

Training For Life Course Schedule
August & September 2026
Courses are held at 66 Silver Creek Drive Collingwood
Contact kathy@trainingforlife.ca

COURSE	DATES	TIME	PRICE (+HST)	PREREQUISITES / NOTES
Home Alone Course	Thurs Aug 20	9 –3	\$92.00	Ages 9 and up
Babysitter Course	Thurs Aug 20	9-3	\$92.00	Ages 10 and up
Intermediate First Aid Full Course	August 13 & 14 Sept 10 & 11	9-4	\$150.00	Formerly Standard First Aid.
Intermediate First Aid Recertification	August 13 September 10	9-4	\$150.00	Must hold current Standard First Aid Award
Rookie/Ranger/Star Patrol	August 11 & 12	9-4	\$220.00	Completed Swimmer 8
Bronze Star	August 4–5	9-4	\$260.00	No prerequisite
Bronze Medallion	August 4–5 August 18–19	9-5	\$260.00	Ages 13+ OR holds Bronze Star
Bronze Cross	August 11 & 12 August 18–19	9-5	\$270.00	Must hold Bronze Medallion and Intermediate First Aid
National Lifeguard Full Course	August 24, 25, 26, 27 Sept 12, 13, 19, 20	9-6	\$360.00	Ages 15+ Must hold Bronze Cross and Intermediate First Aid (need not be current)
National Lifeguard Recert	August 27 September 20	10-2	\$160.00	Must hold National Lifeguard (need not be current)
Lifesaving Society Swim Instructor	August 10 (V) August 11 (P) August 12 (V) August 13 (P)	Virtual: 5-830 In Person: 9-4	\$360.00	Ages 15+. Must hold Bronze Cross (need not be current)
Assistant Swim Instructor	Sept 17 (V) Sept 18 (V) Sept 19 (P) Sept 20 (P)	Virtual: 5:00–8:00 PM In Person: 9:00 AM–3:30 PM	\$360.00	14 years and Bronze Cross
Swim Instructor Recert	September 20	12:30-3:30	\$160.00	Must have earned Swim Instructor
Private Swimming & Lifesaving Lessons	Available by request	Varies	Varies	All ages and levels