## MEET ANGELA CURVEY-CHUKWU

Angila Curvey-Chukwu, is a Certified Life Coach, Writer, Speaker, Podcast Show Host, Founder, and CEO of A'Michealle, Incorporated, a non-profit organization whose mission is to empower and strengthen self-esteem and community through education, advocacy, mentorship, encouragement, and organization as well as promoting self-worth and respect. She has been coaching for many years and became certified in 2012. Angila has a Master of Arts in Christian Counseling and is currently on track to earn a Doctorate in Theology.

Angila has a passion for working with adolescents and young adults in the areas of becoming productive citizens of the community, building, and maintaining positive relationships, identifying, and achieving personal goals, and conflict resolution. Angila uses her experiences as a mother that had to overcome many obstacles, to share with parents how to break the barriers between them and their children.

Angila is very passionate about empowering women to break the cycle of pain, anger, and shame, to help them break free from what has restricted them to live a free and fulfilling life.

She has helped many in the area of relationships, stress management, work-life balance, and spiritual and personal growth. As a wife and mother, she understands the importance of family and community and has a deep passion for unity.

Today Angila offers a wide range of programs and services – from individual coaching and mentoring to seminars, symposiums, and keynote speeches. She has a weekly blog, "Angie Moments" that is written to motivate and empower readers. Angila is the co-host of a live weekly faith-based podcast titled, Let's Talk About It with Angie & Rennee". She also hosts a live podcast segment entitled, "Through The Tears" which is an extension of her book. To learn more about her organization and services check out her website at www.angilac.com

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