

A glass vase filled with water and a plant stem, set against a textured background. The vase is placed on a white surface, and the background is a light-colored, textured wall. The text "100 WAYS TO USE Kanger Water" is overlaid on the image in a white, serif font. The number "100" is in a large, elegant script, while "WAYS TO USE" is in a smaller, all-caps serif font. "Kanger Water" is in a cursive script.

100 WAYS TO USE *Kanger Water*

LEGACY
ALIGNED

the 5 types of Kangen Water:

11.5 pH — Strong Alkaline

Powerful degreasing water used for removing oils and residue.

8.5–9.5 pH — Drinking Water

Daily hydration and cooking water.

7.0 pH — Neutral Water

Best for medications and baby formula.

4.5–6.5 pH — Beauty Water

Ideal for skin, hair, and gentle cleaning.

2.5 pH — Strong Acidic Water

Naturally antimicrobial water used for sanitizing.



11.5 PH STRONG ALKALINE WATER

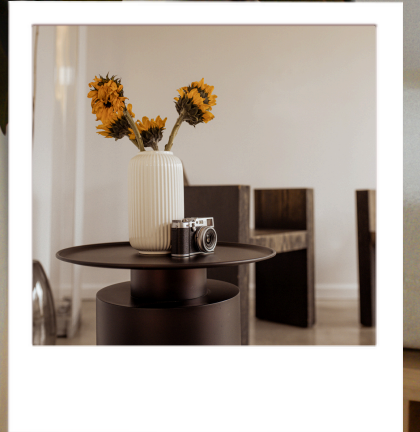
DEGREASING + DEEP CLEANING

- Remove pesticides from fruits and vegetables
- Soak produce in 11.5 water for 5–10 minutes, then rinse.
- Degrease kitchen counters
- Spray 11.5 water directly onto surfaces and wipe clean.
- Clean ovens and stovetops
- Apply water to grease buildup and wipe away residue.
- Remove sticky labels and adhesives
- Apply water to sticker residue and allow it to loosen before wiping.
- Pre-treat laundry stains
- Spray on oil stains before washing.
- Clean barbecue grills
- Spray and scrub grill surfaces.
- Remove grease from cookware
- Soak pans briefly then rinse.
- Clean stainless steel appliances
- Spray and wipe with a microfiber cloth.

8.5–9.5 PH KANGEN DRINKING WATER

HYDRATION + COOKING

- Drink throughout the day for hydration
- Brew coffee or tea
- Make smoothies or protein shakes
- Cook rice, quinoa, and grains
- Cook pasta
- Prepare soups and broths
- Rinse fruits and vegetables
- Make ice cubes
- Hydrate pets
- Water indoor plants
- Water outdoor plants
- Extend the life of fresh flowers



7.0 PH NEUTRAL WATER

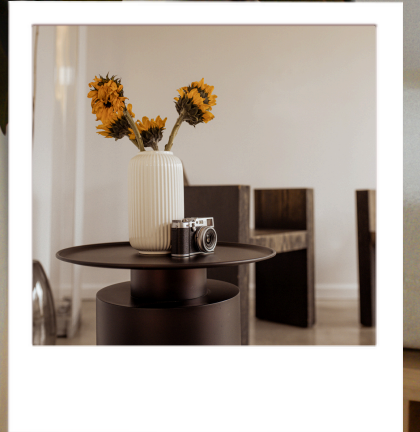
- Take medications
- Prepare baby formula
- Drink with protein-heavy meals
- Prepare delicate teas
- Use in humidifiers
- Use in steam irons
- Mix powdered supplements
- Use in nasal rinses

4.5–6.5 PH BEAUTY WATER

- Use as a facial toner
- Hydrate skin with a facial mist
- Tighten pores after cleansing
- Soothe irritated skin
- Refresh skin during the day
- Rinse hair after shampooing
- Add shine to hair
- Calm razor burn
- Cool sun-exposed skin
- Refresh makeup during the day

2.5 PH STRONG ACIDIC WATER

- Sanitize kitchen counters
- Disinfect cutting boards
- Clean produce
- Sanitize food preparation areas
- Sanitize kitchen sponges
- Disinfect bathroom sinks
- Clean toilet seats
- Sanitize door handles
- Sanitize phones
- Clean gym equipment
- Freshen shoes
- Sanitize pet bowls



💧 KANGEN WATER USES (51–100)

51. Sanitize children's toys

Spray toys with 2.5 pH strong acidic water and allow them to air dry.

52. Clean reusable water bottles

Spray the inside with strong acidic water, rinse if desired.

53. Freshen trash cans

Spray acidic water inside trash bins to reduce odor-causing bacteria.

54. Sanitize light switches

Spray a cloth with 2.5 pH water and wipe switches and handles.

55. Clean refrigerator shelves

Spray shelves with acidic water and wipe clean.

56. Sanitize cutting utensils

Spray knives and utensils after food prep.

57. Clean yoga mats

Spray acidic water and wipe with a cloth.

58. Freshen gym bags

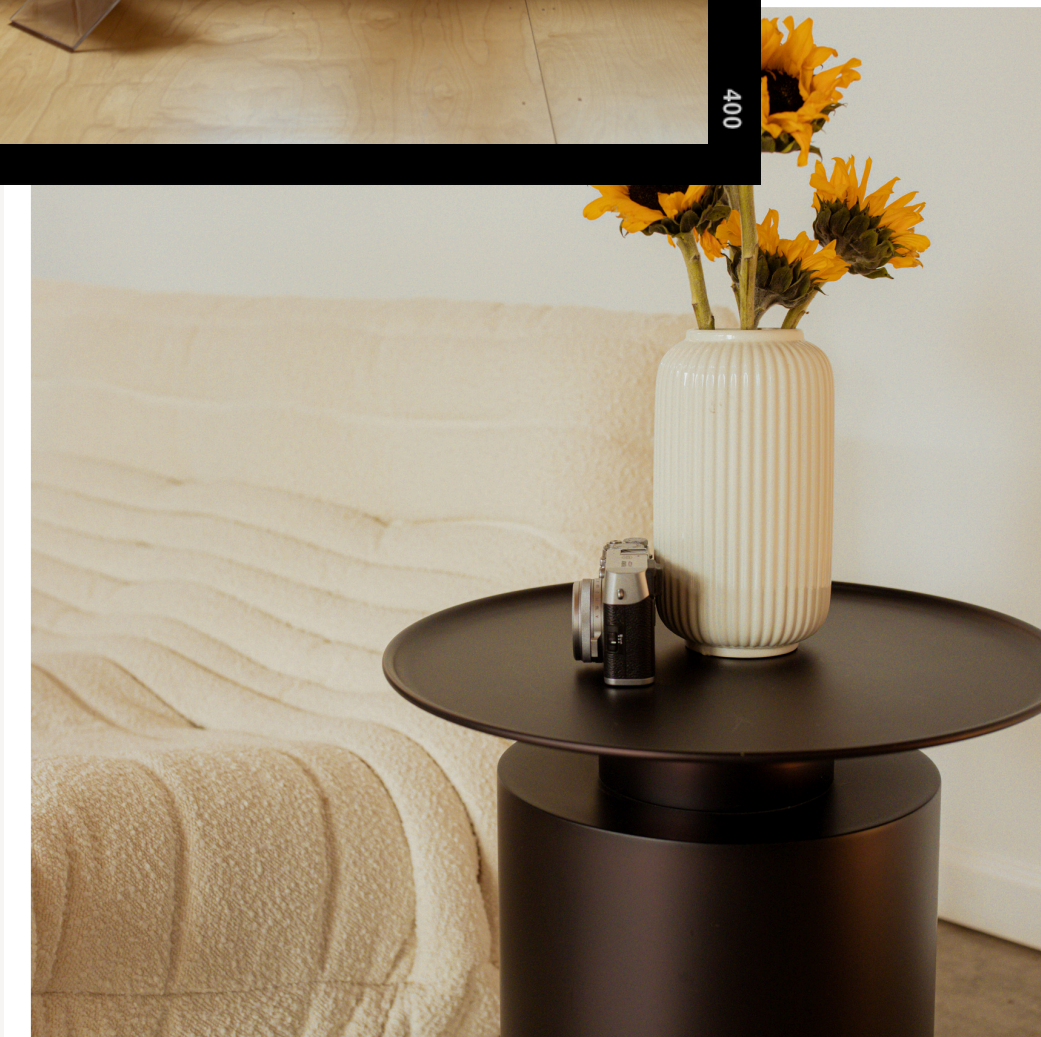
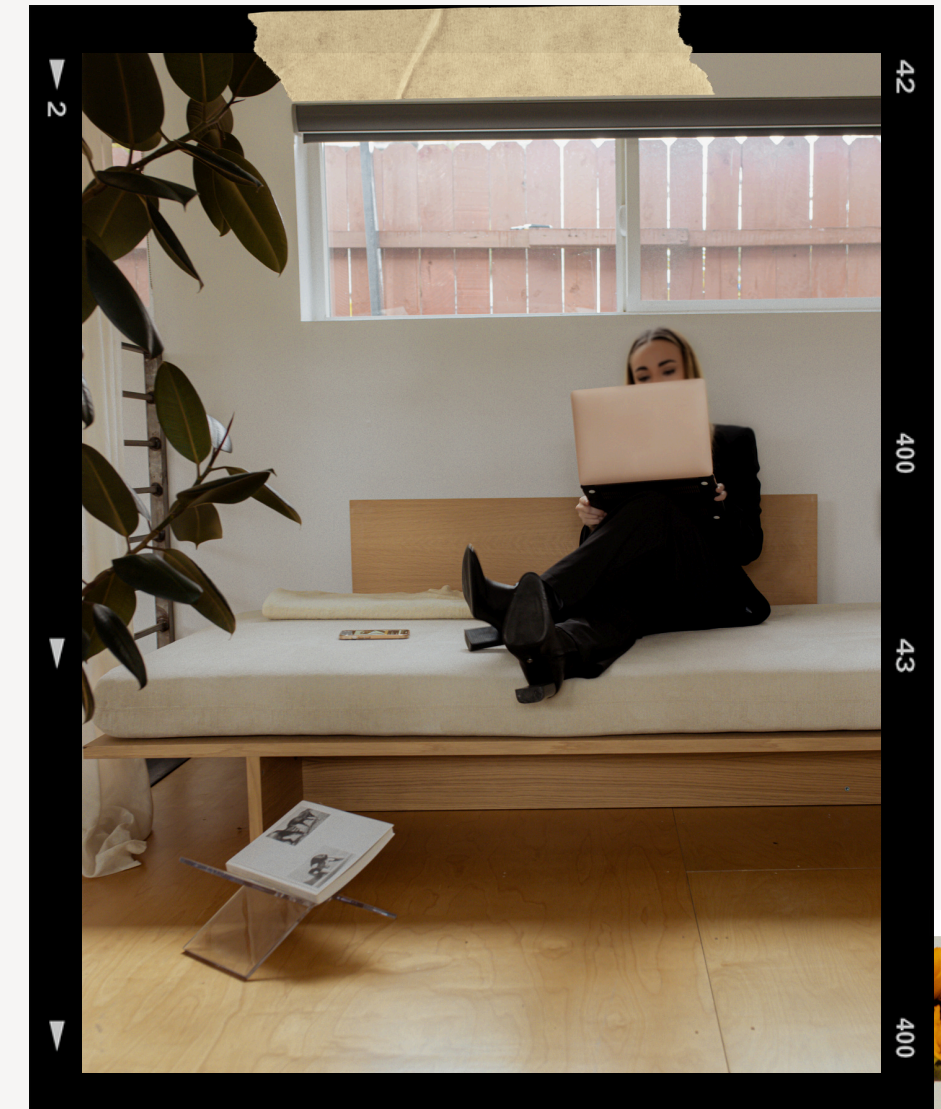
Lightly mist inside bags to reduce odor.

59. Sanitize reusable grocery bags

Spray the interior of the bags and allow them to dry.

60. Clean pet toys

Spray toys with acidic water and allow them to dry.



BEAUTY WATER CONTINUED

61. Refresh skin after workouts

Mist beauty water (4.5–6.5 pH) onto the face.

62. Soothe irritated skin

Apply beauty water with a cotton pad.

63. Hydrate scalp

Spray lightly on scalp to refresh hair.

64. Refresh curls or waves

Mist lightly over hair to revive texture.

65. Cool sun-exposed skin

Spray beauty water onto skin for a refreshing effect.

66. Calm razor irritation

Apply beauty water after shaving.

67. Refresh makeup during the day

Use as a light facial mist.

68. Clean eyeglasses

Spray lenses and wipe with a microfiber cloth.

69. Clean mirrors

Spray beauty water and wipe with a cloth.

70. Clean glass surfaces

Use beauty water to remove fingerprints and smudges.



STRONG ALKALINE WATER CONTINUED

71. Clean greasy stovetop surfaces

Spray 11.5 pH water and wipe away grease.

72. Remove oil residue from containers

Spray and wipe cosmetic or kitchen containers.

73. Clean kitchen range hoods

Spray and wipe away oil buildup.

74. Remove candle wax residue

Spray and wipe surfaces after wax removal.

75. Clean greasy kitchen tiles

Spray and wipe backsplash areas.

76. Remove oily stains from countertops

Apply water and wipe clean.

77. Clean barbecue grill grates

Spray and scrub grill surfaces.

78. Clean garage tools

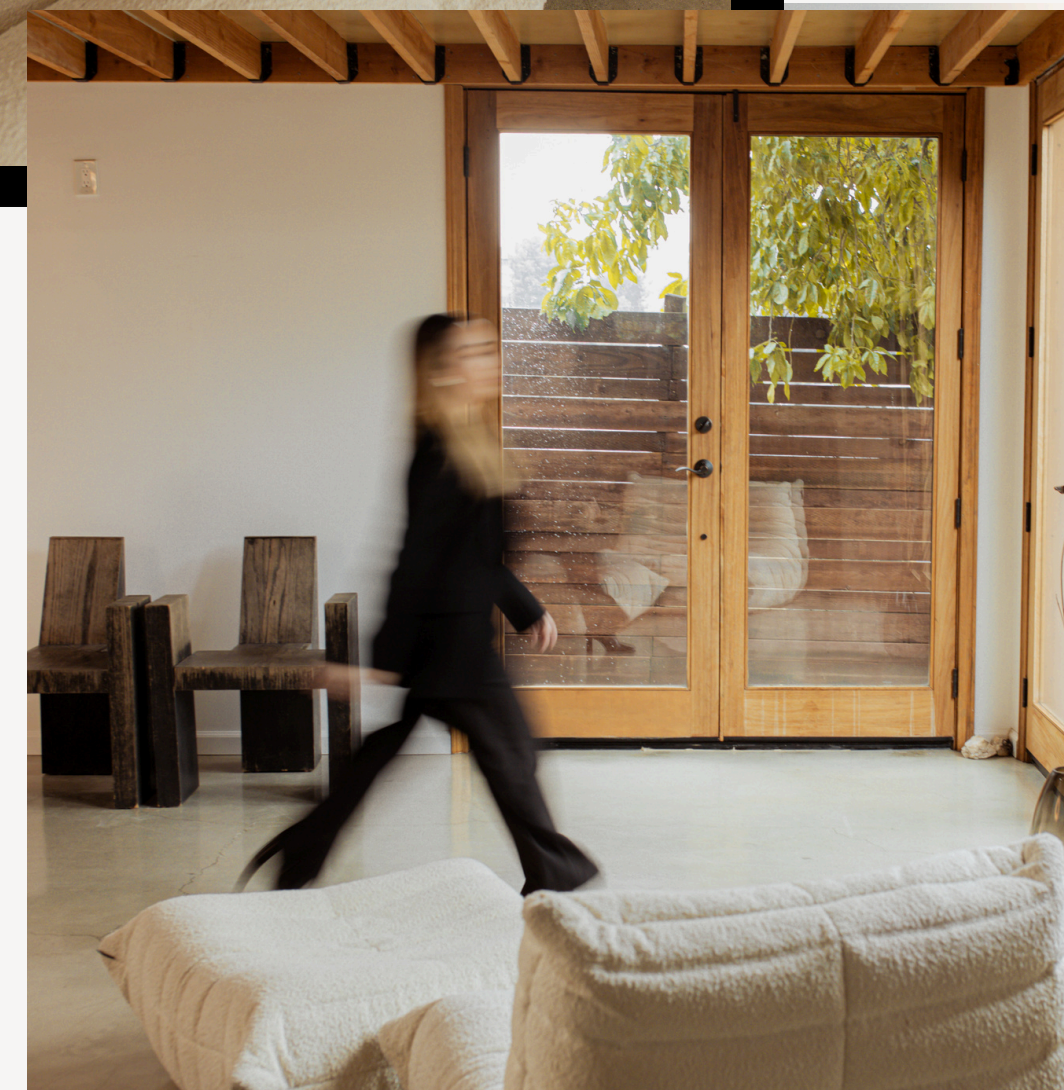
Spray tools to remove grease or oil.

79. Clean bike chains

Spray lightly and wipe away grease.

80. Clean outdoor furniture

Spray surfaces and wipe clean.



DRINKING WATER CONTINUED

81. Hydrate before workouts

Drink 8.5–9.5 pH water before exercising.

82. Hydrate after workouts

Drink water to support recovery.

83. Prepare protein shakes

Use drinking water as the base.

84. Prepare herbal teas

Use drinking water to steep tea.

85. Cook vegetables

Steam or boil vegetables using drinking water.

86. Prepare soups and broths

Use as the liquid base for cooking.

87. Rinse grains before cooking

Use drinking water when rinsing rice or quinoa.

88. Prepare homemade juices

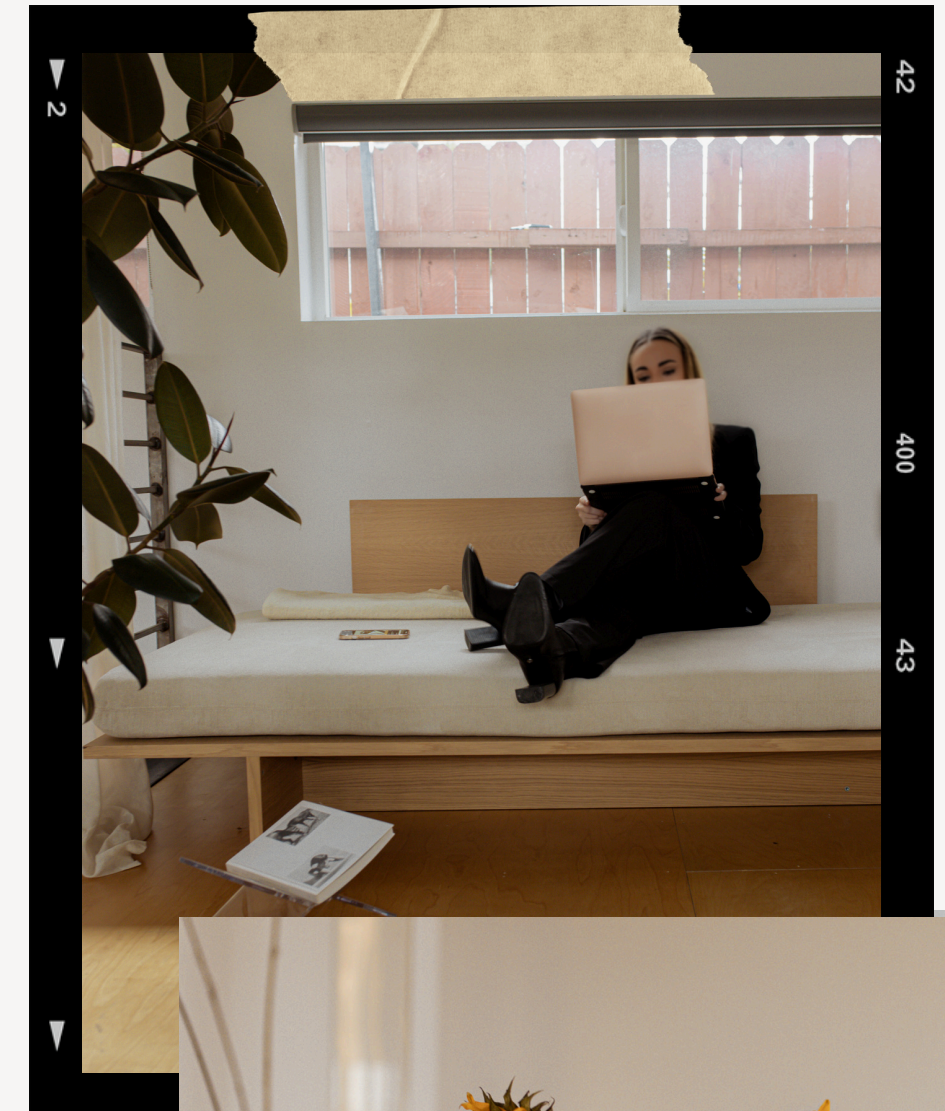
Use water when blending fruits or vegetables.

89. Hydrate pets

Fill pet bowls with drinking water.

90. Water plants

Use drinking water for indoor plants.



HOUSEHOLD USES

91. Extend the life of cut flowers

Fill a vase with drinking water to keep flowers fresh.

92. Clean kitchen cloths

Spray with acidic water to help remove odors.

93. Freshen laundry machines

Spray acidic water inside the drum.

94. Sanitize remote controls

Spray a cloth with acidic water and wipe.

95. Clean refrigerator handles

Spray and wipe surfaces.

96. Sanitize countertops after food prep

Spray acidic water and allow to air dry.

97. Clean reusable food containers

Spray inside containers before rinsing.

98. Freshen shoes

Spray inside shoes to reduce odor.

99. Clean sink handles and faucets

Spray and wipe to sanitize.

100. General natural household sanitizing

Use 2.5 pH water to disinfect commonly touched surfaces.

