

## It's time to order shoes!

Cheer shoes are designed to provide proper support during tumbling and stunting, while also providing a non-slip surface for dance and other cheer skills. Many also include "grips" at the sole to allow bases to better hold the feet of their flyer. Shoes will vary in weight, fit and price, and are usually designed for specific types of cheer surfaces, such as mats, spring floors, sport courts, turf, etc. We have chosen several brands of shoes that are designed for a spring floor, are typically more durable, and are recommended for All-Star athletes. Our athletes are allowed to choose between these different brands, based on their personal preference. We strongly encourage you to research all brands and ask around if you are not sure which brand to order. We do have some shoes available in the gym for you to try on or purchase if you are interested, however our sizes and quantities are limited.

Please keep in mind that cheer shoes typically run *1.5-2 sizes smaller* than traditional athletic shoes. Please check the manufacturer sizing/specs and return policy, and order early to provide enough time to return if necessary. Shoes will be required to remain in good shape (no tears or worn out soles, etc) throughout the season, and **MUST BE CLEAN** for all comps, so consider purchasing two pairs if you find a good deal! **Shoes MUST NOT be work on any surface other than a cheer mat without proper shoe covers.** This wears down the soles and makes them less durable for stunting and tumbling. You can purchase shoe covers in our pro shop or provide your own.

**CHEER SHOES MUST BE WORN TO ALL PRACTICES BY AUGUST 1, 2018.** Failure to have shoes in time will result in them being chosen and purchased for you and billed to your account, including applicable shipping and a \$20 handling fee.

**Athletes may choose from the following shoe styles:**

- Kappa Stellarlyte (typically \$55-60)
- No Limit V-Ro (typically \$80-90, but currently on sale at Cheer and Pom for \$15!)
- Nfinity Evolution (typically \$90)
- Chasse Ace II (typically \$30-35)
- Rebel Ruthless (typically \$90-100)

**Suggested Websites for ordering:**

- <https://www.cheerandpom.com>
- <https://www.omnicheer.com>
- <https://www.rebelathletic.com>
- <https://cheerzone.com>
- <https://gtmsportswear.com>

**Thank you for your cooperation!**