



Mariner's **DISCOVERY Church**

OurMDC.org
(925) 354-1096
1641 Bixler Road,
Discovery Bay
California 94505

Program for Sunday, July 5, 2026.

Please welcome the worship music team this week!

Call to Worship: *Eye of the Storm*
New Creation

Announcements for Sunday 7/5/2026

Thanks for joining our Worship Service this Sunday

- **Construction of the Patio Cover** should begin soon. We are going to go ahead. We will show the County what it looks like.
- **The Pool is still going through cleaning! It is almost clean. If you want to use it, please contact the church and we will give you an up-to-date status.** There are pool use forms in the carport on the desk counter.
- **The ladies met at Digger's for breakfast yesterday and had a great time.**
- **The men also met at Digger's for breakfast yesterday and also had a great time.**
- **If you have any prayer requests, please fill out a Connect Envelope and place it in the wooden offering box in the back. Also, during the week you can email requests at: PrayerRequest@OurMDC.org**

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- **If you have any prayer requests, please fill out a Connect Envelope and place it in the wooden offering box in the back. Also, during the week you can email requests at: PrayerRequest@OurMDC.org**

Adoration *Child of Love*

Selected Scriptures reading: *Psalms 120-134, Psalms of Ascent*

Message: *Psalms 120-134: We are on a Pilgrimage*

Affirmation: Greater

Close of Worship Service, Fellowship continues

Selected Scriptures from *Psalms 120-134, Psalms of Ascent*

Psalm 120:5–6 Woe is me, for I sojourn in Meshech,

For I dwell among the tents of Kedar!

6 Too long has my soul had its dwelling

With those who hate peace.

Psalm 121:1–2 I will lift up my eyes to the mountains;

From where shall my help come?

2 My help comes from the LORD,

Psalm 121:7–8 The LORD will protect you from all evil;

He will keep your soul.

8 The LORD will guard your going out and your coming in

From this time forth and forever.

Psalm 122:1 I was glad when they said to me,

“Let us go to the house of the LORD.”

Psalm 123:1–2 To You I lift up my eyes,

O You who are enthroned in the heavens!

2 Behold, as the eyes of servants look to the hand of their master,

As the eyes of a maid to the hand of her mistress,

So our eyes look to the LORD our God,

Until He is gracious to us.

Psalm 124:1–2 “Had it not been the LORD who was on our side,”

Let Israel now say,

2 “Had it not been the LORD who was on our side

When men rose up against us,

Psalm 125:2 As the mountains surround Jerusalem,

So the LORD surrounds His people

From this time forth and forever.

Psalm 126:5–6 Those who sow in tears shall reap with joyful shouting.

6 He who goes to and fro weeping, carrying his bag of seed,

Shall indeed come again with a shout of joy, bringing his sheaves with him. ---->

Psalm 127:1 Unless the LORD builds the house,

They labor in vain who build it;

Unless the LORD guards the city,

The watchman keeps awake in vain.

Psalm 128:1 How blessed is everyone who fears the LORD,

Who walks in His ways.

Psalm 129:2 Many times they have persecuted me from my youth up;

Yet they have not prevailed against me.

Psalm 130:3–4 If You, LORD, should mark iniquities,

O Lord, who could stand?

4 But there is forgiveness with You,

That You may be feared.

Psalm 131:2 Surely I have composed and quieted my soul;

Like a weaned child rests against his mother,
My soul is like a weaned child within me.

Psalm 132:13–14 For the LORD has chosen Zion;
He has desired it for His habitation.

14 “This is My resting place forever;
Here I will dwell, for I have desired it.

Psalm 133:1 Behold, how good and how pleasant it is
For brothers to dwell together in unity!

Psalm 134:1–2 Behold, bless the LORD, all servants of the LORD,
Who serve by night in the house of the LORD!

2 Lift up your hands to the sanctuary
And bless the LORD.

Devotional: Psalm 25:14 The secret of the LORD is for those who fear Him,
And He will make them know His covenant.

Psalm 23: Our Shepherd King

- Psalm 23:1-3 Our Shepherd King provides for us.
- Psalm 23:4-2 Our Shepherd King protects us.
- Psalm 23:6 Our Shepherd King has promises for us.

Psalm 23: Our Shepherd King is enough

- **Divine Providence:** Every experience of the sheep (sustenance, rest, restoration, valley, feast, pursuit) is governed by the Great Shepherd. Jesus Christ declared Himself to be this Great Shepherd.
- **Divine Faithfulness** (Lovingkindness): Covenant love in action. Every provision noted above is an expression of the unbreakable covenant commitment of God. This is perfectly demonstrated in Jesus Christ through Him laying down His life for us.
- **Divine Presence** (You are with me in verse 4 is the pivot) transforms the danger and despair as triggers to drive us closer to the One who is with us (Jesus is the Emmanuel, Matthew 1) in His incarnation, His life, His death, His burial, His resurrection, His promise of the indwelling of the Holy Spirit, and the eventual culmination that is pictured in Revelation.
- **Divine Fulfillment;** Jesus Christ when He declared Himself as the Good Shepherd (John 10:11, 14), He is identifying Himself as YHWH incarnate. Jesus laid down His life (valley of death) for the sheep, Who leads them to the Father (guiding in the paths of righteousness), and Who will provide the messianic banquet (table prepared), and Who promises eternal dwelling (John 14:2-3).
- In our culture of unrelenting anxiety inducing concerns, performance pressure, insecurity, our sufficiency is not found in self-reliance but in dependence on the Great Shepherd.

- God does not promise dark valley avoidance, but rather God promises to accompany the believer through every valley. God is with us as the Shepherd of light!
- The promise of soul restoration addresses burnout and weariness. The still waters that lead to restoration are the disciplines of prayer, scripture, worship, and sabbath). The Great Shepherd still leads to those still waters and green pastures.

Psalm 120:5-6

- **Dissatisfaction with the World:** Believer's distress at living among ungodly people and longing for peace. This world is not our home.
- How comfortable are you with the ungodly influence in this world?
- Create a log of specific actions of God in your life, to return to you when circumstances tempt you to despair.

Psalm 121:1-2; 121:7-8

- **Trust in the protection of God:** God's care at preserving His pilgrim people.
- Is there something in your life (diagnosis, decision, danger) that you cannot control that you can lift it up to the One Who can?
- Can you recite the never-lapsing watchfulness of God when you are encountering things bringing anxiety or worry?

Psalm 122:1

- **Joy in the people of God:** Captures the delight of gathering with the covenant community of God.
- If you do not yet belong to the family of God, know that the gates are open and Christ Himself invites you in.
- Is your worship a glad time or one of obligation?
- What would it look like to pray specifically for the peace and health of your our church, as David prays for Jerusalem?
- Identify one practical way you can serve or strengthen our church this month.

Psalm 123:1-2; 124:1-2; 125:2

- **Being humble and dependent:** Being humbly dependent on the mercy of God.
- How does the image of a servant's eyes fixed on the master's hand shape your understanding of prayerful dependence?
- Can you identify one area where pride, rather than humble dependence, has crept into your relationship with God, and confess it specifically?
- What are the reasons the psalmists insist on saying this aloud and together, rather than merely feeling grateful privately?
- Is there a place in your life where your sense of security in circumstances than in the character of God?

Psalm 126:5-6; 127:1; 128:1

- **The restoration and blessing of God:** Shows the restoring work of joyful harvest after faithful sowing.
- Whatever costly tearful labor (wayward child, difficult relationship, challenges at work) , do not grow weary. Do not waste the tears. Bring your tears to the Lord, and trust Him for a harvest of joy in His timing, just as He promised.
- Can we allow the promise in Galatians 6:9 that we will reap if we do not grow weary to encourage our perseverance.
- Consider one seed you can sow this week (an invitation, a conversation, a gift, and act of service) without seeing its harvest.

Psalm 129:2; Psalm 130:3-4

- **Perseverance and Repentance:** Combination of repentance, forgiveness, and perseverance in hope.
- If you carry deep wounds from persecution, betrayal, or sustained affliction, bring them honestly to God, entrusting Him for judgment.
- How does Romans 12:19's command to 'never take your own revenge' shape your response to a specific person who has wronged you?
- If you are in the depths tonight — crushed by guilt, sin, or shame you have carried alone; cry out to the Lord as our pilgrim did. There is forgiveness with Him, secured fully and finally at the cross of Jesus Christ, who gave Himself to redeem us from every lawless deed (Titus 2:14).

Psalm 131:2

Childlike trust: Picture of quiet trust and contentment in God.

- If you have been restlessly grasping at 'great matters, too difficult' for you (out of your control: outcomes, timelines, other people's choices) come and lay them down.
- What are the reasons that this settled quiet in Psalm 131 comes only after the deep repentance and forgiveness of Psalm 130? What can that sequence teach us?
- What are practical ways I can practice the rest pictured here (a weaned child) this week?

Psalm 132:13-14

Commitment to the Kingdom of God: Highlight's the covenant choice of Zion by God, anticipating the reign of Christ.

- The whole pilgrimage of your life is a journey toward the dwelling of God with the people of God in the presence of God. That relationship is an open invitation to you if you have never said yes to Jesus as Lord of your life.

- How does 1 Corinthians 3:16's teaching that believers themselves are now God's temple deepen your sense of the Spirit's presence within you?
- Can you thank God specifically this week that, through the Spirit, He has chosen to dwell within you personally (1 Corinthians 3:16)?

Psalm 133:1

- **Unity with the People of God:** The central statement on the beauty of biblical unity.
- Is there an area in any relationship within our church, your family or any relationships that is marked by division rather than unity that needs your attention this week?
- What practical role can you play in the relationships you have to guard and pursue the unity that is possible in Christ?
- Can you identify one relationship I need of reconciliation and take one concrete step this week (Matthew 5:23-24)?

Psalm 134:1-2

- **Worship in the presence of God:** The perfect conclusion to our pilgrimage.
- Can you come, bless and praise the Lord and receive His blessing in return through Jesus Christ, our great High Priest?
- What would it look like for you to praise the LORD even during hidden, difficult "night seasons" of your life (rather than only in seasons of ease and comfort)?
- How does Christ's ongoing priestly intercession for you (Hebrews 7:25) encourage you as you continue your own pilgrimage of faith?

Psalm 120

- **Dissatisfaction with the World:** Believer's distress at living among ungodly people and longing for peace. This world is not our home.
- **Jesus Christ was the ultimate stranger in this world.**
- "He came to His own, and those who were His own did not receive Him." (John 1:11)
- Christ experienced the hostility Psalm 120 describes:
 - Surrounded by liars
 - Opposed by sinners
 - Hated without cause
 - Rejected by His generation
- "They are not of the world, even as I am not of the world." (John 17:16)
 - When we belong to God, our ultimate satisfaction can only be fulfilled through Jesus Christ and His Kingdom.

Psalm 121

Trust in the protection of God: God's care at preserving His pilgrim people.

- **Jesus Christ is the divine Shepherd Who fulfills the promise of God to guard His people.**
- "I give eternal life to them, and they will never perish." (John 10:28)
- Christ is the One Who:
 - Guards believers
 - Preserves believers
 - Intercedes for believers
 - Brings believers safely home
- The confidence of the pilgrim is ultimately in the preserving grace of Christ.
- "He is able also to save forever those who draw near to God through Him." (Hebrews 7:25)

Psalm 122

- **Joy in the people of God:** Captures the delight of gathering with the covenant community of God.
- **Christ builds the church.**
- Jerusalem and the Temple point forward to Christ.
- Jesus declared: "Destroy this temple, and in three days I will raise it up." (John 2:19)
- The earthly temple anticipated Christ Himself.
- "I will build My church." (Matthew 16:18)
- The joy once experienced in Jerusalem is now experienced in gathering with Christ and His people.

Psalm 123; 124; 125

Being humble and dependent: Being humbly dependent on the mercy of God.

- **Jesus Christ is the perfect, humble, and dependent servant.**
- Jesus perfectly embodied this dependence.
- "I can do nothing on My own initiative." (John 5:30)
- "Not My will, but Yours be done." (Luke 22:42)
- Every servant-like attitude in Psalm 123, 124, 125 finds its perfection in Christ.
- Believers learn humility by following the example of Christ.
- "Have this attitude in yourselves which was also in Christ Jesus." (Philippians 2:5)

Psalm 126; 127; 128

The restoration and blessing of God: Shows the restoring work of joyful harvest after faithful sowing.

- **Jesus Christ is the Restorer.**
- The greatest restoration comes through Christ. Our greatest bondage is not Babylon, but sin.
- Jesus restores:

- Broken sinners
- Broken families
- Broken relationships
- A fallen creation
- The Pattern: Tears-> Joy. Suffering -> Restoration.
- Because Christ's suffering produced resurrection joy, believers can trust the restoration of God.

Psalm 129; 130

- **Perseverance and Repentance:** Combination of repentance, forgiveness, and perseverance in hope.
- Who can stand before the holiness of God? No mortal human.
- But there is forgiveness with God (Psalm 130:4).
- How can God forgive sinners, while remaining righteous? Christ.
- "In Him we have redemption through His blood." (Ephesians 1:7)
- Psalm 130 anticipates substitutionary atonement.
- What is promised in Psalm 130 is secured at Calvary.

Psalm 131

- **Childlike trust:** Picture of quiet trust and contentment in God.
- **The perfect submission (childlike) submissive trust of Christ.**
- Throughout the earthly ministry of Jesus Christ:
- He trusted the Father's timing.
- He trusted the Father's plan.
- He trusted the Father's will.
- At Gethsemane Jesus rested in the wisdom of the Father.
 - "Not My will, but Yours be done." (Luke 22:42)
- Christ enables believers to become children of God (John 1:12).
- Only those united to Christ can truly experience the childlike trust Psalm 131 describes.

Psalm 132

- **Commitment to the Kingdom of God:** Highlights the covenant choice of Zion by God, anticipating the reign of Christ.
- Psalm 132 is a Messianic Psalm ("I will cause the horn of David to spring forth." Psalm 132:17).
- The promise of God to David in 2 Samuel 7:12-16:
 - An eternal throne
 - An eternal kingdom
 - An eternal king
 - That promise is fulfilled in Jesus.
- Psalm 132 ultimately points to the:
 - Kingship of Christ. Kingdom of Christ . Reign of Christ.

- Pilgrims are traveling to more than just a city, Pilgrims are traveling toward the reign of King Jesus.

Psalm 133

- **Unity with the People of God:** The central statement on the beauty of biblical unity.
- Jesus Christ creates True Unity. True unity is impossible without Him.
- At the cross:
 - Jew and Gentile become one. Hostility is removed.
 - A new people is created. "He Himself is our peace." (Ephesians 2:14)
 - Jesus prayed: "That they may all be one." (John 17:21)
- That unity was purchased by Christ with His blood.

Psalm 134

- **Worship in the presence of God:** The perfect conclusion to our pilgrimage.
- **Jesus Christ is our Great High Priest.**
- The pilgrimage ends in worship. So does our redemption.
- Believers worship because Christ opened access to God:
- "Through Him we both have our access in one Spirit to the Father." (Ephesians 2:18).
- Jesus is:
 - The true Temple; The true Priest; The true Sacrifice
 - They worshiped in an earthly sanctuary. Believers worship through Christ in the heavenly sanctuary.
 - The final destination of the worship of the pilgrim is to worship in the presence of God through Christ forever.

Psalms of Ascent: Christ is the fulfillment.

Psalm	Theme	Christological Fulfillment
120	Dissatisfaction	Christ the Rejected One
121	Protection	Christ the Good Shepherd
122	Worship Community	Christ Builds His Church
123-125	Humility	Christ the Perfect Servant
126-128	Restoration	Christ the Restorer
129-130	Repentance	Christ the Redeemer
131	Childlike Trust	Christ the Obedient Son
132	Kingdom	Christ the Davidic King
133	Unity	Christ Our Peace
134	Worship	Christ the Great High Priest

Psalms of Ascent: Journey to Christ

- Psalm 120 — Prayer for Deliverance from the Treacherous;

- Stage of the Pilgrimage: Departure from a Hostile Land
- Psalm 121 — The LORD the Keeper of Israel;
 - Stage of the Pilgrimage: Setting Out on the Road
- Psalm 122 — Prayer for the Peace of Jerusalem;
 - Stage of the Pilgrimage: Arrival at the Holy City
- Psalm 123 — Prayer for the LORD's Help;
 - Stage of the Pilgrimage: Lifting the Eyes Heavenward
- Psalm 124 — Praise for Rescue from Enemies;
 - Stage of the Pilgrimage: Remembering Deliverance
- Psalm 125 — The LORD Surrounds His People;
 - Stage of the Pilgrimage: Resting in God's Protection
- Psalm 126 — The LORD Has Done Great Things;
 - Stage of the Pilgrimage: Celebrating Restoration
- Psalm 127 — Prosperity Comes from the LORD;
 - Stage of the Pilgrimage: Learning the Secret of God's Blessing
- Psalm 128 — Blessedness of Those Who Fear the LORD;
 - Stage of the Pilgrimage: The Blessed Life
- Psalm 129 — Prayer for the Overthrow of Zion's Enemies;
 - Stage of the Pilgrimage: Remembering the Struggle
- Psalm 130 — Waiting for the Redemption of the LORD;
 - Stage of the Pilgrimage: The Deepest Ascent
- Psalm 131 — Childlike Trust in the LORD;
 - Stage of the Pilgrimage: The Quiet Heart
- Psalm 132 — The LORD Has Chosen Zion;
 - Stage of the Pilgrimage: The Goal of the Journey
- Psalm 133 — The Blessedness of Unity;
 - Stage of the Pilgrimage: Communion with God's People
- Psalm 134 — Praise for the LORD's Blessings at Night;
 - Stage of the Pilgrimage: Standing Before God

1 Corinthians 11:23-24 For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread; and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me."

1 Corinthians 11:25-26 In the same way He took the cup also after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.

You are not alone. God is with you! MDC wants to help. We are here for you.

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