



MORDECAI

FAST & CONSECRATION

ESTHER 4

OCTOBER 3 – 23, 2021

INTERMITTENT FASTING SCHEDULE

BISHOP

MATTHEW L. BROWN

SENIOR SERVANT



THE MORDECAI Fast & Consecration

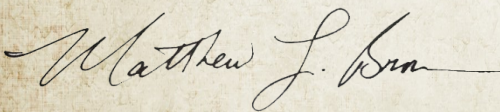
Why the Mordecai Fast and Consecration?

As Pastor and Senior Servant of Greater Community, I feel a compelling need to call for a solemn assembly of willing believers committed to intentional intercession.

I sense deeply that this fast and consecration must not be one of fad, tradition, convenience or familiarity. The story of Mordecai is one of a prophet voice that speaks truth to position and power and reminds Queen Esther of her purpose.

Mordecai Fast will cause our congregation to ask why Mordecai and not Daniel? The answer is that Mordecai was faced with the elimination of his people if he did nothing...therefore he was transparent, desperate, authentic and prophetic. I think this fast must call us away from our positional life into our purposeful life.

Stay in His Face and journey well!

A handwritten signature in black ink, reading "Matthew L. Brown". The signature is fluid and cursive, with a long horizontal stroke at the end.

*+Bishop Matthew L. Brown, Th.D.
Senior Servant and Pastor
Bringing Kingdom To Community*

Questions?

What is the object of the Mordecai Fast and Consecration?

To call the church to a general assembly of fasting, praying and consecrating. Heighten our awareness and intercession concerning national anxieties, global disruption, mental, emotional, physical and spiritual health. Call the congregation to a spiritual discipline and break off pandemic behaviors which distances them from God and breaks fellowship with the church.

What specific intercession should be included with the Mordecai Fast and Consecration:

1. Personal and Global Repentance
2. Personal Spiritual Renewal
3. More intimate relationship with Christ
4. Burden Lifting, Bondage Breaking Anointing in the life of our Church
5. Awareness of Seasons
6. Mental, Emotional, Physical Health
7. Marriages, Families, Children
8. GCC Local & Global Kingdom Assignment
9. Reverse the enemy's plan and destroy the works in the earth
10. Pray for the peace of our cities and for our Pastor-Bishop and leadership of Greater Community

What is the distinction, if any between fasting and consecration?

Fasting comes from fast, which in turn has an Old English root, *fæsten*, "**voluntary abstinence from food or drink**, especially as a religious duty."

From Biblical times to the present, fasting has held a significant role in the Jewish religious tradition. Fasting in Judaism is defined as **total cessation from all food and drink**. A full-day fast begins with sunset in the evening and continues through darkness of the next day.

Fasting, **abstinence from food or drink or both for health, ritualistic, religious, or ethical purposes**. The abstention may be complete or partial, lengthy, of short duration, or intermittent.

Fasting isn't merely abstaining from food, drink or other things. Fasting is a time and stance that is set apart for the Lord. Fasting takes our eyes off of the world and focuses them upon God. Moreover, fasting is not about punishing our flesh, but centering us around God. Many people fast when they have important decisions to make in order to gain a heavenly mindset, instead of the rash and impulsive decisions of the flesh.(Justdisciple.com)

Types of Fasts:

Absolute, Supernatural, Daniel, Deliverance, The Disciples Fast (Mat.17:21), The Ezra Fast (Ezra 8:21-23), The Samuel Fast (1 Samuel 7:6), The Elijah Fast (1 Kings 10:4-8) The Widow's Fast (1 Kings 17:9-16), Paul Fast (Acts 9:9), The John The Baptist Fast (Luke 1:15), The Esther Fast (Ester 4:16), The Jesus Fast (Matthew 4:1-2), The Daniel Fast (Daniel 1:5-21) and...

Intermittent fasting is an eating pattern where you cycle between periods of eating and fasting. It does not say anything about which foods to eat, but rather when you should eat them. There are several different intermittent fasting methods, all of which split the day or week into eating periods and fasting periods.

What can I have while fasting?

No food is allowed during the fasting period, but you can drink water, coffee, tea and other non-caloric beverages. Some forms of intermittent fasting allow small amounts of low-calorie foods

during the fasting period. Taking supplements is generally allowed

What is prayer and fasting?

Through fasting and prayer, **the Holy Spirit can transform your life.** ... Jesus himself spent time in fasting and prayer during his life on earth, and he expected his followers to fast as well. Most commonly, fasting is when you abstain from food or a certain type of food for a period of time.

What does it mean to consecrate yourself to the Lord?

To consecrate yourself is **to answer God's call to spiritual consecration.** This means making a conscious, willing decision to dedicate your soul, mind, heart, and body to God. This decision must be one of will, intelligence, and affection. Other words for consecrate is to dedicate or devote or hallow.

What does the consecration symbolize?

Consecration is the solemn dedication to a special purpose or service. The word consecration literally means "**association with the sacred**". ... The origin of the word comes from the Latin stem consecrat, which means dedicated, devoted, and sacred.

What is difference between consecration and sanctification?

As verbs the difference between consecrate and sanctify is that **consecrate is to declare**, or otherwise make something holy while **sanctify** is to make holy; to consecrate **set aside for sacred or ceremonial use.**

Why is the Mordecai Fast and Consecration for 21 Days?

Mordecai and the Jewish community of Shushan fasted for 3 days and 3 nights before she approached the king (Esther4:16). Jesus, as part of his spiritual preparation , went into the wilderness and fasted 40 days and 40 nights, according to the Gospels. Moses was on Mount Sinai with the Lord for 40 days and 40 nights (Exodus 34).

Daniel fasted 21 days (Daniel 1:5-21).

The length of a fast is also dependent on personal preference and ability. For some, fasting for long periods of time is not possible due to health conditions. For others, fasting can occur for many days. Remember, the point of fasting is to connect with God. It is not about how many days one can fast or to what extreme. Fasting is completely intimate with the Lord. Therefore, there is no need to compare yourself to how long others are fasting. (*JustDisciple.com*)

Mordecai Fast and Consecration Diet:

Fasting will be intermittent. The Fast will start on sundown on Saturday, October 2, 2021 at 8pm. Each day there is an eight hour opportunity for eating ONE clean and green meal. Supplements are permissible for those with or without health conditions or medication requirements. The sacrament of Holy Communion will be celebrated as a start to our time of consecration.

Mordecai Fasting and Consecration abstains from fried foods, junk foods, sweets, sodas and red meats. Plenty of water, protein shakes or drinks and supplements are strongly encouraged. One Clean and Green Meal is strongly recommended during the eight hour eating time. Based on one's profession, you may adjust your eight hour window to accommodate your vocation.

Mordecai Fast will conclude with 3 Day Liquid Fast throughout the day without an intermittent schedule. Those who cannot participate on the 3 Day Liquid Fast will continue on the aforementioned schedule.

Social Fasting: No Social Media with the exception of ministry posting and participation on streaming services and WOW.

Prayer Schedule (EST):

Monday- Friday:

7:00am - 7:15am, Dial (712) 770-5603, code 315531

9:00am - 10:00am (GCC Prayer Room)

Tuesday & Friday: Noon - 1:00pm (GCC Prayer Room)

Saturday Face To Face Prayer @ 7:00am:

10/2/21, On The Grounds

10/9/21, via Zoom

10/16/21, via Zoom

10/23/21, On The Grounds

Midnight Cry (Midnight to 7am):

10/22/21 Sanctuary and via Zoom

Recommended Reading:

- The Holy Bible on Prayer and Fasting
- The GCC Faith Focus (download from My GCC App, greatercommunitycogic.org)
- The Prayer Ministry of the Church by Watchman Nee

Worship on Wednesday

“Mordecai Fast and Consecration Edition”:

10/6/21: Faith and Blue Conversation

10/13/21: Mordecai Cry

10/20/21: Pink and Purple

10/27/21: Esther Conversations

Zoom Prayer

Info:

Meeting ID:

825 3345 6625

Passcode:

GCCPRAYS

OCTOBER 2021 FAITH FOCUS

21 Days prayer & fasting purposeful life!

- Day 1 Joel 1:14
- Day 2 Acts 14:23
- Day 3 Joel 2:12
- Day 4 Mark 9:29
- Day 5 Isaiah 58:1-14
- Day 6 Matthew 6:16-18
- Day 7 Ezra 8:21-23
- Day 8 Isaiah 58:6
- Day 9 Acts 13:2
- Day 10 Luke 2:37
- Day 11 1 Corinthians 7:5
- Day 12 Nehemiah 1:14
- Day 13 Matthew 4:4
- Day 14 Matthew 17:20-22
- Day 15 Psalm 35:13
- Day 16 Daniel 9:3
- Day 17 1 Corinthians 9:27
- Day 18 1 Corinthians 7:1-5
- Day 19 Jonah 3:5
- Day 20 Esther 4:1-3
- Day 21 Esther 4: 10-14
- Day 22 Esther 4:15
- Day 23 Esther 4:16
- Day 24 Judges 20:26
- Day 25 Exodus 34:28
- Day 26 Romans 14:1-23
- Day 27 Acts 9:9
- Day 28 Zechariah 7:5
- Day 29 Daniel 1:-2-3
- Day 30 Nehemiah 9:1
- Day 31 1 Corinthians 10:31

In addition to this “call”, what are your own personal reasons for engaging in this time of prayer, fasting and consecration?

PRAYER is CRITICAL during this time that you may break off and break through unhealthy behaviors and be aware of the season.

My designated place and time for prayer is:

I chose this *specific* place for prayer because:

THE MORDECAI Fast & Consecration

October 3 - October 9

First 7 Days

My reflection on this week:

Challenges:

Victories:

THE MORDECAI Fast & Consecration

MY THOUGHTS: *(notes, questions, prayers, etc.)*

THE MORDECAI Fast & Consecration

October 10 - October 16

Days 8 - 14

My reflection on this week:

Challenges:

Victories:

THE MORDECAI Fast & Consecration

MY THOUGHTS: *(notes, questions, prayers, etc.)*

THE MORDECAI Fast & Consecration

October 17 - October 23

Days 15 - 21

My reflection on this week:

Challenges:

Victories:

THE MORDECAI Fast & Consecration

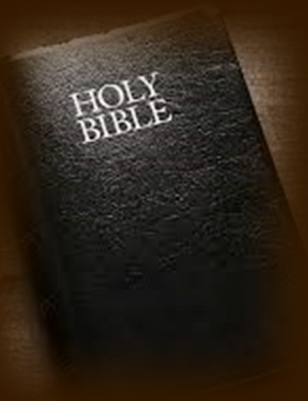
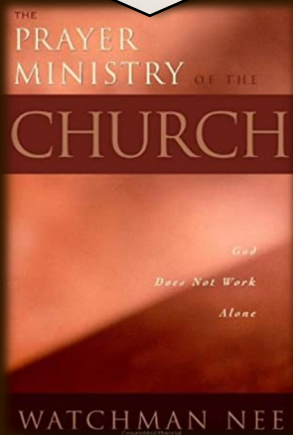
MY THOUGHTS: *(notes, questions, prayers, etc.)*

RECOMMENDED READING:

- ⇒ The Holy Bible
- ⇒ GCC Faith Focus
- ⇒ The Prayer Ministry of
the Church
by Watchman Nee

In a world that is desperately in need of Him, God often seems limited in His operation and frustrated in His purpose. Despite the ever-present needs,

there is no limitation in His ability. There is, however, a limitation in His willingness to work without the full cooperation of the church through prayer.



20 TIPS FOR A POSITIVE SEASON

1 STAY POSITIVE

You can listen to the cynics and doubters and believe that success is impossible or you can trust that with faith and an optimistic attitude all things are possible.

2 TAKE A DAILY "THANK YOU WALK"

You can't be stressed and thankful at the same time. Feel blessed and you won't be stressed.

3 EAT HEALTHIER FOODS

that grow on trees and plants and less foods manufactured in plants.

4 TALK TO YOURSELF

Instead of listen to yourself. Instead of listening to your complaints, fears and doubts, talk to yourself with words of truth and encouragement.

5 NO ENERGY VAMPIRES ALLOWED

Post a sign that says "No Energy Vampires Allowed." Gandhi said, "I will not let anyone walk through my mind with their dirty feet."

6 BE A POSITIVE TEAM MEMBER

Being positive doesn't just make you better, it makes everyone around you better.

7 DON'T CHASE SUCCESS

Decide to make a difference and success will find you.

8 GET MORE SLEEP

You can't replace sleep with a double latte.

9 DON'T WASTE YOUR ENERGY

Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control.

10 LOVE, SERVE AND CARE

You don't have to be great to serve but you have to serve to be great. Look for opportunities to Love, Serve and Care.

11 REMEMBER YOUR WHY

Live your purpose. Remember why you do what you do. We don't get burned out because of what we do. We get burned out because we forget why we do it.

12 LOVE THE PROCESS

Remember there's no such thing as an overnight success. Love the process and you'll love what the process produces.

13 HAVE TRUST

Trust that everything happens for a reason and expect good things to come out of challenging experiences.

14 NO COMPLAINING RULE

Implement the No Complaining Rule. If you're complaining you're not leading.

15 READ MORE

Read more books than you did in 2018. I happen to know of a few good ones. :)

16 DON'T SEEK HAPPINESS

Instead live with love, passion and purpose and happiness will find you.

17 FOCUS ON "GET TO"

Focus on "Get to" vs "Have to." Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.

18 GET BACK UP

The next time you "fail" remember that it's not meant to define you. It's meant to refine you.

19 SMILE & LAUGH MORE

They are natural anti-depressants.

20 ENJOY THE RIDE

You only have one ride through life so make the most of it!

sign up for more tips at JonGordon.com

I AM BETTER!

Confirm in your own words how you are better as a result of your 21 Days of Fasting, Praying, Consecration & Awareness

[illegible]

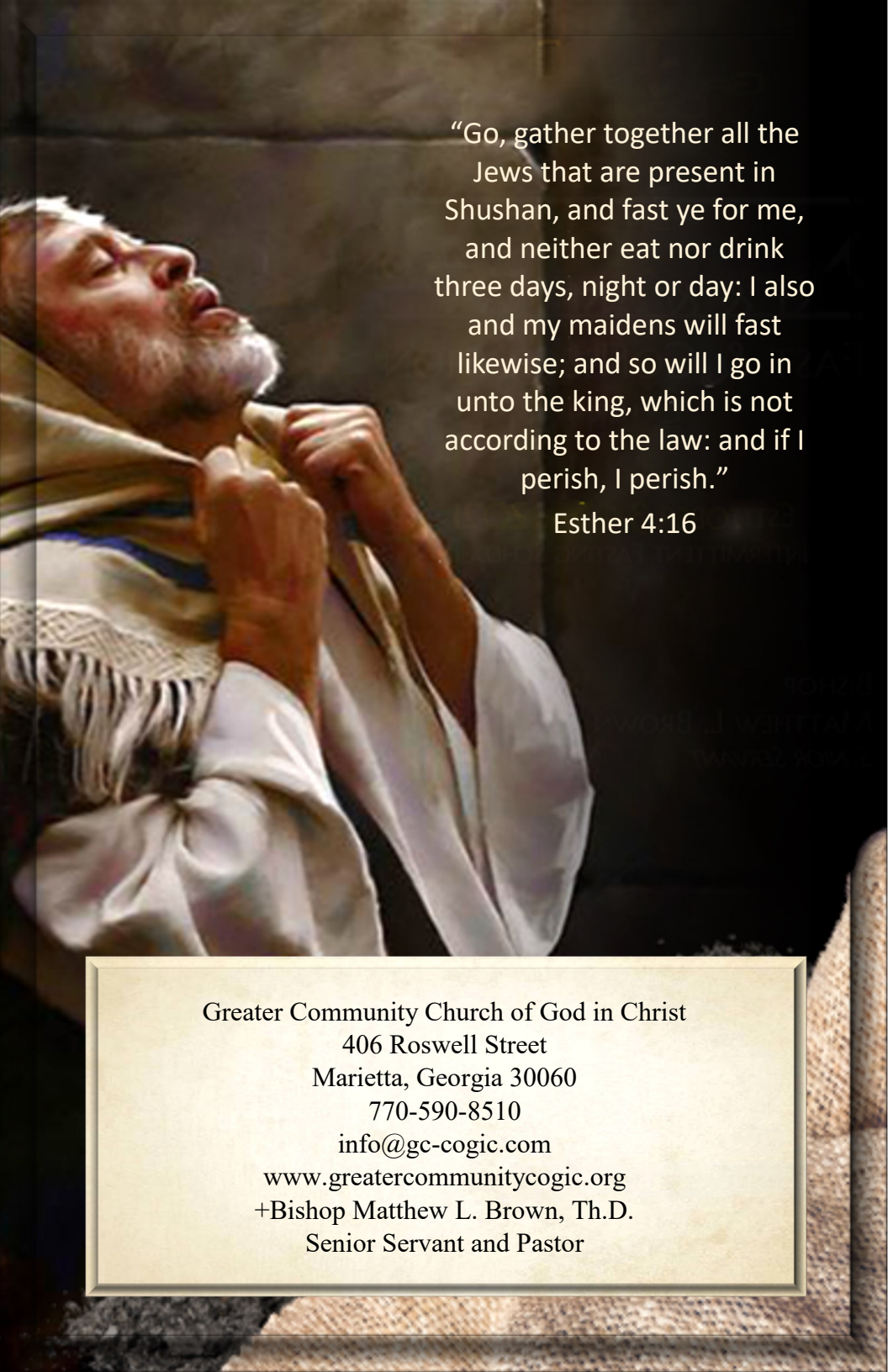
[illegible]

NOTES / OBSERVATIONS:

[illegible]

[illegible]

[illegible]



“Go, gather together all the Jews that are present in Shushan, and fast ye for me, and neither eat nor drink three days, night or day: I also and my maidens will fast likewise; and so will I go in unto the king, which is not according to the law: and if I perish, I perish.”

Esther 4:16

Greater Community Church of God in Christ

406 Roswell Street

Marietta, Georgia 30060

770-590-8510

info@gc-cogic.com

www.greatercommunitycogic.org

+Bishop Matthew L. Brown, Th.D.

Senior Servant and Pastor