

**P.E.**

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b>	<ul style="list-style-type: none"> <li>▪ Fundamental</li> <li>▪ Ball skills</li> </ul> <p>TM : introduction to different types of balls in sport.</p> <p>AO : teacher assessment, simple class game.</p>	<ul style="list-style-type: none"> <li>▪ Fundamental</li> <li>▪ Ball skills</li> </ul> <p>TM : introduction to different types of balls in sport.</p> <p>AO : teacher assessment, simple class game.</p>	<ul style="list-style-type: none"> <li>▪ Football</li> <li>▪ Fitness</li> </ul> <p>TM: introduction to football basics, pupils rotating through defending, striking positions.</p> <p>AO: teacher assessment, end of term football mini cup matches</p>	<ul style="list-style-type: none"> <li>▪ Football</li> <li>▪ Fitness</li> <li>▪ Swimming</li> </ul> <p>TM: introduction to football basics, pupils rotating through defending, striking positions. Students also begin swimming lessons this year.</p> <p>AO: teacher assessment, end of term football mini cup matches</p>	<ul style="list-style-type: none"> <li>▪ Football</li> <li>▪ Fitness</li> </ul> <p>TM: circuit training for fitness, mini games as part of larger contest for term.</p> <p>AO: teacher assessment, end of term football match</p>	<ul style="list-style-type: none"> <li>▪ Football</li> <li>▪ Fitness</li> </ul> <p>TM: circuit training for fitness, mini games as part of larger contest for term.</p> <p>AO: teacher assessment, term long football contest between different teams in class, students invent their own 5 minute fitness exercise.</p>
<b>Autumn 2</b>	<ul style="list-style-type: none"> <li>▪ Send and receive</li> <li>▪ Dance</li> </ul> <p>TM : worksheets with different dance moves, practice catch</p> <p>AO : simple group dance routine designed by pupils.</p>	<ul style="list-style-type: none"> <li>▪ Send and receive</li> <li>▪ Dance</li> </ul> <p>TM : worksheets with different dance moves, practice catch</p> <p>AO : simple group dance routine designed by pupils.</p>	<ul style="list-style-type: none"> <li>▪ Basketball</li> <li>▪ Gymnastics</li> </ul> <p>TM: introduction to basics of basketball – learning how to dribble, shoot hoops.</p> <p>AO: teacher assessment, simple gymnastics routine with group, mini basketball matches</p>	<ul style="list-style-type: none"> <li>▪ Basketball</li> <li>▪ Boxercise</li> <li>▪ Swimming</li> </ul> <p>TM: 3 on 3 basketball games, learning boxercise and incorporating fitness into this. Swimming lessons.</p> <p>AO: teacher assessment, basketball games, swimming reports</p>	<ul style="list-style-type: none"> <li>▪ Basketball</li> <li>▪ Boxercise</li> </ul> <p>TM: 3 on 3 basketball games, learning boxercise and incorporating fitness into this.</p> <p>AO: AO: teacher assessment, basketball games</p>	<ul style="list-style-type: none"> <li>▪ Basketball</li> <li>▪ Boxercise</li> </ul> <p>TM: TM: 3 on 3 basketball games, learning boxercise and incorporating fitness into this.</p> <p>AO: AO: teacher assessment, basketball games</p>
<b>Spring 1</b>	<ul style="list-style-type: none"> <li>▪ Team building</li> <li>▪ Gymnastics</li> </ul> <p>TM : worksheet with</p>	<ul style="list-style-type: none"> <li>▪ Team building</li> <li>▪ Gymnastics</li> </ul> <p>TM : worksheet with</p>	<ul style="list-style-type: none"> <li>▪ Rugby</li> <li>▪ Yoga</li> </ul> <p>TM: introduction to</p>	<ul style="list-style-type: none"> <li>▪ Rugby</li> <li>▪ Gymnastics</li> </ul> <p>TM: tag rugby contest</p>	<ul style="list-style-type: none"> <li>▪ Rugby</li> <li>▪ Gymnastics</li> <li>▪ Swimming</li> </ul>	<ul style="list-style-type: none"> <li>▪ Rugby</li> <li>▪ Gymnastics</li> </ul> <p>TM: tag rugby contest</p>

	<p>different gymnastics moves, introduction to different team building games (electric fence etc)</p> <p>AO : teacher assessment, simple group gymnastics display</p>	<p>different gymnastics moves, introduction to different team building games (electric fence etc)</p> <p>AO : teacher assessment, simple group gymnastics display</p>	<p>rugby (tag rugby only) and classes on yoga</p> <p>AO: teacher assessment, mini tag rugby matches</p>	<p>over course of term, split students into teams and play different groups each week.</p> <p>AO: teacher assessment, peers assessment awards for best defender, attacker etc.</p>	<p>TM: tag rugby contest over course of term, split students into teams and play different groups each week. Swimming lessons this term.</p> <p>AO: teacher assessment, peers assessment awards for best defender, attacker etc, swimming reports</p>	<p>over course of term, split students into teams and play different groups each week. Swimming lessons this term.</p> <p>AO: teacher assessment, peers assessment awards for best defender, attacker. Students present a 5 minute gymnastics routine.</p>
<b>Spring 2</b>	<ul style="list-style-type: none"> <li>▪ Fitness</li> <li>▪ Dance</li> </ul> <p>TM: worksheets with different dance moves, discussions on exercise and fitness, how to warm up and cool down.</p> <p>AO: teacher assessment</p>	<ul style="list-style-type: none"> <li>▪ Fitness</li> <li>▪ Dance</li> </ul> <p>TM: worksheets with different dance moves, discussions on exercise and fitness, how to warm up and cool down.</p> <p>AO: teacher assessment</p>	<ul style="list-style-type: none"> <li>▪ Hockey</li> <li>▪ Dodgeball</li> <li>▪ Dance</li> </ul> <p>TM: introduction to dodgeball and hockey. Incorporating bench hockey.</p> <p>AO: end of term dodgeball match, teacher assessment</p>	<ul style="list-style-type: none"> <li>▪ Hockey</li> <li>▪ Gymnastics</li> </ul> <p>TM: different types of hockey games (bench hockey), goal shooting practice, more complex gymnastics moves.</p> <p>AO: teacher assessment, individual and group gymnastics routine presented at end of term.</p>	<ul style="list-style-type: none"> <li>▪ Hockey</li> <li>▪ Gymnastics</li> <li>▪ Swimming</li> </ul> <p>TM: different types of hockey games (bench hockey), goal shooting practice, more complex gymnastics moves. Swimming lessons this term</p> <p>AO: teacher assessment, individual and group gymnastics routine presented at end of term, swimming reports</p>	<ul style="list-style-type: none"> <li>▪ Hockey</li> <li>▪ OAA/Teamwork</li> </ul> <p>TM: different types of hockey games (bench hockey), goal shooting practice, ongoing team building exercise and trust exercises</p> <p>AO: teacher assessment, students design their own team building exercise.</p>
<b>Summer 1</b>	<ul style="list-style-type: none"> <li>▪ Yoga</li> <li>▪ Striking and fielding</li> </ul> <p>TM: basic yoga poses,</p>	<ul style="list-style-type: none"> <li>▪ Yoga</li> <li>▪ Striking and fielding</li> </ul> <p>TM: basic yoga poses,</p>	<ul style="list-style-type: none"> <li>▪ Cricket</li> <li>▪ OAA / Teamwork</li> </ul> <p>TM: introduction to</p>	<ul style="list-style-type: none"> <li>▪ Cricket</li> <li>▪ OAA/Teamwork</li> </ul> <p>TM: introduction to</p>	<ul style="list-style-type: none"> <li>▪ Cricket</li> <li>▪ OAA/Teamwork</li> </ul> <p>TM: introduction to</p>	<ul style="list-style-type: none"> <li>▪ Cricket</li> <li>▪ Swimming</li> <li>▪ Tennis</li> </ul>

	<p>introduction to games like rounders, baseball, cricket.</p> <p>AO: teacher assessment, end of term game to assess progression in fielding and striking.</p>	<p>introduction to games like rounders, baseball, cricket.</p> <p>AO: teacher assessment, end of term game to assess progression in fielding and striking.</p>	<p>cricket, learning how to field and hit.</p> <p>AO: teacher assessment, mini cricket matches at end of term, assessing teamwork in team exercises.</p>	<p>cricket, learning how to field and hit.</p> <p>AO: teacher assessment, mini cricket matches at end of term, assessing teamwork in team exercises.</p>	<p>cricket, learning how to field and hit.</p> <p>AO: teacher assessment, mini cricket matches at end of term, assessing teamwork in team exercises, students present a game they invented themselves.</p>	<p>TM: cricket games throughout term, single and double tennis matches, circle tennis, swimming lessons this term.</p> <p>AO: teacher assessment, swimming reports.</p>
<p><b>Summer 2</b></p>	<ul style="list-style-type: none"> <li>▪ Athletics</li> <li>▪ Net and wall</li> </ul> <p>TM: introduction to different field and track events. Practice shooting hoops.</p> <p>AO: sports day and teacher assessment.</p>	<ul style="list-style-type: none"> <li>▪ Athletics</li> <li>▪ Net and wall</li> </ul> <p>TM: introduction to different field and track events. Practice shooting hoops.</p> <p>AO: sports day and teacher assessment.</p>	<ul style="list-style-type: none"> <li>▪ Athletics</li> <li>▪ Tennis</li> </ul> <p>TM: introduction to tennis, practising different field and track events.</p> <p>AO: sports day, teacher assessment, keeping record of student run times and see if they improve.</p>	<ul style="list-style-type: none"> <li>▪ Athletics</li> <li>▪ Tennis</li> </ul> <p>TM: introduction to tennis, practising different field and track events.</p> <p>AO: sports day, teacher assessment, keeping record of student run times and see if they improve.</p>	<ul style="list-style-type: none"> <li>▪ Athletics</li> <li>▪ Tennis</li> </ul> <p>TM: introduction to tennis, practising different field and track events.</p> <p>AO: sports day, teacher assessment, keeping record of student run times and see if they improve.</p>	<ul style="list-style-type: none"> <li>▪ Athletics</li> <li>▪ Tennis</li> <li>▪ Swimming</li> </ul> <p>TM: single and double tennis matches, circle tennis, swimming lessons this term, team track events (relays), cross country running</p> <p>AO: teacher assessment, targets set at start of term and recorded if progression is made, sports day.</p>