ETTALONG 50+
Leisure and Learning Centre

Activity Program and Fees

Phone: 02 4342 1034 Open: Mon-Fri 8:30am to 3pm
Cnr Broken Bay Road and Karingi Street, Ettalong NSW 2257 **Email: ettalong50plus@gmail.com**

MONDAY		**TIME**	**FEE**
Table Tennis		9:00am – 11:00am	$3
Chess		9:00am - 11:30am	$3
RummyKing and Cards		9:00am – 12:00pm	$3
Ukelele		9:00am – 11:00am	$3
Gentle Yoga	*Contact: 0481 511 434*	11:15am – 12:15pm	$10
Mahjong		12:30pm – 3:30pm	$3
Active 50+ Fitness	*Contact: 0424 347 578*	1:00pm – 2:00pm	$10
Chair Yoga	*Contact: 0412 415 879*	2:30pm – 3:30pm	$10
Clubbercise	*Contact: 0424 176 411*	6:15pm – 7:15pm	$15
TUESDAY		**TIME**	**FEE**
Indoor Bowls		9:30am – 11:30am	$3
Dancing		9:00am – 11:30am	$3
Euchre		9:00am – 11:30am	$3
Handicraft		9:30am – 11:30am	$3
Darts		12:00pm – 2:30pm	$3
Cards (500 / Hand & Foot)		12:00pm – 3:30pm	$3
Recorder Group		12:45pm – 1:00pm *(Beginners)* 1:30pm – 2:15pm *(Continuers)*	$3
Tai Chi		2:30pm – 3:30pm	$3
Shake it Off Dance Fitness	*Contact: 0401 951 698*	6:30pm – 7:30pm	$15
WEDNESDAY		**TIME**	**FEE**
Table Tennis		9:00am – 12:00pm	$3
Leatherwork		9:00am – 12:00pm	$3
Patchwork		12:30pm – 3:30pm	$3
Bridge		12:00pm – 3:30pm	$3
Scrabble		12:00pm – 3:30pm	$3
Active & Healthy	*Contact: 0404 944 342*	1:00pm – 2:00pm	$15
Fiesta Fitness	*Contact: 0414 515 121*	5:45pm – 7:00pm	$15
THURSDAY		**TIME**	**FEE**
Indoor Bowls		9:30am – 11:30am	$3
Dancing		9:00am – 11:30am	$3
Create and Chat		9:30am – 11:30am	$3
Active 50+ Fitness	*Contact: 0424 347 578*	12:00pm – 1:00pm	$10
Mahjong		12:00pm – 3:30pm	$3
Table Tennis		1:30pm – 3:30pm	$3
Gentle Yoga	*Contact: 0481 511 434*	4:15pm – 5:15pm	$10
FRIDAY		**TIME**	**FEE**
Indoor Bowls		9:00am – 11:30am	$3
Line Dancing (PH)	*Contact: 0409 150 518*	9:30am – 11:30am	$6
Painting		9:30am – 12:00pm	$3
Bridge		12:00pm – 3:00pm	$3
Choir		12:30pm – 2:30pm	$3
SUNDAY		**TIME**	**FEE**
Coastal Bootscooters	*Contact: 0409 150 518*	12:00pm – 4:00pm	$6