



Mariner's **DISCOVERY Church**

OurMDC.org
(925) 354-1096
1641 Bixler Road,
Discovery Bay
California 94505

Program for Sunday, July 12, 2026.

Please welcome the worship music team this week!

Call to Worship: *Here I am to worship*

Thrive

Announcements for Sunday 7/12/2026

Thanks for joining our Worship Service this Sunday

- **Construction of the Patio Cover** has been completed! We will show the County what it looks like. They could not visualize it. They can now.
- **Let's have our worship service next week in the patio!** We can have a potluck afterwards! We will need some help moving things out to the patio.
- **The Pool is done with the cleaning!** If you want to use it, please contact the church and you can reserve a 2 hour block of time. There are pool use forms in the carport on the desk counter.
- **If you have any prayer requests**, please fill out a Connect Envelope and place it in the wooden offering box in the back. Also, during the week you can email requests at: PrayerRequest@OurMDC.org

Thank You for your Offerings!!

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Adoration *Here for you*

Selected Scriptures reading: *Selected scriptures from the Psalms.*

Message: *Fed for a day; feed for a lifetime*

Affirmation: *The River*

Close of Worship Service, Fellowship continues

Selected scriptures from the Psalms.

Proverbs 23:26 Give me your heart, my son,
And let your eyes delight in my ways.

Psalms 119:105 Your word is a lamp to my feet
And a light to my path.

Psalms 37:1-2 Do not fret because of evildoers,
Be not envious toward wrongdoers.
For they will wither quickly like the grass
And fade like the green herb.

Psalms 37:4 Delight yourself in the LORD;
And He will give you the desires of your heart.

Psalms 121:1-2 I will lift up my eyes to the mountains;
From where shall my help come?
My help comes from the LORD,
Who made heaven and earth.

Psalms 27:1 The LORD is my light and my salvation;
Whom shall I fear?
The LORD is the defense of my life;
Whom shall I dread?

Psalms 27:10 For my father and my mother have forsaken me,
But the LORD will take me up.

Psalms 46:10 "Cease striving and know that I am God;
I will be exalted among the nations, I will be exalted in the earth."

Psalms 32:8 I will instruct you and teach you in the way which you should go;
I will counsel you with My eye upon you.

Devotional: Proverbs 23:26 Give me your heart, my son,
And let your eyes delight in my eyes.

Here are some thought starters for further reflection:

- A surrendered heart naturally produces focused eyes.
- God desires wholehearted devotion.
- It is a loving relationship with God that produces obedience.
- Love creates joyful obedience.
- The Bible consistently teaches that behavior flows from the heart.
- Sinful hearts produce sinful actions. Transformed hearts produce godly living.
- The Old Testament repeatedly teaches the need for heart transformation.
- The New Covenant promises God's work within the believer.
- The Holy Spirit changes the heart internally that eventually shows up as external demonstrations of obedience.
- To give our hearts fully to God ultimately means to surrender ourselves to Christ.

- Managing behavior without addressing the heart will never produce lasting victory.

Psalms of Ascent: Christ is the fulfillment.

Psalm	Theme	Christological Fulfillment
120	Dissatisfaction	Christ the Rejected One
121	Protection	Christ the Good Shepherd
122	Worship Community	Christ Builds His Church
123-125	Humility	Christ the Perfect Servant
126-128	Restoration	Christ the Restorer
129-130	Repentance	Christ the Redeemer
131	Childlike Trust	Christ the Obedient Son
132	Kingdom	Christ the Davidic King
133	Unity	Christ Our Peace
134	Worship	Christ the Great High Priest

Psalms of Ascent: Journey to Christ

- Psalm 120 — Prayer for Deliverance from the Treacherous;
 - Stage of the Pilgrimage: Departure from a Hostile Land
- Psalm 121 — The LORD the Keeper of Israel;
 - Stage of the Pilgrimage: Setting Out on the Road
- Psalm 122 — Prayer for the Peace of Jerusalem;
 - Stage of the Pilgrimage: Arrival at the Holy City
- Psalm 123 — Prayer for the LORD's Help;
 - Stage of the Pilgrimage: Lifting the Eyes Heavenward
- Psalm 124 — Praise for Rescue from Enemies;
 - Stage of the Pilgrimage: Remembering Deliverance
- Psalm 125 — The LORD Surrounds His People;
 - Stage of the Pilgrimage: Resting in God's Protection
- Psalm 126 — The LORD Has Done Great Things;
 - Stage of the Pilgrimage: Celebrating Restoration
- Psalm 127 — Prosperity Comes from the LORD;
 - Stage of the Pilgrimage: Learning the Secret of God's Blessing
- Psalm 128 — Blessedness of Those Who Fear the LORD;
 - Stage of the Pilgrimage: The Blessed Life
- Psalm 129 — Prayer for the Overthrow of Zion's Enemies;
 - Stage of the Pilgrimage: Remembering the Struggle
- Psalm 130 — Waiting for the Redemption of the LORD;
 - Stage of the Pilgrimage: The Deepest Ascent
- Psalm 131 — Childlike Trust in the LORD;
 - Stage of the Pilgrimage: The Quiet Heart

- Psalm 132 — The LORD Has Chosen Zion;
 - Stage of the Pilgrimage: The Goal of the Journey
- Psalm 133 — The Blessedness of Unity;
 - Stage of the Pilgrimage: Communion with God's People
- Psalm 134 — Praise for the LORD's Blessings at Night;
 - Stage of the Pilgrimage: Standing Before God

Psalm 119:105

- Psalm 119 is the longest chapter in the bible and is an acrostic (each 8 verses begins with a different letter of the Hebrew letter of the alphabet, which made it easier to memorize!).
- A lamp providing light for a path is vivid and practical for the original audience. Word picture conveys step-by-step guidance for the immediate path ahead, not a comprehensive revelation of the entire distant future. Guidance is progressive, not exhaustive. We walk by faith, not by sight (2 Corinthians 5:7).
- This means we need to engage scripture frequently (daily).
- How does understanding the ancient lamp's limited but sufficient illumination change your expectation for how God typically guides you?



Psalm 37:1-2

- Psalm 37 is a wisdom Psalm that is also an acrostic (every other verse begins with a different letter of the Hebrew letter of the alphabet).
- Is responding to the question, “Why do the wicked prosper?”
- “Do not fret” is a command, not a suggestion. Do not envy their apparent success. Otherwise moral danger lays ahead.
- God is sovereign over evil. Their prosperity is temporary. We are called to trust the justice and timing of God. Our response is to be trust, patience, and obedience.
- We need to have an eternal perspective.
- Jesus Christ faced the apparent triumph of evildoers at the cross. Wickedness did not have the final word.
- We need to guard our heart (fretting, envy harms our soul), and pursue our relationship with God (holiness) rather than worldly success.

Psalm 37:4

- Psalm 37 forms a cluster of imperative (Do this!) plus promise statements:
 - Do not fret, trust, dwell, delight, commit, rest. Each command is followed by a promise that is grounded in the character of God.
- The verb “delight” carries the idea of taking pleasure in, enjoying, and finding one’s joy in the Lord Himself. This is not a passive feeling.

- In relational joy with God, we can find our deepest satisfaction in who God is: His character, His presence, His grace rather than in circumstances and possessions.
- This is a choice to orient our desires, priorities, and affections around the will of God and His glory.
- We can make God the central object of our praise, meditation, and trust.
- When we do this, we will find our desires transformed. God puts His desires in our hearts so that we want what He wants.
- Jesus Christ is the ultimate fulfillment of our delight. Christ is our wisdom, righteousness, sanctification, and redemption (1 Corinthians 1:30) and in Christ are hidden all the treasures of wisdom and knowledge (Colossians 2:3).

Psalm 121:1-2

- 2nd Psalm in Psalm of Ascents. On a pilgrimage to the city of God to visit the tabernacle/ temple of God, to be in the presence of God.
- Hill country is location of shrines to pagan gods. It is also a terrain as a part of the dangerous journey.
- Honest question, “From where shall my help come?”, acknowledges need. Response is confession, My help comes from the LORD, Who made the heaven and earth.” The ground of our confidence is in the role of God as our Creator. God is more than sufficient to help us in our earthly troubles. God not only made everything, God also sustains and governs it (Colossians 1:16-17).
- When we face our modern mountains, health crises, financial strains, relational conflicts, burdens that cause stress, cultural hostility, mental health struggles, we are called to lift our eyes beyond those problems to see God.
- Modern idols (money, technology, power over others, other philosophies) can become our hills of idolatry.
- This truth of the sovereignty of God should calm our anxiety, strengthen our prayers, and embolden our obedience.

Psalm 27:1

- The life of David was continually under threat (fleeing Saul, battling with Philistines and other enemies, Absalom’s rebellion).
- David has promises from God (2 Samuel 7:8-16) about making David’s name great, Israel will have a secure place under David’s rule, God will build a house for David, one of David’s sons (not David) would build the Temple, David’s throne would be established forever, Fatherly discipline for the descendants of David, An eternal seed from the line of David,

eternal irrevocable covenant faithfulness, but David must deal with the “travail of the promise.”

- God as light means He exposes darkness and danger; God gives wisdom and direction; and God reveals Himself and His will.
- Light is also a symbol of joy, life, and hope (Psalm 36:9; Isaiah 60:1).
- “My light” is covenant intimacy.
- Deliverance from danger (again, “my”), broader redemptive sense; Salvation includes rescue from sin and guilt, deliverance from the wrath of God, restoration to fellowship with God.
- The nature and character of God:
 - God as light (holy, pure, revealing, guiding, and life-giving).
 - God as salvation (He is Redeemer, and Deliverer, both here and now, and eternally (from sin and judgment).
 - God as fortress (He is sovereign protector, He is the ultimate security beyond and human defense).
- Repeated “my” -> God is (and His salvation) is personal.
- Jesus Christ is the ultimate fulfillment (Light of the world, John 8:12; Luke 2:30; John 3:16,17).

Psalm 27:10

- We do not know if David was forsaken by his family. What is implied is human support feels fragile and uncertain. The first half of the Psalm (vs 1-6) are about confident trust and the second half (vs 7-14) earnest prayer. David is crying out for the mercy of God and His guidance.
- “Take me up,” carries the sense of receive, gather, take in, adopt, and care for.
- God receives the forsaken.
- The commitment of the LORD is both personal and covenantal. God acts to embrace and protect. The care of God surpasses even parental love.
- God can be the refuge of the relationally abandoned.
- This anticipates the themes of adoption and sonship themes in the New Testament (Romans 8:15-16; Galatians 4:4-7). Psalms 27:10 foreshadows the reality that God brings His people into His family, especially when earthly families fail.
- Christ was rejected by His family (thought He was crazy; (Mark 3:21, John 7:5) and forsaken on the cross, Matthew 27:46). God ultimately vindicated Christ and “took Him up” through resurrection and exaltation (Philippians 2:9-11).

Psalm 46:10

- “Cease striving:” means “let go, relax, stop, be still.” This is a call to quiet contemplation, it is a command to stop frantic activity, anxious

scheming, and self-reliant attempts to control outcomes in the face of turmoil.

- Stop panicking, self-salvation projects. Yield to the rule of God (surrender the Illusion of control).
- “Know” is experiential, covenantal knowledge, to recognize, acknowledge, and rest in the reality of Who God is.
 - Recognize His sovereignty, Trust His character, submit to His purposes.
- Because the exaltation of God (among the nations, in the earth) is certain, we can cease striving.
- This is fulfilled in Christ:
 - The presence of God. Jesus is “God with us” (Matthew 1:23) fulfilling the promise of God in the midst of His people (Psalm 46:5)
 - The exaltation of God. Through the cross and resurrection, Christ is exalted above all (Philippians 2:9-11).
 - We can have peace in turmoil from Jesus that stills troubled hearts (John 14:27; John 16:33).
- In our world full of noise and anxiety, we can stop frantic striving.
- We can cultivate stillness before God.

Psalm 32:8

- Psalm 32 is a penitential (I am sorry) psalm (related to Psalm 51).
- Verse 8 appears as the direct response of God to David’s experience of confession and forgiveness. God promises guidance and personal care. This verse is key: forgiven people are pardoned **AND** they are guided.
- God is both teacher and guide. God actively instructs His people.
- “The way you should go” is the path of obedience, wisdom, and covenant faithfulness. This includes moral direction, practical guidance, and spiritual formation.
- This tells us that the guidance of God is:
 - Personal, through relational teaching.
 - Moral and practical: the “way” of life, not just abstract doctrine.
 - Ongoing: This instruction and guidance is a continuing process.
 - Counsel: Wise situational guidance.
 - Eye upon you: Watchful caring oversight.
 - Attentive care. Protective oversight. Relational intimacy.
- Our forgiveness should lead to deeper spiritual formation. God shapes lives.
- Grace includes direction. We need to look for that direction.

Personal bible study

- 4 Questions:
 - What does it say (really)

- What did that mean to the original audience (what is the intent of the author)?
- What does that mean for us today?
- What is God asking or telling me?
- Observation -> Interpretation -> Doctrine -> Application -> Worship -> Obedience.

1) Submission

2) Prayer: Ask God to illumine His word (Psalm 119:18, James 1:5, John 16:13, Ephesians 1:17-18). The Holy Spirit illumines the inspired Word already given.

3) Read the passage carefully (Aloud? Slowly, verses before and after, entire chapter). 2 Timothy 2:15 - Who is speaking? Who is being addressed? What is happening? What words are repeated? What stands out?

4) Understanding the historical context (Who wrote this? When was it written? Why was it written? What historical events surround it? Is there a cultural background that helps explain it?

5) Observe the text: What does it say? What are the key words?

6) Interpret the passage: What did the author intend to communicate?

7) What are the main theological truths? What does this passage teach about God, Christ, Humanity, Sin, Salvation, Sanctification, Faith, Obedience?

8) If appropriate, connect the passage to Jesus Christ (Luke 24:27, John 5:39).

9) Find cross references (other scriptures that repeat the same truth, same doctrine, provide examples, confirm the teaching, expand on the teaching).

10) Determine the main point. Summarize the passage in one sentence.

11) Develop a practical application for yourself. How should I live because this passage is true? Application should be biblical, specific, practical, measurable, Christ-centered.

12) Include personal reflection questions:

- What does this passage reveal about God and what does that mean to me today?

- What am I struggling to obey?

- Is pride preventing me from hearing the instruction of God?

- How can I apply this truth in my life today?

- What specific step of obedience should I take?

13) End with prayer: Conclude by responding to the word of God.

You are not alone. God is with you! MDC wants to help. We are here for you.

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