

## SWORDS UP™ FITNESS WALK

It's that time Warriors! Swords Up!!! Build your level of fitness through a Power Walk held every 2<sup>nd</sup> and 4<sup>th</sup> Saturday of every month! Challenge yourself through the power of endurance!

Walk will begin at 7am sharp at the Waterset Community Clubhouse, 7281 Paradiso Drive, Apollo Beach, FL 33572.

Hope to see you there!!!

