

IN THE FOOTSTEPS OF THE PROPHET

صَلَّى اللَّهُ
وَسَلَّمَ



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



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The Muslim Youth Magazine
By Youth For Youth

A periodical E magazine that embraces a community of youth who aspire to develop their societies for the better, through which they discuss the challenges and questions they face, and empower Muslim Youth to create positive impact.

Muslim Youth Magazine Team



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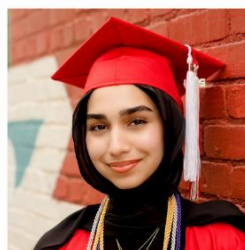
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We Stand for Peace



Thank You

Dear Muslim Youth Magazine Community,

Alhamdulillah, as we mark two years since the launch of Muslim Youth Magazine, my heart is filled with deep gratitude.

To the incredible team behind this journey: thank you for your unwavering dedication and passion. Your commitment has turned a vision into reality, creating a space where young Muslims can grow, learn, and shine.

To our cherished readers: thank you for your trust and support. You are the heartbeat of MYM, and your engagement inspires us to keep striving for excellence.

May Allah continue to guide and bless us on this beautiful journey of faith and purpose.

Sincerely,

Suher Khirallah, Ph.D.

MYM Founder, Managing Director, and Editor In Chief



ALHAMDULILLAH

❖ Say 'O Muhammad' "If you love Allah, follow me, and Allah will love you and forgive your sins, for Allah is All-Forgiving, Most Merciful" ❖ Say 'O Prophet' "Obey Allah and His Messenger." And if they turn away, then truly Allah does not like the disbelievers.❖

Surat Ali -Imran Ayah 31-32



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

ASSALAMU ALAIKUM WA RAHMATU ALLAH WA BARAKATUH,

DEAR READERS,

ACCORDING TO MANY NARRATIONS, ON THE 12TH OF RABI'-1, WE HONOR A MOMENT THAT FOREVER CHANGED THE COURSE OF HUMANITY. OVER 1,500 YEARS AGO, THIS WORLD WAS BLESSED WITH THE BIRTH OF THE GREATEST HUMAN BEING TO EVER WALK THE EARTH. IN THIS MONTH, DIVINE MERCY WAS SENT TO THE WORLDS, THE GUIDE, THE WARNER, THE BRINGER OF GLAD TIDINGS, THE FINAL MESSENGER OF THE CREATOR TO MANKIND, AND THE INTERCESSOR ON THE JUDGMENT DAY: OUR BELOVED PROPHET MUHAMMAD, PEACE AND BLESSINGS BE UPON HIM (ﷺ).

THOSE FORTUNATE TO HAVE LIVED ALONGSIDE HIM SAW HIS PERFECT MANNERS, HIS BEAUTY, HIS WISDOM, HIS EXTRAORDINARY LEADERSHIP, AND HIS UNIQUE BARAKAH. HIS COMPANIONS LOVED HIM MORE THAN THEIR OWN PARENTS, CHILDREN, OR EVEN THEMSELVES. THEY WERE READY TO SACRIFICE EVERYTHING—THEIR LIVES, THEIR FAMILIES, AND THEIR WEALTH—TO PROTECT HIM (ﷺ).

EVEN NOW, MILLIONS OF MUSLIM HEARTS AROUND THE WORLD ARE FILLED WITH HIS LOVE. THOUGH WE DID NOT LIVE IN HIS TIME, WE ARE STILL BLESSED TO CONNECT WITH HIS PRESENCE AND LOVE BY FOLLOWING HIS SUNNAH.

FOLLOWING THE SUNNAH IS THE PATH TO EARNING ALLAH'S LOVE, AS HE SAYS IN SURAH ALI IMRAN, AYAH 31: "SAY [O MUHAMMAD]: IF YOU LOVE ALLAH, FOLLOW ME, AND ALLAH WILL LOVE YOU AND FORGIVE YOUR SINS, FOR ALLAH IS ALL-FORGIVING, MOST MERCIFUL." THIS VERSE SPEAKS OF THE GREATEST LOVE WE CAN EVER ATTAIN. THE WAY TO DIVINE LOVE IS CLEAR: IT LIES IN FOLLOWING THE FOOTSTEPS OF PROPHET MUHAMMAD, PEACE AND BLESSINGS BE UPON HIM (ﷺ).

IT IS SAID THAT LOVE FROM ALLAH MANIFESTS ITSELF IN PROTECTION AND SUCCESS IN THIS LIFE AND THE HEREAFTER. WE ALL SEEK PROTECTION AND SUCCESS, AND WHO BETTER TO GUIDE US TOWARD ALLAH'S LOVE THAN HIS BELOVED PROPHET (ﷺ)? BUT HOW CAN WE FOLLOW HIM IF WE DO NOT KNOW HIS SUNNAH?

LEARN ABOUT OUR PROPHET PEACE AND BLESSINGS BE UPON HIM (ﷺ). STUDY HIS LIFE. EMBRACE HIS EXAMPLE, HIS CHARACTER, AND HIS BEAUTIFUL MANNERS, AND BY ALLAH'S WILL, YOU WILL BE BLESSED WITH HIS LOVE.

ON BEHALF OF MYM TEAM,
SUHER KHIRALLAH, PH.D.

Living the Sunnah: Finding Guidance in His Example (ﷺ) for a Fulfilling and Successful Life

By: Suher Khirallah

In the vibrant journey of life, where every decision and interaction shapes who we become, imagine having a guiding light that illuminates the path to becoming your best self. This guiding light is the Sunnah of Prophet Muhammad (ﷺ), a rich source of wisdom that offers practical guidance for every aspect of your life. It's more than a set of teachings—it's a roadmap to navigating the complexities of modern living with grace, confidence, and a deep sense of purpose.



The Sunnah provides a blueprint for not only understanding life's challenges but also thriving in their face. It shows us how to balance our responsibilities, respond to difficulties with patience, and build relationships rooted in compassion and respect. By following the Sunnah, you tap into a source of strength that helps you stay grounded amidst the pressures of school, friendships, and personal goals.

As you explore this article, you'll find that embracing the Sunnah is more than an obligation— it's about enriching your life with values that foster growth, resilience, and fulfillment. Discover how adopting prophetic habits can transform your daily experiences, helping you to rise above challenges, make meaningful choices, and ultimately lead a life of true success and spiritual richness. Let the wisdom of the Sunnah inspire you to live with intention, overcome obstacles with resilience, and build a life filled with purpose and peace.

Bismillah

What is Sunnah?

The word "Sunnah" in Arabic means "way." In Islamic terms, it refers to everything narrated about the Prophet Muhammad (ﷺ) — his sayings, deeds, approvals, traits, and behavior. We learn about the Sunnah through hadiths passed down from the Prophet's Companions.

The Difference Between Quran and Sunnah:



Both the Quran and Sunnah are revealed from Allah (SWT). Allah says in Surah Al-Hijr, Ayah 9: "Verily, it is We Who have sent down the Dhikr and surely, We will guard it (from corruption)."

The key difference is that the Quran is the literal words of Allah (SWT), while the Sunnah is divinely inspired and confirmed by the Quran. Allah said in Surah An-Najm, Ayahs 3-4: "Nor does he speak of (his own) whims. It is only a Revelation sent down to him." Though not always Allah's direct words, the Sunnah conveys His meanings and guidance.

How Important is the Sunnah?

The Sunnah is vital because it explains the Quran and adds rulings to it. Allah says in Surah An-Nahl, Ayah 44: "And We have also sent down unto you (O Muhammad) the Dhikr, that you may explain clearly to men what is sent down to them, and that they may give thought."

The Sunnah falls into three categories:

1. Confirms the Quran: For example, the hadith, "Islam is based on five pillars: Testifying that there is none worthy of worship but Allah and that Muhammad is the Messenger of Allah, establishing (the five compulsory) prayers, paying Zakah, performing Hajj, and fasting during Ramadan." [Sahih Muslim 16d], affirms the Quran's teachings on the pillars of Islam.
2. Clarifies the Quran: It explains details, like the number of Rak'ahs in prayers.
3. Introduces new rulings: The Sunnah obligates acts not in the Quran, like Zakah of Al-Fitr, and prohibits men from wearing gold.

The Sunnah is the second source of Islamic law, and it holds equal weight to the Quran in deriving rulings if the hadith is authentic.

Is Following the Sunnah Obligatory?

Yes, following the Sunnah is obligatory. Allah (SWT) equates obedience to His Messenger with obedience to Himself. In Surah Ali Imran, Ayah 132, Allah says: "Obey Allah and the Messenger and perhaps you will be shown mercy."

Imams and scholars agree that obedience to the Messenger (ﷺ) means clinging to his Sunnah, Following Ayah 7 from Surat Al-Hashr: "Take what the Messenger brings you and leave what he forbids you."

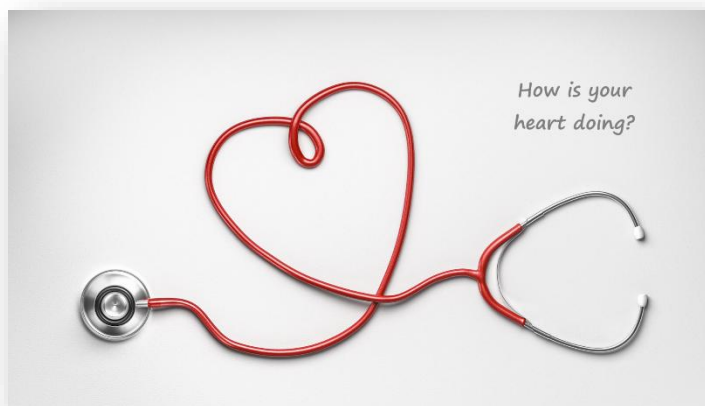
Obedying the Prophet (ﷺ) is a religious duty, and opposing it is a sign of hypocrisy. Allah says in Surah An-Nisa, Ayah 65: "But no, by your Lord, they will never be 'true' believers until they accept you 'O Prophet' as the judge in their disputes, and find no resistance within themselves against your decision, and submit wholeheartedly."

But instead of delving into these details, let me remind you that Allah, The Most Merciful, sent His Quran and His beloved messenger as a mercy to all of humanity. When Allah (SWT) commands something, it is not for His benefit, but for ours. He, the All-Wise, knows what will lead us to success in this life and in the Hereafter. Our obedience does not add to His greatness; it is we who are uplifted by it.



As believers, we fear His punishment and the torment of Hellfire, and yes, we long for His rewards and the beauty of Paradise. But at its core, our relationship with Allah is built on love and honor. We obey Him not out of fear alone, but because we believe in Him, trust Him, and above all, love Him deeply.

Following the Sunnah isn't merely about obligation — it's a path to Allah's love. This is beautifully affirmed in Surat Ali-Imran, Ayah 31: "Say [O Muhammad]: If you love Allah, follow me, and Allah will love you and forgive your sins, for Allah is All-Forgiving, Most Merciful."



There is also a tender Ayah that describes our beloved Prophet Muhammad (ﷺ) in Surat At-Tawbah, Ayah 128: "There certainly has come to you a messenger from among yourselves. He is concerned about your suffering, anxious for your well-being, and gracious and merciful to the believers."

Prophet Muhammad (ﷺ) was the perfect human example, guiding us to success in every aspect of life—spiritually, socially, and physically. Even today, scholars uncover miracles in his Sunnah, proving that it is indeed a revelation from Allah, the All-Knowing. He is the light, showing us how to live healthier, happier, and more fulfilling lives.



Is Leaving the Sunnah a Sin?



The Sunnah includes both obligatory (Wajib) and non-obligatory (Nafl) actions.

1-Wajib (Obligatory): These are the Prophet's (ﷺ) **commands and prohibitions**. They must be followed, as disobedience could result in punishment. Allah says in Surah An-Nisa, Ayah 80: "Whoever obeys the Messenger has indeed obeyed Allah." And in Surah An-Nur, Ayah 63: "Let those who oppose his command beware that a trial or painful punishment may befall on them." The Prophet (ﷺ) said: "Whoever obeys me has obeyed Allah, and whoever disobeys me has disobeyed Allah." [Sahih Bukhari 7137]

2-Nafl (Non-obligatory): These are **recommended** actions, such as optional charity, prayers, and fasting. Performing them earns rewards, but leaving them does not incur sin. However, those who neglect these acts miss out on great rewards and opportunities to make up for any shortcomings in their obligatory deeds. On the Day of Resurrection, these Nafl deeds can compensate for any gaps in one's obligatory acts.

Following the Sunnah also strengthens our commitment to obligatory acts. It's a cycle of spiritual growth — the more we follow the Sunnah, the more grounded we become in fulfilling our duties to Allah.

Simple Tips to Follow the Sunnah:

1. Have a Sincere Intention and Work Hard

Start by making a sincere intention to follow the Sunnah for the sake of pleasing Allah (SWT). Following the Sunnah isn't just about religious observance; it directly impacts your everyday decisions — how you treat your parents, how you manage your time, and even how you respond to stress. For example, the Prophet (ﷺ) encouraged kindness to others and patience in the face of adversity, traits that help us build stronger relationships and remain calm in challenging situations. Imagine being in a stressful school setting — the Sunnah teaches you to stay patient, persevere, and treat others with respect, no matter the situation.

2. Seek Guidance from Allah (SWT) Through Duaa

In moments of confusion or struggle, turn to Allah (SWT) and make Duaa for guidance and strength. Ask Him to be steadfast in the Sunnah way. Following the Sunnah isn't always easy, especially when challenges arise. Asking Allah (SWT) for help makes a big difference. The Prophet (ﷺ) modeled reliance on Allah through constant supplication, teaching us that Allah is always there to guide and uplift us through our trials.



3. Bring the Sunnah into Your Daily Routine

Living by the Sunnah means incorporating prophetic habits into your daily life. Small actions, such as starting every task with a conscious “Bismillah”, making time for reflection, or being kind to those around you, help build a positive mindset. The Sunnah teaches time management, as the Prophet (ﷺ) emphasized the importance of productivity, making the most of your time, and avoiding laziness. Whether you're balancing studies, friendships, or personal goals, following the Sunnah keeps you grounded and focused on what truly matters.

4. Seek Knowledge to Strengthen Your Faith

The pursuit of knowledge is key to practicing the Sunnah and growing spiritually. Learning more about the Prophet's (ﷺ) life and teachings will not only draw you closer to him but also guide you through modern-day challenges. For example, the Prophet's (ﷺ) emphasis on modesty and humility serves as a reminder to stay grounded even in the age of social media, where there is pressure to showcase material success or appearance. As you seek knowledge, you gain the tools to navigate life's ups and downs with wisdom and grace.



5. Face Challenges with the Strength of the Sunnah

In a world full of distractions, peer pressure, corruption, and negativity, the Sunnah empowers you to rise above. When faced with difficult choices, such as whether to conform to negative behaviors or remain true to your values, the Sunnah serves as your guide. The Prophet (ﷺ) taught resilience, discipline, and the importance of maintaining good character. Whether it's dealing with a difficult friend, resisting harmful trends, or simply staying focused on your goals, living by the Sunnah gives you the strength to make the right decisions. The Prophet (ﷺ) said: "When I forbid you to do something, avoid it. When I command you to do something, do it as much as you are able." [Sahih Al-Bukhari 7288] This hadith reminds us that following the Sunnah is about doing your best, even when it's hard, and striving to overcome the challenges you face.

6. Take It Step by Step: Small Consistent Efforts

You don't have to adopt every prophetic habit all at once. Start small and work on making each day better than the last. Perhaps begin by practicing gratitude, a key prophetic habit, and watch how it transforms your mindset and outlook on life. Over time, these small efforts will bring you closer to the Prophet's (ﷺ) way, helping you grow as a person and draw nearer to Allah's (SWT) mercy and love. Remember, the Prophet (ﷺ) said: "The best deeds are those that are consistent, even if they are small." [Sahih Al-Bukhari 6465]



By following the Sunnah, you are not just fulfilling an obligation — you are taking active steps to become the best version of yourself, spiritually, physically, and socially. The Sunnah is your key to living a life filled with purpose, strength, and success in both this world and the Hereafter.

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ عَبْدُهُ وَرَسُولُهُ



عن رسول الله



Abdullah bin `Amr (May Allah be pleased with them) narrated that Allah's Messenger (ﷺ) said: "The most beloved to me amongst you is the one who has the best character and manners."

Sahih al-Bukhari 3759

The Truth in Youth: Empowering Our Young Leaders the Prophetic Way

By: Huda Hussain

In today's world, youth are facing unparalleled challenges, including social injustice, environmental crises, and political instability. Yet, history and Islamic tradition show us that young people have always been catalysts for change, as evidenced in the lives of the Prophet's companions.

We are living in a new era in our lives where hardship and conflict are becoming rampant in the world. These occurrences aren't happening for the first time in history; however, the coming generations are witnessing atrocities of this magnitude for the first time, and they aren't willing to sit around and wait for a solution.

The youth have always been at the forefront of change and are now taking matters into their own hands more than ever. Students all across America have been the prime ambassadors of the pro-Palestinian rhetoric that's ringing constantly around us. Medical students in India are fighting for their rights to protection and safety on academic grounds as a result of the murder of an innocent resident doctor. Not to mention the extreme unity and perseverance of Bangladeshi students against their government's unjust distribution of educational and job opportunities.



With these examples and more, the youth undoubtedly have immense power in leading societies to change. But where does Islam come into this? The youth not only need to be empowered to harness their abilities but also need to be taught how to use them in impactful ways without becoming violent and radical.

By the mercy of Allah (SWT), He imbedded this sentiment in not only the Holy Qur'an but also manifested these qualities through our beloved Prophet Muhammad (ﷺ) as a living, breathing example of how we should treat our youth.

A prime and singular example I'm going to mention from the Qur'an is from Surah Al-Kahf. The young men who were saved from prosecution by seeking shelter in a cave, with the permission of Allah (SWT), goes to show how closely tied safety & worldly success are to adherence to The Truth; and Allah (SWT) says in Surah Al-Kahf, Ayah 13-14:

﴿نَحْنُ نَقُصُّ عَلَيْكَ نَبَأَهُم بِالْحَقِّ إِنَّهُمْ فِتْنَةٌ ءَامَنُوا بِرَبِّهِمْ وَزِدْنَاهُمْ هُدًى

وَرَبَطْنَا عَلَىٰ قُلُوبِهِمْ إِذْ قَامُوا فَقَالُوا رَبُّنَا رَبُّ السَّمٰوٰتِ وَالْأَرْضِ لَن نَّدْعُوَ مِن دُونِهِ ؕ إِلٰهًا لَّقَدْ قُلْنَا إِذًا شَطَطًا۝

“We relate to you ‘O Prophet’ their story in truth. They were **youths who truly believed in their Lord**, and **We increased them in guidance**. And **We strengthened their hearts when they stood up and declared**, “Our Lord is the Lord of the heavens and the earth. We will never call upon any god besides Him, **or we would truly be uttering an outrageous lie.**”

The bolded parts above bear the essence of what needs to be instilled in the youth to deal with them and set them up for success. The reason why the Prophet (ﷺ) extensively invested in the youth was that he recognized that new and resonating messages (like Islam) “which advocates a total change in the social order often attracts young people whose vision of a better life gives them a strong motive to work hard for their beliefs”¹.



¹ <https://aboutislam.net/shariah/prophet-muhammad/a-mercy-for-all/how-the-prophet-treated-the-youth-part-1/>

The Prophet's (ﷺ) approach to the youth of his time can be summed up in these simple points:

- Maintained trust through personal, loving, and compassionate interactions.
- Recognized individuals among the youth who were in tune with their fitrah (natural human disposition) and built strong personalities from that.
- Enhanced and acknowledged the unique strengths of individuals instead of offering negative comparisons.
- Most importantly, He (ﷺ) displayed his trust in the youth very openly, which boosted morale and confidence.

Out of the numerous young legendary Sahaba that could be mentioned, I will be mentioning two for the sake of brevity:

1-Zayd Ibn Thabit (RAA)

Barely thirteen years old, Zayd wanted permission to join the Battle of Badr, but his request was denied due to his young age. “However, this did not prevent Zayd from contributing to the cause of Islam. The Prophet saw that Zayd had a sharp intellect and an unwavering thirst for knowledge. Hence, he empowered him through scholarship. He instructed, ‘Zayd, learn the writing of the Jews for me’” [Ahmad 21618, 21619 & At-Tirmidhi 2715]



The young man went on to become an expert in Hebrew & Aramaic and an interpreter & scribe for the Prophet (ﷺ). Furthermore, many of us may know about the famous and historical compilation of the modern Mushaf that took place during the caliphate of Abu Bakr (RAA). What many of us might not know is that it was actually Zayd Ibn Thabit who achieved this with other Sahabah through his high scholarly caliber.

2- Usamah Ibn Zaid (RAA)

Where the Prophet Muhammad (ﷺ) enhanced Zayd's scholarly intelligence, he highlighted Usamah's strategic combat abilities. Usamah was barely twenty years old when he was appointed to honor his martyred father by leading an army to Shaam (Syria). Great men like Abu Bakr (RAA) and Umar (RAA) organized this deployment yet the Prophet (ﷺ) saw something in Usamah's abilities and gave him this immense responsibility.

The Prophet (ﷺ) was hopeful but realistic when assigning roles to his young companions and did not hesitate to defend their eligibility when the public showed reluctance. In the case of Usamah's army going to Syria, he (ﷺ) said:

“O Men! Carry out the expedition under Usamah. Your complaint against his generalship is of the same kind as your complaint against the generalship of his father before him. By Allah! Usamah is as fit for the generalship as was his father.” [Sahih Al-Bukhari 3730]



From this, we can deduce that to “further a cause and establish a viable community; elders must delegate significant roles to the youth and place confidence in them. This will create a culture of respect for the younger generation and the older generation. Moreover, it will generate fresh new leaders who are capable of handling new challenges in an ever-changing world.”²

Furthermore, through the relationship between the Prophet (ﷺ) and Usamah, we can see the love and compassion that was mentioned earlier. Usamah was not only his adopted son but was frequently known as “the beloved” of the Messenger of Allah (ﷺ). Usamah also narrated:

² <https://aboutislam.net/shariah/prophet-muhammad/a-mercy-for-all/prophet-empowered-youth-two-stories-part-3/>

“Allah’s Messenger used to embrace us and say, “O Allah! Please be Merciful to them as I am merciful to them.” [Sahih Al-Bukhari 3747]

Usamah’s childhood growth and mental assurance can be greatly attributed to the parental role the Prophet (ﷺ) assumed, to the extent that his treatment towards Hasan resembled his grandson’s, Hasan.

With all these points mentioned and more, I pray that Allah (SWT) puts Barakah in this article and in everything that was learned from it. Remember that success comes from following the Qur’an and the ways of the Prophet (ﷺ), so use what has already been taught to better our youth, Insha’Allah.



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عن رسول الله



*Ibn Abbas (May Allah be pleased with them) said:
One day I was riding behind the Prophet when he
said, "O boy, be mindful of Allah and He will protect
you. Be mindful of Allah and you shall find Him with
you. When you ask (for anything), ask it from Allah,
and if you seek help, seek help from Allah."*

At- Tirmidhi2516- Sahih

The Blessed Remembrance: Sending Salawat Upon the Prophet (ﷺ)

By: Ahmed Khan

In the fast-paced world we live in, sending Salawat, or blessings, upon the Prophet Muhammad (ﷺ) provides a moment of spiritual reflection and connection with our messenger. This simple practice, which involves reciting phrases such as "Allahuma Salli Ala Muhammad" (O Allah, send blessings upon Muhammad) goes a long way, and serves a meaningful purpose: to honor our prophet and strengthen our faith. By understanding the significance of Salawat, not only are we cherishing our Prophet, but enriching our spiritual and personal growth, making it a vital component in Islam.

The significance of sending Salawat to the Prophet is highlighted in the Quran. In Surah Al-Ahzab, (33:56) Allah commands the believers to send blessings upon the Prophet:

﴿إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا﴾

"Indeed, Allah and his angels send blessings upon the Prophet. O you have believed, ask [Allah to confer] blessings upon him and ask [Allah to grant him] peace."

This Quranic mandate emphasizes that sending Salawat is not a recommended practice, but a required one, integrating it into the component of devotion. In addition, ayahs in the Quran that command the believers to do good deeds usually begin with "Ya Ayyuhal Ladhina Amano," or "O you have believed." However, the verse does not begin this way. "Rather, Allah (SWT) mentions that He and His Angels send blessings upon the prophet before calling the believers to follow, highlighting the importance of emulating divine practice"³.

³ <https://muslimmatters.org/2009/12/21/believers-send-your-blessings-on-him-a-concise-resource-for-salawat-on-the-prophet/>

By performing Salawat, we receive rewards in this life and the hereafter. Prophet Muhammad (ﷺ) said: 'Whoever prays for Allah's blessings upon me once, will be blessed for it by Allah ten times.' [Sahih Muslim 408].

Ubayy bin Ka'b (May Allah be pleased with him) reported that he said to Prophet Muhammad (ﷺ): "O Messenger of Allah (ﷺ), I frequently ask Allah to send His blessings upon you. How much of my supplications should I devote to you?" He said, "You may devote as much as you wish." When I suggested a quarter, he said, "Do whatever you wish, but it will be better for you if you increase it." I suggested half, and he said, "Do whatever you wish, but it will be better for you if you increase." I suggested two-thirds, and he said, "Do whatever you wish but it will be better for you if you increase it." I said, "Shall I devote all my supplications invoking Allah to send His blessings upon you?" He said, "Then you will be freed from your worries and your sins will be forgiven." [At- Tirmidhi 2457, who classified it as Hadith Hasan].



Imam Ibn Al-Qayyim mentioned in **Jalā' al-Afhām** 40 benefits of sending Salawat upon the Prophet. When sending Salawat, some of the beautiful rewards are, "ten levels raised for the servant," "a means for forgiveness of sin," and "glad tidings of paradise before death." These are only a few of the forty benefits that can be rewarded from a simple action, illustrating its impact for worldly life and the hereafter.

Sending Salawat is beneficial for personal growth, but can also be beneficial on a social level. Sending Salawat can help strengthen and unify brotherhood in Islam, fostering a sense of identity that is deeply rooted in common beliefs. This practice can help us emulate Prophet Muhammad's outstanding character, and encourage others to do so as well. Salawat is often incorporated into Salah, gatherings, and

occasions, reinforcing its preservation and continuity in the hearts of believers. The communal and social aspect of sending Salawat is beneficial for collective growth as an ummah.

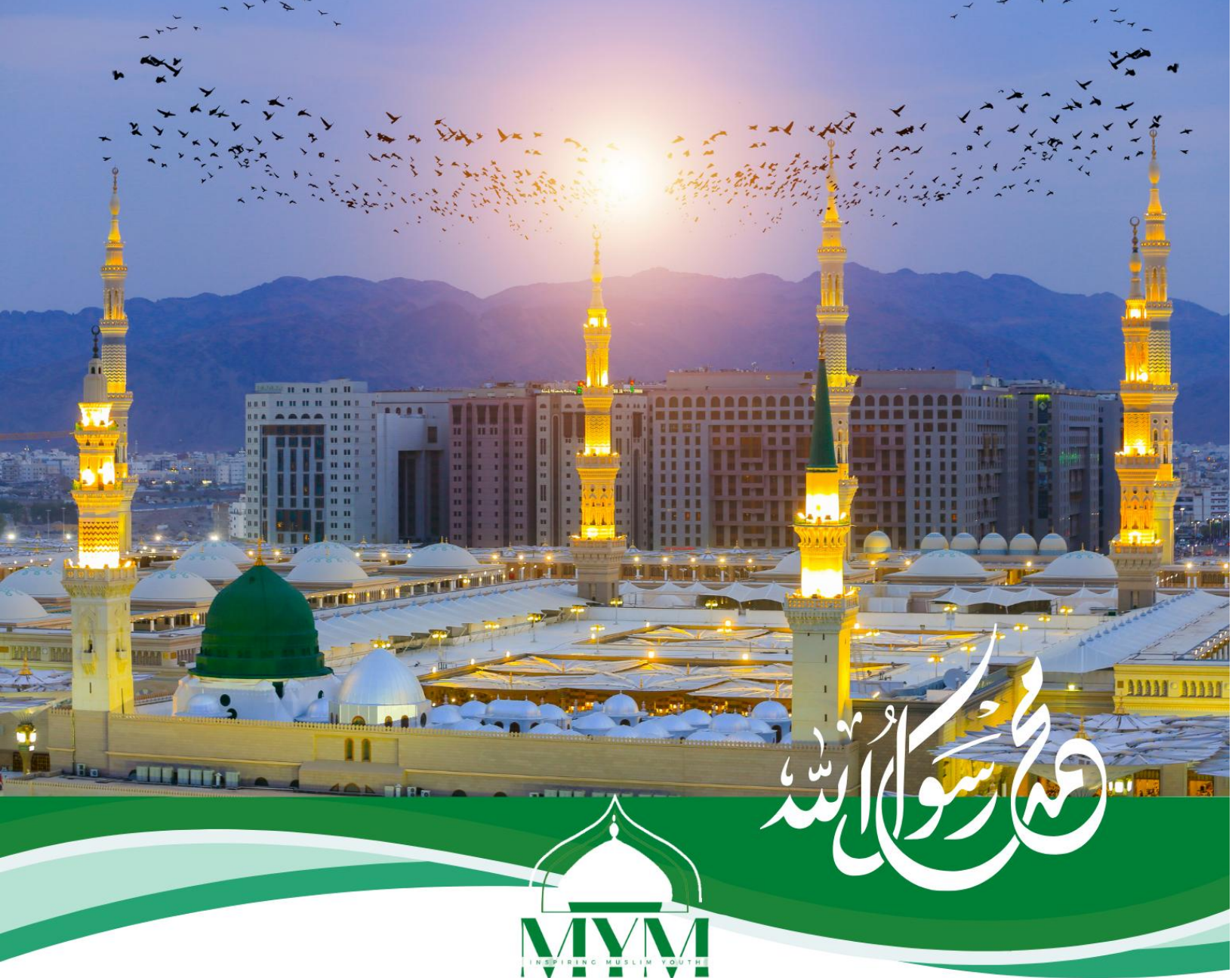
In conclusion, sending Salawat to our Prophet aids our spiritual and personal growth, while helping strengthen brotherhood/sisterhood in Islam. Our Prophet is the epitome of a role model in this life, and Salawat strengthens our hearts in order to emulate his exemplary character and conduct. To end this article:

“O Allah, honor and have mercy upon Muhammad and the family of Muhammad as You have honored and had mercy upon Ibrahim and the family of Ibrahim, indeed, You are the most Praiseworthy, the Most Glorious. O Allah, bless Muhammad and the family of Muhammad as You have blessed Ibrahim and the family of Ibrahim, indeed, you are the Most Praiseworthy, the Most Glorious.”



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Ali bin Abi Talib (May Allah be pleased with him) narrated that the Messenger of Allah (ﷺ) said: "The stingy person is the one before whom I am mentioned, and he does not send Salawat upon me."

At-Tirmidhi 3546- Sahih

We Wish Prophet Muhammad (ﷺ) Was Here

By: Arwa Iqbal

When things get tough, we often find ourselves wishing that our beloved Prophet Muhammad (ﷺ) were still among us. As Sir George Bernard Shaw once said, “If a man like him were to assume the dictatorship of the modern world, he would succeed in solving its problems in a way that would bring it the much-needed peace and happiness.”⁴ This reflects not only our deep love and faith in the Prophet (ﷺ) but also our desire to escape from responsibility and seek outside solutions for the changes we wish to see.

However, Allah (SWT) reminds us in Surat Ar-Rad, Ayah 11: **“Indeed, Allah will not change the condition of a people until they change what is in themselves.”** This is the real path to change. Even during the Prophet's (ﷺ) lifetime, the companions faced great calamities, such as the Battle of Uhud, where they suffered a defeat due to not fully adhering to his instructions. This teaches us that the key to success is not just in wishing for change but in adhering to the guidance we've already been given.



The Prophet (ﷺ) said, **“I have left two matters with you. As long as you hold to them, you will not go astray. They are the Book of Allah and the Sunnah of His**

⁴ <https://www.goodreads.com/quotes/7945339-i-have-always-held-the-religion-of-muhammad-in-high>

Prophet.” [Muwatta Malik 2618-Declared authentic by al-Albani]. This means that even though the Prophet (ﷺ) is not physically with us, we can still find the solutions to our problems by holding fast to the Quran and Sunnah. Through the Quran and the Seerah (biography) of the Prophet, we learn how to navigate the challenges of life. Just as today’s youth grapple with feelings of powerlessness in the face of global conflicts, the companions of the Prophet (ﷺ) faced their own struggles. The Seerah offers timeless lessons on how to remain steadfast.

Today’s youth, especially, are grappling with the emotional and mental toll of witnessing conflicts like the Gaza war. The constant images of suffering and injustice can leave many feeling powerless, overwhelmed, and anxious about the future. It’s in these moments that we wish our beloved Prophet (ﷺ) was with us to guide us through the pain. Yet, his life was full of hardship, and he remained a beacon of patience, resilience, and hope. His example reminds us that even in the darkest times, we must stay strong, trust in Allah’s wisdom, and never lose hope.



For example, during the **Year of Sorrow**, when the Prophet (ﷺ) lost both his beloved wife, Khadijah (RAA), and his uncle, Abu Talib, he was overwhelmed with grief. But instead of giving up, he showed patience, resilience, and unwavering faith in his mission. Similarly, after being rejected and harmed by the people of Taif, the Prophet (ﷺ) responded not with anger but with prayer and hope. His strength and determination in the face of adversity teach us to stay firm and patient when we face difficulties.

The Seerah is full of these lessons. The Prophet (ﷺ) lived by the teachings of the Quran, showing us how to implement its wisdom in every aspect of our lives. When we learn from his life, we begin to see through the Prophetic lens, and that helps us solve our problems in a way that pleases Allah (SWT) and leads to success in both this life and the Hereafter.

Now, it's time for us to take action. Let's commit to deepening our understanding of the Quran and studying the life of Prophet Muhammad (ﷺ) to learn how to deal with the challenges we face today. Make time each day to read, reflect, and apply the lessons from the Quran and the Sunnah. Start small, but stay consistent. Remember, true change begins from within.

Hold on tightly to the teachings that our beloved Prophet (ﷺ) left for us. Let them guide your actions, strengthen your faith, and empower you to face life's challenges with patience and resilience. The solutions we seek are already with us—now it's up to us to embrace them.

So, will you take the first step today and sign up for the free [Prophetic Life Balance Course?](#)





عن رسول الله



It was narrated from Abu Hurairah (May Allah be pleased with him) that the Messenger of Allah (ﷺ) said:

"Would that I had seen our brothers."

They said: "O Messenger of Allah, are we not your brother?" He said: "You are my Companions. My brothers are those who have not come yet."

Sunan an-Nasa'i 150- Sahih



YOUTH WRITING SPACE



Celebrating Our Talented Writers!

Dear Readers,

The results are in for our latest Muslim Youth Magazine writing competition, and we are beyond excited to announce the winners! Each participant showcased incredible talent, and we are proud to recognize their efforts with well-deserved prizes.

A big thank you to all who voted and supported these writers. Your voices have helped highlight their exceptional work. We also extend our deepest gratitude to the generous individual who funded this project, making it possible for us to celebrate and uplift our young talents.

Congratulations to our top three! Your words have inspired and captivated us all. We are incredibly proud of your contributions, and we encourage all our readers to keep sharing their voices with the world.

This competition is just one of many more to come! Don't miss your chance to participate in future contests and have your work featured in Muslim Youth Magazine.

Keep writing, stay creative, and remember—your voice matters!

On Behalf of MYM Team,
Hamood UrRehman



THE WINNERS



SANA HAQIQI

"The Day of Arafah and Eid Al-Adha"

First place will receive \$50 gift card



AMR GHIBA

"The Void Within"

Second place will receive \$30 gift card



MIA SALAH

"A Poem of Praise"

Third place will receive \$20 gift card

CONGRATULATIONS

SHARE YOUR THOUGHTS



We value your feedback on the articles in this volume and welcome any suggestions on how to improve our magazine. Please feel free to contact us via email at:

TheMuslimYouthMagazine@gmail.com

You can always read our volumes on the following web-page:

WWW.ArabicWithSuher.com/MYM

You want to leave a positive impact!

Join the Muslim Youth Magazine Team

We hope that our talented youth (from High schools and college students) consider this opportunity to revive their hearts with Eman, power their minds with knowledge, improve their skills, and enjoy the positive teamwork environment.

Please review the following open positions to choose where you would like to volunteer:

- Editors. Editors check text for proper spelling and grammar.
- Writers. Writers will cover the assigned articles.
- Fact-checkers. Fact-checkers ensure that all the information and statistics in the articles are accurate. This role may be part of an editor's duties, or it may be its own position.
- Graphic designers. Graphic designers work on specific articles or specific components of the magazine.
- Photo editors/researchers. Magazine photo and picture editors and researchers are responsible for selecting images and artwork to accompany a publication's articles. They may commission original work, or buy images and artwork from agencies, individual artists, and photographers.
- Social media managers. This position manages the various social media platforms a publication has. They curate content and graphics that help promote the publication and its contents.

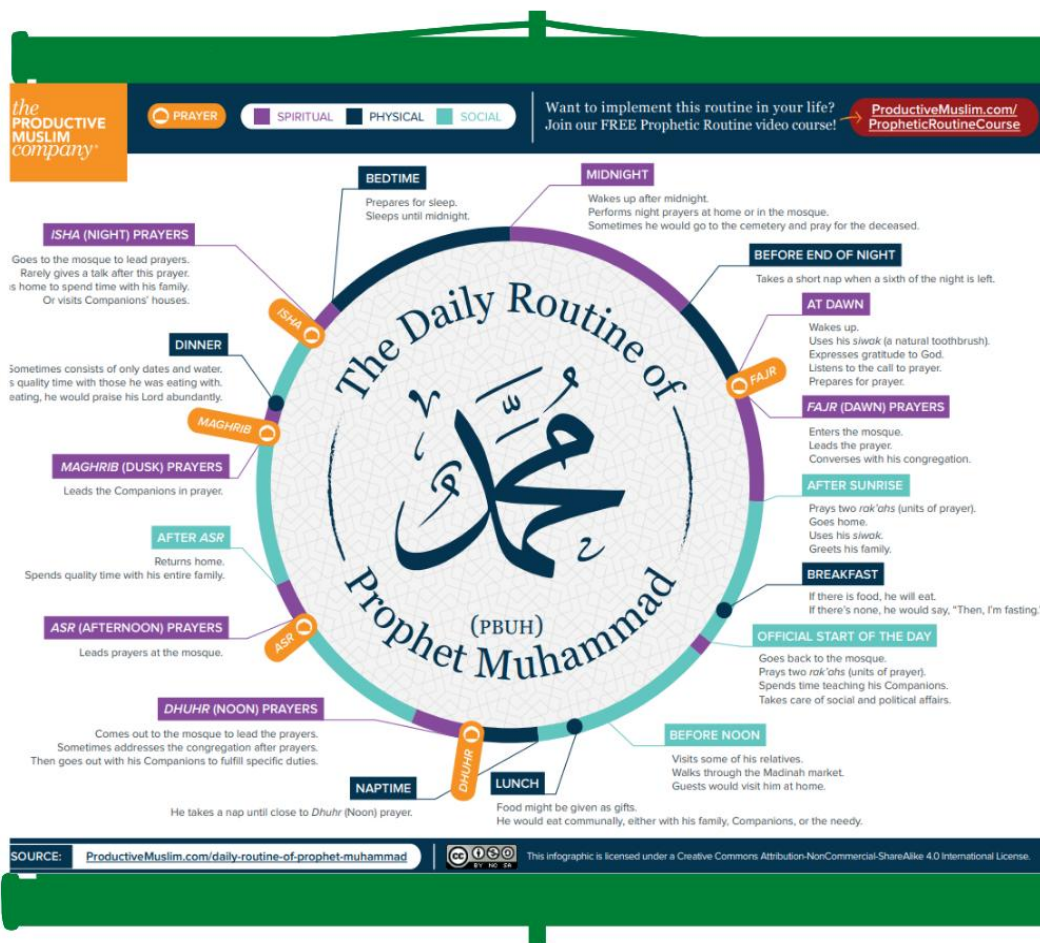
The Muslim Youth Magazine will be published online as a PDF file every 4 months In Shaa Allah. Each VOL will discuss one challenge or question that Muslim youth in the USA face and try to find solutions that can help them depend on the Quran, Sunnah, science, statistics, and scholars.

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