

**Fox lane Farm - Infinite Way Coaching Method™**  
**Private Horsemanship Coaching Center**

We are a boutique, relationship-focused horsemanship program. This intake form helps us learn more about you (or your child), your goals, and whether our style of coaching is a great fit.

## **Returning Horseman Intake Questionnaire**

*For adults reconnecting with horses after time away*

We're honored to support your return to horses. Whether it's been 2 years or 20, this program is about rebuilding confidence, finding joy, and creating new rhythms in your horsemanship journey.

**Name:**

**Phone:**

**Email:**

**Age (optional):**

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### **1. How long has it been since you regularly worked with horses?**

- ☐ Less than 5 years
  - ☐ 5–10 years
  - ☐ 10–20 years
  - ☐ Over 20 years
  - ☐ I've had off-and-on exposure
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### **2. What kept you away from horses until now?**

(Choose any that apply)

- ☐ Family obligations
  - ☐ Career/life changes
  - ☐ Finances
  - ☐ Confidence issues
  - ☐ Health or injury
  - ☐ Didn't feel like I "fit" in barns anymore
  - ☐ Other: \_\_\_\_\_
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### **3. What do you most want from your time with horses now?**

- ☐ Joy & reconnection
  - ☐ Quiet time & nature
  - ☐ Partnership & groundwork
  - ☐ Mind-body wellness
  - ☐ A new chapter in riding
  - ☐ Becoming a better horseman
  - ☐ I'm not sure — I just miss them
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### **4. What are your biggest fears or challenges coming back?**

- ☐ Fear of getting hurt
  - ☐ I've lost physical strength or balance
  - ☐ I feel like I've forgotten everything
  - ☐ I worry I'll be judged or not "fit in"
  - ☐ I feel like horses have changed
  - ☐ Other: \_\_\_\_\_
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### **5. Do you currently own or lease a horse?**

- ☐ Yes
  - ☐ Not yet, but I want to
  - ☐ No — I'd prefer to work with a school horse
  - ☐ Maybe in the future
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### **6. Are you open to working more on groundwork and relationship-building than just riding?**

- ☐ Yes
  - ☐ No
  - ☐ I'm unsure, but curious
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### **7. Are you interested in eventually showing or competing again?**

