GULF COAST JUNIORS

"24 Hour Rule" Policy

The relationship between coaches, parents and athletes like any other relationship, may have some ups and downs. There may be situations that need to be addressed with the coach. How you address the issue is just as important as resolving the issue itself.

Before you as the parent intervene, please ask yourself if your child should be speaking for themselves. There are several advantages to having your daughter, rather than you, speak directly to the coach. Our coaches are always open to input and suggestions from players. This can be an empowering experience for young athlete, even if they don't get the result they seek.

Gulf Coast Jrs will enforce the "24 Hour Rule" policy with regard to addressing a complaint or issue of concern.

- 1. There shall be no contact with any member of the coaching staff regarding a complaint or issue of concern (whether it is about a Coach or player's conduct, language, playing time, position played, etc...) before, during or after a volleyball game for a 24 hour period following the occurrence of an issue of concern.
- 2. Should there still be an issue of concern after the 24 hour period has passed, the parent shall contact the coach and schedule a meeting. The meeting shall be confidential and include either the assistant coach or club director.

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