

LYH Online Group Conscience Mtg, January 31, 2026

1. Meeting Start: 8:08am CST/9:08am EST - Claire opened the meeting with a moment of silence followed by the Serenity Prayer and read Tradition Two.

2. Attendees: Sarah H, Kate M, Paul D, LindaLee K, Theresa H, Richard W, Dennis F, Mike M, Ruby B, Claire M, Staci K

3. Previous Meeting Notes read by Staci K from December 27, 2025. Motion to approve by LindaLee K / Seconded by Mike M. Approved by Group.

4. Venmo Deposit: \$317.00

5. Technology Report read by Sarah H:

- Zoom Report: January averages 30-40 attendees daily
- Sarah H – swapped out the Pamphlet Highlight on the homepage to “The A.A. Group... Where it all begins”
- Since starting up verification of attendance the response has been very positive, people are coming back.

6. January 2026 Monthly Service Positions:

Day of Week	Host	Chairperson	Greeter
Sunday	LindaLee K.	Richard W.	
Monday	Roy B.	Kate M.	Anna C.
Tuesday	Sarah H.	Kevin V.	Staci K.
Wednesday	Ruby B.	Annette	
Thursday	Staci K.	Tim F.	Kali R.
Friday	Claire M.	Paul D.	Staci K.
Saturday	Mike M.	Dennis F.	

Substitutes to be called if needed: Sarah H, Claire M, Ruby B, Staci K

7. Old Business:

- Discussed the Traditions Group Conscience Inventory Meeting held January 10, 2026.

8. New Business

- Claire M mentioned overall the group is “doing well” but we do need more participation to prevent burnout. Also noted is that the person posting the announcements cannot really take in the meeting due to all the responsibilities throughout the meeting. Staci K asked if there’s a way to post all announcements at once. Discussions around how we can accomplish this and Sarah H brought up she would create a link where it would include all announcements and important information we currently share. Ruby B made a motion to post a link in the chat, Claire M seconded and the group approved.

9. Meeting Close: 8:56am CST/9:56am EST - Motion to close by Dennis F / Paul D seconded; accepted by Group. Closed with the Lord’s Prayer.