation with your daughter about listening attentively to coach instructions, and that no tumbling, stunting and jumping unless instructed will not be tolerated. Only positive and encouraging talk will be accepted between coaches and cheerleaders, teammates and from cheerleaders to coaches. **Practice**

Location: Plantation Park 3060 Race Track Road, Fruit Cove, FL 32259. On the main turf field closest to the playground and field house. Teams will have the opportunity to spend 1 night per week in the field house if the coaches desire. Halfway through the season, our outdoor practices may move from the turf to the grass fields when girls' lacrosse start for safety reasons (their game balls are dense!).

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Dress Code



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Girls are not permitted to wear fake nails, hair dye, bright fingernail polish or any jewelry (including earrings) during any practice, game or competition. The only exception is a medical bracelet. Fingernails should be groomed and trimmed. If your daughter wears glasses, a safety strap must be worn. Cheer shoes need to be kept clean throughout the season as they will be worn at competitions. Shoes with laces must be worn to every practice, no participation is allowed in slip-on shoes. We also discourage crop tops to avoid scratches to the stomach during stunting.

Shoe Link: https://www.omnicheer.com/shop/cheerleading-shoes/chasse-apex_s1702#color=016.

Please search Amazon or other site as prices may be better.

Weather

As you know our weather can be unpredictable. We will practice in light rain, so do not assume practice is cancelled. We will try to decide 1hr prior to practice start time via GroupMe. We will not practice or will end practice early if our field's lightening alert sounds, or if the county closes the park due to prolonged or severe storms.

Uniforms

Uniform (Competition leotard and skirt) will be handed out the first week of practice. If your uniform does not fit, please notify the coaches ASAP to exchange sizes. We also understand that girls will grow throughout the season so if something needs upsizing, let your coach know and we will take care of it. Uniforms must be kept clean! **Wash INSIDE OUT in cold water with low spin and line dry. Do NOT put uniforms in the dryer!** Uniform try-ons will be Nov 17th at 6p at the field house. Coaches will be there to help so it's a great time for a quick meet and greet! We will also have league backpacks available for purchase (optional) and some past season spirit wear items. If your cheerleader would like one, please send \$45 payment to our league Venmo in advance or we can take cash day of uniform try-ons.

Lisa Karvonen

@CFL-OutlawsCheer

REUSABLE ITEMS

OUTLAWS CHEER

venmo

ORDER & PURCHASE
Include in Memo
1. Child's Name
2. Team Age Group
3. Coach's Name

Backpacks (optional) \$45

6u-8u

10u-12u

venmo





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Parent Volunteer Opportunities

There will be plenty of opportunities for each parent to volunteer throughout the season. Volunteers will be needed for the spirit wear table, to help with Fundraising and to join the board. Please let us know if you want to help.

Team Sponsors/ Fundraising

While we try hard to minimize costs for our families, fundraising is essential to offset the cost of new uniforms every few seasons. We ask that every family participate in our annual SUPERBOWL Squares fundraiser starting in early January. Each family's goal will be to sell 10 squares at a cost of \$20 each. Based on the NFL Superbowl score at the end of the first 3 quarters and the final scores, money will be awarded. If you choose not to participate, we ask that you donate to the organization to account for that dollar amount. Corporate sponsorship is another good way to bring in fundraising dollars. If you know a company that would be interested in sponsoring our organization, please let us know and we can provide our sponsorship package letter directly to the interested party. Twenty percent of sponsorship goes directly to your team for use and the rest to the general fund! Any suggestions for fundraising are welcome! Attached is our sponsorship letter that can be distributed to local businesses.

Please reach out to our Coach Director, our Social Director or me with any questions. Your head coaches will be reaching out to you soon as well as the links for the team chats on GroupMe.

Interim Director and Treasurer: Lisa Karvonen (cheertreasurercfloutlaws@gmail.com)

Coaches Director: Alexis Nicholson (coachdirectorcfloutlaws@gmail.com)

Social Director: Justice Garcia (cheersocialmedia.cfloutlaws@gmail.com)