

Facial Treatment

FACIAL CONSULTATION FORM



PERSONAL INFORMATION

Name: _____ Date: _____
 Date of birth: _____ ☐ Female ☐ Male ☐ NB
 Address: _____
 City: _____ Postal Code: _____ Phone: _____
 Emergency Contact: _____ Phone: _____
 How did you hear about us? _____

Would you like to be added to our email list for news, sales or exclusive offers? ☐ Yes ☐ No

MEDICAL HISTORY

Do you have or have you had any of the follow conditions? If yes, please select those that apply

- | | | |
|--|---|---|
| <input type="checkbox"/> Acne | <input type="checkbox"/> Headaches | <input type="checkbox"/> Parkinson's type symptoms |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Phlebitis, blood clots |
| <input type="checkbox"/> Arthritis /Joints | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Reproductive |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Seizure disorder |
| <input type="checkbox"/> Blood disorder | <input type="checkbox"/> Hyper pigmentation | <input type="checkbox"/> Seborrhea |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Hypo pigmentation | <input type="checkbox"/> Skin disease/lesions |
| <input type="checkbox"/> Chronic Fatigue | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Immune disorders | <input type="checkbox"/> Sleeplessness / Oversleeping |
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Stomach / Bowels |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Keloid scarring | <input type="checkbox"/> Thyroid condition |
| <input type="checkbox"/> Fever blisters | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Tonsils/ Adenoids / Throat |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Lupus | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Heart condition | <input type="checkbox"/> Liver / Spleen | <input type="checkbox"/> Warts |
| <input type="checkbox"/> Herpes | <input type="checkbox"/> Metal bone pins/plates | <input type="checkbox"/> |

Any other conditions not listed above we should be aware of: _____

Any known allergies? _____

List any medications you take regularly, including vitamins, herbal supplements, aspirin: _____

Any recent surgery, including plastic surgery? ☐ No ☐ Yes, explain: _____

♀ Are you pregnant or trying to become pregnant? ☐ No ☐ Yes

What is your activity level: ☐ Very Active ☐ Active enough ☐ Sedentary
How's your water intake on average? ☐ Uhhhh, not great ☐ Could be better ☐ I love water
Do you have a daily routine? ☐ Not really ☐ I try ☐ Yes, I do
Are you at home or working outside the home? _____
What hobbies do you enjoy? _____

What are you currently doing regularly to contribute to good health? (Exercise, Naturopath, Osteo, Massage, Chiro, Reiki, Reflexology, other) _____

Are you currently seeing someone for any medical conditions? _____

SKIN HISTORY

Have you ever had a facial treatment before? ☐ No ☐ Yes

If yes, please explain _____

What did you enjoy or dislike about your experience _____

What would you like to achieve from your treatment today? _____

In your opinion,

What is your skin type? ☐ Normal ☐ Oily ☐ Dry ☐ Combo ☐ Unsure

Your exposure to the sun? ☐ Never ☐ Light ☐ Moderate ☐ Lots o' sun

What type of foundation do you wear? ☐ Liquid ☐ Cream ☐ Powder ☐ None

How does your skin heal? ☐ Fast ☐ Slow ☐ Scars ☐ Pigmentation

Do you get bruises easily? ☐ No ☐ Yes

Do you have a sensitive scalp? ☐ Yes ☐ No, please play with my hair

Do you currently have a skin routine? ☐ Yes ☐ Kinda ☐ No

Please check current products you use:

- | | | |
|---|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Eye Make up remover | <input type="checkbox"/> Eye Cream | <input type="checkbox"/> Mask |
| <input type="checkbox"/> Creamy cleanser | <input type="checkbox"/> Day Cream | <input type="checkbox"/> Facial Scrub |
| <input type="checkbox"/> Facial soap | <input type="checkbox"/> Night Cream | <input type="checkbox"/> Exfoliants |
| <input type="checkbox"/> Skin toner/ Astringent | <input type="checkbox"/> Neck lotion | <input type="checkbox"/> Body Lotion |
| <input type="checkbox"/> Body soap | <input type="checkbox"/> Hand cream | <input type="checkbox"/> Body scrub |

Have you ever used acne medication? ☐ No ☐ Yes

If yes, when? _____ Which drug? _____

Have you in the last 3 months used Retin-A, Renova, AHA's or Retinol/Vitamin A derivative products? ☐ No ☐ Yes, please describe: _____

Have you received Botox, Restylane, or Collagen injections in the last 6 months?

☐ No ☐ Yes, please specify: _____

By signing below, you agree to the following:

I have completed this form truthfully and to the best of my knowledge. I agree to inform the practitioner of any changes in the above information. I understand that my practitioner is NOT a medical doctor and cannot diagnose, prescribe or treat for any specific physical or mental condition. I agree to waive all liabilities toward my practitioner and their operating business for any injury or damages incurred due to any misrepresentation of my health history.

I consent to receive treatment.

Client name (print) : _____

Client name (signature): _____ Date: _____