

Bozeman Health

Career Blueprint



Your Mindset,
Your Career



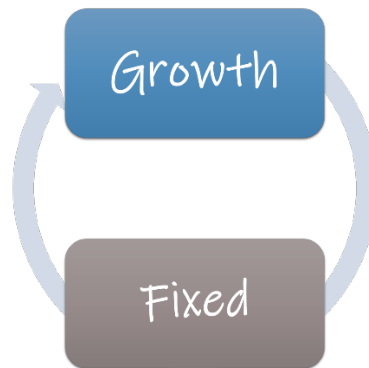
Bozeman Health

Center for Education + Development



Your Mindset, Your Career

Review the corresponding modules for this topic on the Bozeman On Demand Career Portal prior to completing this section.



Fixed Mindset

Believe traits [abilities, intelligence, talent] are **fixed**

Growth Mindset

Believe traits [abilities, intelligence, talent] **can be cultivated**



Adopting a Growth Mindset in your Career



Challenge yourself



Be flexible



Value the process



Welcome Feedback



Give high levels of effort



Take ownership over your attitude



See opportunities to learn



Assess skills and define gaps



Take-away: Adopt a Growth Mindset in the Workplace



Select 2-3 strategies that you will adopt to demonstrate growth mindset in the workplace and how.

Strategies	Check the ones that you will adopt	Specify how and in what capacity you will implement
Challenge yourself		
Be flexible		
Value the process		
Welcome feedback		
Give high levels of effort		
Take ownership over your attitude		
See opportunities to learn		
Assess skills and define gaps		



Take-away: Prompting a Growth Mindset



Select 1 question that you will consistently ask yourself from the set of questions below.

What did you learn/can reflect on about today?

How did you keep things going when faced with challenges?

What steps did you take to make you successful today?