



**ARSU Prairie Co-op
Echo Lake Plywood Regatta**
JULY 15, 2023 ECHO VALLEY PROVINCIAL PARK

On your mark, get set, ROW!

On July 15, 2023 Teams will line up to the first ever “Build your Boat Echo Lake Plywood Regatta” hosted by Amphibious Response Support Unit ONE and Prairie Co-Op at the Echo Valley Provincial Park.

We’re inviting you to participate in this adventure packed day, where you and/or a team of shipmates will build a boat out of plywood, nails and duct tape (that we will supply) and race along the mighty waters of the Echo Lake competing against other teams to win the coveted “**Golden Paddle**”.

Prizes will be awarded in various categories to competing teams.

Registration is free, but we do ask that you help raise funds for our organization, by collecting pledges or making a donation.

All of the proceeds from your pledges will help us with programs to help keep people safe on our lakes, and to provide water rescue response to incidents when needed.

Teams will consist of 4 shipmates including at least 1 rower. Individuals compete as both boat builder and rower.

Registration and Pledge Forms more information is available online at www.arsu.ca or by email: arsu@arsu.ca

